7,000 FREE Glanmire Also available at outlets in Junefield, Upper Glanmire, Whites Cross, Watergrasshill,

Glounthaune, Little Island, Carrigtwohill, Lisgoold, Carrignavar, Whitechurch & Knockraha.

THE DIFFERENCE IS WE DELIVER

Issue 6 - June 2014 Advert enquiries to Mick 086-8294713 e-mail details to- news@graphicprism.ie

ELEBRATING 100 YEARS

President Michael D. Higgins were one of trhe many people to con-gratulate Nora (Nonie) Allen on her 100th birthday.

Nora Spillane was born in Cork on the 15/5/1914, and lived in Whitechurch. She was married in 1944 to the late Patrick Allen and they moved to Upper Glanmire where they had 2 sons, the late Timmy Allen & Jerry. She worked all her life in farms, both out in the fields and in the

households - a bit of everything really, here and there!

In 1966 she moved in with Jerry and his wife Breda in Templeisque, where she helped with her 10 grandchildren, Patsy, Tony, Timmy, Gerard, Amanda, John Paul, Stephen, Kevin, Brian and Janice. Some of which she enjoyed playing the odd game of 45 with and more importantly winning!!!

She still lives with Jerry and Breda

and now enjoys seeing her great grandchildren, of which she has 12, Sarah, Timmy, Tara, Allison, Danny, Charlie, Sam, Jay, Mikayla, Joey, Jaymie, & Lucy and great great grand child, Jacob. She doesn't help out a much as she used to! but she'll happily sit in the kitchen with her wordsearch book and observe, not always quietly!!!!!

When asked what the secret to her longevity - ' Good Health & Hard work'



Glanmire Road Race goes with Chip & The Glanmire Juvenile Football Club are holding their 13th Annual 4 Mile Road race on Wednesday the 11th **Pin Recording** June 2014 at 8pm - See page 17

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JUNE 2014

Specialist care with qualified staff for children age 4 to 13

We offer transport to and from **Glounthaune N.S. (S.N.C.N)** morning and afternoon as well as extracurricular activities at the school and Erin's Own.



This year our in-house activities include indoor soccer, chess club, science club, baking and knitting.

Homework takes place in a dedicated building and is supervised by an experienced teacher.

If you would like to arrange a visit please contact Teresa O'Mahony on 086 6001679



Celebrate with Cake Cakes for all occasions

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HEAR YE, HEAR YE GLANMIRE AREA CLEANUP

WHEN EVERY TUESDAY From 7 pm

MEETING: Outside Glanmire Library, Hazelwood Shopping Centre.

For more information or to be added to TidyTowns group texts, please ring Carol in the **Glanmire Area Community Association 021 482 1333**

St John Ambulance Glanmire Division

Training Weds nights 6.45–8.45 p.m. Everyone welcome to learn First Aid Skills necessary to save a life.

Contact glanmire@stjohnambulance.ie or 086-0699086

Post-Natal Depression Support

Unable to Cope since the birth of your baby? Need to Talk to someone who understands? Please Ring Tel.: 4922083 Visit : www.pnd.ie

HELPERS NEEDED TRAINING PROVIDED Get our book Recovering from Post natal Depression from Easons Support meeting last Tuesday of the month. M.A.B.S. CORK MONEY ADVICE & BUDGETING SERVICE Cork M.A.B.S. Unit 12, Penrose Wharf, Penrose Quay, Cork. Tel: (021) 4552080. A FREE & CONFIDENTIAL service



wxiliaries: These say a shor prayer each day for the success of the Legion

Friends Of Leukaemia Patients Cork

Voluntary group NSC Centre Mahon Cork registered charity No. 15959.

Our mission is to provide friendship and practical support to leukaemia patients and their families. We fund raise ourselves and provide support for others who June wish to help us with our work

Please contact us for more details Sponsorship pack available.

- Fax 0214823625 Email: FriendsOLP@gmail.com Web: www.friends-of-leukaemai.patients-cork.com

Glanmire Summer Youth Work Scheme 2014

Running from 4th Aug 8th Aug 2014 Age 14 - 16 year olds Hours 10am - 2pm

(Painting, Weeding, Edging verges, Sweeping Paths, Litter Picking & General Clean-ups)

Under the supervision of members of the Community Association with the assistance of parents and guardians

Closing Date: 30th June Application forms available from email: gacacork@gmail.com

> Tel. 085-7787667 or 021 - 4821333 Office hours 9.30 - 1.30pm.



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How 82% of Injured Workers Returned to Work within One Week

If you've been injured at work recently, this may be the most important article you'll read all year.

The ability to work and make an income is your lifeline. Without it, it's difficult to pay rent, feed your family, or even enjoy life.

Are you suffering from any of the following work injuries?

- Low back injury
- Carpal Tunnel Syndrome
- Hand/wrist injuries
- Neck injuries
- Herniated discs

It also doesn't help you get better when insurance companies confuse you with all the paperwork and scare tactics.

My name is Dr. Eric Kelly, clinic director at Glanmire Chiropractic Clinic. I've been helping people heal and be pain free after work injuries at this clinic for more than 7 years.

Does This Treatment Really Work?

Chiropractic has been around for over a hundred years, and has been proven to help get injured people well.

In addition to that, here's what some of the top medical researchers had to say about chiropractic...

"Manipulation [chiropractic adjustments], with or without exercise, improved symptoms more than medical care did after both 3 and 12 months."– British Medical Journal

"Chiropractor's manipulation of the spine was more helpful than any of the following: traction, massage, biofeedback, acupuncture, injection of steroids into the spine and back corsets, and ultrasound." --Stanley Bigos, MD, Professor of Orthopedic Surgery When it comes to work injuries, chiropractic has been proven to be more effective than conventional treatments.

The State of Florida conducted a study of over 10,000 back-related work injuries. The study found that patients who had received chiropractic care (compared to medical care) had...

- shorter temporary disability
- less expensive costs
- and less chance of being admitted to the hospital for their injury

Another study conducted by the State of Oregon found that...

Under chiropractic care 82% were able to return to work after one week ...

compared with only 41% of those who received medical care.

Here's what these studies mean to you --You can return to work faster, with less disabilities and without drugs or surgery.

Special Opportunity to Have An Evaluation or Second Opinion

For 14 days only, I'm running a very special offer where you can find out if chiropractic will be your work injury solution for \in 50.

What does this offer include? Everything I normally do in my "Work Injury Consultation". Just call before June 13th, 2014 and here's what you'll get...

• An in-depth consultation about your problem where I will listen...really listen...to the details of your case.

• A thorough analysis of your work injury documents to let you know how I may be able to help you.



Don't suffer with painful and disabling work injuries...instead find out if this proven treatment can help you.

• I'll let you know before you leave exactly what we can do to help you heal your painful injury.

I'll answer all your most probing questions about chiropractic and what it can do for you.

The appointment will not take long at all and you won't be sitting in the waiting room for long – no more than 15 minutes.

Until June 13th, 2014 you can get everything I've listed here for \notin 50. The normal price for this type of evaluation is \notin 265, so you're saving a considerable amount on this offer.

Call 021-4824450 between the hours of 9:00 am and 6:00 pm Monday through Thursday and 9.00am and 12.00 on a Friday. Tell the receptionist you'd like to come in for the Special Work Injury Evaluation before June 13th.

I look forward to helping you get rid of your pain so you can start living a healthier, more joyful life.

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JUNE 2014



FREE DIY SERVICE FOR OLDER PEOPLE EXPANDED



Chank You

For Your Support In The Recent Local Elections

Claire

4

Cullinane

Clinics Starting Soon

To contact the Care & Repair service, call the Age Action office in Mahon on 021-4536554.

Left: Freya Colderbanks on walkaout in Glanmire.



Rita Cloghessy receiving her Certificate for 45 years membership of ICA , from National President Liz Wall and Federation Presideent Phil O'Leary



Founding member of Upper Glanmire Guild receiving her Certificate for over 50 years membership of ICA,from Guild President Assumpta Cotter



Pauline O'Callaghan receiving her Certificate frm Guild President Assumpta Cotter, for 45 years membership of ICA

UPDATE ON GUILD ACTIVITIES

At our April Meeting, we held our AGM. Ena Howell from Grenagh Guild came and spoke to us as our Information Officer. Our new Committee was also voted in. A very successful Beetledrive was held on the 23rd April to support a local charity in Upper Glanmire. We were joined by members from Grenagh, Carraig na bhfear, Rathpeacon and Riverstown. We have 2 meetings left before the summer break. Plans are underway now for our annual outing on the 7th June to Kildare.

JUNE RECIPE: LEMON SQUARES by Maura Bullman INGREDIENTS 60z butter 60z caster sugar 60z self raising flour 2 large eggs

ICING : 4oz icing sugar, grated rind and juice of 1 lemon Swiss roll tin. Oven 180C/360F METHOD: Beat butter and sugar, add eggs and flour. Spread into Swiss roll tin and bake for about 30min until golden brown. Leave to cool. Prepare glaze and spread over entire square, when icing sets, cut into small squares.

JUNE 2014



NIL AON GLEANNTAN MAR DO GLEANNTAN FEIN " GLOUNTHAUNE NEWS by "the foreign correspondent"

Compiling a "Family Tree" is a painstaking exercise, but when the chart representing family relationships in a tree structure is complete, it is treasured with pride, and it is well worth the enormous effort. The historical details, unaltered through time, are for evermore available for present and future generations, and it is important to bear in mind; "history is, as history was, and cannot be changed". The point of such an introduction is to highlight the fact that this may also be applicable to locally known place-names, but it appears that Glounthaune is an exception! It is regrettable to observe the efforts made in recent years to rename some of the traditional ones, to what some may perhaps perceive to be that of a more prestigious characteristic. Little Island has not travelled down that road, so to speak, and it is admirable that the long-standing meaningful place-names such as; "Bina's Hill", "The Island Cross", "Paddy Keeffe's Cross", "Martin's Cross", "The Cnoc", "Betty's Well", "Bunkers Hill", "Strawberry Rock", "The Grotto", "An Crompán", etc., continue to be part of local heritage, and the present-day residents are playing such an important and proud role by handing on the baton. If some of those on the mainland had an input, "Betty's Well" for example would probably be now referred to as; "Spa Eliza Beth"! Then, when one is off "The Island" the immediate changes are striking. The historical Factory Hill appears in the main to have been swallowed-up by the townland name of Kilcoolishal. Perhaps the word "Factory" was off-putting? The traditional named; "Small Field", which is the area of land opposite the presentday Community Centre in the village, is occasionally referred to as; "The Village Green". That parcel of ground was once part of "Craig's Field", where the playground is located, and when the entrance road

to the village was constructed in 1859 to accommodate the Dunkettle Midleton rail line, the field was divided. An attempt was previously made to rename the large section; 'The Village Park", but gratefully that notion faded away with time, so the name; "Craig's Field" is still in place, and surely the locally known name of the smaller section is far more meaningful, and it is after all the traditional one. The history of local road L3004 was referred to in last months' issue, and the fact that prior to 1997 it was part of the national primary N25 route to Rosslare. It formerly followed a winding route, but improvements were carried out at the beginning of the sixties, resulting in a somewhat straight stretch, as is today. The course of the road may still be identified as a total of eight tracts, between Burys Bridge and "The Elm Tree", are clearly visible. The combination of these, when interwoven with segments of the straight stretch, formed the previous wandering country road.

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The section between Waterside Apartments and The Station was for more than fifty years known locally as "The Old Road", and still is by the locals! Yet for some time now, it is being referred to as; "The Ashbourne Walkway", and has even been signposted as such! The latest traditional name to suffer is "The Pond" nearby, and this is now being alluded to as, wait! "The Ashbourne Lake"! A pond has a still body of water, as distinct from running water, is of a considerable less depth than a lake, and a great deal smaller in size. It is therefore the apt name, but far more important, it has always been the traditional one. It is interesting to note that the Tidy Towns adjudicator also referred to it as a "pond" in the 2013 report. By the way, the recent removal of a section of the earthen bank at the roadside is commendable, and this offers "The Pond" and its environs a more prominent and appealing setting. By the way, has there been any effort applied to have footpath public lighting installed? The infamous works carried out near the station are ill-judged, and most of the nearby centuries old rustic road is now buried in concrete, and concealed under the guise of; "improvement". The area opposite the station, which was regularly used by parents as a set-down when dropping off their children to the train, is replaced with a mound of stone, reminiscent of some poor unfortunate truck driver having lost a part load in tran-sit. The absence of such a facility has now created a safety issue, in so far as vehicles dropping off rail commuters at that side are required to stop on the roadway, and this result in traffic overtaking in a dangerous manner at a perilous location. The area was also convenient for those utilising the then inconspicuously located recycle bins nearby, which are now removed to what is an unsuitable and very highly visible position. It is said that the overall costs involved were very significant, but apparently there were no problems encountered in that regard, due to the reputed availability of funds to the tune of Eur 100,000, courtesy of a windfall. The Celtic Tiger flavoured "improvements" at that neck of "The Woods", pardon the pun, appear to be of a self-inter-

est benefit, and those who motivated this failed to grasp a glorious opportunity of supporting the community in its entirety, with alternative worthwhile projects. The acts of vandalising such a traditional and distinctive feature, as well as compromising safety in the process, by obstructing the recognised set-down area, are unfortunate. I digress. There is an abundance of other locally known place-names, which thankfully have not "yet" come under the radar of change, and these include; "Dorgan's change, and these include; Dorgans Cottage", The Back Steps", "The Arch", "The Small Steps", "The Back Road", "The Bank", "The Priest Hill", "The Moane Cross", "The Moane Road", "The Forge Cross", "Twomey's Hill", etc. Is everybody familiar with their location? Historical-type signs at the relevant places would be appropriate, and these would also enhance the area. The signposting and history boards erected in June 2013, albeit the latter containing a few inaccuracies and some important omissions, are informative and also add a little touch of old world charm to the area, and those responsible, in all aspects of their provision, must be complimented. However, perhaps two further signposts are required. The signpost at "The Tree" includes the route to be followed for The School and Lackenroe Bridge ("Dry Bridge"), but would suggest that there should then be another signpost positioned at the bridge, which could also indicate the change of direction for the school. It would be fitting as well to have the route for the award winning ancient burial ground of Caherlag shown on both signposts. Harper's Island is signposted at the station, but should there not be another signpost on the roadway opposite Harper's Island to indicate where it actually is? It is interesting to note that the adjudicator on Glounthaune's entry for the 2013 Tidy Towns Competition having driven as far as the Cobh / Carrigtwohill roundabout, failed to locate it! Reverting to subject matter; the meaningful place-names, many of which are with us for generations, were applied by parishioners who have long since gone to their eternal reward. These valued names are part of who we are, and they should be

treated with respect, and we, the transient custodians, have an obligation to present them intact to the next generation. It is difficult to understand why the change of local place names is on the agenda at all. What is the reason? Who are clamouring for change? Who are so eager to listen? Who are so willing to impose? Well, there are those in our midst who may, to adopt a phrase, be diplomatically described in restaurant parlance as; "The A La Carte Thaunies", and these are the people who instigated all of this. They choose the bits which were appealing to them, and then substituted the remainder with, what they perceived to be, much more tempting side orders. The reality is that relative to place-names this is not an option, and in this respect it is only the set menu that Glounthaune has on offer. Indeed, it is rather ironic that these very same people would probably proceed to another restaurant if the set menu did not appeal to them! Get the drift?! Glounthaune also has, similar to every parish on the island of Ireland, many townlands and all relate to a historical and cultural past. A townland is a rural area which is seen as a unit by the people living there, and this is a very long way from the imminent mathematical postcodes. There is in excess of sixty one thousand townlands in Ireland, of which five thousand, five hundred and eighty are in Cork County. Their size may vary from the smallest, of less than an acre in the case of; Longstones, Monasterboice, Co. Louth, to Sheskin, Co. Mayo, which consists of seven thousand, and ten acres. A townland is based in some parts of the country on the daily grazing needs of a single cow, and elsewhere on traditional ploughlands! Townland names in our parish include; Ballynaroon, Corbally, Ballyhennick. Lackenroe, Ballynagarbragh, Ballyvisteale, Ballinglanna, Johnstown, Dunkettle, Killacloyne, Rowgranne, Ballycureen, Killahora, and naturally the ever so popular; Kilcoolishal! There are of course numerous others, but the foregoing is just a sample lot, and it would be very interesting to know how many are familiar with their outline. It is comforting to note that 'The A La Carte Thaunies" have made no attempt to rename these sacrosanct townlands! Finally, for the sake of clarity and goodwill, it is pleasing to confirm that there is no truth in the rumour that "The A La Carte Thaunies" are considering a name change for; "The Dry Bridge"! It was being widely speculated that our two hundred and three year old treasured landmark was to be renamed; "The Garryowen Bridge' and hasten to explain, for the benefit of the non-rugby fraternity in our parish, that this, when converted to intelligible language is; "The Up and

SLÁN ANOIS. ©

Under Bridge'

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Mayfield Summer Sports Camp

Looking for activities to keep the Children busy this Summer then we've got you covered.

Children's summer sports camp running 7th – 11th July & 14th – 18th July suitable for 5 – 14 years Activities include: Swimming every day, Badminton, Tennis, Soccer, Hockey, Basketball, Rounders, Bouncy castle and many many more... Camp times 9.0am to 2.00pm

Children's **Intensive Swim** Weeks

Take the plunge today and learn to swim or improve your technique with our 5 day x 40 minutes Intensive Swim Week only €45

5 weekly camp taking place this year. Suitable for complete beginners to advanced swimmers.

Monday to Fri 12 noon

Dates: 30th June – 4th July, 7th July – 11th July, 14th July – 18th July, 21nd July -25th July, 28nd July –1st Aug

FAI Soccer School

Whether you're new to the game or a seasoned campaigner we promise a fun-filled week where you will learn new skills, make new friends & score plenty of goals.

All participants receive an exclusive kit (jersey, shorts & socks), backpack & football, along with a certificate at the end of the week.

Camps are open to boys & girls aged between 6 & 14 and run from 10.30am - 3.00pm Mon. to Friday. Dates July 21st to 25th

Rookie Lifeguard Summer Camp

Rookie Lifeguards is aimed at 8-14 yearolds to provide a fun and safe way to learn lifesaving skills and water safety from qualified and registered Rookie Lifeguard Trainers.

As a Rookie you will learn about water safety that will equip you with the skills which could help you save a life.

Dates: 29th -1st Aug & 5th – 8th Aug

Log on to www.mayfieldsportscomplex.ie for more information & to download booking forms or contact 021 4506232



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Charlie Wilkins

DREAMS OF A GARDEN The dreams of a garden usually start in childhood. These are always places of refuge, of hidden pleasure, somewhere unknown to the rest of the world. We have all been there. I admit to having never outgrown the thrill of being in a strange garden and in my youth I spent time (like most boys) 'investigating' grand gardens full of croquet lawns, flowers, fruit and vegetables. Perhaps I spent too much deliberating on where the best fruit section was to be found, but I first had to negotiate the shrubby veronicas, dusty lonicera nitida, thorny berberis, and the all-embracing vinca ground cover. If you could peel back the layers of tarmac and concrete which now cover these long-lost properties on Assumption Road you would find hayfields and ornamental gardens alongside community vegetable plots, and white painted glasshouses strung about in small orchards. Whilst I can still remember their exact locations, few survive and of those that do, they look like time capsules. Half hidden, I recently saw a shed to the rear of a grand property where I played as a child. It was still standing, swaged and festooned with ancient ivy and it made me realise that I passed that way a hundred years ago. As for the remains of the garden, I tread ever so softly, aware that I may have been in danger of walking upon the dreams of others. And yet there, shadowing the shed was the old misshapen lilac (Syringa vulgaris) that I remember, a plant now gnarled and twisted that it looked as if it had stood in that spot for a thousand years. If the gardens of my youth have changed beyond recognition, then so have the varieties of May-flowering lilac they contained!

Everything that is fresh, vibrant and spring-like is captured in

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DREAMS OF A GARDEN

gardener seems to

lilac; colour, form, and a heavenly scent which can pervade for yards in every direction. Try putting a small spray into a bowl of water by your bed and it will transform the atmosphere. Any garden I would argue, (apart from the very smallest)which does not have a single lilac of brilliant white, mauve, or purple in full bloom during May, could be described as positively undressed. What a pity they have fallen from grace and favour. There are many shrubby varieties of lilac but the common Syringa vulgaris, so frequently seen in the past has been with us since the sixteenth century. In itself it was never a particularly beautiful tree once the blooms had finished and gone, so it's positioning was discreet, never prominent. Nowadays there are so many good modern strains of Syringa vulgaris that choosing properly can actually be difficult. But choose you must, from those with single or double flowers and bluish shades, through to the more traditional lilac colours of pink, red and purple. There's even a yellow form to choose from if you so desire but my own choice would be "Monique Lemoine" in white or "Firmament" which is an extraordinary lovely sky blue flowering quite early in May. Lilacs are still not easily placed in the shrub garden owing to their awkward growth habit. In too sunny a position the flowers fade more quickly, and in shady places they can grow rank and be rather shy at flowering. A site in dappled shade, and ground that drains easily in winter would perhaps be their most favoured spot. On the other hand, they have a noted value for gardens on lime soils or in very bleak and cold districts such as north-facing beds and borders. These modern strains are worth investigation. ENDS

THE JUNE GARDEN

So many ideas occur to me in this exciting season that it is difficult to keep them tidy. Some, I jot down haphazard, other go into my 'must remember' bedside notebook which over the years has filled almost to bursting. I have made a note yet again of the daffodil 'Sun Disc'. Every keen long for spring and the arrival of the very first narcissi, usually February Gold but Rijnveld's Early Sensation will bloom for Christmas in the Glanmire area and last for a considerable time. Few however are interested in the very last variety to put out its quality blooms. 'Sun Disc' is particularly handsome being tidy in growth and leaf habit along with producing a reliable and worthwhile number of small, delicate flowers (about the size of a two euro coin) in two shades of yellow. The tiny yellow cup is held flat against the six outer petals of pale yellow making a contrast which is most pleasing. Nature once again

shows us that it seldom makes mistakes with colour or scale. Note this variety for purchase next September. When well grown, each spike will produce up to three magnificent perfectly formed blooms.

Peonies (or paeonies) take their name from a hymn of praise to Apollo and I am drawn to them now by their imperial splendour. I especially love the yellow form known as 'Molly the Witch' which arrives in May. This adopted name came about because its correct botanical name is so hard to spell (Mlokosewitschii). Neither is it easy to pronounce even in a good Cork accent! Its flamboyant elegance puts it above many in the same family and for this I give it a prominent position where it can posture during its spectacular, if rather fleeting time in the spotlight. Make sure that all peonies don't go short of water during flowering or that they don't cook in too warm a spring sun. For your efforts, the flowers remain all the longer. After a long dark and very wet



There have been great improvements in the breeding of lilac varieties in recent years and now they come in a number of strong colours with pleasing shapes and a strong constitution. This magnificent specimen is growing near the underpass to Knockraha from the old Dublin road.

> winter, ivy growing on house walls can now be looking a little the worst for wear. Encourage fresh new foliage by trimming off many of the old leaves with a shears. Once trimmed, the main shoots can be brushed with a stiff yard brush to remove dead leaves and shoots along with debris which will have collected down the years. Although the wall will look rather bare for a few weeks, a new crop of shoots soon develop with a colour and freshness that only new summer foliage can provide. At the same time, do check that the ivy is not beginning to invade gutters and down pipes or get under roof tiles. Cut shoots back by a foot or so from the eaves, and keep it back also from windows and drains. One word of warning; do make sure that no birds are using the protection of the ivy as a nesting site. If they are, leave well alone. The same precaution should be taken later on when hedges will be getting their first trim, so always check before you begin cutting

JUNE 2014



JUNE 2014

SARSFIELDS CAMOGIE CLUB

- First silverware of the season went to our talented Minors who captured the County League Title after a replay with Brian Dillons recently. Sars 1-10 Dillons 1-3
- Our Intermediates have very impressively completed their league section & qualified for County Semi Final end of May. Our U16As have also successfully qualified and our U16Bs may also well do so, with one game remaining after the Junior Cert exams. Both our U14 teams are actively working through their fixture list and both doing their fixture list and both doing exceptionally well.
- Congratulations to Chloe Casey & the Cork Minors on winning the Munster championship final recently.
- GCC on their Vienna Woods Award
- Sciath Na Scoil: Best of luck to our camogie players in St Josephs N.S. Riverstown & Upper Glanmire who have both reached Sciath na Scoil finals of their respective groups. Many thanks to Pat Ryan of
- Sarsfields Hurling Club for giving so much of his time & expertise to our players & coaches in his recent İnjury Prevention, Strength & Conditioning classes in GCC held pre-season. Much appreciated. Also of course to Tadhg & Rhona



Lynch who have worked so hard on getting our adult players' fitness levels up to scratch for the start of the season. It has been showing with recent results!

Bag Pack – a huge thank you to Liam Ryan, Lilian Twomey & Elaine Carroll of Supervalu for allowing us the annual opportunity to bag pack. Most especially we would like to thank the people of Glanmire & all our supporters who gave so generously.

Follow us on twitter & facebook & check out our new Sarsfields Camogie Blog! Club phone (085) 2101800 for any queries.

On a sad note we lost our esteemed Club President, Phil O'Shea in April. Phil

was instrumental in the reformation of the club in 1969 and up to her death had still played an active role in club activities. She will be hugely missed. Our sincere condolences to her son, Martin. Ar dheis De go raibh a hanam.

Above: Sarsfields Minors After County League Final



Erins Own Hurling & Football Club

Caherlag, Glounthaune, Cork.

Lotto: The latest club lotto numbers were drawn on Wednesday 14/05/2014 The numbers drawn were 6, 7, 8, 9, There was no winner of this week's lotto, €30 winners were, Tom Coleman, Don Murphy & Deirdre Murphy, Next week's jackpot is €3820. Tickets can be bought from any member or log on to the clubs website www.erinsowngaa.ie for other ways of playing, Thanks to all those who support our clubs lotto.

Up coming events: On Saturday the 7th & Sunday the 8th of June we will be holding our church gate collections in Glounthaune, Little Island & Knockraha Churches, Please support. Erins Own Golf Classic will be held in Cork Golf Club on Friday 13th June

Contact Michael O'Connor for more info on (086) 260 1136

Club Shop: New open hours, the shop will now be open during selected week days as well as the weekend normal hours, Monday



10am to 11:30am, Tuesday 10am to 11:30am, Wednesday 10am to 11:30am & 6:30pm to 8pm, Saturday 10am to 12pm & Sunday 11am to 12:30pm, any queries or questions on stock or orders just drop an e-mail to Dara at erinsowngaaclub@gmail.com or phone or text Michael on 086 8699145, Oonagh on 086 8984687 or Dara on 089 4464412, the shop stocks all types of club gear, club jerseys all training gear for boys & girls, shorts, socks, helmets, Hurley's from O'Mahonys & O'Connor's in all sizes, sliotars footballs & gear bags, we also stock male & female hoodies, Jackets, windcheaters school bags caps & lots more, why not visit our Facebook page for more photos on Erins Own GAA Club, Cork

Recent Results:

• RedFM Senior Hurling League Bishopstown 0-13 Erins Own 4-11 On Tuesday the 13th of May we got off to a great start against Bishopstown in the senior hurling league away from home, Eoghan Murphy opened the scoring with

2 fine points from play & added another 1 from a free, Colm Coakley & Cormac Dooley put one over each, Mossie Corroll netted & Cian O Callaghan got 2-01 to give us a lead at half time of 3-06 to 4 points, the second half saw Kieran Murphy make some great saves & Shane Murphy back from injury playing some fine hurling, Eoghan Murphy put over another 2 from frees, Mark Collins, Colm Coakley & Mossie Carroll added a point each & Cian O Callaghan getting his hatrick before the final whistle, Kieran Murphy (post), Shane Murphy, Kilian Murphy, Mark Collins & Cian O Culted and a straight of the second Callaghan played well for Erins Own, Team in Full: Kieran Murphy (post) 2.Daire Dennehy 3.Patrick Fitzgerald 4.Cian O Connor 5.Brian Clifford 6.Shane Murphy 7.Niall Scanlon 8.Cormac Dooley 9.Kilian Murphy 10.Mark Collins 11.Eoghan Murphy 12.Colm Coakley 13.Mossie Carroll 14.Cathal O Mahony 15.Cian O Callaghan, Subs Used Conor Smiddy for Cathal O Mahony, Peter Kelly for Cian O Connor & Paul Ryan for Colm Coakley.



Well done to Niamh ni Caoimhe a camogie coach with Erins Own who played on the cork team v Down on Sunday and they won the division 2 league.



Killian Murphy V's Bishopstown



Eoghan Murphy V's Bishopstown

CORK LADIES BASKETBALL BOARD'S ANNUAL AWARDS CEREMONY.



Caroline Forde, former International Basketball player, presents the Under 16 C MVP Award to Sorcha Phelan, Glanmire at the Cork Ladies Basketball Board's Annual Awards Ceremony. Picture: Mike English



Glanmire's Sorcha Phelan and Jessica Quirke winners of the Under 16 C and Division 2 MVP Awards respectively are congratulated by Board President, Andrew Drumm.



Caroline Forde, presenting the Division 2 MVP Award to Jessica Quirke, Glanmire at the Cork Ladies Basketball Board's Awards Ceremony at the Clarion Hotel. Picture: Mike English.



Jessica Quirke, Glanmire Basketball Club, winner of Division 2 MVP photographed with her parents, Orla and Alan and sister, Roisin, at the Clarion Hotel. Picture: Mike English



Graphic Design students, Tom Stacy, Dillon's Cross, Orla Podhorodecka, Ballincollig and Calvin O'Callaghan, Glanmire at the St. John's Central College Exhibition of Student Work 2014. Picture: Mike English



Residents from Barrymore, Elmgrove and Millbrook braved the elements and came out to lend a hand with the litter challenge. A big thank you to everyone who took part especially the young generation!

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GLANMIRE AREA NEWS - SHOP LOCAL & SUPPORT LOCAL BUSINESS

LOCAL BUSINESS'S HELP RAISE FUNDS FOR MERCY HOSPITAL



L-R Geoff Neary, Eamon Kelleher & Ray O Rahilly

The Annual Mercy Hospital Golf Classic took place at Cork Golf Club on Friday 25th April. Organized by local businessman Jack French the event was a huge success raising vital funds for Cancer care at the Mercy University Hospital.

Jack French, Chairman Mercy Hospital Foundation Golf Classic was delighted with the turn out, commenting 'It's great to see so many golfers out supporting a very worthy cause, 'Every cent raised goes towards supporting the ongoing work of the Foundation in helping to diagnose and treat cancers early and effectively while ensuring that patients receive the best care possible during their stay at the Mercy'

The Mercy cancer appeal has identified four key projects which will have a positive impact on cancer care for the future at the hospital: Shears Street Cancer Support Centre

Genetics & Cancer Research Urology and Medical Oncology Regional centre for Gastroenterology Local teams who took part in the event :



Cafe Cream Team L-R Conor O Sullivan, Michael Street, & Ollie O Neill



L-R Tim Lambe, Pat Collins, & Tomas O Brien



L-R Ml John O Sullivan, Danny Comerford & Colin Mehigan



L-R Dave McCarthy, Colm Noonan, & Tommy Sheehan

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Credit Union Team L-R Veronica Vaughan, John Ryan & Jane Ryan



Dr Dan Crowley, Mark Crowley Oisin Crowley receiving their prizes from Jack French

JUNE 2014



The group from the ELJ Academy of Dance who opened up the Spinathon Friday at 6pm along with the 24hour Spinners.

Who Will Be Glanmire macra's King Of The Ring!!

Just a few days to Go....Riverstown ABC Ltd and Glanmire Macra na Feírme are hosting a **Fundraising Boxing Tournament in aid of Riverstown Boxing Club and Upper Glanmire Community Sports Hall on Saturday June 7th at Upper Glanmire Community Sports Hall.** There will be a bar extension and not forgetting a DJ who will be pumping out the tunes on the night. It is an event not to be missed. Contact Joanne on 0877626920 or Brian 0851120305 for more information.

Glanmire macra members headed to Cashel on Friday the 2nd of May for the All-Ireland semi-final of the National Talent Competition, this competition is similar to scor with clubs competing in 8 different sections namely: novelty act, comedy act, disco dancing, set dancing, ballad group, solo singing, solo instrumental and mastermind. Glanmire macra were taking part in the novelty act with Tomas Cuffe, Bertie Cuffe, Donal O'Callaghan and Will Daly representing the club, and Patrick Healy representing Glanmire in the mastermind competition. There was some tough competition on the night with acts from all over Munster and Leinster taking part. When the results were announced, both our novelty act and Patrick Healy in the mastermind had made it through the national final which will be held in Navan on the 5th of July. Best of luck lads.

Glanmire macra members headed to Mr. Dee's in Glanmire on Saturday the 26th of April for a celebration dinner for all the great achievements during the year, also on the night we made several presentations on the night, namely a presentation to Daniel O' Regan who produced and directed our capers show. Jenny O' Flaherty who directed our drama production. Seamus Reid and Sean Keegan who represented Seandun at Mr. Personality over the last years. Sarah O' Connell (Ms. Blue Jeans) and Kathleen Fitzgerald (Queen of the Land) who represented Seandun in 2013 and Karen Cashman (Ms. Blue Jeans) and Jennifer Barry (Queen of the Land) who will represent Seandun in 2014. Afterwards we headed across the road to The Castle and some members even ventured into Reardons after.

Overwhelming Turnout for 24 hour Spinathon in Team Thomas Fitness Centre

Well it's all over and we are privileged to say we completed it!! Team Thomas Fitness Centre and Glanmire Macra na Feirme's 'Mind Your Head' 24 hour Spinathon in aid of SAFE in Glanmire and Glanmire Youth Project was a huge success and we are absolutely delighted to have completed this fantastic challenge. A huge Congratulations to Jennifer O'Driscoll Thomas, Linda O'Sullivan, Cassie Joyce, Ann Marie Davis and Katrina Barry who completed the full 24 hours and to Denise McCarthy Gahan and Claire Crowley who completed a full 12 hours, these ladies have such stamina. With an average of 650 km done each in the 24 hours, I think everyone will agreed what a huge achievement. The event was opened with some of ELJ's Acadamy of



Glanmire macra's tag rugby team who were narrowly beaten in the Seandun final in Whitechurch recently.

Dance fantastic dancers giving us an outstanding and entertaining performance with the finale been with the House of Rock performing one of their own written songs called "hopeless" the lyrics really had us drawn in. Jennifer Thomas of Team Thomas Fitness Centre finished by thanking everyone who came through her doors over the 24 hour period, what an overwhelming turnout from the whole community. A huge thank you to DJ Kieran Hayes who stayed throughout the whole night and kept everyone entertained with games and so many different sets of music. A huge thank you to all our sponsors with which this

event could not be possible, what overwhelming generosity from the local businesses. To all those that came through the doors of Team Thomas Fitness Centre thoughout the 24 hour period, a huge thank you to each and everyone of you for your encouragement, participation and extremely generous donations. Finally for what this 'Mind Your Head' 24 hour Spinathon was in aid of, which was SAFE In Glanmire and the Glanmire Youth Project, the absolutey amazing work that Cynthia Kelleher and her colleagues partake in for these very worthy causes, a huge well done to ye all and we are delighted to be able to partake in a fundraiser.

While some members were spinning, 7 of Glanmire members headed to Whitechurch for the Seandun final of tag rugby, tag rugby is a very fun competition and with many leagues taking part this time of year it is a great way to pass the long bright evenings. There were 5 teams taking part on the night, Whitechurch, Knochraha,

Carrigaline, Kinsale and Glanmire. After a very tough tournament it was ourselves and Kinsale who got to the final. Nothing could separate the sides after normal time, so extra time was needed. In the end it was Kinsale who won by a point. We would like to wish them all the best in the All-Ireland finals. All roads will lead to Athboy Co. Meath on the June Bank holiday weekend where our very own Karen Cashman will represent Glanmire and Seandun in the finals. The Friday night will see the ladies taking to the stage for the on stage interviews, Saturday will see a world record attempt where they will try



Glanmire macra's Karen Cashman who will represent Seandun macra at the Ms. Blue Jean's country Queen festival over the June Bank holiday weekend, pictured receiving her Cork County title from Cork County Chairperson Sarah Louise Healy.

and create a giant penny trail will all the coins used going to charity, also on Saturday the girls will have their private interviews with the judges. Sunday will see the girls 'lark in the park' where the girls will play a fancy dress game of football, followed by the ladies strutting their stuff on the catwalk. On Sunday night there will be a gala banquet, and the winner will be announced at midnight. All in the club would like to wish Karen the best of luck, she has already won the Seandun and Cork county round and we know she can bring the national title home.

JUNE 2014



Pollinating the Orchard in Upper Glanmire with feather dusters.?

Two legged Bees descend on Glanmire Orchard ! Children pollinate with feather dusters...

Glanmire is leading the way on the issue of Climate Change and Food Security with a strategy which involves Children and Feather dusters. The overworked Bee population need all the help they can get so the local kids in Upper Glanmire are working hard to assist the process of fertilising the apple trees. This is done by using dusters to spread the pollen from the 'Anthers' of one apple blossom to the 'Stigma' of other blossoms on the nearby trees. Going from blossom to blossom dabbing and swirling the brush into each one, a human being can actually go faster than bees.

So a great harvest is expected this year and that's great news for the new apple press currently being created from (believe it or not) recycled materials. How sustainable is that?

But the idea of 'sustainability' is central to the project's dream of a small scale social enterprise. Using funds secured by a small commitment from local people, who then become the shareholders, an orchard is being created on a hectare of land in the beautiful Glashaboy valley. 'By inviting small scale local investment Future Orchard Trust is creating a food security model for other communities to learn from' says the founder Elaine Garde. 'Its an exciting time here in Upper Glanmire and we are looking forward to rolling out an education programme for local schools which will really connect children to the natural environment'.

Shares are still available. The orchard is open for viewing on Sundays 2-4 or by appointment. Please contact Eric Duncan on 089-2158764

The 10, 000 square meter piece of land will only ever have a total of 100 shares. Shares cost 1000 euro and payment can be made over a number of years. All funds are spent on the project which is managed by an elected committee.



Attached is notes on the Mercy Hospital fundraiser, The Team attached are the BAR BK2 Team of L-R Tim Murphy, Liam Keating & Colm O Connor

LOCAL BUSINESES HELP RAISE FUNDS FOR MERCY HOSPITAL

The Annual Mercy Hospital Golf Classic took place at Cork Golf Club on Friday 25th April. Organized by local businessman Jack French the event was a huge success raising vital funds for Cancer care at the Mercy University Hospital. Jack French, Chairman Mercy Hospital Foundation Golf Classic was delighted with the turn out, commenting 'It's great to see so many golfers out supporting a very worthy cause, 'Every cent raised goes towards supporting the ongoing work of the Foundation in helping to diagnose and treat cancers early

and effectively while ensuring that patients receive the best care possible during their stay at the Mercy'

The Mercy cancer appeal has identified four key projects which will have a positive impact on cancer care for the future at the hospital:

Shears Street Cancer Support Centre

Genetics & Cancer Research Urology and Medical Oncology Regional centre for Gastroenterology Local teams who took part in the event.



Above: Hold On Katie, Danii and Emily enjoy the interactive Climbing Wall at iKids: Activity & Fitness Centre in Sallybrook Glanmire

Left: Jumping for Joy Michael, Eoin, Daragh, Cillian, Katie and Danii at iKids: Activity & Fitness Centre in Sallybrook Glanmire

iKids - 086 0851996 website - www.interactivekids.ie



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"Mind Your Head" 24-hour spinathon in aid of SAFE Glanmire & Glanmire Youth Project



In a spin! Kicking off the 24-hour "Mind Your Head" spin-a-thon in aid of SAFE Glanmire and Glanmire Youth Project, in Team Thomas Fitness Centre, Watergrasshill at 12 noon on Friday, May 16 were, clockwise from left, James Grufferty and Dr Tadhg Grufferty, Glanmire; Jennifer O'Driscoll Thomas, Watergrasshill and Annmarie Davis, Glanmire. The charity fund-raiser was supported by Team Thomas Fitness Centre, Watergrasshill and Glanmire Macra na Feirme. Picture: Tom Doherty



Team Thomas Fitness Centre, Watergrasshill on Friday, May 16 were, from left to right: Anne-Marie Linehan, Carraig na bhFear, Dolores Hanley, Knockraha and Catherine Murphy, Watergrasshill. The charity fund-raiser was supported by Team Thomas Fitness Centre and Glanmire Macra na Feirme. Picture: Tom Doherty

GLANMIRE LADIES FOOTBALL

With exams just around the corner, games from u16 up are difficult to fix at the moment. However our U14's fresh from their Feile victory took on Rockban in the East Cork Semi on Sunday night and came away the winners on a scoreline of 5-6 to 3-5, they now go on to play the winners of Inch and Aghada in the East Cork "A" final and will be out end of May in the County quarter final. Our juniors had a great win over Coursey Rovers in Brinny in the County Semi Final, they will now play Doheneys on June 30 in the final, this has been a great achievement from this

very small squad. They will also travel to Mallow on June 7th to compete in the Munster 7's.

Well done to Carol Anne McCarthy, Megan Smith, Annalise Murphy and Lucy Cashman who travelled to Mullingar last weekend with the Cork U14's and came away winners with a last gasp point in the final V Kerry. Well done also to the U21's who had a comfortable win over Kerry in CIT recently.

Michael Hannon Chairman GLANMIRE LADIES FOOTBALL



WHITE'S CROSS GAA NEWS

http://whitescross.gaa.ie

Lotto Winner

White's Cross GAA extends congratulations to Carol McCarthy, Ballyphilip, who scooped the Club's Lotto Jackpot recently. The numbers drawn that proved so lucky for Carol were 7, 13, 17 and 25, helping her to the €8,050 jackpot. The Lucky Dip Winners from this draw were Louise and Brian Kenny, Eimear Conroy and Noirín Buckley – each receive €50. Thanks very much to everybody who continues to support our biweekly Lotto Draw, which has proven instrumental in funding many of the developments that have taken place at our Club's Grounds in the past two years.

The numbers pulled from the drum at the previous Lotto Draw were 1, 4, 5 and 20. There was no jackpot winner and the €50 Lucky Dip Winners here were Therese Lucey Richie Regan and Aileen McCarthy. Tickets costing €2 for this draw, that takes place every second Monday, are for sale from Hennessy's Service Station, the Boothouse Bar, the Blackman Bar, the Stirrup Bar, McCarthy's Sportsworld and from committee members. Alternatively they can be purchased very easily online via our Club's website - whitescross. gaa.ie . All support is greatly appreciated and we hope that you agree from your visits to our facilities that the money is being put to very good use.

Junior A Football Success

Evening Echo sports' reporter John Coughlan was very impressed with the White's Cross Junior A Footballers debut in 2014 championship action, where they accounted for St. Michael's on a scoreline of 0-21 to 2-9 at Ballinlough. In his match report Coughlan said, in what he labelled 'the game of the championship', White's Cross put in a 'stunning performance'. Whilst such match reports always make for pleasant reading for the supporters of any winning team, the White's Cross lads will know that it is very early days in the championship - the reality is that both teams in this encounter were progressing to at least Round 3 of the competition whichever way. An uneven number of teams meant that the losers of this game avoided the Round 2 Losers Round of games. The half forward line of Conor Buckley, Edwin Buckley and John McElhinney led the surge in this game which started at a frenetic pace – between them they notched up 15 points in this encounter. With captain Murt Kelleher and Dylan Burke totally dominant at midfield early on White's Cross had eight points on the board within the opening quarter, and what will have been particularly pleasing here was that no wides were kicked. Michaels did settle and got in for a goal in the sixteenth minute to leave the score at 0-9 to 1-2. However White's Cross kicked on again and by the break led 0-15 to 1-4.

Martin Reid, who put in a very fine performance in what was his championship debut at this level, was controversially adjudged to have leg-blocked an opponent on 46 minutes, which saw Michael's convert the resulting penalty leading to further sustained pressure from the Blackrock based club. However corner-back Brian Murphy, in a very rare breakout from his normal defensive duties, came forward to score a fine point that really buoyed his team-mates and helped White's Cross win out by six points. Team: Billy Sheahan, Brian Murphy (0-1), Sean Gorman, Cormac Manning, Martin Reid, John O Connell, Donnacha Murnane, Murt Kelleher (captain) (0-1), Dylan Burke (0-1), John McElhinney (0-3), Edwin Buckley (0-6 inc. 1free), Conor Buckley (0-6 inc. 1 free), Paul Hayes, Paul O Sullivan (0-2) and Sean Murnane (0-1).

Junior B Disappointment Whatever it was that the Junior A lads had polished their football boots with, was certainly not applied in equal measure by their

Junior B counterparts, who played their first round championship at the same Ballinlough venue three nights after the Junior A success. Unlike the Junior A championship the B competition continues in the old-style championship format with a straight knock-out competition. While the A side kicked 19 points from play our second side con-verted only 4 equivalent chances, their other points all coming from placed balls, as they lost out by 1-9 to 1-8 to Douglas. Also in marked contrast to the A game the B side did carve out numerous goal scoring chances with four such opportunities spurned in the opening 30 minutes alone. To be fair Bryan O Sullivan did strike for a goal in the second half which really helped reel in the Douglas lead in this low-scoring encounter. Douglas in sharp contrast made maximum use of the one goal opportunity that came their way in this encounter, and it acted as a cushion for them on the scoreboard for most of this nip-and-tuck encounter.

It all means that Douglas get to progress in the B grade championship while our lads exit the competition and all they get to do is reflect on the 'ifs' and 'buts' that invariably dominate post match conversations, particularly after losing by the minimum margin. Team: Jonathan Kenneally, Richie Sherlock, Padraig Murnane (captain), Robert McElhinney, Cillian Ryan, Derek O Connor, Niall Twomey, Kevin Fennessy, Brendáin Murnane, Sean Scanlon (0-1), Bryan O Sullivan (1-0), Conal Smith, Conor Kelleher (0-6 inc. 4 frees), Michael Osborne, Sean Twomey (0-1). Subs introduced: Aidan O Neill for N Twomey (45 mins), Sean O Leary for S Twomey (50 mins).

Sign Up for Kellogg's Cúl Camp Now!

This summer's White's Cross GAA Kellogg's Cúl Camp has been timed to coincide with the school holidays at Scoil Naomh Micheál, Upper Glanmire and thus commences at 12pm on Tuesday, June 24th. It runs through to Saturday, June 28th commencing each other morning at 10am and finishing all five afternoons at 2:30pm. For further details and to book online check out www.whitescross.gaa. ie - please note if booking online there is an error regarding the dates of our camp on the official www. gaa.ie/kelloggsculcamps site - their system is unable to deal with our early start date - our camp is the first across the entire country this summer!





Edwin Buckley is captured in full flight in the recent Junior A Football Championship win over St. Michaels at Ballinlough – this shot despite having goal written all over it, sailed over the crossbar! (Photo courtesy of Michael Meade Photography)

Congratulations to Carol McCarthy, Ballyphilip, White's Cross who scooped the jackpot worth 8,050 in the White's Cross GAA Lotto. Here Carol is pictured with members of the Lotto Sub-Committee: Marion Delaney, Ed Buckley, John Drummy, Martin O Flynn and Pauline O Callaghan. (Photo courtesy of Michael Meade Photography)

JUNE 2014

GCC STUDENTS ARE OVERALL WINNERS IN THE INAUGRAL BROOKS SCHOOLS WOODWORK COMPETITION

Brooks Timber and Building supplies Ltd held their inaugural Schools Woodwork Competition for Transition Year Student. There were two projects submitted by Transition vear students from GCC: Sean Hoare, Konrad Tomkov and Adam Clapper designed and manufactured a contemporary book shelf made of Ash and Beech, while **James Kennefick** and Kieran Cashman designed and manufactured a unique coffee table made from Ash and a beech disc insert. Both projects impressed



the Staff and Managing Director of Brooks Ltd and the coffee table was chosen as the overall winner. James and Kieran were well rewarded with €250 each and the school won €500 worth of materials for the Woodwork Technology Department. All students involved in the competition always produce a very high standard in their work, and have been achieving excellent results in in this Department in GCC. Well done to all involved. Article and Photos: Mt Tom Pittam

Glanmire Road Race goes with Chip & Pin Recording

The Glanmire Juvenile Football Club are holding their 13th Annual 4 Mile Road race on Wednesday the 11th June 2014 at 8pm. This year we are operating under licence of the Athletic Association of Ireland in conjunction with the newly formed Glanmire Athletic Club. We are fortunate again this year to have the Sponsorship of Source Health & Fitness in Silver Springs, Tivoli. The route will follow the same path as last year starting at the Brook Inn and finishing at the bottom of Hazelwood Avenue having wound its way out the New Line past O Connell Transport and back via Brooklodge. A new feature this year will be the linking up with Precision Timing which will record each individual time electronically to give an accurate reading of each runner's time. The route has also been re-measured this year by John Quigley using the Jones Counter which is the accepted

Olympic measurement. John is one of the few recognised Official Measurers in Ireland and indeed was involved in the road measurements in the London Olympics.

Last year's men's winner was James Grufferty in a time of 20:03 and the women's race was won by Rhona Lynch in a time of 24:37.Hopefully we can have a local winner again this year. If you want to enter the race you can register online at www.glanmiregaa.ie or www. precisiontiming.net or www. sourcehealthandfitness.com. Runners can also sign up on the night at the Glanmire GAA Pavilion up to 7:45pm. For further information please contact Brian Lotty at 087-9836103 or email at brianlotty@vahoo. com. The cost of the race will be €10 for Adults and €5 for Juveniles (13 -16 year olds) and the extra charge this year is necessary to cover the cost of the chip and pin timing



James Grufferty, last years winner of the Glanmire four-mile road race, receiving his prize from Jackie Egan of Source Health & Fitness. Also pictured is race organiser Brian Lotty of Glanmire Football Club.Picture: John Walshe



Rhona Lynch, last years winner of the women's race at Glanmire, receiving her prize from Jackie Egan of Source Health & Fitness. Also pictured is organiser Brian Lotty of Glanmire Football Club. Picture: John Walshe

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Bishop of Cork and Ross Dr. John Buckley celebrates Confirmation with the grandchild of former classmate from Inchigeela, Cáit Dennehy; grandchild, Confirmation Girl, Chloe Dennehy from St Joseph's NS, Riverstown, Glanmire and staff from the school.

Below: At his second Cobh Confirmations recently, Bishop of Cloyne, William Crean caught up with his sisters Marie Fleming from Talbert and Margaret O'Neill from Dawstown Blarney who were anxious to have a photo with their brother in his robes.



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Pearse Murphy, treasurer Cork County Board, presents a cheque for €12,000, top prize in the April Cork GAA Club Members' Draw, to Mary McCarthy, Brooklodge, Glanmire, draw member with Sarsfields Hurling Club, at Sarsfields grounds. Included, from left to right, are Tadhg Murphy, chairperson Sarsfields Hurling Club; Joe Organ and Denis Kelleher, Glanmire Football Club; Denis Hurley, president Sarsfields Hurling Club and draw coordinator; Kate McCarthy, Mary's niece; Martin Bowen, draw management committee and Paul McCarthy, Mary's father. The Cork GAA Clubs Draw commenced in 1992 following the purchase of Páirc Uí Rinn by the Cork County Board. It had three main aims - to develop Páirc Uí Rinn as a modern stadium, to provide the CLCG Chorcaí with funds for coaching and youth development throughout the County and to provide clubs with finance to fund their ongoing developments both on and off the field. The draw has been an outstanding success, with the clubs of the county making over a staggering €15 million since it commenced, with no risk to the clubs as the Cork County Board

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funds the prizes and admin costs. It also has enabled the board to fund coaching and youth development in the county. *Picture: Tom Doberty*

Left: A 12,000 winner April C Membe Mary M Brookla a draw Sarsfiel Picture

Left: A picture paints 12,000 words! Top prize winner of €12,000 in the April Cork GAA Club Members' Draw was Mary McCarthy from Brooklodge, Glanmire, a draw member with Sarsfields Hurling Club. *Picture: Tom Doherty*

JUNE 2014

JUNE 2014

Máire G. Ní Chiarba elected Vice President of the Association of Secondary Teachers of Ireland

Máire G. Ní Chiarba, Assistant Principal and Senior Modern Language Teacher at Coláiste an Phiarsaigh, Glanmire, was recently elected Vice President of the ASTI, the second-level teachers' Union with over 17,000 members.

Máire has played a very prominent role at branch, regional and national levels in the ASTI during her teaching career. She has been outspoken on many issues including standards in education and is a former Chairperson of the ASTI Education Committee. In recent times Máire has done many interviews for television. radio and the written press, locally and nationally, regarding the proposed changes at Junior Cycle. While being a strong advocate of Curricular change, Máire, like so many of the teachers she represents, has grave reservations regarding the maintaining of standards at Junior Cycle if State Certification were to be abolished.

It is also a matter of grave concern to Máire that the first State Examination students would experience would be the Leaving Certificate Examination, after six years at second-level. "There is a danger that the



emphasis at Junior Cycle would be diverted from teaching and learning to assessing and grading in the classroom if the Minister's proposals go ahead" said the newly elected Vice President.

"When trying to promote the Framework for Junior Cycle, the Minister often refers to "experts" but the true experts are the classroom teachers and amazingly the Minister is ignoring their concerns" continued the Vice President. Máire has been congratulated on her election by teachers and educationalists from all over the country. We wish her well in the challenging times ahead.



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TRADES & SERVICES

JUNE 2014



JUNE 2014

"DEDICATED DELANEY"



Glanmire Community College has always been proud of it's sporting tradition, fostering the idea of team work and embedding the spirit of our school logo "Ní neart go cur le chéile" as the foundation to any performance when taking to the field. We have an impressive history of pupils, both present and past who have represented the school and county with distinction on a national stage, most recently our Senior Camogie All-Ireland Champions.

However, this year has also been being fruitful for individual sporting feats, most notably for Luke Delaney, who recently became an All-Ireland Boxing Champion. While he would not have achieved this massive prize without being surrounded by a great team, each time Luke stood in the ring, he was alone, with only his opponent to face him. Luke tells the remainder of the story: "I trained very hard and put a lot of dedication into it my training. My first fight at the championships was going to be very tough. I was boxing a 2 time Irish champion and European silver medalist. I went in believing I could do it and came out with a unanimous decision at the end. The next day I was in the ring again, this time against an opponent who beat me last year in the semi-final, I won by a unanimous decision. The Irish final was the following week April 12th, a lot of people came up to support me. I was boxing an Irish champion from St. Pauls BC in Co. Antrim. I went in and I gave it everything I had, it was the best boxing



performance I have ever put in. Winning on a unanimous decision, I became National Champion of Ireland, Boys U14 at 48kg. It was the happiest day of my life so far." Luke's success is a timely reminder at a time when Junior and Leaving Certificate exams are approaching, that dedication and hard work will allow you to achieve whatever goals you set yourself. Luke, your classmates, fellow students, teachers and the staff at Glanmire Community College are very proud of your achievement. Well done! Article: Mr Liam Young



SOPHIE GOES FOR GOLD

Recently Sophie O'Leary (Rang Oisín, 2nd Year) won a Gold National Acro Gymnastic Medal in the National Finals. Gymnasts from all over Ireland were competing in the competition which was held in the University of Limerick.

Sophie's gymnastic career started at Glanmire Community College when she was five years old, she then proceeded to WGK Gymnastic Club, Hollyhill. Sophie now attends Ballincollig Gymnastic Club where she trains 5-6 times a week. Sophie's major achievements to date are: three National Gold Medals and one International Gold medal which she won in Geneva last year. At present Sophie is training for the World Gymnastics Competition in Paris and a competition in Grenada in June. What a great achievement. GCC wishes Sophie the best in her upcoming competitions.



620 sq. feet (58 sq. metres) Ground Floor Retail The unit in an excellent location in Hazelwood /Crestfield Shopping Centre, just across from SuperValu & Library for more information and to arrange a viewing contact €195K Existing tenant not affected.

Joe Organ Auctioneers Mobile: 086 6013222 Phone:021 6019051 email joeorganauctioneers@gmail.com - www.joeorganauctioneers.ie

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JUNE 2014

Summertime, and the livin' is easy... The evenings are stretching out, holidays beckon. Sun, sand and sea...

Many of our young people will finish school shortly, or will face state or college exams. Summer holidays are a great time, and some will travel abroad on holiday. There are some precautions we should all take to ensure we have a safe and enjoyable summer. Sun; Hopefully we'll see lots of glorious sunshine in the months ahead. Do bear in mind that pale Celtic skins are not really designed for sunworship! We have among the highest rates of skin cancer in the world, and some simple changes can help. The Aussies have a simple mantra; Slip, Slap, Slop! That's it. Skin protection sorted. Slip on a shirt, Slap on a hat and Slop on the sunscreen. The shirt would ideally have long sleeves, the hat have a broad brim and the sunscreen at least factor 30. Don't be tempted with "weaker" sunscreens. Bear in mind that the sun is most intense between 11am and 3pm, and seek out shade when possible. A lot of sunlight is reflected from bright shiny surfaces; water, pool surrounds, sand, grass. Most UV light will penetrate clouds, so Slip, Slap, Slop is equally important on cloudy days: Sorry!.

Exotic destinations; Some folks may be tempted to go to exotic locations. Travel vaccinations may be recommended. A really good and free website is "Fit for travel": http://www.fitfortravel.nhs. uk/home.aspx Give careful consideration to recommended vaccinations. Your GP will give further advice and administer necessary vaccines. This is ideally done about six weeks before travel. Travel insurance is really important. You get what you pay for in this regard. Phone your travel insurer and discuss whether you are properly covered. Such phonecalls are recorded and will provide evidence should the insurer declare a claim invalid. "Penny wise and pound foolish" may be the result of taking shortcuts with vaccinations and insurance. Sexual health is an important area. Alcohol and sexual

risk taking often go together. Condoms are very important in helping prevent spread of sexually transmitted infection. Reliable contraception and emergency contraception are widely available. Parents -have that conversation, sooner rather than later, and include both sons and daughters! Water safety; Every summer we have people who die by drowning. Drowning is often associated with people drinking alcohol, then swimming. Don't drink and swim-its very hazardous. Take heed of local advice and signs before entering water. Still waters can run very deep and rip currents may not be obvious. Food poisoning can blight an otherwise perfect holiday. Exercise great care with buying and storing food in warm weather. Food can spoil in just four hours if not properly refrigerated. The mighty warrior at the BBQ needs to ensure meats are properly cooked all the way through, burned to a cinder and raw inside may be dangerous. Pregnant women are especially vulnerable. Road safety is another con-

sideration. Ensure all passengers are properly restrained. Have your car serviced before undertaking a long trip. If driving in France ensure you comply with all local laws. Driver fatigue is a killer- prevention is better than the alternative. Enjoy the summer, wherever you go, and whatever you do.

Dr. Diarmuid Quinlan MB BCh BAO BSc(Hons) DCH DFFP Dip Dermatology MRCGP MICGP

Kearney's Cross, Sallybrook, Glanmire. (021) 482 11 11



Rena Guildera Profile

Living Fermoy, originally from Springmount, Glanmire. Married to Gerry Guildea with 2 daughters Alison (5), Julianne (2)

Occupation Auctioneer with Joe Organ Auctioneers, Glanmire.

Education BSc Property Management & Valuation

Interests Enjoy shopping, favourite shops would be Zara & Next. Also enjoy going out for a few social drinks every so often in Glanmire . Listed buildings are also another interest of mine.

Favourite Music Alicia Keys, Rihanna, 80's music

Favourite Colour Pink

Favourite Flower Pink Gerbera Daisy

Most exciting situation going back to work after having 2 kids



Most Difficult situation passing of my father Jan 14

Best advice Surround yourself with positive people

Favourite Programmes Mario Rosenstock (Mick & Ming characters) Treasure Quest, Gold Rush

Property outlook for Glanmire very strong at present. Lack of good quality family semi/ detached family homes which are particularly sought after. Private sites in key locations are also much in demand. Rental properties in Glanmire are continuing to be a huge issue for people and they have to look elsewhere in order to secure a property.

SARSFIELDS JUVENILE HURLING CLUB



Sarsfields Hurling Club are holding their 9th Annual Hurling Training Week for U6 - U12 teams (fully paid members of the club) €35 per child / €60 for family of 2 or more.

Limited to 130 places. Please register ASAP to guarantee a place. Registration will be taken on Saturday 14th June & Saturday 21^{et} June © Sarsfields Clubhouse 10 - 12 noon

LOVE IS IN THE EYE OF THE BEHOLDER - GCC STUDETS WERE AMONG THE HONOURABLE GUESTS AT THE LAUNCH OF LOVE SONG TO SLOVAKIA



Ms A Casey, Lorcan Scroth, Josh Bickerdike, Saidhbhe Ellick, Catherine Clancy, Lord Major of Cork, Ambassador Dusan Matulay, Seamus Garde-Wulff, Katie O'keeffe, John Downey, Rachael Spencer.

The Rotary Competition Entrants were recently invited to 'Love Song to Slovakia 'and 'Eye of the Beholder' which was officially launched, Tuesday 6th May 2014, by His Excellency Dusan Matulay, the Ambassador of the Slovak Republic, at the Cork Vision Centre, St. Peter's, North Main Street, Cork. Yuri Dojc's 'Love Song to Slovakia' is an exhibition in

Slovakia' is an exhibition in homage to the photographer's country of birth. His bold and memorable style creates a love song through images. 'Eye of the Beholder' by the Slovak Camera Group features images both striking and evocative of Ireland's landmarks, buildings, flora & fauna, cityscapes, as well as moments in time.

The students were delighted to be among such distinguished guests and took it all in their stride when introduced to His Excellency the Ambassador of Slovak, the Slovak Economic Minister, the Honrary Consul of the Republic of Hungary and Denmark and Catherine Clancy (the Lord Mayor of

Cork). They mixed with ease and availed of every photo opportunity both in front and behind the camera. They studied and discussed the two exhibitions, both of which seemed to fuel their enthusiasm for this art form. In anticipation of the event the students decided they would like to make a presentation to the Ambassador on the night. It would have to have an Irish element to it, they eventually purchased a bronze piece from "the Wild Goose Collection"

which had Céad Míle Fáilte carved on it. John Downey made the presentation to the Ambassador on behalf of the seven students present, he was delighted and immediately read the inscription and the explanation attached. To show his gratitude he presented Ms A Casey (teacher) with a limited edition of a postage stamp which was printed to celebrate the 10th anniversary of the ascension of Slovakia to the European Union. It was a wonderful experience for all the students involved who were exemplary in their behavior on the night. They are now looking forward to similar type soirees, their next Exhibition (a Mexican Artist) in the Vision Centre in June they are already on the guest list!

Photos: Catherine O' Keeffe (Katie's Mum)

Mr Tom Pittam (Woodwork Teacher), Kieran Cashman, Pat Walsh(Store Manager),James Kennefick,Jennifer Connell,Barry Mc Sweeney (Sales Manager),Mark Lohan (Brooks Managing Director). Article on page 17

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JUNE 2014





The summer term is always very busy and here are some highlights from what we have been up to since Easter. Check out our website www.littleislandns.com to see more details.

Holy Communion

Our Holy Communion class made their First Holy Communion on Saturday May 10th. They were fantastic and we are very proud of them. Thanks to Fr. John Paul Hegarty for performing such a lovely, child-centred ceremony. Our Parents Association hosted a wonderful party at our school afterwards which was very much appreciated by all. Thanks to the staff involved for all their hard work and preparation as well.

Pictured here are the class with their teacher Mr. Robert Aherne and their SNA Louise Taaffe.

NAESP Visit

Representatives from The National Association of Elementary School Principals from America came to visit our school recently. They were in the country working with the Irish Primary Principals Network (IPPN) which is based in



Glounthaune. They visited some classes and enjoyed performances from our very talented children. They also discussed their experience of education in the USA and compared it with our system. We were complimented on our warm, welcoming, child-centred environment and atmosphere. Our students represented our school, their locality and their country very well and we are all very proud of them.

Pictured here are some of the NAESP Representatives with our Deputy Principal, Gillian Diamond, IPPN President, Brendan McCabe and IPPN Deputy Director, Virginia O'Mahony.

W.O.W. Day:

Wednesday May 14th was W.O.W. Day in our school – Walk on Wednesday. This is part of our work with The Green Schools Programme and our work to achieve our fourth Green Flag for Travel. We met in Eastgate, near the old PJ O'Hea showroom, and walked to school together. 178 children walked to school as well as some of their parents and school staff. It was a great success and we were delighted with the turnout. Thank you to all the parents who made the effort and took the time to let their children take part. Thank you to the drivers and workers around Eastgate who were very patient as we made our way up through the business park while they were trying to get to work.

Pictured here are some of the children and their parents at Eastgate before we walked to school on W.O.W. Day.

Enrolment Closing Date Notice

Parents, do you have a child starting Primary School in 2015 ?

Closing date for receipt of completed application forms is Friday 23rd January 2015. Contact the relevant school for more information:

Brooklodge NS: 021-4866044

Glounthaune NS: 021-4353645

Knockraha NS: 021-4866727 Little Island NS: 021-4354087

New Inn NS: 021-4866293

Riverstown NS: 021-4866233

Upper Glanmire: 021-4308885

Open Nights for the Parish Primary Schools of Glounthaune and Glanmire are as follows:

Thurs Jan 15th: Riverstown NS

Tues Jan 20th: Brooklodge and Upper Glanmire

Thurs Jan 22nd: Glounthaune & New Inn.

Coláiste an Phiarsaigh - All Ireland Champions !



Girls from Coláiste an Phiarsaigh who recently won the Girls 2nd Year All Ireland A League.

JUNE 2014

New Inn News

New Arrivals - Chicks

Students from New Inn School (6th class) put 20 eggs into an incubator and 9 under a hen. 21 days later, amid great excitement, the first chick hatched out. There are now 10 chicks altogether -varying in size. The breeds include Jersey Giants, Rhode Island Reds and White Leghorns. The first chick was named May, after Mrs O Regan's baby, who was born on the same day. Some of the other chicks were named Buddy, Nutella, Shadow, KFC & Snow White.

The chicks are a source of great enjoyment for the students as they take turns at 'chick patrol' which involves cleaning, feeding and bringing the chicks to the school sports field for some exercise. The students also take great care of the school's two hens.

Filip, a 6th class student stated that 'it was very exciting to see how many chicks would hatch – it was a tense week in school as we kept close watch on the eggs'. Nathan, another 6th class student said 'it was great fun watching the chicks hatch and now we get to bring them down the field for their exercise'.

Cork Primary School Sports

Our school athletes ran very well in Páirc Uí Chaoimh on Wed 21st May. They brought home 11 trophies. Alex O' Brien represented the school in the County Finals after coming 1st in his race. Congratulations to all involved.

Open Day

Our Open day for next September's Junior Infant students will take place on Thursday 5th June from 1pm - 2pm - we are looking forward to welcoming them all to our school.

Montessori Pre-School

Réiltín Beag is a new Montessori pre-school that will open on the grounds of New Inn School in September. If you have any queries please contact Aishling on 087 4145309.



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John Downey, A Student from Glanmire Community College making a presentation to Ambassador of the Slovak Rebublic to Ireland H. E. Dusan Matulay at the opening of the Slovakian Exhibition at the Cork Vision Centre. Picture, Tony O'Connell Photography.

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Andrew O'Sullivan -Gradam Cognis (Business)



Kasey Marnell - Gradam Mhair Çad Nº Mhaid°n



Conor Kiely - Gradam Boole (Mathematics)



Eoin Hedman - Gradam na RÇ-Shinsear (Fifth Year Student of the Year)



Jack Davis - Gradam U° Loinsigh (Boys Sports)



Louise Cashman - Gradam U° Chanainn (Music)

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Ana Cruceanu - Gradam na CÇad Bliana (First Year)



Shane Crowe - Gradam na Dara Bliana (Second Year)



Andrew Whyte - Gradam U° Luanaigh (Technology)



Kiran Shaju - Gradam Socrates (European Languages)



Louise Caulfield - Gradam na Tri£ Bliana (Third Year)



Mrs O'Flynn accepting State Examinations Award (Leaving Cert) on behalf of her son Brian



Luke Jeffers - Gradam Pharlaimint na mBan (Cultural)



Roksana Tomkow -Gradam Janssen (Science).



Shannon Croker -Gradam an Ghlaise Bhu° (Geography)



Charlie O'Connor -Gradam Sinsear (Sixth Year Student of the Year)



Audrey Byrne - Principal's Award



Alan Mannion - Gradam Fitzgibbons (LCA)



Arann Blake - Gradam Frank O'Connor (Literary)



Chloe Casey - Gradam Setanta (Girls Sports)



Orla Skillington - Gradam na hIdirbhliana (Transition Year)



Sophie Hayes - Gradam Fhionnbarra (Academic Award



Ciara Tobin - State Examinations award (Junior Cert)



Adam Horgan - Gradam Jonathan Herlihy (Humanitarian)



Sarah Murphy - Gradam De R¢iste (Art)



Ciara Delaney - Gradam Mhic Eoin (Home Economics)



Eoin Hedman - Gradam na RÇ-Shinsear (Fifth Year Student of the Year)



Ally O'Sullivan -Gradam Denis Foley (Environmental)



Gaeltacht Scholarships

Díograis award winners with Special Guest Daniel Kearney a past student and Mr. Mc Kelvey, Glanmire Community College.

JUNE 2014

DÍOGRAIS AWARDS NIGHT AT GLANMIRE COMMUNITY COLLEGE

The annual Díograis awards ceremony is one of the most vibrant and significant nights in the GCC calendar. It is a celebration of the students who show effort, enthusiasm and diligence in all aspects of their school life. The theme of this year's Díograis awards ceremony was "Aislíngí" (Dreams). The ceremony was presented by Ms Denise Mc Cormack and Mr Seamus Kennefick.

Inspiration for the backdrop came from stained glass windows which all around the world tell stories and storytelling. Stained glass windows in the course of the day are animated by changing light. Dreams are images of the mind and so the art students imagined pictures and considered possibilities. This project opened up the freedom to dream up, to go to dreamland, to be in a dream world. Young people's lives are full of possibilities and imaginings and this project presented a wonderful opportunity to express their creativity.

The guest of honour for the night was Daniel Kearney a past student at the college from 2002-2007. He graduated from UCC with a BComm and is now working with PwC (PricewaterhouseCoopers) and studying for his accountancy exams. Daniel started playing with Sars in 2007 and with Cork in 2011. His sporting achievements to date include: 1 Minor County Medal'07, 3 Senior County Medals '08, '10,'12 and The Fitzgibbon Cup Medal, UCC in 2012. During his speech Daniel commented "for me, growing up, I aspired to play senior hurling for Sars and Cork and to go to college. Luckily enough, I have managed to achieve my goals. It is only now on reflection that I realise, by having these dreams provided me with a focus, and allowed me to develop a disciplined approach to achieve them. Daniel concluded by giving the students present some advice "I would encourage you as students and young adults to set goals and objectives now, so that they will set you on the road of achieving your dreams.

Management and Staff extend their gratitude to the Díograis co-ordinators Ms Deborah Coughlan and Ms Caroline Fitzgerald for all the work they put in to make the night such a success. Special thanks also to the musical director Ms Ann Mannix, artistic co-ordinator Ms Jean Bennett and Ms Adah Lynch, also Mr Alan Kelleher, Mr Dominic Foster and Dave Murphy who each had a role to play in enhancing the experience of the ceremony.



Kelly, Philip, Lilli and Conor with Colette and Trish at Martina's Playschool at Glanmire Community Centre.

Ask Your Pharmacist

with Keith O'Hourihane, Superintendent Pharmacist keith@pharmacyfirstplus.ie

pharmacy/urstplus



It's amazing how everything runs in cycles. Last year, (to my dismay!!) I was working for the June Bank Holiday Weekend. I have one prevalent memory from that weekend, being asked about hay fever and pollen.

It seemed as if everyone in the area was fixated on this, especially given the fortuitous weather we experienced last year.

The wheel has turned and it is that time of the year again. Last year's advice is long forgotten yet I am still



getting the texts and phone calls from family and friends asking whether the out of date tablets will cure their sneezing!

The reality is that hay fever can attack at any time of year, as can any of the other seasonal allergies, depending on the species of pollen you are allergic to. There are a whole range of treatment options available too!

If the tablets haven't worked for you in the past we now have nasal sprays that are highly effective, as well as eye drops too. These can work wonders as they act locally on areas where the tablets find it hard to get too, such as the eyes!

The key to effectively tackling seasonal allergies such as hay fever and other pollen associated conditions is information! For more information on these products or anything else call in and ask your Pharmacy First Plus Pharmacist!

Keith O Hourihane

Superintendent Pharmacist *Pharmacy First Plus* keith@pharmacyfirstplus.ie

Want to ask your Pharmacist a question? Email darren@pharmacyfirstplus.ie

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pharmacy furst plus

Simon Morgan celebrating his surprise 90th Birthday with his family and friends at Sarsfield Hurling Club







Simon Morgan blowing out his the candles on his special cake.



Denis Hurley and friends who attended Simon's Surprise Party

GLANMIRE PARISH NEWS

Mass of Healing and Reconciliation organized by Safeguarding Service of Cork & Ross and the Munster Survivors Support Service was held at Joseph's Church Wilton during May. After this Mass, a new national organization Towards Peace, was launched. Towards Peace offers spiritual support to those whose Faith has been damaged by abuse and who wish to continue searching for meaning and God. See www.towardshealing.ie

Youth 2000 Munster Retreat was also held in May - All 16 to 30 year old's were invited to the weekend of prayer, music, discussion, friendship at Myross Wood Retreat Center, Leap, West Cork. See www.youth2000.ie

The last pre-marriage before the Summer break will be held on 21st June in Naomi, 119, Patrick Street, Cork. Tel 021-4272213

May God bless the children of our local schools who received the Sacrament of First Communion and Confirmation recently.

There was the annual Mass and blessing of graves at St. Catherine's Kilcully during May.

A big thank you to the Grotto Committee and all involved and who participated in the Grotto procession in Glanmire in May. It is such a wonderful tradition an expression of the Faith of the parish.

A big thank you to the St. Joseph's choir and all involved in the Easter Ceremonies for making the week so prayerful and special.

On Good Friday we had Stations of the Cross from St. Joseph's church through Riverstown and on to Glanmire to St Mary and All Saints on Church Hill. This is an annual public and ecumenical celebration. Thank you to all who helped and attended.

The St. Vincent de Paul group thank parishioners for their continuing generous support - all proceed go to help those less fortunate in our parish.

The Parish/Diocese is asking people interested in the Permanent Diaconate to contact either the parish or Fr. Bertie O'Mahony at Parochial House, Model Farm Road. 021-4346940 / 087-2519940. For more information see www.corkandross.org Le gach dea-ghuí, Tim Murphy

Some important sources of help are:

1Life Suicide Prevention Helpline (24 hour) 1800 247 100
SouthDoc (out of hours Doctor) 1850 335 999
Samaritans (24 hour) 1850 60 90 90
Samaritans (text) 087 2 60 90 90
Teen-Line (8pm to midnight)1800 833 634
Childline (24 hour) 1800 666 666
Seniors Helpline (10am-4pm, 7-10pm) 1850 440 444
Aware (Depression awareness) 1890 303 302
GROW (Mental health support group) 890 474 474
HSE Farm & Rural Stress Helpline (6-10pm) 1800 742 645
Ambulance/Gardaí/Fire 999/112
CONSOLE Suicide Bereavement Support 1800 201 890
Irish Friends of the Suicide Bereaved 021 431 6722
Coisceim low-cost counselling (9-5pm Mon-Fri) 021 4666180
Pieta House, Cork 021 4341400
Youth Suicide Prevention Ireland www.yspi.eu
Teen Mental Health www.letsomeoneknow.ie
Help reduce Suicide, Depression (facebook) ÓLáGoLá



087-6490655

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Bags, gloves, litter pickers etc. available - contact: 087-6490655

JUNE 2014



The Glanmire Area Community Association is very excited about the launch of our new Web site. The web site will feature up to date information on matters and events happening in the local area, photos, articles, an activities calendar and much more. We hope to have it live within the month.



Glanmire Community Garden

As we head into high summer our garden is doing very well. The hard work we did during early spring is now coming to fruition. The huge selection of vegetables and flowers are healthy and handsome looking. The lupin spires are standing tall and add colour, now that the spring bulbs have done their business. On the vegetable front, the potatoes look great and the tomatoes are doing well in "gro" bags. Onions, lettuce and spinach are ready to harvest. Garlic and chilli seeds which Raffaela brought from Italy are

happily growing in the polytunnel. Liam, our newest member, planted carrots, radishes, coriander and mint from seedlings which he brought along one Sunday morning. Liam also did a great job with the strimmer and thanks to him the garden is neat and tidy looking.

Again we remind you that everybody is welcome in the garden. It is open on Sunday mornings at 9:45 and on Monday and Thursday evenings at 5:30. Contact Riverstown Community Centre

Community Games County Finals: ATHLETICS

The county finals of the athletics events will take place at the CIT TRACk on Sunday June 22.

Nominations are now being made from the schools and the new athletics club will pick the final team. We are allowed 2 entrants for each event. Events cover girls and boys u8 to U16 age groups.

Any one who is interested and attending schools outside Glanmire should submit their details to the community association office (021-4821333).

A list of all events were printed in the community news in the March issue and are also available in the community association office or on line at www.communitygames.ie

Any adults who would like to help on the day should give their name to the community association office. The events will start with the relays at 10.30 am and finish at 2.30pm.

Thanks to all who help MICHAEL BURNS 087/2597023



Congrulations to Barry Looney from Meadowbrook who will represent Glanmire in the over 60's talent competition in City Hall on June 8th Best wishes from all in the Community Association and the active retirement grou p. Tickets available from Carol 4821333 €15. Photo Tom Doherty

"Highly Strung"

Engage in an elegant and intimate soiree at FOTA HOUSE

Fans of all-female, Kildare-based quartet, Highly Strung, will be delighted to hear that the group are returning to Fota House for their 4th Annual Concert on Friday, 13th June, at 8pm.

"Highly Strung has a distinctive sound with a quirky perspective on the classics and a rich repertoire of classical and contemporary music from Caccini to Coldplay. As Angela O'Toole, mezzo-soprano of Highly Strung says "The drawing room at Fota House is magnificent and the acoustics are superb". Their unique musical combination and quirky arrangements of Traditional, Classical and Contemporary music makes for an unforgettable evening. A magical evening is guaranteed, a treat not to be missed.

Spaces are limited so prior booking is recommended.

As is customary at Fota House, a complimentary glass of Wine will be served at the interval.

Venue- Fota House, Carrigtwohill, Date: Friday 13th June

Time: 8.00 pm Tickets: €20.00

To book please call Fota House – 021 4815543



021 482 1333

JUNE 2014

10'5

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Frances Nolan NCC, LCCH, M.I.CH.POD.ORG *Gift Vouchers Available*



More than 7000 secondary school pupils across Transition Year and Fifth Year attended UCC on Thursday 10th April for the annual spring open day for secondary schools. It has been the busiest year to date for UCC. Students from Glanmire *Community College;* Rebecca Murphy and Erin McCarthy at the University College Cork open day for prospective students. Photo Donagh Glavin

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MURPHY CONDON Blackpool 4220019 Glanmire 4821788



39 Marwood Avenue, Glanmire



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Dromana. Barnavarra Hill. Glanmire



17 Hazelwood Close, Glanmire

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FOR SALE Ard Mhuire Kilcoolishal Glounthaune

6 Annmount Glounthaune



OR SALE Clykeel, Rathcormac

FOR SALE 16 Elmgrove,

FOR SALE Ballinamoderee, Glanmire



FOR SALE Combermere Lodge, Glounthaune

Property required for **Sales & Letting** in the following areas;

Glounthaune Little Island Grenagh Tower Blarney Cloghroe Iniscarra Glanmire Waterarasshill Montenotte Mayfield **City Centre** Ballyvolane **Killeens**

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Don Murphy

Frances O'Brien

Have you had



Iris McCarthy

Jean Shanahan

Glanmire 482178



Selling/Valuations/Letting 021 4220019 / 021 4821788