

# Glanmire Area News 6,000 FREE

Also available at outlets in Mayfield, Upper Glanmire, Whites Cross, Watergrasshill, Glounthaune, Little Island, Carrigtwohill, Lisgoold, Carrignavar, Whitechurch & Knockraha.

THE DIFFERENCE IS WE DELIVER

Issue 4- April 2015

www.glanmireareacork.com e-mail- news@graphicprism.ie M:086 8294713

## 2015 Golf Classic Launched



The 2015 Glanmire Football Club annual golf classic (once again kindly sponsored by Pharmacy First Plus) was launched recently. This is a vital fundraising event to help the club continue to provide playing facilities for all age groups from age 6 upwards. This years event will be held at the stunning Castlemartyr Golf Club on Friday 15th May 2015 and teams of 3 can be entered by emailing golfbookings@glanmiregaa.ie or by phoning 087 976 7990. See page 14.

THINKING OF  
**SELLING  
RENTING  
OR BUYING**  
YOUR HOME?

*Click or Call  
We do it All!*

Sales • Letting  
Buying Advice

**JOE ORGAN**  
AUCTIONEERS

M: 086 6013222

T: 021 2428620

e: joeorganauctioneers@gmail.com

www.joeorganauctioneers.ie

Your Local Auctioneer in Glanmire



CRASH REPAIRS LTD.



*Let us take the stress  
out of that "Tip"*

Tel: 021 4824564

Mob: 087 1351427

www.acrcrashrepairs.com



We work for all Insurance companies as well as private individuals

Sallybrook, Glanmire, Cork.

Part-time PERSONAL  
TRAINING Course

CERTIFICATE  
IN PERSONAL  
TRAINING

NEW  
MINDS  
FITNESS  
ACADEMY



IRELAND'S LARGEST  
INDEPENDENT PRIVATE  
ITEC COLLEGE

Part-Time Personal Training Course  
Starting May 2015

Call Today for a College Prospectus  
Unit 1 Brooklodge Business Park,  
Glanmire, Cork 021 4820649  
www.newmindsacademy.com

Friends of Leukaemia Patients Cork Established since 1985.  
 Voluntary group registered charity number 15959.  
 We are a non profit organisation composed mainly of family and friends of leukaemia patients all working on a voluntary capacity having experienced a loved one diagnosed with this illness .  
 One hundred per cent of donations made to our charity goes directly to helping patients and their families in the Munster Area .  
 Also providing Home from Home accommodation in close proximity to St James Hospital Dublin. This facility is made available free of charge to patients and carer who have limited financial resources under going a bone marrow transplant until they are ready to go home.  
 If you would like to organise a fundraising event or make a donation to our charity  
 We would love to hear from you .  
 Please contact Imelda Reynolds for further information :  
 Phone 021 4823625  
 email [friendsolp@gmail.com](mailto:friendsolp@gmail.com)  
[www.friends-of-leukaemia-patients-cork.com](http://www.friends-of-leukaemia-patients-cork.com)

**ADVERTISE IN  
 THE AREA NEWS**  
 Advert enquiries to  
 Mick 086-8294713  
[news@graphicprism.ie](mailto:news@graphicprism.ie)

**Babysitter Weeknights  
 & Weekends**  
 Mature 17 yr old student, Glanmire & surrounding Emer  
 087-1369433

## Know Your Rights

**Question:** I am signing for unemployment credits but I don't qualify for Jobseeker's Allowance because my partner's income is over the limits. What supports are there to help me back into the workforce?

**Answer:** The Department of Social Protection (DSP) provides employment support and advice to jobseekers nationwide. Jobseekers include people who are getting a jobseeker's payment, people who are signing for credits and people who are unemployed but not eligible for a payment. In general, DSP employment services focus on people getting social welfare payments. However, there are a range of supports for people who are not getting a social welfare payment.

You can avail of upskilling opportunities, for example, through Further Education and Training (FET) courses provided by the Education and Training Boards (ETBs). Day courses and evening courses are available. Although people signing for credits do not get an allowance during the course, you may receive some support for expenses on travel, meals and accommodation. If you have been signing for credits (for three or nine months depending on the course) you can take part in the Back to Education Allowance scheme. You do not get the allowance but you can apply for a student grant (both the fee and maintenance component of the grant).

If you have been signing for credits for six months, or more you can take part in the Vocational Training Opportunities Scheme (VTOS) run by the ETBs (subject to availability). You do

not get a training allowance but you may get travel and lunch allowances. If you have been signing for credits for 12 months or longer in the previous 18 months you can take part in Momentum courses. However, you will not receive any payment.

Springboard and Skillnets courses are also open to many people who may not be eligible for a social welfare payment – such as people signing for credits and unemployed graduates. If you have been signing for credits for three months (78 days) in the last six months, you are eligible for the JobBridge programme (and a payment of €50 a week).

Other employment services, such as advice on jobseeking and online job search tools, are available to people who register with DSP employment services regardless of their social welfare status. In general you apply for courses and JobBridge through your local Intreo centre or social welfare local office.

### Further Information

Further information on this and other matters is available in confidence from the Mayfield Citizens Information Centre, Roseville House, Old Youghal Road, Mayfield. Telephone: 0761 07 6880 Opening hours are Monday to Friday 10.00am – 1.00pm, Monday to Thursday 2pm – 4pm

Citizens Information is also available through the Cork City (North) Citizens Information Service at 0761 07 6850, the Citizens Information Phone Service 0761 07 4000 or online at [www.citizensinformation.ie](http://www.citizensinformation.ie)

**M&A**  
**Dressmakers**  
 Alterations  
 Tailoring  
 Repairs  
 Design  
*Over 30 Years  
 of Experience*  
**087 1926628**  
 2c Crestfield Centre,  
 Glanmire.

### Post-Natal Depression Support

Unable to Cope since the birth of your baby? Need to Talk to someone who understands?  
 Please Ring Tel.: 4922083  
 Visit : [www.pnd.ie](http://www.pnd.ie)

### HELPERS NEEDED TRAINING PROVIDED

Get our book Recovering from Post natal Depression from Easons Support meeting last Tuesday of the month.

### M.A.B.S.

CORK MONEY ADVICE & BUDGETING SERVICE

Cork M.A.B.S.  
 Unit 12, Penrose Wharf, Penrose Quay, Cork.  
 Tel: (021) 4552080.  
 A FREE & CONFIDENTIAL SERVICE

**LEGION OF MARY**  
 The Glanmire group need your help.  
 Active members: Weekly meeting 10.30am Wed. and some active work.  
 Auxiliaries: These say a short prayer each day for the success of the Legion

## GRINDS

Business studies and history grinds available for junior cert.  
 Reasonable Rates. Contact  
 0862055323.

## Michael Burns Property

**AUCTIONEERS & VALUERS**

**Sales - Lettings - Valuations  
 Houses - Farms - Commercial**



**Valuer to all Banks & Financial Institutions**

Glanmire, Co. Cork,  
 P: 021 4866747  
 M: 087 2597023  
 E: [burnscrk@iol.ie](mailto:burnscrk@iol.ie)





## Is Massage a Luxury We can't Afford?

Due to the huge response to my piece in last month's Glanmire Area News I want to share some more helpful research!

In the "Newsweek" article entitled "The Magic Touch" the advantages of frequent massage are considered. The following excerpts help to answer the question **"How often"**

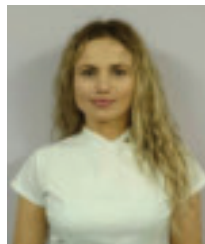
*"A weekly massage may seem an indulgence, but new research suggests it can have major health benefit..."*

*"Since instituting a program of massage, job-specific exercise and ergonomics in 1990, the Virginia-based company [Wampler Foods] has cut repetitive-stress injuries by 75%"*

From the University of Miami's research *"massage can reduce blood pressure, boost the immune system, dampen harmful stress hormone and raise mood-elevating brain chemicals such as serotonin."*

Past President of the American Massage Therapy Association Elliot Greene states *"Like exercise, massage does more for your health if you engage in it regularly...even a monthly treatment can help maintain general health."*

My name is Monnika Varnaite, owner of Sports Massage Therapy Glanmire. Since I began offering therapy at the Glanmire Chiropractic Clinic, I've used massage to help many people get over pain and suffering and help fight off disease.



Because of the great response, I'm running another special offer for 15 days only. If you call in the next 2 weeks, all new clients get their first massage at a reduced cost of €40. This will get you a 1 hour in-depth massage to help you start the recovery process the right way!!!

Call now on 089-9662888 to make an appointment. You must mention this special offer from the Glanmire Area News to avail of this discount. The offer is good for 2 weeks only!!!!

The next time you hear someone say a massage is only a luxury, you'll know that massage is really a tool that can help improve a body's ability to regain and maintain proper function. Making you feel terrific is just a wonderful bonus!

### Sport Massage Therapy

Monika Varnaite R.M.T.  
GCC Eastcliffe House  
Glanmire  
Co.Cork  
Tel. 089 9662888/ 0214824450

[gccsportmassage@gmail.com](mailto:gccsportmassage@gmail.com)



## Have You Been Told You Have "Wear & Tear"?

### Do You Have Any of the Following Conditions?

- Lower Back Pain
- Muscle spasm or strains
- Bulging lumbar discs
- Numbness or soreness in your legs
- Shooting hip or thigh pain

Having back and leg pain can bring life to a standstill.

You might not be able to play golf, work, or even sit in the car for a 30-minute drive. It's almost impossible for anyone around you to understand how you feel. You can't remember the last time you even had a restful night's sleep.

You've got too many dreams left undone to let back pain slow you down. Too many special moments waiting to be experienced.

My name is Dr. Eric Kelly, owner of Glanmire Chiropractic Clinic. Over the past 12 years since we've opened the doors, I've seen well over a thousand people with back pain leave the office pain free.

Because I've seen it with my own eyes, I strongly believe...**Back pain is NOT "just a part of life" and something you have to live with.** You can do something about "Wear a& Tear".

Here's what some of the top medical researchers had to say about chiropractic...

"Manipulation [chiropractic adjustments], with or without exercise, improved symptoms more than medical care did after both 3 and 12 months."— *British Medical Journal*

"Chiropractor's manipulation of the spine was more helpful than any of the following: traction, massage, biofeedback, acupuncture, injection of steroids into the spine and back corsets, and ultrasound." -- *Stanley Bigos, MD, Professor of Orthopedic Surgery*

This means in just a matter of weeks you could be back on the golf course, enjoying your love life, or traveling again.

For 14 days only, I'm running a very special offer where you can find out how much this amazing treatment can help your back pain.

What does this offer include? Everything I normally do in my new patient evaluation for only €40.

Just call before April 14th and here's what you'll get...

An in-depth consultation about your health and well-being where I will listen...really listen...to the details of your case. A complete neuromuscular examination, full set of specialized x-rays (if necessary), and a thorough analysis of your exam and x-ray findings so we can start mapping out your plan to being pain free. This would normally cost up to €265, you could **save over €200!!**

You'll get to see everything first hand and find out if this amazing treatment will be *your* back pain solution, like it has been for so many other patients.

Life is too short to let pain slow you down. Call 021 -4824450 and mention our "Back Pain Evaluation" to avail of the offer.



[www.glanmireareacork.com](http://www.glanmireareacork.com)



# GACA NEWS

## Community Games

Most of the events for the Community Games start to kick off in April and May. We are presently putting together teams for various events. Also anyone interested in competing for Chess, Debating, Draughts, Pitch & Putt and Skittles, please contact Nicole on 0214821333 for more information.

Art/Model making is coming up in the end of April as well as tennis, and we have Basketball, Soccer, Athletics, Handball, Handwriting, Tag rugby, Talent, Hurling, Camogie, Football and Indoor soccer all coming up in May.

*All competitors welcome!*

**GLANMIRE VIENNA WOODS HOTEL**  
Mon 20 Apr 5pm – 8.30pm

Blood Donor Clinics are held every week in  
CORK CITY CENTRE CLINIC in the grounds of St. Finbarr's Hospital,  
Douglas Road, Cork.  
Enquiries & Appointments: 021 4807 400  
Fuller details on our website: [www.giveblood.ie](http://www.giveblood.ie)  
GiveBlood App: <http://bit.ly/ibtsapp>

## GLANMIRE HEAT OF THE OVER-60s TALENT CONTEST

The Glanmire heat of the Over-60s Talent Contest, sponsored by the Glanmire and District Credit Union, took place in Sarsfields GAA Club on Wednesday, 4th March.

There were three singers on the night – Vincent Casey, Barry Looney and Donal Mac Abhaird – accompanied by Ger Bruton on keyboard.

The night started with tea, sandwiches and some lovely home-made cakes.

Tom Byrne of the Glanmire Active Retirement Group introduced Paddy O'Brien and the contestants.

While the judges reached their decision the attending crowd enjoyed the dancing.

Donal Mac Abhaird, who gave a lovely rendition of the ballad Annie Laurie, goes forward to represent Glanmire in the Semi-Final at the City Hall on Sunday, 26th April.

A big thank-you to Sarsfields GAA Club for the use of their facilities, and to all those who helped make it such an enjoyable night.

Good luck to Donal in the Semi-Final.

Mary Nott

### GLANMIRE INDOOR BOWLS

Community Centre, Riverstown  
Wed nights 7.30 to 9.30 p.m.  
Over 18s, Male and Female, welcome.  
Contact 021-4821333

### ROOMS TO RENT

**Community Centre**  
Riverstown Cross, Glanmire  
Suitable for all meeting.  
Children parties and indoor sports Reasonable rates  
Booking Contact  
**021 4821333**

**COMMUNITY ASSOCIATION PUBLIC  
MEETING**  
Monday 13th April at 8.30pm  
in Riverstown Community Centre All welcome

### OPEN DAY SHORT-MAT INDOOR BOWLING

Come and join us for a fun afternoon of bowling at Riverstown Community Centre on Saturday, 18th April 2015 at 2.30 p.m.  
All over-18s welcome.

## Glanmire Tidy Towns Urgent!

Volunteers needed to help enter Glanmire Village and surrounding area in 2015 Tidy Towns National Competition.  
Contact Kathleen Moloney 086 8679189

To inquire about the Care & Repair service or to request a job, simply call Age Action's office. The older people's charity can be reached at 021-4536554.

John O Mahony  
Regional Manager at Age Action Ireland Ltd | St. Luke's Home | Ferney Road | Mahon

|Cork  
Tel: 021 4536554 | Email: [jomahony@ageaction.ie](mailto:jomahony@ageaction.ie) |  
Website: [www.ageaction.ie](http://www.ageaction.ie)  
Facebook: <http://www.facebook.com/AgeActionIreland>  
facebook.com/AgeActionIreland  
Twitter: [www.twitter.com/AgeAction](http://www.twitter.com/AgeAction)  
Join Age Action and support positive ageing.





The place to be  
**dh3** HAIR GROUP

**Opening Specials  
20% off  
All Hairdressing All Week**

• 5 Star City Salon • Ladies Hairdressing • Barbers • Beauty Rooms •

Unit 1 Bishop's Island, Watergrasshill, Cork • 021 4513510

## NEED LUNCH?

Food served Mon to Fri from **12.30pm to 8pm**  
Sat & Sun from **5 to 8pm. (SAVAGE GRUB!!)**

(t) 021 4306816 (e) [boothousebar@gmail.com](mailto:boothousebar@gmail.com)

- ✱ We use local, fresh ingredients ✱
- ✱ Food is prepared naturally, no artificial additives ✱
- ✱ We suit coeliacs & other dietary requirements ✱
- ✱ Lunch & dinner served by Ballymaloe trained chefs ✱



## BOOTHOUSE

BAR & RESTAURANT

a public house since 1773

**How close are we to Glanmire?  
5 MINUTE DRIVE...CHECK US OUT!**

**\*OFFER\*** Steak and a Pint served with mushrooms, onions, chips, pepper sauce or garlic butter **plus a pint or a glass of wine** all for only €20.

## Coughlan Aluminium Ltd.

Providing Quality Service for over 31 Years



- A RATED PVC WINDOWS
- PVC DOORS
- TRIPLE GLAZED COMPOSITE DOORS
- CONSERVATORIES & SUNROOM
- REPAIR SERVICE FOR HINGES HANDLES & LOCKS

**WHY YOU SHOULD CHOOSE  
COUGHLAN ALUMINIUM**

ESTABLISHED 1983

WE ONLY USE QUALITY GUARANTEED PRODUCTS  
NO SALESMAN and SOUND HONEST ADVICE

NEW SHOWROOM  
GLASS CURTAIN  
FLY SCREENS



**CALL 021 482 1336**

[COUGHLANALUMINIUM@GMAIL.COM](mailto:COUGHLANALUMINIUM@GMAIL.COM)  
[WWW.COUGHLANALUMINIUM.COM](http://WWW.COUGHLANALUMINIUM.COM)  
KILLEENA, KNOCKRAHA, CO. CORK

## NÍL AON GLEANNTAN MAR DO GLEANNTAN FÉIN " GLOUNTHAUNE NEWS BY "THE FOREIGN CORRESPONDENT"

**THE PARISH PUMPS:** The January issue referenced the large number of pumps which were located in our parish in bygone days and that regretfully only a few remain today. It was mentioned that there were numerous on Little Island and a few locations were specified. It is always pleasing to receive feedback and accordingly the following detailed information furnished by local historian Paddy Twomey is appreciated. Paddy, an Islander himself, outlines on a West-to-East course the precise location of the pumps on the Island and he identifies the houses they serviced which makes it even more interesting: Inchera Lodge: A pump, originally of old style with a handle and pumping action, was located at the right hand side of the road from Ballyverry to Inchera. However at some stage it was moved to the left hand side nearer the lodge, but now of similar design to all others on the Island. This pump was of great benefit to picnickers on their way to the strand at Inchera in the old days. Ballyverry Village: There was a pump located at "The Lane" near the Young Men's Society Hall ("The Sweat Box") which serviced the entire village; the Lynch, White, Carey, O'Mahony and Crowley (Twomey) cottages, plus the three DeLacey houses, as well as Penney's and Kennefick's. Needless to say the pump was very much in demand during dances in "The Sweat Box"! Martins Cross: The pump here, which replaced an older handle pumping action one, serviced the two nearby cottages; Dunlea and O'Driscoll. Church Cross: There was a pump at the top of the Golf Club Hill that serviced the two houses near the church; DeLacey and Gabriel, and also the Byrne, Ahern and Geary cottages. The pump served the Walsh family cottage later on, and the Mackey family could possibly have used it as well, although they may have had a choice. Island Cross: The nearest pump to the National School, then located at the present-day Trafford Park, was positioned outside Jim & Kathleen Maher's home. It serviced the Island Cross village houses and a few cottages on the roadway around the corner towards the railway station; Browne (Carroll), Higgins, Mc Carthy (O'Neill). Upper Island Cross: A portion of the remains of the pump which was located outside Jerry Sheehan's cottage is embedded in the new wall of the Meadow Lawn Estate (see photo). It serviced the O'Flynn, Sheehan, Herlihy and Twohig cottages, and also the two houses at Ballinderrig Gate; Kelleher and Kinmonth. Courtstown Road: Connie Griffin's cottage was serviced by a pump located outside his gate, as were the O'Keeffe and Buckley cottages. Courtstown Village: A pump outside Duff's cottage also serviced the Sheehan (Cremmin), O'Connell, Sheehan and O'Flynn cottages, as well as Mike O'Flynn's near Cogan's farmhouse. Courtstown Road East: Four village type houses were constructed circa 1950 / '52 and a pump on the roadway adjacent to number one served the



householders; O'Sullivan, O'Brien, Carroll and Higgins. Clash Road East: A pump located outside the terrace is still in place but not operational. It originally serviced the cottages from Paddy O'Keeffe's Cross to Middle Clash, namely; Collins, Sheehan, Higgins, O'Mahony and Higgins. It was subsequently utilised by the Powell and the O'Driscoll households (1927), as well as serving the twelve terraced houses (1941), and later Nell and John Tobin's house. Middle Clash Road: There was a pump located outside the acre of Mamie and Bill Keniry, originally the Higgins cottage. This also serviced the Dunlea, Wm. Higgins, Jerry Higgins, O'Flynn and John Twohig cottages, and the older cottages at the left hand side of the roadway; Lynch and O'Keeffe. Lower Clash Road: The cottages of Jack Higgins, John O'Flynn, Pats Geary, Larry Sheehan and Mollie Wright were serviced by a pump located outside John O'Brien's, whose cottage it also served. Old Clash Village: In more recent times there was a pump outside Murphy's house, and it also served the Higgins, O'Brien and Foley households. This pump was the most popular on the Island with great demand for water, and it attracted much activity from people heading to the strand at Clash in the early days, and during the war (Emergency) period as well. Richie Higgins and the Drummy sisters in Carrigrennan Lodge may have utilised this pump also but they had the Well Road pump as an alternative and if chosen they would not have any hill to climb. Well Road: There was a pump at the end of Well Road which was at a most inconvenient location for the cottages at Bunkers Hill. It was eventually relocated outside the Sheehan cottage at the top of the Hill, and it also served; the O'Mahony, Murphy, Sheehan, Higgins (Minnie) and Higgins (Kate) cottages. Paddy continues. QUOTE: A few more locations outside the Island come to mind. I think there was a pump at Factory Hill which serviced the Sexton and McCarthy cottages, as well as the smaller village type houses adjacent to Lambe's and Goodfellow's. I seem to remember an old style pump with a handle near Mick Clifford's cottage (now Lane's) at Ballinglanna. Also I think there is a site, if not the fittings, near Des Relihan's house at Blossomgrove. I presume most of the farm houses had their own wells at least, and probably had no objection to their close neighbours filling a bucket

or two from their supply, especially if the public pump was a good distance away. I think there was some type of public water supply available to the residents of Little Island from at least the middle of the nineteenth century, and if I am not mistaken it was supplied from a reservoir at Annemount, Glounthaune. I seem to remember reading that it caused some concern one time as the Public Health Authorities felt it was contaminated and causing health problems to the poor unfortunates on the Island. Some hardy boy from Glounthaune up to no good again I suppose! You will notice that virtually all the pumps on the Island were located to service the vested cottages. Most of these were built around 1905 / '10 and that probably dates most of these type of pumps as well. The exceptions include the older villages; such as the Island Cross and Old Village Clash as I think they had to depend on wells originally. Clash of course had a well at the Well Road in the very old days and this was eventually replaced by the aforementioned pump. UNQUOTE. The foregoing will bring back memories to many and especially to relatives and friends of those Little Island householders whose names are mentioned, and who have since gone to their eternal reward. Is feidir leo a gcuid eile i síocháin. Thanks to Paddy and his reference to water contamination that caused health problems to the Islanders in the middle of the nineteenth century is after all those years still rather disturbing news. Trust the good auld Thauinis!



**SCHOOLS:** Primary schools are much happier places than they used be, and this is ever so evident in our own parish. The days of the thump with the leg of the chair, or with the blackthorn stick that was stored up the chimney, or with the clenched fist, coupled with a contemptuous smile and snide remarks, are no more. There is an excellent teacher-pupil relationship today, as should be, and we are all justifiably proud of the high caliber of teachers as well as the quality educational facilities. However future plans regarding the Glounthaune and Little Island national schools will have a negative impact on primary education in our parish. An Expert Working Group at the Department of Education will shortly publish a report, which is already leaked, on the planned amalgamation of the two

schools, to be officially named; Scoil Náisiúnta Gleann Ratha. The logistics mean that the existing Little Island N.S. will cater for pupils from Junior Infants level up to and including third class, whilst the education of fourth, fifth and sixth class pupils will be provided at the existing Glounthaune N.S. There are many problems envisaged with such a plan, not least the fact that some families will have children attending school at two different locations. The Department advises that in order to overcome "this little inconvenience" it is planned to operate a shuttle bus service between the two schools, thus avoiding the necessity of parents having an additional drop-off and pick-up point. The cost per child for the return bus journey, which the Department describes as "reasonable", is Eur 183 per annum. There will be a loss of three teaching posts; two at Glounthaune, one at Little Island, and the criterion will not be on a "last in first out" basis, but rather on the teacher's place of birth vis-à-vis the school. The three who were born farthest from the school will simply lose out. The position of principal will be one of a shared responsibility so the present incumbents will fill the role for a rotating forty six day period. There is good news for the clerical and maintenance staff as they will not be affected by the amalgamation. In order to keep uniform expenses at a minimum there will be a "pick n mix" usage of the present uniforms, and colour coordination is not a factor. For example, should the jumper of the Glounthaune N.S. uniform be chosen; the trousers of the Little Island N.S. uniform will complement it, and so on. The report specifies that pupils transferring from Little Island to Glounthaune, and vice versa, must for identification purposes wear brown coloured shoes during the first three months of the transition period. The make-up of a new crest is not finalised so perhaps one with the traditional flaming torch emblem, held with a clenched fist, positioned on a chair and encircled with blackthorn sticks would be appropriate! The foregoing Department of Education amalgamation plan is more aligned to money-saving rather than educational benefit. It amounts to herding of children to fulfil some economic requirement, at the behest of out of touch civil servants. The Board of Management of the two schools has arranged a meeting, their final one, to familiarise parents with the amalgamation plans. It will be of particular interest to hear the views of Glounthaune parents relative to their young children having to travel unaccompanied to and from the school at Little Island on a shuttle bus. Other issues include; the travel cost per child, the brown footwear, the method of choosing the uniform, as well as educational aspects. A meeting was held at the Little Island Complex on Wednesday **APRIL 1ST!!!! at 8.00 pm sharp.** However due unforeseen circumstances it was postponed to a later date in April. SLÁN ANOIS ©



## Garreth Fitzgerald **CRASH REPAIRS**

- Panel Beating • Spray Painting
- All Bodywork • Low Bake Oven
- Insurance Claims Handled
- Chassis Alignment



Unit 2, Pat Dwyer's Ind. Estate,  
Glanmire, Co. Cork  
Contact Garreth Fitzgerald 086 3787758

Quality dental care  
in a relaxed friendly  
environment.

**hazelwood**  
dental practice

Josephine Griffin BDS  
Margot Murphy B.Dent.Sc.  
Marina Fuller B.D.S.NUI.  
Jennifer Mellerick (Hygienist)  
**Serving the  
Glanmire  
Community since  
1992.**



**Full range of dental treatments  
for a healthy smile.**

**SPECIAL OFFER ON TOOTH  
WHITENING FOR APRIL**

*New Patients Welcome*

Opening Hours: Mon – Fri 8.30am – 6pm  
Late evenings Mon & Tuesday - Saturday mornings by appointment.

Glanmire Shopping Centre, Phone: 021 4866583  
Website: [www.hazelwooddentalpractice.com](http://www.hazelwooddentalpractice.com)



*Have you tried our Lunch Menu?*  
**Served each day 12-3pm**  
*Fish and chips/lemon sole goujons*  
**And lots more**

**Up coming events**  
March  
**Saturday 21st** Bone dog blues band  
**Saturday 28th** Dolores Flores D.J.  
April  
**Saturday 4th** Black velvet band  
**Saturday 11th** Dots and Henny  
**Saturday 18th** The Classics  
**Saturday 25th** Bone dog Blues band  
May  
**Saturday 2nd** Edge of heaven  
**Saturday 9th** The classics

**Breakfast**  
Monday to Friday  
10-12pm  
Saturday 10-1pm

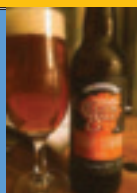


**Having a family occasion?**

Talk to us about our party menus...



Unique to the Cotton Ball  
Our range of craft stouts  
Ales and beers  
Brewed here on site



Contact us  
021 4503096  
[Info@cottonball.ie](mailto:Info@cottonball.ie)



**CUFFE & COMPANY**  
**(INSURANCE) LTD.**  
Incorporating  
**Frank Crowley Insurances**

Registration No. 51154-0000-10-0000-0000-0000

- **Need to prepare for your children's education?**
  - We can help you arrange suitable tax efficient savings and life cover to safeguard you and your family's future.
- **Paying a lot for your trade or business insurance?**
  - We will provide a free quotation with a competitive price, and advise you on which insurance is best for your business.
- **Planning for retirement?**
  - We provide expert advice on how to maximise your pension fund while reducing your tax liability. If you are currently retiring, we can help you choose the right retirement options for your needs.

As independent insurance brokers not tied to any provider, our qualified staff can offer you the widest choice of insurance, individual service, expert advice, and can deal with claims on your behalf.

Call us on (021) 4500642 to talk with Frank Crowley,  
Johanna Lane ACII, Michael O' Connor ACII or Bertie Cuffe FCII

Email [cuffe@cuffeco.ie](mailto:cuffe@cuffeco.ie) or visit [www.cuffeco.ie](http://www.cuffeco.ie)

CUFFE & COMPANY (INSURANCE) LTD. IS REGULATED BY THE CENTRAL BANK OF IRELAND



Charlie Wilkins

Every year, requests on how to clean paths and paving of slippery, green algae arrive in great numbers on my desk! These crop up in all seasons but particularly during early spring when the foul-looking deposits are more likely to be noticed. All can cause falls and injury if left untreated.

Getting rid of these is not a particularly hard job but up to now it entailed quite a bit of scrubbing coupled to high-pressure water washing and copious rinsing. A number of products were recommended as suitable for eliminating the most common types of algae, chief among these being household bleach, tar-oil wash (now banned and withdrawn) and Jeyes Fluid (now newly formulated). Today I can suggest something stronger and better; an extra- staple, sodium hypo-chlorate solution called 'Chloras'.

You can have five litres for around €6 or twenty five litres for €20. The latter is far more economical and because it does not have a shelf life, unused quantities can be stored for long periods. The product is normally used for sterilising dairy parlours, milking equipment, as a detergent solution in food outlets, and as a sterilisation additive to swimming-pools. The product is available at Co-Op Superstores.

Areas to be treated should be drenched with water to begin. A small amount of undiluted or 50/50 Chloras/water solution can then be poured on the wetted surfaces and gently brushed in. No hard brushing or scrubbing is needed. Allow to remain for ten to fifteen minutes than hose off using normal water pressure. During this period the soft brush (which will bleach!) can be occasionally used to 'reactivate' the solution. Notice how it foams readily and spreads all the better. This is normal.

Brickwork, concrete, paving slabs, even cobbles will regain their original colour, so too pebble dashed pavers, garden walls,

place, the offending discolouration will begin to disappear and the treated areas will come back to their original colour. Do not allow the product remain longer than ten to fifteen minutes or bleaching may occur.

It is important therefore you use plenty of water to disperse the 'Chloras' following the treatment. The run-off will then not affect plant life growing nearby. Health and safety is important so use rubber boots and gloves, old clothing, safety goggles and headgear. Avoid splashing skin and take particular precautions with your eyes. Accidental splashes on skin should be washed off immediately with water even though the product (despite a printed warning on the container) does not 'burn' on contact. For all that, Chloras is an exceedingly strong bleach and care during use is essential. Beware also that too strong an application on coloured brick and tile work may cause colour fade

As a cleaning agent I have yet to use better around the garden. I can recommend it to gardeners and householders who suffer the

walls, brickwork, painted surfaces, even roof tiles. It can be used to great effect in the greenhouse on glass, timber and terra-cotta pots.

#### PREMIER GARDENING EVENT FOR FOTA.

The premier gardening event of spring here in Cork is the annual 'Fota House Plant and Garden Fair' which this year takes place on Sunday April 19th from 11am to 4pm. Acknowledged and recognised as the biggest plant and garden fair in the country it draws demanding gardeners of all ages. Over eighty specialist nurseries will attend each of which will have for sale rare and unusual trees, shrubs, alpines, herbaceous and water plants, all at very reasonable prices. Retailers providing garden furniture, pots, sculptures, ornaments and tools have also been invited to attend, thus enabling the visitor to buy everything needed for the season ahead. Catering facilities will be available in Fota House (and on site throughout the day) and parking in the adjacent grounds is included in the admission price of €8. A substantial donation

assist with the running of the fair. I hope to see you there!

#### THE APRIL GARDEN GREEN;

The pleasure we get from the view out from the kitchen window is hard to explain but the relationship between indoors and out is constant and only altered when darkness or poor winter light prevails. Just now, I'm enamoured with one particular colour - green. What a relief that Nature is immune to the whims and caprice of fashion, for it continues to serve up the same colour every spring. Green will always be the colour of spring, of freshness and renewal, vibrancy and new growth. Young beech leaves will soon hang like tatters of pale silk as the sun shining through them whilst in the shade of its branches wild garlic in a striking shade rises to compete with the strengthening light. Look at these wonderful colours now; lime, celadon, chartreuse, apple, acid, sea- the colour has acquired so many names it is hard for people to pin it down to a particular shade! Just now, it seems the most wonderful of all the colours.



Last week this complete area, walls, steps and paving (even the terra-cotta pots) were given their annual clean-down with Chloras. Use this all around the garden but use plenty of water once flushing commences.





The Terrible Twins – "Martin The Great" and Gerry "The Foreign Correspondent".



St. Patrick's Day Celebrations Mary and Jack with Philip from Tipp.



## LITTLE ISLAND Dental Surgery

**4 Island Cross, Little Island, Co. Cork**  
**Tel: 021 4510122**  
[www.littleislanddental.ie](http://www.littleislanddental.ie)

**PRICES:**

Exam, Scale & Polish €65

Exam only €40

Hygienist €45 per visit

White Filling €85 average size

Metal Filling €70 average size

Extraction €80

Crown €550

Prices may vary according to individual treatment needs

PRSI patients: Exam covered every 12 months

Medical Card holders: 2 fillings, extractions, dentures, prescriptions

  
 Dr Davina Turnbull  
BDS MRD

  
 Dr Dolores Duffy  
BDS MRD

**OPENING HOURS**

**Mon, Tue, Wed 9am-8pm:**

**Thurs, Fri 9am -6pm: Sat 9am -1pm.**

## Pat Geaney

**Lawn Mower Sales & Service**

**OPEN 6 DAYS**

Mon. – Thurs.  
9.00a.m. – 8.00p.m.  
Fri. & Sat.  
9.00a.m. – 6.00p.m.

Your Lawn Mower Man 52 weeks of the year.

[www.thelawnmowerman.ie](http://www.thelawnmowerman.ie)



**021-4822465**

Brooklodge,  
Glanmire, Co. Cork.



## LANDSCAPING LIMITED

NO JOB TOO BIG OR TOO SMALL

MOBILE 087 2079978  
PHONE 021 4866572

**We provide a wide range of Services**

- Grass Cutting & Hedge cutting
- Shrubs & Trees Supplied & Planted
- Maintenance & Clean-ups
- Power Washing Gutters & Drain Cleaning
- Lawns Laid -
- Fencing (Timber & Concrete)
- Patio & Decking

Free Quotations

**Contact Declan**  
**M: 087-2079978**  
**P: 021-4866572**

## GARDENING

All Garden Rubbish Removed.  
Will collect small amounts.  
Lawns & gardens cut.  
Overgrown gardens cleared.  
Clippings removed. Houses, outhouses & yards cleaned and cleared.

REASONABLE RATES.  
PHONE J.J AT (021) 4822458

## Tom Murphy Contracting Services.

Knockraha  
General Plant Hire  
Demolition  
Site Clearance & Landscaping  
Topsoil For Sale  
021 4513865. 087 2536821  
Full insured

## O'LEARY PROPERTY MAINTENANCE

COMMERCIAL RENTAL  
DOMESTIC

PROFESSIONAL SERVICE YOU CAN TRUST

IT'S TIME TO GET READY FOR  
SPRING

HAVE YOU A SPECIAL OCCASION COMING UP THIS SPRING SUCH AS CONFIRMATION OR HOLY COMMUNION. LOOK NO FURTHER, O.P.M. HAVE YOU COVERED FOR INDOOR / OUTDOOR PAINTING, GARDEN MAKE OVERS AND FITTING NEW PATIOS FOR THOSE MEMORABLE FAMILY PHOTOGRAPHS.

SERVICES

- PAINTING EXTERIOR / INTERIOR
- LAYING OUT PATIOS / DRIVEWAYS / STONE WALLS
- TILING KITCHEN AND BATHROOMS
- STOVE FITTING AND FIREPLACE DESIGN
- ROOF AND GUTTERS REPAIRS
- PROPERTY MANAGEMENT SERVICE
- GENERAL MAINTENANCE EXTERIOR / INTERIOR

CALL ROBERT AT [086 / 3813795](tel:0863813795)

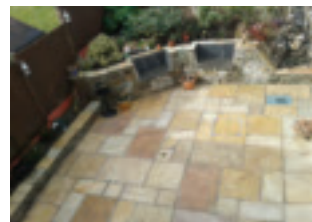
Based in Knockraha near Glanmire

[Follow us on facebook](#)

Email at  
[olearypropertymaintenance@gmail.com](mailto:olearypropertymaintenance@gmail.com)

Web site at  
[www.olearypropertymaintenance.com](http://www.olearypropertymaintenance.com)  
(opening shortly)





Call Robert  
P: 086-3813795



## Erins Own Hurling & Football Club

Caherlag, Glounthaune, Cork.

Lotto Results Wednesday 18/03/2015: No winner this week numbers drawn were 13,15,27,18, €30 to Pauline Brown, Ann O Farrell & Fiona Connolly, Next weeks Jackpot €9020,

Tickets can be bought from any member or log on to the clubs website [www.erinsowngaa.ie](http://www.erinsowngaa.ie) for other ways of playing, Thanks to all those who support our clubs lotto.

Club Shop: The shop will be opened on Saturday 10am to 12pm & Sunday 11am to 12:30pm, any queries or



SHL V's Bride Rovers

questions on stock or orders just drop an e-mail to Dara at [erinsowngaaclub@gmail.com](mailto:erinsowngaaclub@gmail.com) or phone or text Michael on 086 8699145, Kieran on 087 7787759 or Dara on 089 4464412.

RedFM Senior Hurling League Erins Own 1-17 Bride Rovers 0-13

A beautiful day today in Caherlag for this clash against bride rovers, it was a game we were on top but were finding hard to pull away on the scoreboard, Mark Collins opened the scoring for Erins

Own in the first minute with a point he also got 3 more before the break, Alan Bowen & Kilian Murphy added two points each, to give us a one point lead at half time 0-08 to 0-07, the second half saw Erins Own find their rhythm with Kilian Murphy putting over a point & soon after rattling the net with a cracker of a goal, Eoghan Murphy hit six points in the second half four from frees & two from play & Michael Murphy putting over two nice points from play, giving Erins Own a good win of 1-17 to 0-13, Daire

Dennehy, Alan Bowen, Mark Collins & Kilian Murphy played well for Erins Own. Team in Full: 1.Shay Bowen 2.Cian O Connor 3.Shan Murphy 4.Daire Dennehy 5.Cathal O Mahony 6.Jack Sheehan 7.Chris Geary 8.Alan Bowen 9.Sean Kelly 10.Kieran Murphy 11.Kilian Murphy 12.Mark Collins 13.Mossie Carroll 14.Michael Murphy 15.Eoghan Murphy, Subs Used: Cian O Callaghan for Kieran Murphy Injured, Sean Crowley for Chris Geary & James Carr for Michael Murphy.



Fr. Michael Keohane PP Our Lady Crowned Church Mayfield with Emily Brennan, McCarthy School of Irish Dancing at the St. Patricks Day Mass

# Strictly Come Dancing

## Erins Own Style

A night not to be missed  
Sat 03<sup>rd</sup> October  
Radisson Hotel Little Island

## Dancers required

Contact Jamie 086 8758519 or Brendan 087 9477801

### MERCY CANCER CARE CENTRE GOLF CLASSIC

It's that time of year when we once again appeal to your generosity for our annual Golf Classic in aid of the Mercy Hospital Cancer Appeal Golf Classic which will be held at Fota Golf course on the 15th and 16th April.

We are most grateful of your support in the past and would appreciate your continued support in any way you can. Cancer touches so many people in our community and supporting The Mercy Hospital Foundation is a great way to help fight this terrible disease. The 2015 Golf Classic is for

a very special project. It will raise funds for the Mercy For general enquiries contact: Jack French 021-4858400 - M 087 2747057 - E: [info@jackfrench.ie](mailto:info@jackfrench.ie) Eimear Keohane, Mercy Hospital Foundation. Office: 021 4274076 Website: [www.mercyfundraising.ie](http://www.mercyfundraising.ie)



# O'CEARNAIGH BAR



**NOW OPEN**

FAMILY RUN & FAMILY FRIENDLY  
BAR NOW DOING FOOD

BEER GARDEN AT BACK WITH  
EXTENSIVE RIVER VIEWS

LIVE SKY SPORTS NOW

TAKING YOUR BOOKINGS FOR  
PARTIES COMMUNIONS AND  
CONFIRMATIONS

PHONE STEPHEN  
ON 087-2630710

(FORMERLY THE HERONS  
PERCH/O'CONNELLS)

**THE "THEY WON'T BE KIDS FOREVER" LOAN**

WHETHER YOU'RE LOOKING FOR  
THE "IF NOT NOW, THEN WHEN"  
ONCE-IN-A-LIFETIME HOLIDAY LOAN  
OR THE "I CAN'T WAIT TO SEE THEIR EXCITEMENT"  
FAMILY HOLIDAY LOAN

COME IN AND TALK TO US  
or phone us on (021) 4821799

**GLANMIRE & DISTRICT  
Credit Union  
HOLIDAY LOANS**

WE LOOK AT THINGS DIFFERENTLY  
Loans are subject to approval. Terms and conditions apply.  
Glanmire & District Credit Union Ltd is regulated by the Central Bank of Ireland.

[www.glanmirecu.ie](http://www.glanmirecu.ie)

**Glanmire DENTAL PRACTICE**  
3 Old Court, Riverstown,  
Glanmire, Co. Cork.

**30 YEARS  
IN BUSINESS**

Glanmire Dental Practice  
would like to thank all their  
patients for their loyal support  
over the last 30 years

Glanmire Dental Practice  
Your Dental Partner for a healthy smile.  
**10% OFF all white fillings  
with this Voucher**

**Phone 021 482 1133**  
[reception@glanmiredentalpractice.ie](mailto:reception@glanmiredentalpractice.ie)  
In-House Oral Surgeon for wisdom teeth and implants  
- Saturdays by appointment.  
Hygienist available late Mondays, all day Thursday.  
Orthodontist, for in-house treatment.



## Glanmire Community College

**GLANMIRE COMMUNITY COLLEGE RECEIVE AN IRISH FLAG FROM THE PRESIDENT OF IRELAND AT THE TRICOLOUR CELEBRATIONS IN WATERFORD**



Adam Clapper, Sarah Tyner, Rebecca Spencer, Seán Hoare and Mr. Conor Dineen at the Flag Presentation Ceremony in Waterford

The President, Michael D Higgins, was invited by the Mayor of Waterford to present flags to almost three hundred schools on March 12th, 2015. Glanmire Community College was one of these schools and was invited to receive an Irish flag at the 1848 Tricolour Celebrations in Waterford. This flag will have flown from 33 The Mall, Waterford, where the first Irish flag was flown by Thomas F Meagher.

The Thomas F. Meagher Foundation aims to promote pride in and respect for the Irish flag and its true meaning for peace on this island. The Foundation is named after Thomas Francis Meagher, Irish Patriot, US army general and Governor of Montana who flew the first Tricolour flag on the 7th of March 1848 from 33 The Mall in Waterford at the Wolf Tone Club. The Thomas F Meagher Foundation strives to ensure that every citizen in Ireland, and in particular, every school child, is aware of the flag's history and the meaning behind the National Flag (peace) and recognises the extraordinary life of Thomas F Meagher. A major endeavour of the Foundation is to present every School in the country with a certificate of origin, flag stand and flag that has been flown from 33 the Mall, Waterford. This year the Foundation will launch a schools awards and scholarships programme to recognise outstanding students who have promoted pride in and respect for the flag, and are active citizens in their community.

Four students from Glanmire Community College had the honour of attending the Tricolour Celebrations in Waterford with their teacher Mr. Conor Dineen. The students represented their year groups on the day, Seán Hoare, Adam Clapper, Rebecca Spencer and Sarah Tyner. They felt privileged to be present at the ceremony and to receive the Tricolour Flag from President

Michael D Higgins on behalf of the school. The presentation took place at the Kingfisher Leisure Centre in Waterford. On arrival the group were greeted by stewards, who were also second level students. Then it was time for the photo shoot where the students and their teacher had their photograph taken with the ambassadors of the foundation.

The Master of ceremony, Mary Kennedy, opened the event and outlined the procedure for the afternoon. Then she introduced the President, Michael D. Higgins, who received a very warm welcome. He spoke of the importance of the Irish flag, where the white colour in the centre symbolises peace. He also spoke of Thomas F. Meagher's role in earning the tricolour for the Irish People - 'A National Flag is the most sacred thing a nation can possess'. Due to the President's tight schedule he was not available to meet and greet students after the ceremony. All the students present were really inspired by his speech in particular the part where he stated that we have earned the right to be our own nation and to be proud of that fact. After the President's speech everyone was entertained by our 2015 Eurovision entrant, Molly Sterling. She performed her song for the Eurovision, "Playing with Numbers". This was followed by the highlight of the day, the presentation of the flags. A student from each school had the privilege of accepting the flag and bringing it back to their school, where it will be displayed for everyone in the school community to view and appreciate as they go through their school day. The ceremony concluded with another performance from our Eurovision representative, she sang our national anthem "Amhrán na bhFiann". Everyone present joined in, it was a fitting conclusion to a very prestigious and memorable event.

## "HIGH SCHOOL MUSICAL" WAS A HUGE HIT WITH A VERY TALENTED CAST AND A GREAT LOVE STORY

This year's musical, "High School Musical", under producer and director Ms Jennifer Tyner and co-director and choreographer Ms Michelle Mc Mahon was a huge success. As the story goes, Troy Bolton, the star athlete at a small-town high school, falls for nerdy beauty Gabriella Montez at a holiday karaoke party. When they return to campus, Troy and Gabriella audition for the upcoming school musical. Meanwhile, the jealous Sharpay Evans conspires to squelch their chances. The two must struggle to make it to auditions while also meeting their existing obligations to the basketball team and the academic decathlon. Troy and Gabriella both win their respective competitions, and the entire school gathers in the gym to celebrate ("We're All In This Together").

John Twohig and Áine Carroll as Troy and Gabriella were adorable together, while Victoria Brennan and Ross Gleeson as Sharpay and Ryan were laugh-out-loud funny. The other students, along with Troy's father, Coach Bolton (Eoghan O'Sullivan), Ms Darbus (Katie Twomey) and Chad (Billy Manning) were perfect in their roles. Victoria Brennan was perfect as diva Sharpay. Áine Carroll was lovely as shy, intelligent Gabriella, who is practical and grounded but can't help wanting to

do something as seemingly frivolous as singing in the school show and fall for the popular high school athlete. Katie Twomey was highly entertaining as the exuberant and dramatic Ms Darbus. The actors had amazing voices, and the vocal skills exhibited by the four main actors were very impressive. The songs, especially 'What I've Been Looking For' as sung by Sharpay and Ryan, 'Breaking Free' by Troy and Gabriella, "Get your head in the game", and Gabriella's and Troy's duet, 'When There Was Me and You' were all amazing. The dancing sequences were fun and well-choreographed, and were right in sync with the music.

High School Musical presents the social concerns teenagers face in a non-threatening, win-win way. Troy and Gabriella's defiance of socially accepted norms inspires other students to step forward with their own hidden talents. Instead of following the usual tactic of the genre and allowing the underdog to prevail over the ever popular crowd, High School Musical brings students together and recognizes each person's talent and contribution.

The music, dancing, singing, and the choreography make High School Musical a musical that can pick you up and make you want to dance!



Braniacs (Ally Barry, Kate Brennan, Aine Carroll, Michael O' Donoghue)



Jocks - Oisín Barry (Zeke) and Billy Manning (Chad)



John Twohig (Troy) & Aine Carroll (Gabriella)



Coach Bolton, The Jocks and the Cheer Leaders - CopyPhoto; Donagh Glavin



**Chef Fest Extravaganza** Pop into the Amazing Cookery Demonstration and experience the skilled recipes of Ireland's top Chefs!

**€20 PP**

**Thurs 16th April @ 7.30pm**  
**The New Glanmire Scout Hall**

**Eunice Power** is the owner of Ireland's foremost Event planning and Hospitality team, EunicePower.com. She contributes to the Irish Times/Food and Wine Magazine and is a regular presence on our TV screens. Eunice creates dishes with natural flavours from the best of Irish ingredients whilst taking influence from her travels in the Middle east and North African Coastlands.

**Richy Vershawmy** is the kingpin of West Cork Cuisine. His restaurant aptly named Richy's Clonakilty is a destination dining delight and each guest is treated to an amazing fusion of flavours. Richy is the appointed Chef to Michael Flatley and makes weekly appearances with Dail and Maids on TV. He is also a driving force in West Cork Chamber developing tourism growth initiatives.

**Patricia O'Flaherty**, the owner and creative behind 'a touch of magic' is a sugar artist, confectioner and one of Munster's leading Cake Makers. She is a Gold medalist for her presentations and is now teaching her craft on the International stage. Famed for her superb cake models and bespoke designs, Patricia is also responsible for bringing world famous cake decorators to Cork for classes.

**Stephen Sullivan** is one of Ireland's rising culinary stars. Stephen's career began in the Michelin Star Chapter One and since then, he has notched leading hotels such as the Marston, the Shelbourne, The Marker and the Hayfield to his culinary trophy belt. He is currently heading the culinary team in the Cork Maryborough 5 star hotel.

**Sponsored By**

betcom, MARYBOROUGH, Richy's, A Touch of Magic, P.J. & Co., d-signs.

**Spot prizes and surprises on the night! - Come Along! :)**

## HOWARD & CO SOLICITORS



ESTABLISHED LOCALLY IN GLANMIRE IN 1995

**NOW LOCATED AT EASTGATE  
VILLAGE, LITTLE ISLAND**  
BESIDE THE BANK OF IRELAND

Telephone: 021 4510064 |  
email [info@howardandco.ie](mailto:info@howardandco.ie)

**COMMISSIONER FOR OATHS**  
**CONVEYANCING - FAMILY LAW**  
**REMORTGAGING - PERSONAL INJURIES**  
**PROBATE - GENERAL LITIGATION**

1st Consultation is free  
Evening Appointments available  
Ample parking & elevator access

Glanmire Scouts 46th /92nd troop were delighted to welcome Chief Scout of Ireland Micheal John Shinnick to oversee the first public viewing of the new scout hall and sample some of the delicious cakes on sale. The event was massively supported by the community and we thank everyone who contributed to its success. A cooking demonstration will take place in the hall on the 16th of April where some very prestigious Chef's will be showing us their talents, these being Eunice Power Powersfield house, Stephen Sullivan Maryborough House hotel, Patricia Flaherty, a touch of magic (cake maker and sugar craft) Richy Vershawmy, Richy's of clonakilty. Tickets for this event can be bought by contacting James Grimes 0868383006, Hilda Baker 0872064741 and Barry O keeffe 0872752755.



### New Inn News - We have had a very busy term in New Inn N.S.

**Grandparents Day:** The students of 1st and 2nd Class welcomed their grandparents into their classroom to celebrate Grandparents Day. The students performed various songs and poems and asked their grandparents several questions about their time in school. The grandparents were treated to home baking made by the students and their families.

**World Book Day:** In conjunction with World Book Day, our students dressed up as characters from their favourite books.

**Baking:** The school has recently purchased a new cooker and additional baking equipment. Thank you to everyone for their support with our fundraising.

**Seachtain na Gaeilge:** The school celebrated Seachtain na Gaeilge with a céili, tráth na gceist, various sports and games 'as gaeilge'. Students also gave a performance of Irish songs and poems.

**School Magazine:** The 6th class have just sent the Easter Edition of our school magazine to the printers - it is packed with our students stories, poems and artwork.

**Sports:** We had great success at the Munster

Table Tennis Tournament held recently at the Sports Village. We entered two teams - the New Inn A team finished 2nd in their group on 10 points and the New Inn B team won their group on 16 points. A team: Ross O'Brien, David O'Donovan, Alex Bennett and Sean O'Connell. B team: Cian Cahill, Cian Mulcahy, Scott Egan and Jay O'Connell. Students from 5th and 6th Class participated in Basketball Blitz held in Parochial Hall and Neptune Stadium. Students from 3rd and 4th class took part in both indoor hurling and camogie competitions recently. Congratulations also to Emma and Heather Forde who competed in the Munster Schools Swimming Gala. Emma came 3rd in the 50m front crawl

and 4th in the 50m breast stroke. Heather came 6th in the 50m breast stroke. Emma and Heather Forde both qualified for the All-Ireland Schools held in the National Aquatic Centre in Dublin.

Réiltín Beag Montessori, on the grounds of New Inn N.S. is now enrolling for full and part time places for September 2015. Free Preschool Places (ECCE) are also available. The open day will be held on the 19th April from 2pm-4pm and all are welcome.

*The staff and students would like to wish everyone Happy Easter.*





## Cumann Peile Gleann Maghair Glanmire Football Club Latest News

Sallybrook, Glanmire, Co. Cork

[www.glanmiregaa.ie](http://www.glanmiregaa.ie)



### U11s Play Carrigaline

The Glanmire u11s in a much sunnier Kiely Park on Sunday March 22nd, with Carrigaline providing the opposition. The panel was divided into 2 teams which each played 2 games. There was plenty to be happy about as the Glanmire lads continue to put what they've been doing in training into practice. There is still plenty to work on but it's been a good start to the season.

### U21s Come Up Short

The Glanmire U21s were beaten by Aghada in the East Cork Final on Saturday 21st March. Goals win matches' and that was the difference between the two sides in Cloyne, with Aghada winning on a scoreline of 3-08 to 0-10. Despite strong performances from Conor Kiely, Edward Gaffey and Sean Keane, Aghada's ability to take their goal chances proved decisive on the night. Best of luck

to them in the County section.

### 2015 Golf Classic Launched

The 2015 Glanmire Football Club annual golf classic (once again kindly sponsored by Pharmacy First Plus) was launched recently. This is a vital fundraising event to help the club continue to provide playing facilities for all age groups from age 6 upwards. This years event will be held at the stunning Castlemartyr Golf Club on Friday

15th May 2015 and teams of 3 can be entered by emailing [golfbookings@glanmiregaa.ie](mailto:golfbookings@glanmiregaa.ie) or by phoning 087 976 7990.

Tee times are between 9am – 5.00pm and entries will include tea/coffee and scone beforehand and a meal after. More details on [www.glanmiregaa.ie/golf](http://www.glanmiregaa.ie/golf). Book your team in now to avoid any disappointment.



U11s V Carrigaline (2)



U11s V Carrigaline (1)



Aghada v Glanmire





Dara Murphy at Youth Centre.

## The Opening of the New Glanmire Youth Project Premises

Well done to all of the wonderful young people who were involved in the official opening of the new Glanmire Youth Project premises on 5th March. The members took ownership of the task, redecorated the building from ceiling to floor, painted murals, prepared the speeches, gave the tours, and

spoke with gratitude and hope to all present. We thank all of our many supporters for all the help given and for your attendance at the Open Evening.

We are grateful to our dedicated Youth Workers Brian, Geraldine and our Drugs Task Force worker Cora for the

hard work put in preparing for this opening while continuing with normal day-to-day youth work. The Youth Project is a collaboration between the staff, volunteers and members. It is a Foróige club and is supported by a local management/steering group. The new premises is located in Riverstown, near

Sars Pavilion.

Glanmire continues to be very well served by our youth workers, Drugs Task Force worker and volunteers - keeping it a safer and a better place for all of our young people to grow up in.

## MUMPS IS AN INFECTION CAUSED BY THE MUMPS VIRUS

Mumps; Mumps is an infection caused by the mumps virus. People with mumps sometimes have minimal symptoms but mumps often causes swelling of the salivary glands. Mild symptoms such as headache, fever and loss of appetite may precede swelling of the salivary glands. Mumps is usually a mild illness, but serious complications can occasionally develop; for this reason vaccination is important. The MMR vaccine was introduced in Ireland in 1988. Our children are routinely offered the mumps vaccine, as part of the MMR. Most children get MMR vaccine on two occasions, when a child is 1y, and again as part of the "pre-school booster" at 4-5y age. Two doses are necessary to obtain maximum protection. Children with egg allergy can

safely receive the MMR vaccine. Mumps is a very contagious viral infection: it spreads very easily. Children are most commonly affected, but the number of reported cases of mumps has increased a lot in the past year. It is currently especially common in young adults, often attending college. The virus is spread by droplets, in the same way as the common cold and influenza. Coughing and sneezing generates tiny droplets which contain the virus- lovely!

Management of mumps: There is no cure, and antibiotics won't help. Paracetamol for fever or pain may be helpful. A person with mumps is especially contagious for 1-2 days before the symptoms appear, and for 5 days afterwards. During this time

it's really important to prevent spread of mumps, especially to those at high risk. Stay at home! Mumps spreads easily in pre-school, schools, colleges and workplaces, where large numbers of people are gathered in close proximity. STAY AT HOME! The higher risk groups are teenagers and young adults who have never had the vaccine, and pregnant women. Outcome; Most small children with mumps don't develop long term problems. Teenagers and young adults are more likely to develop complications. Complications of mumps;

Sometimes mumps can cause infection of the brain, or meningitis. Painful swelling of the testicles can occur, but sterility is a rare complication. Hearing loss can follow mumps, but usually improves with time. Mumps can increase the risk of miscarriage in non-immune pregnant women.

Summary: Mumps has not gone away. Vaccination is the best way to prevent mumps, but is not 100% effective. People with suspected mumps should stay home from school/college/work. Contact your doctor if worried.



**WOODVIEW**  
Family Doctors  
EXCELLENCE IN PATIENT CARE



## WHITE'S CROSS GAA NEWS

<http://whitescross.gaa.ie>

### A Weekend in the Life of White's Cross GAA...

With a great stretch to the length of our days in White's Cross, activity has really ranked up for all those playing in the club – be they 4 years or 40! To give a glimpse of just how busy things are here we report on what the Club was up to on the weekend of March 21st to 23rd.

On the Friday evening, the weekly training for the Under 7s and 8s continued on the astro-turf at the Club's grounds. On Saturday morning, it was the Under 5s and 6s, both boys and girls, that were first out of the traps – they trained in the Upper Glanmire Community Sports Hall from 10am to 11am as they had been doing throughout February and March. Taking advantage of the long evenings this group are now reverting to the great outdoors and will commence training on Friday evenings at 6pm at White's Cross.

Out early also on this particular Saturday morning was our team of litter pickers, who partnered up with Upper Glanmire Community Association, to clean up the roads in our locality – over 100 bags of rubbish were gathered in this latest sweep. A huge area was covered – from Buck Leary's Cross to the Community Centre, down Barry's Lane, up Ballyphilip Lane, from the Community Centre to White's Cross, from White's Cross all the way in to Mervue (Ballyvolane) and in the other direction to the Blackman Bar, down past Kilcully

Cemetery, back the Black Bog road, from White's Cross all the way back to Templemichael Bridge and as far as our Club's grounds. The area covered was quite something – remember there is a ditch on either side of the road!

On Saturday afternoon, at a sun soaked White's Cross, our Under 11 footballers had their opening football league game against Blarney winning out impressively on a 4-5 to 2-2 scoreline.

On Sunday morning there was a flurry of early morning activity at the Club's grounds as our Under 11, 12, 13 and 14 squads gathered to be whisked away by bus to Nemo Rangers complex for a team bonding day. After engaging in a two hour coaching clinic at Trabeg they headed to Páirc Uí Rinn and watched the Cork versus Tipperary National Hurling League encounter. This proved the one disappointing aspect of a most enjoyable day with Tipp coming from 9 points down to defeat Cork with a late surge – Ardfinnan native Michelle Whooley who accompanied our youngsters was seen to have the biggest of smiles leaving the stadium!

Our Junior hurlers were also out on this particular Sunday morning – they have now two wins from two after a 2-12 to 1-12 victory over St. Vincents. Kevin Buckley proved the star of the show in this encounter – operating at full forward he racked up 2-9 of our side's tally.

Elsewhere on the Sunday, our Under 16 footballers travelled to Grenagh where they also had a good win defeating Grenagh by 8-10 to 3-6. Corey Cambridge was on fire in this encounter clocking up 3-5.

Considering that in the previous seven days White's Cross had spent a weekend bag-packing at the store of our great supporter's Ryan's Super Valu Glanmire and had also taken part in the St. Patrick's Day Parade, it is fair to say that it's hard to keep up with all that is going on in White's Cross GAA!

### Our Roving Reporter

It was a great start to the Under 12 Football season for our team, under the stewardship of Mark Twomey and Richard Kelleher, with a final score line of White's Cross 5-8 to St Colman's 2-2

Playing against a strong wind in the first half there was some outstanding play in the full back line from Eolan Dill and Ethan Ryan stopping St Colman's from getting a foothold in the game. The half back line of Sean Twomey, Luke Murphy and Harry Buckley also contributed strongly never letting the St Colman forwards settle. The loss of Ethan Rayn was a blow but Danny Linehan slotted in well to help bolster the defence.

Luckily for White's Cross Luke Kelleher in goal was in outstanding form making two fantastic saves. Some strong midfield play from Senan Ryan and Brendan Quain helped White's Cross take control of

the game. Harry Coughlan linked up well with Patrick Harrington to set him up for White's Cross' first goal of the day. Assisted by strong play from the midfield and half forwards White's Cross continued to dominate with Stephen Whooley contributing a well worked goal for a half-time score line of White's Cross 2-1 St Colman's 0-2.

St Colman's fought back strongly at the start of the second half scoring two quick goals. It was during this period that our backs really showed their worth holding out against constant pressure from St. Colman's. In particular a goal saving block by Sean Twomey helped stem the tide. White's Cross then rallied with good passing allowing the team to register some well taken scores and secure the momentum in the game.

The introduction early in the second half of our young and upcoming U11's Robert Docherty, Jack Collins and Eli Hurley showed how they were more than able to hold their own at this level. Their contribution was vital as we had lost Ethan Ryan and Harry Coughlan to injury at this point. The substitutes settled well and contributed strongly as White's Cross took control of the game and worked towards a well deserved victory.

So a good start to the season for the U12s and special mention must go on the day to Daniel Kelleher who was on fire scoring 2-6 with some especially well taken points in the second half.



Top Left: The Greening – White's Cross GAA Juvenile Club added great colour and noise to the St. Patrick's Day parade at Upper Glanmire – once again it proved a most enjoyable day for young and not-so-young.

Above: Our young members wait patiently to parade at Upper Glanmire Community Association's St. Patrick's Day festival.

Left: March litter pick Some of the troops: Cormac O Flynn (Kilcully), Pat O Callaghan (Coole East), Pauline Hyde (Ballinrvriskig), Fiona Meade (Ballyphilip), John O Callaghan (Sarsfields Court), John Meade (Ballyphilip) and Mike O Flynn (Kilcully) are pictured ahead of the most recent litter pick conducted by Upper Glanmire Community Association and White's Cross GAA.



## Cobh and Glanmire Annual Garden Fête - A Date for Your Diary

### The Annual Garden Fête

will take place on the afternoon of Saturday 16th May in the grounds of St Mary and All Saints Church Church Hill, Glanmire.

**Come along and join us for a fun afternoon for all of the family!!**

Attractions will include:

Live Music by Bobby Seward - Super Stalls including - Ice Creams and Minerals - Bottle Stall - Plant Stall Cake - - Stall -- Gift Stall- Househol -Stall- Toy Stall - Children's Corner -with face painting and many other attractions Teas

**Monster Raffle - prizes include -** €300 Shopping Voucher - sponsored by Ryan's Supervalu

A Voucher for 4 Green Fees - sponsored by Cork Golf Club - Super Hamper - Beauty Hamper - sponsored by Pharmacy First Plus, Sunday Lunch for 2 - sponsored by Fitzgerald's Vienna Woods Hotel

### Plus Many More Prizes

*We are looking forward to welcoming as many people as possible to what will be a very enjoyable community occasion.*



SAFE Glanmire is a community organization in the Glanmire area. Formed in 2009

Our purpose is to raise mental health awareness, educate local people in suicide prevention, build self management skills in young people, provide information, advice and support to anyone in the Glanmire area with a concern about suicide.

We work in partnership with any agency/organization that shares our commitment to communities and services working together to support people.

Our group works with people of all ages - from young people to senior citizens across the community.

SAFE Glanmire have organized many mental health awareness events over the past four years; these include talks, workshops, and public information events. We also provide training and information for the general public on suicide awareness and prevention.

All training and events are free to participants; very generous support from local fundraising activities provides support for all SAFE Glanmire activities.

We offer safeTALK a 3 hour suicide alertness training to members of the general public. We also support ASIST training locally; this is a 2 day intensive workshop for those in contact with vulnerable

people. Courses are held locally depending on demand.

We intend to run a 5 week Mindfulness Course in late April in Glanmire. Participants should be over 18 years of age. Details will be posted on our Facebook page

We will be continuing our support for Glanmire Youth Project in the work with local young people in 2015.

We plan to run a Stress Management Course in the autumn....keep reading the newsletter!

Plans to purchase a Community Bus are well advanced, €13,500 has been raised locally -we await news on state funding to proceed with the purchase of an easy access new vehicle.

If you have an idea for a fundraiser or would like to access any of the services outlined above telephone Mags at 087 9370806.

We send a huge thank you to all who raised funds for us and have attended our events.

If you want to volunteer with us talk to Mags at 087 9370806

PIETA HOUSE suicide and self harm crisis centre is now in Cork Tel 021 4341400

CONSOLE National 24 hr suicide prevention helpline - 1 Life - call 1800247100



Sisters Ann Lotty and Mary O'Sullivan, enjoying Cheltenham Week at the Castle Bar



Children helping children and having fun, in aid of Irish Autism Action in Breda's Preschool (Bedroom for the day!)

Names: Back Row L. to R. Amy McSweeney, Lia Murphy, Darragh O Driscoll, Seán McGuckin, Alicia Tarasia, Ciara O Mahony, Niamh Jeffers, Maeve Barry.

Middle Row: Calí Mullane, Lily O Reilly, Ava Daly, Ellie McDonagh, Alice Twohig, Emily Jeffers, Emma Mannix.

Front Row: Miriam Wojno, Fionn Walsh, Melanie O Keeffe, Evan O Riordan, Aoife O Keeffe, Faye Cronin.



# Mayfield Community School News



## Second Year Students get Top Awards in UCC

Congratulations to a number of our second year students who were awarded with Medals of Academic Excellence in UCC recently. Eight of our students won the top prizes in Maths, Science, Gaeilge and French. Parents of the students were invited to the ceremony in UCC and each student was presented with a Gold Medal. In attendance at the awards were our school's principal, deputy principal, Guidance Counsellor and the students' class teacher. We are very proud of all the students who were awarded with the Gold Medals of Academic Excellence.

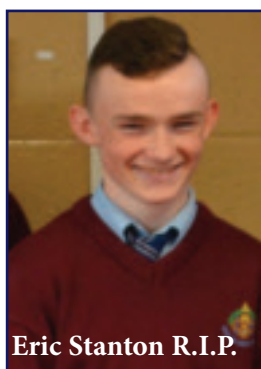


## Imeachtaí Seachtain na Gaeilge

Bhí daltaí an chéad bhliain gnóthach I rith an seachtain ag cur maisiúchán suas timpeall na scoile. Glac cuid mhaith dóibh páirt sa totaíocht taisce a bhí ar siúl ar an Deardaoin agus an Aoine, is na buaiteoirí lán sásta lena duaiseanna. Ar an Luan bhí daltaí an chéad agus an dara bhliain ag déanamh cúpla cur I láthair sa bialann roimh lón. Bhí go leor cleachtadh déanta acu agus dar ndóigh bhíodar ar fheabhas.

## Albany High School New York Marching Band visit Mayfield Community School

Members of the Albany High School in New York paid a visit to our school as part of their visit to Ireland. The marching band had walked in the St Patrick's Day parade in Dublin, had played in the Titanic Experience in Belfast, visited Glendalough and on the way to visiting the Blarney Stone, called into our school. They played and marched on our all-weather pitch. We were blessed with the day as the sun shone on us and those students lucky enough to be present really enjoyed the music. Ms Carne, our music teacher is already busy planning for a return visit to New York.



Eric Stanton R.I.P.

Our school community was united in grief at the death of Eric Stanton R.I.P. The following words were said at Eric's funeral by our school principal, Mr Tony Walsh:

Eric arrived into the school in 2011 as one of many excited but nervous first years. He followed in the footsteps of his brothers Michael, James and Sean and his sister Amy. He quickly settled into his new routine and subjects and rarely missed a day at school. We quickly got to know Eric as a kind, gentle and polite young man with a great love for animals especially the horses. Eric was also interested in sport and showed great promise as a member of the school's cross country athletics team. We also followed his achievements in boxing with interest.

Eric had his favourite subjects in school and soon his special talents and skills became apparent. He was an accomplished artist and produced some wonderful pieces of work with the assistance of Ms. Brady his art teacher. He loved woodwork and the wheelbarrow that he was working on with Mr. Young is displayed here today in front of the altar. Eric loved his music. I am not too sure about how he felt about Home Economics but he loved classes when they were cooking.

Our school has had a long association with the Stanton family and their support for the work of the school has been exceptional. Eric was the positive and caring young man that he was due to the love and care shown to him by his parents. I want to sincerely thank Jimmy and Catherine for trusting us with their children.

Mark will join Emma in the school in September. It is a great pity that his older brother Eric will not be there to guide him in his new school. Jimmy, Catherine, we will continue to care for and mind Emma and Mark but we will also mourn the loss of Eric, but be assured we will remember him as the unique young man he was in the weeks, months and years ahead. May he rest in peace.





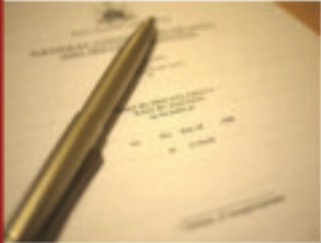
John Deleany CEO of the Fai on his recent visit to Glanmire with Brooklodge Soccer club members and Senator John Gilroy.




Members of Riverstown Soccer club meeting John Delaney on his recent visit to there club.




**O'Dowd**  
Solicitors



Property | Conveyancing  
Court | Family | Wills  
Probate | Commercial  
Trademark Agents





Unit 6c, Crestfield Centre,  
Glanmire

**021 4824426**  
[www.odowd.ie](http://www.odowd.ie)

## Launch of DH3 Salon on Main Street Watergrasshill.



The DH£ group pic is Valerie Turley (centre & proprietor of DH3 with her staff of the new salon and her other salon DH1 on Dublin Hill.



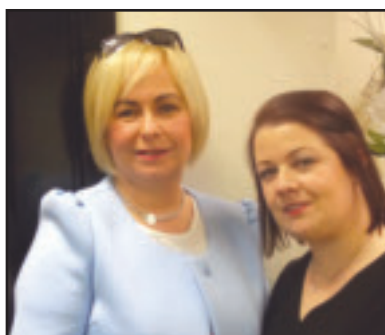
Samantha McCarthy



Vivienne Dunne, Vilma Dunne, Jackie Kennedy & Siobhan Kennedy.



Valerie Turley (Proprietor) with her husband Mike and children Daniel & Emma



Valerie Brennan & Clare Jerney



Valerie Turley & Lorraine Chaill

See Page 5

## TRADES & SERVICES

Glounthaune / Glanmire Meals on Wheels:  
Cooks urgently required for Mondays Wednesdays 3 hours every 6 weeks.  
Drivers required for Glanmire, Brooklodge, Riverstown area for Mondays, Wednesdays and Saturdays 1/1.5 hours every 5 weeks.  
Contact Pauline Walsh 4353557 or Mary Finn 4353893

### GLANMIRE GAS

Registered  
Gas Installer



### BOILER SERVICES

- Service • Repair
- Replace

086 8655132  
or 021 4508336

Email: [barryaoleary@gmail.com](mailto:barryaoleary@gmail.com)

FREE Quotations on  
Boiler Zoning

### DAVE GIBBONS

#### HEATING & PLUMBING

- Full Bathroom Refits (Including Tiling & Electrical)
- Electric Showers supplied & fitted
- Solar Panels supplied & fitted
- Heating Upgrades
- Outside Taps Fitted

30 Years Serving the People of  
Glanmire - 7 Days a week - 24  
hour service.

FOR ALL YOUR DRIPS & DROPS

086 8393686



### DOWLING

#### Electric Showers Sales Installation and Repair

087 258 4097

Kinsale Road, Cork.

See us on Facebook : <http://www.facebook.com/#!/profile.php?id=100001392352563&ref=ts>

Website: <http://www.electricshower.ie/>

### PAT SMITH ELECTRICAL

Industrial, Commercial,  
Domestic, Computer  
Wiring. Frost Heaters,  
NO JOB TOO SMALL  
087 2379301  
021-4300495

LOCAL COALMAN  
FOR SALE  
TURF - COAL - FIREWOOD  
FREE DELIVERY  
087 - 6289666

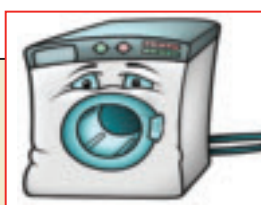
Your local registered  
electrician in  
**Glanmire**

- Quick response
- Reasonable Rates



**alantricity**  
electrician

Contact Alan Dowling  
087 9674718



### Appliance Repairs Local Engineer

(over 30 yrs experience)  
Repairs to Washing  
Machines, Dryers,  
Electrical Ovens and  
Dishwashers

Phone Pat Hayes on  
086 44 28 58 7

**Kelly Window Cleaning**  
Professional Services & Fully Insured  
Windows Cleaning, Exterior Doors,  
(INCLUDING FRAMES)  
Cleaning of Fascia & Soffit Gutters & Gutters Emptied  
All Brush Cleaned not Power Washed For Lasting Results!!!  
Power Washing of Drives and Footpaths also Available  
[www.kellywindowcleaning.ie](http://www.kellywindowcleaning.ie)  
[info@kellywindowcleaning.ie](mailto:info@kellywindowcleaning.ie)  
Tel: 021 4642126 or 087 9542828  
For Appointment



Left: Ruby de Baróid, Aoife ní  
Ghoilín, Fiona Ní Chearúil,  
Marian Ní Dhuinneacha,  
Síofra Nic Risteaird, Hilary Ní  
Shuilleabháin, Aine Ní hAong-  
husa.

in easnamh ón grianghraif tá  
Sorcha Ní Choistealla. Tá cón-  
garach do 25,000 euro bailithe  
acu mar ghrúpa ar son an Hope  
Foundation, agus beidh said ag  
dul go Kolkata thar na cáscá ar  
thuras oideachasúil.. Go néirí  
leo.

### ANDREW HURLEY WASTE DISPOSAL

Mobile: 086 3840659  
permit No: WCP-CK-09-715-02

Rubbish Removal from  
Houses / Garages /  
Gardens etc.

Do You Need a Skip for Your  
Rubbish? No Need!  
Call Us and We'll Take It Away!

### POWER WASHING

Facia, Soffit, Gutters,  
Paths, Drives, Houses.

All aspects of  
Powerwashing.  
Also Window Cleaning  
Phone: Tom 086 0655959



### CIARAN LOONEY HEATING & PLUMBING

COMPETE BATHROOM FITOUTS  
TILING - PLUMBING - ELECTRICAL

Mobile: 086 3557235

[www.clplumbing.ie](http://www.clplumbing.ie)



## Dramatic comeback for Coláiste an Phiarsaigh in All -Ireland camogie final.

Coláiste an Phiarsaigh Cork 1-9  
Loreto High School Beaufort Dublin 1-7

Coláiste an Phiarsaigh Glanmire are the All -Ireland senior 'D' camogie champions following a thrilling second half battle against Loreto Beaufort Rathfarnham at the GAA grounds in Nenagh on sat March 7th.

Playing with the strong wind in their favor Loreto were dominant in the first half. An opening point from Beaufort's Eimear O' Leary got the scoreboard ticking over and Sarah Nagle dominated mid field for the Dublin side. Looking confident and skillful they scored 1- 6 while Coláiste an Phiarsaigh struggled to stay in touch with a hard won 0-3.

Coláiste's first point drew a cheer of relief from the Cork support when Meabh Nic Charthaigh caught a superb pass from Siofra Ni Fhionnagán and with a powerful strike got her team yet again out of the blocks.

Twins Julie(capt) and Lucy Allen combined to score the next with the third a well taken free from Lucy Allen.

Many chances went astray for the Cork side however and six points down at half time Coláiste knew they had a lot to do!

Loreto scored against the wind early in the second half but Coláiste dug deep, upped their work rate and began to show the skill of earlier games in the competition. The points began to go over for Coláiste, the score board reading Dublin 1-7 Cork 0-6 when with 10 min to go Lucy Ni Cheallaigh took off on a run and scored a cracker of a goal! Game on! Coláiste drew level with a point from play and took the lead three minutes from the end of normal time when Lucy Nic Ailín confidently put a close range free

over the bar!

Loretto fought gallantly but the Coláiste defence held strong. There were great blocks at mid field from Meabh Ni Mhaoláin, Meabh Ni Charthaigh and substitute Shauna Ni Chroinin and clearances under pressure close to the Coláiste goal by Edel Ni Lonnergán, Meabh Damery and keeper Edel Ni Cheilleachair among others. Numerous Dublin attacks were hunted down and returned to Coláiste forwards resulting in the final point from Lucy Nic Ailín at two min to go.

With the score board counting up almost four min of extra time nerves were frayed but Coláiste an Phiarsaigh were jubilant at the final whistle!

Both teams played their hearts out and Sarah Nagle of Loreto was named player of the match. Lucy Ni Cheallaigh was dynamic for Coláiste, catching and clearing ball from the half back line in the first half and running through the defence towards goal in the second. Cork's Clár Ni Mhaoláin covered more ground than most and was fearless in her efforts.

Following the game the Cup was presented to Coláiste an Phiarsaigh's captain Julie Ni Ailín who was honoured to accept it on behalf of the team. With fluency 'as gaeilge' Julie thanked among others their management team of Paddy Connery, Gillian Grimes and Trish Leader. Gracious in victory she acknowledged the closeness of the match, the skill and great heart of Loreto Beaufort.

With delight Julie praised her team mates on their determination and ability and raised the cup high! Coláiste Abú!! Changes to the program and substitutions for Coláiste an Phiarsaigh.

Lauren Barry(21) in for Sorcha Ni Bhrúdair(15) due to injury in the semi final.



We last entered Glanmire Village and surrounding area in the National Tidy towns Competition in 2013. We will enter it again this year so we are asking residents of the village and surrounds to help out.

We need help with cleaning, sweeping, washing, painting, gardening, edging, trimming, etc.  
We already have a Glanmire Area

Tidy Towns Committee, which tries to cover Riverstown, Brooklodge, and Glanmire Village. In 2013, the Judges Report recommended a separate committee for Glanmire Village. We are doing this and need volunteers among local residents.

Please contact me at  
086-8679189  
Kathleen Moloney.



**Glanmire Childcare,**  
Copper Valley Heights,  
Riverstown,  
Glanmire,  
Co. Cork  
T: 021 4824631  
E: [glanmire@bestcreche.ie](mailto:glanmire@bestcreche.ie)

W: [www.Bestcreche.ie](http://www.Bestcreche.ie)



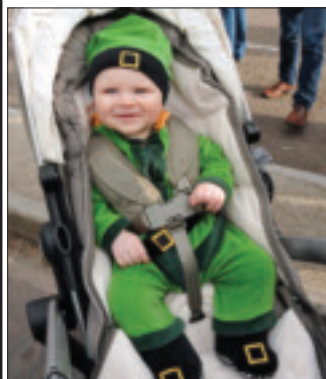
Garda Noel visiting the children of Glanmire Childcare to speak about stranger Danger.

We now are running two Montessori sessions each morning with degree qualified staff. Limited spaces still available for September 2015 .



# Upper Glanmire St. Patrick's Day Parade 2015

Pictures: **Tom Doherty** 086 2609086



Seven-month-old Harry Donovan, White's Cross looked cute in his leprechaun outfit at the parade.



Grand marshal Pat O'Connell is presented with a skillet of shamrock by 6-year-old Lena Sexton, Glenville, a member of the Mary McCarthy School of Irish Dancing, Glanmire.



Ciara Cronin, 4, Glanmire, enjoyed walking in this year's parade.



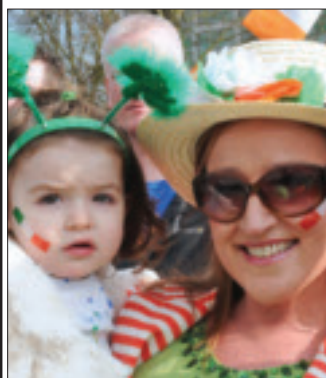
Eva, 6, and Ciara, 5, O'Callaghan, Rathcooney, pictured at the parade.



Gobnait and Rachel Kelly, and Chloe McCarthy, all from White's Cross, enjoying all the festivities at the 2015 Upper Glanmire St Patrick's Day parade and festival.



David Porter, a member of Glanmire Macra na Feirme, supporting the parade.



Sylvia O'Mahony and her two-and-a-half-year-old daughter Andrea at the parade.



Caoimhe McCarthy, 9, and her brother Conor, 6, from Old Avenue, Glanmire, relaxing with rescue dog Lady, who performed an array of tricks at the Upper Glanmire St Patrick's Day parade.



Local lady Aileen Goggin pictured at the Upper Glanmire St Patrick's Day parade.



Liam Clarke, Rathcooney, in festive spirit at the Upper Glanmire St Patrick's Day parade.



Gerard Doyle, Frances Duggan and Jim O'Sullivan from the Glanmire branch of St John Ambulance were on first aid duty at the Upper Glanmire St Patrick's Day parade.



Gearóid Hayes, Glanmire, had a birds-eye view of the parade from the shoulders of his dad, Ger.



## UPPER GLANMIRE ICA GUILD

### Update on Guild

- At our March meeting, we held a Bring and Buy to raise money for Assistant Dogs for Autism Ireland. We raised € 300
- Voting took place for National President, Nat Secretary and Nat Treasurer.
- Craft classes have resumed in the Community Centre. For details ph: 087 2341187
- Our own AGM will take place in April, and a new committee will be voted in

April Recipe: Chocolate Brownies . I have been asked to repeat this recipe! ( Please note, in the March recipe there was a slight error! Fruit for the Tea Brack must be soaked in 1/2 pint of tea, NOT 1/4 pint as stated)  
 Ingredients  
 150g butter, chopped  
 300 g dark or milk eating chocolate

330g soft dark brown sugar  
 4 eggs  
 150g plain flour  
 120g crème fraîche or cream or thick natural yogurt  
 ( 60g crushed hazelnuts - opt)

### Method

- Grease, and line a square oven proof dish with baking paper
- heat oven to 160/170 degrees
- Melt the chocolate with the butter over a low heat
- transfer to a mixing bowl, and add sugar and eggs.
- Add the sifted flour and crème fraîche
- Blend all the ingredients together until very smooth
- Bake for about 40 min. Leave to cool in the dish
- cut into squares, and sprinkle with icing sugar



Chocolate Brownies



Rita Cloghessy running the Bring and Buy Sale



Jenefer O'Dowd's winning 'Daffodils in a jar'

## Ask Your Pharmacist

with **Keith O'Hourihane,**  
**Superintendent Pharmacist**  
[keith@pharmacyfirstplus.ie](mailto:keith@pharmacyfirstplus.ie)

**pharmacyfirstplus** 



### What does a Pharmacy First Plus Nutrition Clinic give me?

A PFP Nutrition clinic looks at the science behind what you eat. It has the flexibility to be tailored to your personal needs while being very affordable. If you are overweight and looking to lose weight, trying to add weight or looking to loose body fat and gain muscle in a healthy and energy boosting manner then this is the route for you.

An initial consultation involves a full PFP Health Clinic at €50, and involves a full follow up report. Then we ask you to fill out a food diary and track your progress while making only minor changes here and there. The transition will be seamless, yet the cumulative results over a number of months will be amazing.



The ongoing cost is €30 per month, a bargain compared to the rest of the market and our team are available to you five days a week in various locations. Clinics are available in Tower on Mondays and Fridays, Douglas on Tuesdays and Thursdays and Glanmire on Wednesdays.

To find out more about these services ask at your local PFP or else email me on [darren@pharmacyfirstplus.ie](mailto:darren@pharmacyfirstplus.ie) for more information!

Darren Breathnach  
 Clinician Pharmacist  
 Email [darren@pharmacyfirstplus.ie](mailto:darren@pharmacyfirstplus.ie) for more details!

**Want to ask your Pharmacist a question?**  
**Email [darren@pharmacyfirstplus.ie](mailto:darren@pharmacyfirstplus.ie)**

**pharmacyfirstplus**   
 First for health. First for you.





GLANMIRE & DISTRICT Sports, Business and Community Awards COLÁISTE AN PHIARSAIGH Sports Award Monthly Winners at Fitzgeralds Vienna Woods Hotel - Picture: Ger Bonus

Mr. Michael Magner, General Manager, Fitzgeralds Vienna Woods Hotel, Sponsors presents the trophy to team captain, Julie Ní hÁilín, Coláiste an Phiarsaigh Camogie Winners; Eithne Ní Conchubhar, teacher; Gillian Grimes, Coach and Madge Fogarty, Vice Chairperson Glanmire Community Association; Paddy Connery, Coach and Trish Leader, Camogie Manager.

## Join us for a PARISH MISSION

Our Lady Crowned Church,  
Mayfield.



Monday 20<sup>th</sup> – Friday 24<sup>th</sup> April 2015  
"A great opportunity to find meaning in our lives"

Given by St Patrick's Community

Masses: Monday - Thursday 9.30am  
Mission Evenings: Monday –Friday 7.30pm



John Pridmore ex-gangster and international bestselling Author of book 'From Gangland to Promised Land' will be sharing his amazing story in 'Our Lady Crowned' Church on Monday night.

He has been interviewed on the BBC, ITV, TV3, UTV, American TV, Australian TV and numerous daily newspapers and radio shows. John has worked with people such as Blessed Mother Teresa and was a friend of Saint John Paul II.

Right: Boston Scientific cheque presentation Charity Partner to the Friends of Leukaemia Patients Cork 2014.

Tom Mangan Vice President of Boston Scientific Model Farm Road Cork. Presenting the cheque to the Chairperson Imelda Reynolds Friends of leukaemia Patients Cork.

Also included left to right : Marie Ryan, Lucy Peters, Aisling Moore ,Barbara O Gorman, All Boston Scientific, Elaine Galvin Friends of leukaemia Patients, Anne Landry Boston Scientific, Pascal Scott Patron of Friends of leukaemia patients, Danny Aherne Boston Scientific, John Reynolds Friends of leukaemia Patients.



Right: Children, parents and staff in Crawford Childcare, Glanmire all took part in Early Childhood Ireland National Pyjama day on Friday March 6th and raised over 500 euro in aid of Irish Autism Action.





## Ar Scor ón Obair - Nuala Ní Loingsigh

Trí rud atá uainn go léir chun saol fiúntach, taitneamhach a chaitheamh ná:

- grá do dhuine nó daoine  
- rud éigin le déanamh

- bheith ag súil le rud éigin.

Ní heol dom cé adúirt ach braithim go bhfuil gaois ag baint leis na trí nod seo. Is maith liom uimhir a trí agus is uimhir thábhachtach í sna seanscéalta agus sa Bhíobla féin. Tá na moltaí thuas níos tábhachtaí fós nuair a bhíonn duine ar scor, dar liom.

Táimse ar scor le roinnt blianta anois agus táim ag baint an-taitneamh as. Rud amháin a gheall mé dom féin nuair nach rabhas ag obair ná go n-éireoinn cuíosach luath, 9.00 – 9.30 am. Tá's agam go dtéann a lán daoine ar Aifreann agus is maith an nós é sin – cúis éirí. Ní dheinim féin é, áfach.

Is fiú plean seachtaine a bheith ag duine agus go mbíonn a fhios agat cad a dhéanfaidh tú gach lá. Is duine singil mise agus mar sin ní bhíonn dualgaisí teachtlaigh orm mar a bhíonn ag a lán.

Maidir liom féin táim gafa le roinnt coistí – trí cinn – An Coiste Scéalaíochta i gCléire, Daonscoil an Fhómhair sa Ghuagán agus Mná agus an Eaglais. Gan amhras, bíonn timpeall ceithre chruinniú sa bhliain do gach coiste agus ansin an fhéile nó an ócáid féin a eagraímid.

Bainim an-taitneamh as na himeachtaí seo, mar go bhfuil suim agam sa ghnó sin. Is ann a bhíonn cairdeas, spórt agus tuairimí suimiúla á bplé. Ní bheinn páirteach muna raibh suim agam iontu. Chomh maith le comhlúadar, bíonn foghlaim i gceist agus sásamh aigne a bheith ag comhoibriú le daoine agus cuspóir á bhaint amach, chomh maith. Braithim nach bhfuil deireadh liom go fóill agus go bhfuil sé ar mo chumas cúnadh a thabhairt ar son na cúise fós. Sa saol oibre bíonn an sásamh oibre níos soiléire dúinn.

Tugaim faoi deara go bhfuil níos mó teagmhála agam le cairde agus buailim leo do chupán caifé nó tae go minic. Cuid de na daoine seo, ní raibh mórán teagmhála thar na blianta agam leo ach tá am agam do na rudaí sin anois.

Is tráth dár saol é chun machnaimh agus is dócha ullmhú don bhás. Ní maith linn bheith ag caint faoi ach tiocfaidh an bás luath nó mall. Ní hionann sin 's a rá go gcaithfidimid a bheith gruama mar tá dóchas againn. Tá súil agam go bhfuilimid ag forbairt i gcónaí agus níos cóngaraí i gcónaí don fhoirfeacht. Nach cúis sásaimh agus dóchais é sin?

Gan dabht is iontach an rud é am a bheith againn ár rogha rud a dhéanamh agus iarracht cabhrú le daoine i slí éigin, ár gclann féin agus ár gcomharsana. Tá an

t-ádh le cuid againn sos a thógaint

agus cabhraíonn an saorthaisteal go mór linn. Nach mise a bhí lán tsásta nuair a bhronn an Stát an bronnantas iontach seo orm. Táim fíor-bhuíoch, deirimse leat.

Ag tagairt don trí mholadh, ceapaim go bhfuil uimhir a trí, a bheith ag súil le rud éigin tábhachtach. Tá sé de nós agamsa, seachas laethanta saoire, dul go dtí áiteanna éagsúla do dheireadh seachtainí, agus bíim ag súil leo.

I dtús mhí an Mhárta bíonn féile do chlubanna léitheoireachta. Is ann a bhíonn na scríbhneoirí is fearr agus díospóireachtaí suimiúla. Molaim muintir na hInse a eagraíonn an fhéile seo gach bliain, le naoi mbliana anuas.

Tugaim cuairt ar Lios Tuathail do Sheachtain na Scríbhneoireachta agus ní gá dom cur síos ar an bhféile iontach sin. Toise suim a bheith agam sa scríbhneoireacht, glacaim páirt i gceardlann scríbhneoireachta ann.

Téim go Beanntraí ar feadh cúpla lá, féile eile litríochta atá chomh maith leis na féilte thuas atá ann. I rith na bliana bíim ag súil le féile gach re mí agus bainim ard-taitneamh astu. Níl aon ghanntanas féilte in Éirinn i rith na bliana go léir.

Níl gach rud ráite faoi na roghanna atá againn ach caithfidh mé na leabharlanna a lua. Is mó ócáid a bhíonn ann, saor in aisce agus is fiú go mór faire amach do na hócáidí sin. Bain taitneamh as an tréimhse seo de do shaol agus go raibh sláinte an bhradáin agat go ceann i bhfad.

### Gluais:

ar scor = retired

gaois = wisdom

fiúntach = worthwhile

ag súil le = looking forward to something

dualgaisí = duties

a gheall mé = I promised

a eagraímid = that we organise

comhlúadar = company

sásamh aigne = intellectual satisfaction

ar mo chumas = I am able

níos mó teagmhála = more contact

tráth = time

luath nó mall = sooner or later

ag forbairt = developing

ag tagairt = referring

clubanna léitheoireachta = reading (book) clubs

ceardlann scríbhneoireachta = writing workshop

gach re mí = every second month

saor in aisce = free

sláinte an bhradáin = health of the salmon



Guagán Barra



An Chearnóg, Lios Tuathail

## HAVING A PARTY ?

# Peppers n' Spices

### Indian & European Food

**PARTYS, BIRTHDAYS, HENS, CHRISTENING, CONFIRMATIONS AND ALL PRIVATE FUNCTIONS**

**Naan bread.**  
**Onions bhajis.**  
**Samosas.**  
**CHOICE OF CURRIES**  
*Jalfrezi, bhuna, korma, madras, bombay aloo.*  
*All served with basmati rice / chips.*  
**Shish kebabs lamb /chicken**  
*Served in pitta, salad & raita sauces.*  
**Popadums with indian raita.**  
**1/4 Pounder Burger**  
*Cheese, fried Onions & Salad*  
**Chicken Burger**  
*Salad & Rosemarie Sauce*  
**Chicken Fillet Burger**  
**Newspaper "Chip" Cone**  
*Choice Of Curry Or Garlic Mayo*  
**Steak Bap**  
*Fried Onions, Peppers & Relish.*  
**Hotdog**  
*Fried Onions, Mustard & Ketchup*  
**Onion Rings**  
**Bacon / Sausage Bap**  
**Potato Pie**  
**Catch of the Day Supper**  
*Fries & Mushy Peas*

**REASONABLE PRICES**  
**CLEAN FRIENDLY STAFF**

**FULLY HSE APPROVED**  
**FULL PUBLIC LIABILITY COVER**

**kathleen: 086 0822195**

## Cork Kiln Dried Firewood

Tel: 021 4884139  
Mob: 087 250 4771

**www.corkkilndriedfirewood.ie**

**Area News now online at**  
**[www.glanmireareacork.com](http://www.glanmireareacork.com)**  
**& SUPPORT LOCAL BUSINESS**

## Coláiste an Phiarsaigh – Munster Champions !

Munster Colleges Camogie  
Senior D Final – Jan 11th 2015  
Coláiste an Phiarsaigh 2-11  
Coláiste an Chroí Naofa 3-2

Coláiste an Phiarsaigh  
Glanmire defeated Coláiste an Chroí Naofa Carraig na bhFear in a gripping Munster Final at Castle Road, Mahon, home of Cork Camogie. Conveniently neither of the cork sides had far to travel, and their rivalry created a tense atmosphere from start to finish. The match took place on a cold Sunday afternoon (Jan 11th) with a finishing goal from Julie Ní hAilín pushing Coláiste an Phiarsaigh over the line to victory.

Although Coláiste started well with a point in the first minute by Meadbh Nic Chárthaigh, Carraig na bhFear struck back with a skillful point from Katie Barry and an unstoppable goal from Emma Murphy in the first quarter. A point on the run from Sorcha Ní Choisteala and an impressive defensive performance by Coláiste an Phiarsaigh kept the sides close with a stunning block by Edel Ní Cheilleachar, stopping the Carraig forwards in their tracks. Carraig goalkeeper Laura Dineen proved her worth with countless saves under pressure. However assisted by the accu-

racy of their free taker Lucy Ní hAilín, Coláiste an Phiarsaigh led at half time 1-4 to 1-1. An early second half goal by Carraig sparked a response in Coláiste who answered with numerous points. There was a fierce battle between midfielders Catherine Fouhy and Ruth Nic Chárthaigh who continuously fed low ball into their forwards. Meabh Ní Mhaoláin played a crucial role in defence for Coláiste an Phiarsaigh.

Two second half goals from Katie Barry and Orla Connolly kept Carraigs momentum going, but in the end it wasn't enough to silence Coláistes forwards. Lucy Nic Ailín excelled in the full forward position scoring a total of 1-7 for Coláiste an Phiarsaigh (4 pts from frees). Impact substitutions such as Clár Ní Mhaoláin and Sinéad Ní hAilín were influential in the final score line of 2-11, 3-2 in Coláistes favor. Coláiste an Phiarsaigh will now progress to the All- Ireland Semi Final, on the 14th of feb taking on the Leinster winners. Many thanks to Ger Sheahan who took on the job of reffing the thrilling game, and the teachers and coaches of both teams.

By Eimear Ní Bhrúdaire and Amy Ní Argáin. (4th year students Coláiste an Phiarsaigh)

## A LOOK INTO THE FUTURE - GLANMIRE COMMUNITY COLLEGE TO GET €6 MILLION EXTENSION

Last January the new building works for GCC was announced by Cork Training Board (CETB). The €6 million extension, will allow for an overall enrolment of 1,100 students. The new extension will include lecture rooms, science laboratories, engineering workshops, a multimedia learning laboratory, a home economics room, a design and communication graphics room and eight additional classrooms.

At the signing of the contracts for the new extension Mr Ted Owens,

CEO of Cork ETB, said construction was underway and work was expected to be completed within 12 months. "This project has received huge support from the wider community and in particular from Cork ETB. The delivery of this significant extension will provide the school with superb facilities that will benefit the students enormously. Glanmire is a rapidly growing suburb and the creation of additional enrolment spaces in 2016 will benefit the whole community" he said.



Ted Owens, CEO Cork ETB and Gertie Cahill, Deputy Principle Glanmire Community School with students Billy Manning and Chloe Barry, Glanmire Community College. PIC Darragh Kane



Grace Clancy, Jamie and Shauna Murphy, Grace Seward. These are some of Glanmire team swimming in the Community Games Finals at Leisureworld Bishopstown.



Another competitor in the Community Games Swimming is Jessica Farrelly U16



# Teenage Dirtbag

Song of the month: Heroes, David Bowie.

This month, following the opening of Glanmire Youth Project, I decided to write about the project because it centres around teens, and their mental health and wellbeing. The Glanmire Youth Project has been open for a number of years in Glanmire but the official opening for the new building occurred on Thursday the 5th of March. This organisation is run by three professionals, Cora Coleman, Geraldine Lynch and Brian O'Toole. Their main focus is creating a safe and happy environment for teenagers in and outside the Glanmire area. They offer one on one counselling, group work and Cora is a drugs and alcohol worker for teens affected by substance abuse, whether they're struggling with these problems themselves or externally. I've been attending the project for almost two years

and I found it to be extremely beneficial. They have various different activities such as soccer, and probably the most popular, House of Rock on Tuesday nights. House of Rock is a music based activity where you can get free music lessons, or just play your own stuff with other people. It builds confidence playing with other people but there's also no pressure to play or perform if it's out of your comfort zone. The thing I've always admired about the project is that it gives young people a voice, and the maturity to use it responsibly. I've never seen a group of young adults speak so fluidly and unabashedly around adults as I have in the Glanmire Youth Project. The workers there always make your contributions feel important and heard, which is a quality I think adults lack these days. Everybody there exudes an aura of approachability and compassion,

making it feel like more of a community. The teens there seem to be much more mature than most, and thrive on the responsibility and the trust instilled in them. I attended the open night last Thursday and the speeches given by the teens attending about their experience with the project were filled with sincerity. They wrote the speeches by themselves and they were given the choice to speak, which enforces the belief that teens have a much more powerful voice in some circumstances than adults do. The building is filled with murals painted by the members who were given complete creative freedom and they did not disappoint. The Glanmire Youth Project is not only a place to have a good time, but also a place where teenagers can feel free to talk about their problems, and feel like their emotions are valid. If one of the members is feeling down you can rest assured one of the workers will make you a hot cup of tea and offer you a chat about what's bothering you. Not only will the

workers support you, but so will the other teens. Even the kids you don't feel close to will sit down next to you and ask you if you're alright. It's a fantastic way to make friends, and a great place to go when you're feeling down. I highly recommend checking it out. If you're interested then you can check out their website: <http://glanmirehouseofrock.webs.com/> or email them at [ghor.site@gmail.com](mailto:ghor.site@gmail.com). You can also check out their Facebook page: Glanmire Houseofrock.

Quotes of the month: "Some are young people who don't know who they are, what they can be or even want to be. They are afraid, but they don't know of what. They are angry, but they don't know at whom. They are rejected and they don't know why. All they want is to be somebody." Thomas S Monson.

"These people 'round here wear beaten eyes in smoke dried faces, so resigned to what their fate is, but not us. No, not us. We are far too young and clever." Dexy's Midnight Runners.

We believe  
in **local**

*Ryan's* of Glanmire  
**SuperValu**  
Real Food, Real People



Come in and see  
our new health and  
wellness aisle in store

**Health &  
Wellness**

## ALF COLLINS Glass & Glazing Window & Door Repair



- Emergency Glazing Repairs
- Fogged-up Double Glazing
- Broken Glass
- Hinges and Locks
- Patio Wheels
- Draught Problems
- Tabletops/Mirrors
- Upgrade your Existing Windows to A-Grade Insulated Glass

**Contact**  
**086 4044665**  
**021 4866350**

# LIBRARY NEWS



Katie Meldrum, Karolina and Weronika Wierbicka and Gillian O'Connor having fun at Glanmire Library making St Patrick's Day Cards!



Jack O'Donoghue and Eamon Canty with the St. Patrick's Day Cards they made at Glanmire Library.



Aoibhe Rainey



Colm and Ruby O Driscoll Barnavara Hill Glanmire



Evan and Ryan McAuliffe with their Manu. United loving uncle Eric



Callum Horgan, Copper Valley.



Sarah, Sophie and Alan Brown, Castlejane.



# St Patrick's College Cork

Gardiner's Hill, Cork. Tel: 021-4503055

[www.stpatrickscork.org](http://www.stpatrickscork.org)

[office@stpatrickscork.org](mailto:office@stpatrickscork.org)

Principal: Brian Cronin

Deputy Principal: Eileen Lombard

## St Patrick's College Dance Winners

Congratulations to the following pupils Ria Ivers, Christina O' Donovan, Tanya O' Mahony and Leona Mulcahy who recently competed in the British and Irish Masters Dance Competition which was held in Tralee. Ria who competed with the ELJ Dance School won many trophies including first place in the Doubles and Trio event in the intermediate category. Christina, Tanya and Leona competed with the Sabrina Twomey School of Dance and came home with an amazing 17 trophies between them including first place in both the trio and double event. Leona placed second in the slow solo category, Tanya came second in the freestyle solo and Grand Prix and Christina came third in the freestyle doubles and came home with a total of 5 trophies. Sabrina Twomey, the girls dance teacher is a past pupil of St Patrick's College. Congratulations to all involved.

## St Patrick's College Mini Company Success

U.C.C. hosted the Regional finals of the Student Enterprise Awards for Cork city and county in early March 2015. The S.E.A. are the biggest enterprise awards for students in Ireland, helping students to grasp real-life skills associated with running a business, including working as part of a team, managing production and finances, organising a sales and marketing campaign and liaising directly with customers, judges and the media. We were lucky enough on the day to have not one but two teams representing St. Patrick's College. Obl led by Naomi Quinn produced a booklet focusing on the topical issue of childhood obesity. The judges loved the idea and encouraged the group to make contact with the H.S.E. The other transition year group, One Drop Rewards were declared winners on the day, taking home an award for Best Innovation. Their product focused on a reward chart for children taking account of their water usage.

## UCC Awards for St Patrick's College Girls

Eight St Patrick's College girls were recently awarded UCC prizes for their efforts across a range of different subjects. The girls were chosen by their teachers, two students each in Maths, French, Irish and Science. The girls received their awards on Wednesday 11th March in UCC and were accompanied by their parents and the school guidance counselor Ms Lane and Home School Liaison Mrs Horgan. Well done to the girls - we are all very proud. The winners are as follows: Maths Achievement Award Winners: Marissa Lotty & Ria Ivers Irish Achievement Award Winners: Patricia Pavlovic & Hayleigh O Driscoll Science Achievement Award Winners: Sarah Nolan & Katie O'Brien French Achievement Award Winners: Abbie Butler & Danielle McSweeney

## St Patrick's College 1st Years visit Collins Barracks

All First year students went on a visit to Collins Barracks on the morning of the 25th of February. This was part of the Junior Achievement link with the school. To begin their visit to the barracks, the students got a highly informative introductory talk about the defence forces in Ireland. They also got 'career-mapping' talks from some volunteers in the army barracks. Moreover, the students were very lucky to get a tour of the Barracks. They were taken out into the square to look at some authentic army equipment. While in the square the students got a fascinating insight into the life of an army officer where they took part in disciplined marching, travelling in an army tank and carrying powerful weapons. To finish off their day they received a short workshop on what success meant to them from members of the defence forces. They really enjoyed their day.

## St Patrick's College students receive Irish flag

On 12th March, three St Patrick's College girls went to Waterford accompanied by their teachers to receive an Irish flag from the President of Ireland Michael D. Higgins. The event was organised by the Thomas Meagher foundation to celebrate the first Irish tricolour flown in the city of Waterford in 1848. St Patrick's College was one of 300 schools chosen for the event. The three students from St Patrick's College were Jade O' Keefe, Kasey Madden and

## St Patrick's College 1st Years Make a Book Competition

Our first years had been working on a project to enter into a City Hall exhibit: 'Make A Book'. They started working on it at the start of January with their Maths teachers. Their project was called 'Maths Is Everywhere'. It was on display in City Hall for students from around Munster to come to visit. Our first years got to view their exhibition along with many other entries from other schools on Thursday 26th February. The students thoroughly enjoyed their day and were very proud when they saw their project on display. To top off a great day all students took part in a quiz where Kaci Crowley from 1A won an iPod shuffle. Thanks to Ms O' Connell and Ms Fahey for helping the girls with their projects.

## St Patrick's College host Baking Competition

Just before the mid-term break, the final of the inter schools baking competition was held in St Patrick's College with Mayfield Community School providing the opposition. The final event was the culmination of a number of qualifying rounds, with three girls from St Patrick's making the final and three from Mayfield. The theme of the final day was "Healthy Scones" and the judges were Declan Ryan of Arbutus Bakery and Lillian Twomey of Ryan's Supervalu Glanmire. The girls did really well with some very delicious scones being baked in the school cookery

room. Michelle Rodgers of St Patrick's claimed third prize on the day. Well done to also to Kayleigh O' Brien and Aoife Murphy for making the final. A big thank you to the parents as well as the Home Economics teachers and the Home School Liaison Officers who organized the event. The photo shows St Patrick's College student Michelle Rodgers, who came third along with her mother (Photo Credit: Jim Coughlan).

Tráth na Gceist i nGlenn Maghair An tseachtain seo caite, ghlac ochtar páirt i gcomórtas tráth na gceist i gColáiste an Phiarsaigh, i bpáirt leis an eagraíocht Feachtas. Bhí dhá fhoireann ag Coláiste Phádraig ann, ceathrar ón tríú bliain agus ceathrar ón gcúigiú bliain. B'iad Kelly Manning, Ciara McAulliffe, Kelly O'Driscoll, Helen Quill, Megan Condon Anderson, Anne Dunlea, Fiona Earle agus Sasha Donovan. D'eirigh go hiontach leo ann agus bhain siad an-taitneamh as an rud. Bhí an comórtas gear toise go raibh siad in iomaíocht leis na gaelcoileanna, ach bhí an-obair déanta acu le hiníon ní Chéileachair. Tá taithí iontach faighte acu anois agus tá siad ag tnúth go mór le Seachtain na Gaeilge. The girls did very well and they enjoyed the evening. The competition was tight as they were competing against the Gaelscoils, but they had done a lot of work with Miss Kelleher. They got great experience from the competition and they are looking forward to Seachtain na Gaeilge.

## St Patrick's Girls take part in Futsal tournament

2nd Year girls recently took part in the inaugural North Side Futsal shield. A number of schools from the North side of the city took part in the tournament. The St Patrick's girls were coached by Ms Kelly and performed really well coming in 2nd place in the competition. Well done to the girls and Ms Kelly for taking part.



Dancers Christina O' Donovan, Tanya O' Mahony and Leona Mulcahy



Kayleigh O' Brien with her team and some lovely scones. (Photo: Jim Coughlan)



St Patrick's College 2nd Year Futsal Team



Olivia Henry, Aislinn Quinn, Eimearín Mulcahy, Eimearín Mulcahy, Eimearín Mulcahy, Eimearín Mulcahy



Megan Rodgers, Ciara McAulliffe, Kelly O'Driscoll, Kelly O'Driscoll, Kelly O'Driscoll, Kelly O'Driscoll



## NOTICE BOARD

### GLOUNTHAUNE/ GLANMIRE MEALS ON WHEELS

If you can help please contact:  
Maria O'Halloran 4353549 or  
Mary Griffin 4821795



**COUNTRY LANE  
BOARDING KENNELS**  
LEAMLARA CO. CORK  
087-2033090 & 087-2390183

Heated Kennels with Outdoor  
Runs. Dogs Walked Daily  
All Vaccinations Essential

### Chiropodist

Glanmire Medical Centre  
Home visits also available

*FOR APPOINTMENTS*

Phone (021) 4866745  
Mobile (086) 3693204

**Frances Nolan**  
NCC, LCCH, M.I.CH.POD.ORG  
*Gift Vouchers Available*

**HATHA Yoga**  
with James

**Riverstown  
Community Center**  
**WEDNESDAYS  
& FRIDAYS @ 7**  
LIMITED SPACES AVAILABLE

Contact James on  
**086 366 9485**  
to book your place

Tones & firms the body,  
increases flexibility & confidence,  
Calms the mind, relieves stress &  
anxiety & increases mental  
awareness.

Email: [yogawithjames@gmail.com](mailto:yogawithjames@gmail.com)

**Greg Foley**

Kealcille, Bishops Island, Watergrasshill, Co. Cork

**SACRVIEW**  
RTE's New Digital Service

**sky HD**

**AERIAL • SATELLITE**

SUPPLY & FIT • SERVICE • RELOCATION • DISH REALIGNMENT

**Mobile: 086 600 1502**  
Email: [gregfoley@oceanfree.net](mailto:gregfoley@oceanfree.net)

Area News now online at  
[www.glanmireareacork.com](http://www.glanmireareacork.com)  
& SUPPORT LOCAL  
BUSINESS

### Not a fan of going to the gym?

Beginners Circuit Training could be for you. €6.00 a class.  
Monday & Tuesday nights in Glanmire GAA Hall, Sallybrook.  
Ring or Text Niamh on 086 8956940 for details.

**Luciano's PIZZA**  
EST. 1985

**CRESTFIELD • GLANMIRE**  
TEL: 48 23 233 • FAX: 482 4983

MON - SAT 12pm - 1am  
SUN & BANK HOLIDAY 3pm - 1am

**DELIVERY SERVICE  
AVAILABLE**  
-FROM 11pm - MINIMUM ORDER €10-  
-DELIVERY CHARGES APPLY -

**TEL: 48 23 233**

ORDER ONLINE [www.just-eat.ie](http://www.just-eat.ie)  
Follow us on Facebook

**DILLON'S CROSS**  
MON - SUN including BANK HOLIDAY  
3pm - 1am

**TEL: 455 8255**

**Beech Grove  
Boarding Kennels**

UPPER GLANMIRE HOME  
AWAY FROM HOME  
Spacious out-door runs. Personal  
Supervision.  
Up to date vaccines essential.

Tel: 021 4858484  
Mobile: 087 2163658.  
Visit our new website  
[www.beechgroveboardingkennels.com](http://www.beechgroveboardingkennels.com)

**Golden Lily**  
Restaurant & Take Away

**KINGFISHER REFLEXOLOGY**  
at Crestfield Shopping Centre, Glanmire

**Reflexology** is a gentle touch therapy which  
helps to stimulate the body to heal itself by  
applying light pressure on the hands and feet.  
It is suitable for all ages and maybe helpful for  
many conditions such as:  
*Hormonal imbalances, Depression, Anxiety, Asthma,  
Sinusitis, Arthritis, Digestive disorders, Headaches-  
Migraines, Sleeping disorders etc.*

**Benefits:** reduces stress, improves circulation,  
revitalises energy, cleanses toxins and impurities,  
improves muscle tones and many more.

**Special offer on Reflexology in April - 20%  
OFF**

For further information and consultation,  
please contact Edit at 086 2374816.

Also available: Indian Head Massage  
Thai Foot Massage

**Tan 'n' Tone**

TANNING / VIBRO-PLATES / BEAUTY TREATMENTS / WEIGHT LOSS

**TEL 021 4820588**

Unit 26,  
Crestfield Shopping Centre  
(Opposite SuperValu) Glanmire

**Sole Distributor of UK No.1  
Chocolate Banana Slimming Tablets**

Follow us on Facebook. [www.tanandtone.ie](http://www.tanandtone.ie) - [www.chocolatebanana.ie](http://www.chocolatebanana.ie)

Room To Let in an established business  
May suit Masseuse/Chiropractor/Physiotherapist  
REASONABLE RENT  
PHONE 087-7966138 AND 021-4820588



ADVERT Mick 086-8294713 - E-mail details to - [news@graphicprism.ie](mailto:news@graphicprism.ie) - [www.graphicprism.ie](http://www.graphicprism.ie)

## Irish Grinds

by qualified,  
experienced teacher.

All ages & levels.

Contact Julie

085 7228869

## GRINDS

Maths, Gaelige, All Sciences,  
English - Highly qualified &  
experienced teacher  
SEC approved Home Tutor  
State Exam Corrector  
*Proven results*  
ph. Micheál 087 691 6575


**Alfat World of Technologies.**  
PC and Laptop repairs.  
Fast Mobile Phone Unlock and repairs.

**Adley ENGINEER**



Contact:  
0894059502  
0896677024  
[alfatech500@gmail.com](mailto:alfatech500@gmail.com)

**L.C./C. English and History**



**Grinds**

Leaving/Junior Cert History and English  
Grinds available for the academic year from an  
experienced Leaving Cert teacher and  
Examiner for the State Exams.

- > All Sample Answers
- > Comprehensive notes delivered with great  
subject knowledge and enthusiasm
- > Individual and Group\* grinds available
- > Reasonable Rates

If interested please contact Brian on:  
**087-6122488**  
Deal offered on Group Grinds

**NoBillsTV.ie**

**Free TV**

**SAORVIEW Combi Pack**  
Over 100 channels



**Only €199**  
We repair Sky systems  
Call James 021 487 2817  
Call or text 087 269 1215

## Car Boot Sale & Farmers Market

Sallybrook, Glanmire.

**9.00am to 3.00pm**

Contact Carol

087 1415299

(Opposite Woodview  
Family Doctors)



**Sun. 26th April 2015**

## HOUSE DE CLUTTERING

Household items wanted for Charity/Community Stall @ The  
Glanmire Car Boot Sale/Farmers Market. (Clothes, Books,  
Toys, Electric Items, Furniture etc in good condition please).  
Your donation is much appreciated  
Please Contact 086-8294713.

## FRENCH GRINDS

by native French speaking tutor  
Re-enforcement of lectures,  
working on weaknesses and  
preparation for exams, both  
Junior and Leaving Cert.  
Ph. Evelyne 086 8039387



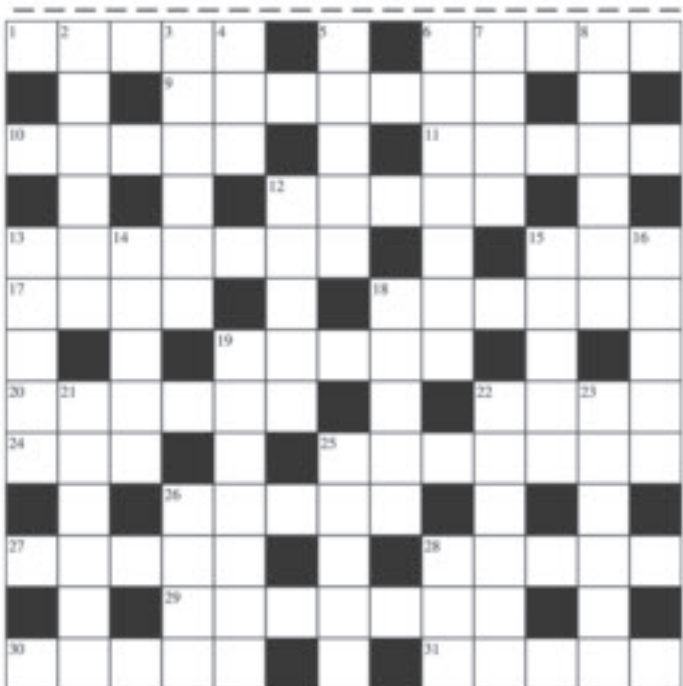
## Joe Organ Auctioneers

Telephone 086 6013222 - 021 2428620

email [joeorganauctioneers@gmail.com](mailto:joeorganauctioneers@gmail.com)

<http://joeorganauctioneers.ie>

Office 2B Crestfield Centre, Glanmire.



### Across

- Miami Vice Crocodile (5)
- Flying toys (5)
- Puzzles (7)
- Keep away from (5)
- Burn slightly (5)
- English Poet (5)
- Sheep coats (7)
- Family dog or cat (3)
- Organs of sight (4)
- Rubbish (6)
- Dismay (5)
- Taytos, hunky Dorys (6)
- Sparkling wine (4)
- Shade (3)
- Seed of flax (7)
- Relative size (5)
- Seat (5)
- Ties (5)
- Angry moods (7)
- Irish for avenue (5)
- Exactly right (5)

### Down

- Very nice (6)
- Van Gogh painting (6)
- Vicious, James, Waddell (3)
- Sides, rims, borders (5)
- Small falcon (7)
- Egyptian deity (4)
- Birds of prey (6)
- Retains (5)
- Go and get (5)
- Strange, weird (5)
- Garda computer system (5)
- Lukewarm (5)
- Hear the news on it (5)
- Clothing (7)
- Hurried (6)
- Help (6)
- Attaches muscle to bone (6)
- Walks with difficulty (5)
- Educating ----, film (4)
- Female under garment (3)



Crossword Winner Ann

Rogers, Carrigtohill

Co. Cork, Enjoy your voucher  
for BEVA CAFE P: 021 4858002

SEND your entries marked CROSSWORD to Glanmire Area Community Association,  
Riverstown Cross, Glanmire, to arrive by 21st April. The prize is a meal in BEVA CAFE  
which will be awarded to the first all-correct entry opened. Please include your telephone  
number, home or work, with your address.

While every care is taken in the compiling of  
this newsletter the publishers Graphic Prism  
Ltd. cannot accept responsibility for any errors  
or omissions. Services provided are between  
advertisers and clients, we do not accept  
responsibility for work / services carried out.  
Adverts created & designed for the news  
letter are the property of Graphic Prism Ltd.  
The views expressed by contributors to the  
news are those of individuals and are not the  
responsibility of the news editor. Individuals  
writers must verify their article content.



**Glanmire 4821788**



8 Chestnut Meadows, Glanmire



Woodview, Barnettstown, Watergrasshill.



St. Otterans Hartlands Avenue



14 Ashdale Drive, Carrigtwohill.



Roseville, The Hermitage, Glanmire



**FOR SALE**

74 Silverheights Avenue, Mayfield.



**FOR SALE**

Ballinglanna, Caherlag, Glanmire.



**FOR SALE**

151 Lr. Glanmire Road, Cork.



**FOR SALE**

The Forge, Bluebell, Bartlemy



**FOR SALE**

Apt. 2 Ashton park, Blackrock.



**FOR SALE**

Apt. 7 Bruach na Laoi, Union Quay, Cork.



**FOR SALE**

'Moynard' Old Youghal Road Mayfield, Cork.

## Property

**required for Sales & Letting in the following**

**Estates:**

**Elmgrove**

**Glenrichmond**

**Barrymore**

**Oakfield**

**Hazelwood**

**Crestfield**

**Marwood**

**Rivergrove**

**Glencairn**

## Jean Shanahan Profile

**I.P.A.V. B.Sc Hons. Estate Management Surveying**  
087 9792021 - [jean@dngmurphycondon.ie](mailto:jean@dngmurphycondon.ie)

Jean is a member of the Institute of Professional Auctioneers and Valuers (I.P.A.V.). Having completed her higher diploma in Auctioneering in 1996, she also holds a certificate in fine and decorative arts and also studied history at UCC, she has been a residential agent in the Cork area for nearly 20 years. She has the experience and is in the position to be able to offer clear and concise recommendations to her clients to maximise their sale price/rental income. She firmly believes that honesty, integrity and trust are essential to the one-to-one relationship she builds with her clients throughout the selling or renting process.

Jean has also had experience in the valuation, sale and management of residential property for AIB, Bank of Ireland, PTSB, KBC, IBRC banks and receivers KPMG, Kavanagh Fennell, Deloitte & Touche and asset management companies. Also deals in valuations for probate purposes and fair deal valuations. She has also had experience in residential and apartment block management in the Cork area.

As a skilled negotiator she is driven to pursue the best possible outcome for her clients and will offer continuous guidance throughout the process.



**Selling/Valuations/Lettings 021 4821788 & [info@dngmurphycondon.ie](mailto:info@dngmurphycondon.ie)**

## Pierce Grace Profile

**QFA, Tax & Financial Adviser, 087 2396762 - [pierce@kcfb.ie](mailto:pierce@kcfb.ie)**

Pierce has joined Kevin Condon Financial Brokers as a Tax and Financial Adviser having spent 15 years with New Ireland Assurance, one of Ireland's leading Pension and Life Assurance providers. With almost 20 years experience in the industry, Pierce, who is a Qualified Financial Adviser, has an in-depth knowledge of life assurance, investment products and both Public and Private sector pensions.

Your personal circumstances ie marital, dependents, employment, smoker/non-smoker status etc. may well have changed over time and should be reviewed regularly. Pierce would be delighted to advise you on taxation, protection and investment queries so why not drop in and avail of a financial "Health Check". You may have overpaid taxes and be entitled to a refund or you might just like to have the peace of mind in knowing that your loved ones would be properly cared for should anything unforeseen happen to you.

Contact Pierce on Office: (021) 482 1788, Mobile: (087) 239 6762 or [pierce@kcfb.ie](mailto:pierce@kcfb.ie)

*Kevin Condon Financial Brokers Ltd. is regulated by the Central Bank of Ireland.*

