



# GLANMIRE Area News

www.glanmireareacork.com | glanmireareanews@gmail.com | 086 8294713 | July 2016

Available: Mayfield | Upper Glanmire | White's Cross | Watergrasshill  
Glounthaune | Little Island | Carrigtwohill | Lisgoold | Carrignavar | Whitechurch | Knockraha

**6000  
FREE**



John Meade (2nd),  
Alan O'Shea (WINNER),  
James Grufferty (3rd)



## Glanmire Road Race

Sharon Rynne (2nd),  
Una Murphy (WINNER),  
Dolores Duffy (3rd)



## Joe Organ Auctioneers



THINKING OF SELLING?

GET THE BEST PRICE  
FOR YOUR PROPERTY

FREE & ACCURATE  
VALUATION

Call Joe 086 6013222  
or Rena 086 3996196



CRASH REPAIRS LTD.



Let us take the stress  
out of that "Tip"

Tel: 021 4824564

Mob: 087 1351427

www.acrcrashrepairs.com



We work for all Insurance companies as well as private individuals

Sallybrook, Glanmire, Cork.

**educogym®**

**CORK'S NUMBER ONE.**

www.educogymcork.ie



Unit 22, Penrose Wharf,  
Penrose Quay, Cork.  
Tel: 021 450 5355  
penrosewharf@educogym.com

Unit 1, Brooklodge Business Park,  
Glanmire, Co. Cork.  
Tel: 021 486 6920  
glanmire@educogym.com

OPENING  
SOON

**Fastest gym** in  
the **WORLD** to date  
for results in 20  
minute sessions.

Main Street, Ballincollig, Cork.

The difference is we deliver





# live happy

with  
Slimming World



Glanmire GAA  
football club  
near Brook pub

Every Saturday  
@ 9am & 11am

New & existing members welcome  
Contact Lorraine on 085 1931790

www.slimmingworld.ie  
**085 1931790**

*Slimming*  
WORLD  
touching hearts, changing lives

Unit 2G, Crestfield Centre, Glanmire, Co. Cork | Tel: 021 4820588 | Email: info@tanandtone.ie



## Tan 'n Tone

Tanning, Vibro-plates, Beauty Treatments and Weight Loss

Sole Distributor of UK No.1  
Chocolate Banana Slimming Tablets

Monday-Friday  
12-8pm  
Saturday  
12-6pm



Commercial Sunbeds all re-tubed

www.tanandtone.ie | www.chocolatebanana.ie

## Golden Lily

Asian Street Food now Available

*Orla Dunlea*  
Graphic Design Service

- All Advertising
- Marketing Material
- Logos, Business Cards
- Stationery
- Signs, Posters & Flyers
- Cards & Invites



orladunlea@eircom.net | 087 1261571

GLANMIRE  
**Area News**

**Contact Details**

If you would like to receive a digital copy of  
Glanmire Area News please send an email to:

Email: glanmireareanews@gmail.com

Sales Mick: m: 086 8294713

Production & Design: Orla Dunlea Graphic Design m: 087 1261571

*Orla Dunlea*  
Graphic Designer



orladunlea@eircom.net | 087 1261571



# Are You Living With **SCIATICA OR BACK PAIN...** When There Is A Non-Invasive, Drugless Solution?



Having back and sciatic pain is a miserable – even crippling – condition.

You might not be able to play golf, work, or even sit in the car for a 30-minute drive. It's almost impossible for anyone around you to understand how you feel. You can't remember the last time you even had a restful night's sleep.

You may have a condition called "Sciatica" if you're suffering from any of these annoying conditions. Sciatica is a compression of the sciatic nerve, usually by an L4 or L5 disc herniations.

Nothing's worse than feeling great mentally, but physically feeling held back from life because your back or sciatica hurts and the pain just won't go away!

## Do You Have Any of the Following?

- **Sharp pains in the back of the leg**
- **Lower Back Pain**
- **Herniated/bulging discs**
- **Numbness or soreness in your legs**
- **Shooting hip or thigh pain**
- **Muscle spasm, sprains & strains**

Fortunately, if you are suffering from any of these problems, they may be relieved or eliminated with chiropractic adjustments.

## "What's The Chance This Will Work For Me?"

Chiropractic has been around for over a hundred years, and has been used to help everyone from tiny babies to the elderly.

Even top sports stars and entertainers like Tiger Woods, Venus Williams, Pádraig Harrington, Bradley Wiggins, Gisele Bündchen and Madonna.

These professionals have the money to hire any kind of doctors they want, and they choose to have a chiropractor on their team.

## Here's what just one of my patients had to say:

**"I can't believe how much I have improved and can tolerate more treatments and exercises. My quality of life is so much better and I get a full night sleep now. It has taught me how to rest, look after my back and sit up straight. At the same time, I have freedom from pain and a lot more movement."**

**M.S. 19-04-2016**

This means in just a matter of weeks you could be back on the golf course, enjoying your love life, or traveling again.

## Feel the Improvement – and Say "Yes" to Life Again

With my "Back Pain And Sciatica Evaluation" we'll be able find the problem and then correct it.

Think of how you'll feel in just a few short weeks.

See and feel your life change for the better. Start your body on the way to pain-free, normal living. Feel tight joints rest, relax, free up. Feel muscles tied in knots become more supple. Feel strength in your muscles increase.

As you begin to see motion returning to your joints, you're preventing and reducing chances of disability and a crippling future.

## The Single Most Important Solution To Your Sciatica and Back Pain

It's time for you to find out if chiropractic will be your sciatic and back pain solution.

For 14 days only, €60 will get you all the services I normally charge new patients €295 for!

What does this offer include? Everything I normally do in my new patient evaluation.

- An in-depth consultation about your health and well-being where I will listen, really listen to the details of your case.
- A complete neuromuscular examination.
- A full set of specialized x-rays if needed. (NOTE: These would normally cost you up to €245).
- A thorough analysis of your exam and x-ray findings so we can start mapping out your plan to being pain free.
- I'll provide answers to your questions, like...

...which position, mattress, and pillow you should use for a good night's rest.

...how to exercise the right way so you aren't making your pain worse.

## Don't Let Your Sciatica Get Worse

Untreated, sciatica can lead to a loss of muscle strength and muscle size that may be irreversible. Eventually, there can be problems with gait.

Sciatica can be successfully treated. You can recover. Healthy, pain-free living should be yours.

Call today and we can get started with your consultation, exam and x-rays as soon as there's an opening in the schedule.

Our office is called Glanmire Chiropractic Clinic and you can find us at Eastcliffe House, Glanmire. (Over the bridge next to AIB Glanmire)

To avail of this offer just tell the receptionist you'd like to come in for the Back Pain And Sciatica Evaluation before July 14th, 2016.

I look forward to helping you get rid of your pain so you can start living a healthier, more joyful life.

*Sincerely,  
Dr. Eric Kelly, D.C.*

**P.S. You've got too many dreams left undone. Too many special moments waiting to be experienced. Life is too short to let pain slow you down.**

Don't live another day like this. Call and schedule for your evaluation. 021-4824450.





Hazel and John Sweetnam at the Field of Dreams stand at Cork Summer Show. It's been a busy time at Cork Summer Show for those of us supporting the Field of Dreams project of Down Syndrome Cork.

We'd like to raise awareness of our horticulture training and employment project for adults with Down syndrome and also two of our volunteers from

Glanmire; Hazel Sweetnam and her son John. John is a member of the Board of Down Syndrome Cork and they are both great advocates for the Field of Dreams Project to commence shortly in Curraheen.

More info on site  
**[fieldofdreamscork.ie](http://fieldofdreamscork.ie)**



Mark Looney and Leo Lynch wait for the start of u8 sprint at the Community Games Cork finals. They dead-heated for 3rd place



Glanmire team with their Bronze medals Ciara Murphy (Sarsfield Court) Orna Hawe Levy (Old Avenue) Joshua Grainger (Fernwood) and Ciara Rice (Glencairn)



Robbie O'Halloran (Silver) and Sharon Xavier (Gold) with their medals. Sharon will now represent Cork in the all Ireland finals in Athlone in August



## Mindfulness Course

Many people use mindfulness because they find it reduces stress and gives them a greater sense of control over their lives. Mindfulness helps people to get more enjoyment out of their good times and to handle their bad times better.

**6 week course in Glanmire €30**  
**7.30pm Tuesdays commencing**  
**in September 2016**

Please text "glanmire course - sept" with your name and contact details to 087 9370806.

Places limited to 20 – Early booking advisable.

## NEWS & EVENTS

### Glounthaune / Glanmire MEALS ON WHEELS:

Cooks urgently required for Mondays Wednesdays  
3 hours every 6 weeks. Drivers required for  
Glanmire, Brooklodge, Riverstown area for  
Mondays, Wednesdays and Saturdays  
1/1.5 hours every 5 weeks.

**Contact: Pauline Walsh 4353557 or**  
**Mary Finn 4353893**

### GLANMIRE INDOOR BOWLS Community Centre, Riverstown

Wednesday Nights 7.30pm to 9.30pm

Over 18s, Males and Females welcome

**Contact: 021 - 4821333**



## FOR MORE ON GLANMIRE AREA INFORMATION

Travel & Local News Updates visit **[www.glanmireareacork.com](http://www.glanmireareacork.com)**

or contact Glanmire Area Community Association

Old Schoolhouse, Riverstown, Glanmire, Co. Cork. Tel: +353 (0)21 482 1333

**MONTHLY MEETING - 11TH JULY @ 8.30PM**





# The Bike Fix

GLANMIRE



## LOCAL BIKE REPAIR SERVICE

**NOEL LINNANE**

087 2327159

noel@thebikefix.ie

www.thebikefix.ie



CYTECH QUALIFIED  
MECHANIC



## Diffusion Wear

Boutique



5 Old Court, Riverstown

Tel: 4822844

Open 6 Days & Late til 8pm Thurs/Fri

# THE "I CAN STOP PRETENDING I KNOW DIY" LOAN

## 6.5% APR\*

Representative example as at 01/02/2016;  
€5,000 loan repayable over 3 years  
156 weekly payments of €35.18  
Rate of Interest 6.3% p.a. variable  
Representative 6.5% APR  
Total Amount Payable is €5,487.78

**COME IN AND TALK TO US**  
or phone us on (021) 4821799

## GLANMIRE & DISTRICT Credit Union FIRST TIME LOAN

**WE LOOK AT THINGS DIFFERENTLY**

\*Loans are subject to approval. Terms and conditions apply.  
This loan is open to new members joining Glanmire & District Credit Union and to existing members that have not borrowed previously or that have borrowed from Glanmire & District Credit Union previously but who have not had a loan in the last 18 months i.e. previous loan is completed in full over 18 months from date of loan application. Glanmire & District Credit Union Limited is regulated by the Central Bank of Ireland.



glanmirecu.ie



## "NÍL AON GLEANNTÁN MAR DO GLEANNTÁN FÉIN" GLOUNTHAUNE NEWS BY "THE FOREIGN CORRESPONDENT"

# "ONCE UPON A TIME"

Tony Harpur writes excellent blogs on numerous subjects and his one on East Cork & Irish History, Ancestry & Heritage is special. Tony worked in Limerick for fourteen years but he has now returned to his native Midleton to pursue new opportunities. When in Limerick he also served as a week-end Docent, a volunteer guide / researcher, at the Hunt Museum and this led him to pursue an MA in the history of Art & Architecture. He was awarded a Certificate in Continuing Professional Education (Geology) in 2015, following a course conducted by the Irish Ancestry Research Centre. His research interests include history, especially local history, genealogy and family history, architectural history and art history. He says that the best birthday present that he ever received was a membership card for his local library! His blog relative to Glounthaune is most interesting; "Many Irish villages have origins lost in the mists of time but some are very clearly the result of someone's decision to create a village in a particular spot. This is the case with Glounthaune which is located about nine or ten kilometres east of Cork. Until recently all traffic for Midleton, Youghal, Waterford and Rosslare had to go via Glounthaune but the completion of the dual carriageway from Dunkettle to Midleton put an end to that. Traffic bypasses Glounthaune now and this allows it to slip into a new existence as a very desirable commuter village. The local community has set up a series of sign boards to illustrate and explain the history of the village which was only created in 1810 by the Falkiner family of Annemount, a local "big house". When I say "village" you must remember that it was a really small place. Firstly, Riggs Falkiner, then MP for Clonakilty and later MP for Castlemartyr, had a quay built in 1780 for the extraction of local stone and importation of coal. This quay extends some distance out into the waters of the inner reaches of Cork Harbour to ensure that vessels would not ground on the mud banks. The local parish priest, Fr. Murtagh Keane, had a chapel built there in 1803 at a cost of five or six hundred pounds. A village began to grow up around the quay and the chapel but in 1819 the local landlord, Sir William Falkiner, had some "superior dwellings" erected in New Glanmire to create a planned village laid out in a T-plan. Sir William's dwellings were given some of the highest valuations for ordinary houses by the Griffith Valuation; the houses or cottages were valued at £3.10 which was very high compared to the national average of £1.00. In the 1830s the village got a National School which by 1837 catered for some two hundred and fifty pupils. A new school building was erected in the village in 1901 which happily is still in use, but as a Community Centre, and the current National School is now located on high ground overlooking the village. In the meantime vast changes had taken place that affected not only the topography of the village, but also its transport links. The creation of the village led to the making of a new road on the shoreline to link Cork to Midleton and Youghal. However the only access to this road from Cork was still by way of the bridge in Glanmire. Up to this point the only route to the east from Cork was by boat, as Arthur Young experienced in the 1770s, or via the upper road from Glanmire which ran along the crest of the hills above New Glanmire. This road passed over what is popularly known as the "Dry Bridge", or Lackenroe Bridge. The bridge was constructed in 1811 by Sir Samuel Falkiner to provide a smooth road from his house at Annemount, overlooking Glounthaune, to Cork on one side and Midleton and Youghal on the other side. The ordinary people at the time didn't understand the word "viaduct" so the bridge was given its popular name. It still stands as one of the most famous features of the village.



Ballyhooley Church

The bridge also allowed the creation of a proper paved road down the steep hill to "New Glanmire", probably replacing an old trackway. The Lackenroe Bridge is still a landmark in Glounthaune and causes headaches for truck drivers who don't realise that their trucks might just get caught under the bridge. The most important changes came about in the late 1850s when the Cork to Youghal railway was built along the shoreline. The embankment to carry the track smoothened out the shoreline and created a series of "ponds" on the landward side. The line from Dunkettle to Midleton was completed by November 10th. 1859 and reached Youghal by May 1861. By that time the Cork & Youghal Railway Company had been amalgamated with the Great Southern & Western Railway, which proceeded to build the line linking Glounthaune to Queenstown (now Cobh) by 1862. In 1896 the line from Glounthaune to Youghal, via Carrigtwohill, Midleton and Killeagh was downgraded to a branch line, with the Queenstown line being upgraded to a main line. This was the route that so many Irish emigrants took to meet their passage to North America. The railway halt at Glounthaune was initially called New Glanmire Junction, and then it became Queenstown Junction in 1866, Cobh Junction in 1925 and finally became Glounthaune Station in 1994. With the final closure of the line from Glounthaune to Midleton and Youghal in 1978; Glounthaune became a mere suburban halt on the Cobh line. But the reopening of the rail link with Midleton in 2009 made Glounthaune a busy spot again since it was now possible to travel by rail from Midleton to Cobh and Fota Wildlife Park! One effect of the building of the railway was the demolition of the chapel built in 1803 and its replacement by a new building designed by George Coppinger Ashlin which was open in 1898. Ashlin recycled his design for the church at Ballyhooley for the church at Glounthaune, although it seems likely that the parish priest at the time specifically asked for this design. The Sacred Heart Church remains the

most distinctive monument viewed as one passes the village today. The original village was cut off by the railway line and a bridge was built to link it to the new road on the northern side of the railway. The church stands directly opposite the bridge, close to the site of the original chapel of 1803. One claim to fame that Glounthaune has is the rich planting of trees, especially conifers, from all over the world but especially from the west coast of North America – at times the place feels like parts of North California. These trees and other shrubs were planted by the occupants of the "big houses" such as Annemount and Ashbourne. Ashbourne House was the home of Richard Beamish in the late nineteenth century and he used the railway halt directly opposite his house for importing specimen plants for his gardens. No doubt the denizens of Fota did the same with their very own railway halt! Richard Beamish, scion of the brewing family that made up one half of the Cork brewers Beamish & Crawford, was recognised for his contribution to propagating plants when a poppy was named for him; *Meconopsis Beamishii*. With its sheltered position and sunny southern aspect; it is no wonder that Glounthaune became a favourite habitat for wonderful specimen plants from the late 1800s. Ashbourne was later acquired by the Hallinan family who ran the Avoncore Mills in Midleton, formerly Hackett's Distillery. The Hallinans' employed some of their mill workers to develop the gardens at Ashbourne; given that their mill was close to the railway at Midleton it was easy for such workers to get to Ashbourne to work there. The Hallinans' kept up the gardens and one would love to know what additions were made by them, but eventually they sold Ashbourne in the 1960s. It appears that the auctioneer removed some of the more valuable plants to Dublin before the sale of the house! The development of the house into a hotel secured its future, with the gardens being carefully maintained throughout these years. Sadly the closure of the hotel in the year 2000 and its current use as an asylum seekers reception centre means that the gardens are not properly maintained. The good news is that the grounds are listed for protection, so there's hope for restoring them! Well, the foregoing was developed with care and presented in detail and features information which heretofore has not been referenced. For example; Tony's advice that the railway halt at Glounthaune was initially called "New Glanmire Junction", and noteworthy also is the fact that the design of Glounthaune church is similar to the one at Ballyhooley. The church there, in the parish of Castletownroche, was dedicated in 1870 which was twenty eight years prior to the one at Glounthaune. Ashlin designed both and it is interesting to note it was likely that the then parish priest of Glounthaune requested the similar design.

### DID YOU FORGET WHERE YOU PARKED YOUR CAR?

Should you be the owner of a 01 D registered green VW Passat; your anxiety is over. It is pleasing to remind you that you parked your car on the shoulder of the public road at Glounthaune circa four months ago! It is therefore perfectly understandable that you may have also overlooked the fact that the discs on display show that the insurance expired in October 2015, and the tax in January 2016. However, the good news is that your NCT disc is

valid until January 2017. You may now wish to have an immediate re-union with your vehicle and may be anxious to do so before



the Gardai take an interest in same. Tog go beag é; the Gardai were advised of this on a number of occasions during the last few months but regretfully, as the "Seanchai" of old

said; "things rested so"! Anyway, who owns the car? – "It could be you!"

SLÁN ANOIS ©





# GLANMIRE AND DISTRICT SPORTS, BUSINESS AND COMMUNITY AWARDS LUNCH

held in Fitzgeralds Vienna Woods Hotel, Monthly Business Award recipient went to Spick 'N Span Dry Cleaners and Laundry Hazelwood Centre.

**SPICK 'N' SPAN DRY CLEANERS AND LAUNDERETTE** is the most recent winner of the Business Awards Section in the highly successful Glanmire Sports, Business and Community Awards, sponsored by Fitzgerald's Vienna Woods Hotel.

Mr. Michael Magner, Director of Fitzgeralds Vienna Woods Hotel (Main Sponsors) commended the latest winners of the Business Award category, Mr. Billy Black and Mrs. Joan Black, saying "We at Fitzgeralds Vienna Woods Hotel are delighted to be associated with this very successful Sports, Business and Community Award Scheme. This is our ninth year to be involved and we are delighted with the new initiative that has gone from strength to strength."

In September 1996, the creation of Spick 'n' Span was first initiated in Chapelgate, Ballyvolane and operated solely as a Laundrette. Since then, Spick 'n' Span has progressively developed into a larger, more prestigious business with the purchase of Spick 'n' Span in Hazelwood Shopping Centre, Glanmire in November 1999; which is now the flagship store. With this movement, Spick'n'Span laundrette offered the additional service of Dry cleaning resulting in a name change to Spick 'n' Span Dry Cleaners and Laundry.

Everyone who knows of Spick 'n' Span, would have been well acquainted with, or would have heard of the late Bill Black who founded Glanmire Ladies Basketball Club in 1982 along with current Club President Tim Murphy and a few others. The Club has prospered ever since both locally, nationally and internationally with superb underage and Super-league teams. Bill Black was the man who started off the business of Spick 'n' Span alongside his wife Joan and son Billy. The Black family, friends and employees all acknowledge how proud Bill would have been today with Spick 'n' Span winning the Glanmire and District Local Business Award.

Spick 'n' Span would never be where it is today without its hardworking, loyal and friendly employees. The Black family states that they have been fortunate enough to have staff that have been with them from the very beginning who have supported Spick and Span and have developed it into the business it is today. To the employees of Spick'n'Span, past and present, Billy and Joan acknowledge that they have been the company's greatest asset and for that they are ever thankful. They consider all of their staff part of the close knit 3rd generation Black family that operate Spick 'n' Span.

Spick 'n' Span has been continually developing throughout the years to improve its service to all its customers. Spick 'n' Span Glanmire has undergone extensive renovation and extensions to cater for all its customers' needs.

Throughout the years, Spick 'n' Span has employed over thirty local people from Glanmire and the surrounding area. They have offered past services such as contract cleaning and work and carpet cleaning. Today the services of dry cleaning, laundry, rolling and surface rug cleaning, cater for local churches, restaurants, hotels, schools, sports clubs and of course the local Glanmire community.

Spick 'n' Span prides itself in its services and always strive to offer a personal approach to their customers. Billy, the main man that operates Spick 'n' Span today alongside Joan, would like to thank everyone who has ever supported Spick 'n' Span. Spick 'n' Span is a family owned and operated business with a real dynamic team and vision that strives for progress and development.

The business would like to thank Fitzgeralds Vienna Woods Hotel for offering this awards lunch today, and everyone involved in nominating Spick 'n' Span as this month's Business awards winner.

Finally Spick 'n' Span would like to thank all of their valuable customers for their constant support, and gives sincere thanks for your goodwill and loyalty throughout the past year, as they look forward to the future.



(Seated) Deputy Lord Mayor of Cork Cllr. Mick Nugent; Emma Black, Mr. Billy Black, Award Winner Joan Black, being presented with the Award by Michael Magner, Director, Fitzgeralds Vienna Woods Hotel, Sponsors; County Mayor Cllr. John Paul O'Shea and Madge Fogarty, Vice Chairperson Glanmire Community Association; (standing) Spick N Span Staff David Kelly, Ann Sheehan, Hasmin Carty, Lisa Collins, Sarah Black-Kelly and Grzegorz Schulz with Cllr Joe Kavanagh and Dermot O'Connell, Chairman Glanmire Football Club. Pictures: Gerard Bonus



Denis Hurley of Sarsfields Hurling Club celebrating his 83rd Birthday with Denis O'Donovan, Con Allen, Joan Black, Award Winner; Michael Magner, Director, Fitzgeralds Vienna Woods Hotel, Sponsors; County Mayor Cllr. John Paul O'Shea; Cllr. Joe Kavanaugh, Kieran O'Donovan, Cork City Council; Bob Lester, Noel Welch, Billy Black, Award Winner; Jack French, Dermot O'Connell, Chairman Glanmire Football Club; Deputy Lord Mayor of Cork Cllr. Mick Nugent; Madge Fogarty, Vice Chairperson Glanmire Community Association and Emma Black.



## GLANMIRE OPTICIANS

OPTICAL & HEARING CENTRE

### Eye-Examinations

### Children's Examinations

### Glasses/Sunglasses

### Prescription Sports Specs

### Contact Lenses



(021) 4823008



4A Crestfield Centre  
Glanmire







Charlie Wilkins



## THE JULY GARDEN

**SUMMER:** is the season of light. Generous amounts of sunshine now fall from the heavens and none more so than in very recent days. That touch of fire invited all growing things to leap into immediate fullness, and first to respond were the agapanthus which opened fully in shades of milky blue, with the darker forms following in quick succession. And then there are the pristine white forms. How magnificent these as they sway on their long flexible stems in the brightness as if welcoming delicious autumn!

Summer may inherit spring's passionate urge for growth but this year its early start was stolen due to cold nights and low light levels. Only now is the vegetation maturing into a deeper green growing thick and sturdy on shrubs and ornamentals. Flowers too are responding and their show will surely delight for another two months if not more.

**ROSE BALLING:** is a condition where rose buds not alone look slimy but they fail to open. Normally, when wet weather is followed by sun, the fused outer petals may dry out and scorch into a tight shell that prevents the buds from opening. To counteract this, water the base of the plants rather than over the foliage, remove balled buds promptly before secondary rot sets in, and try to increase ventilation (and air movement) by removing a few inner branches.

**ADD A FEW SPARKLERS:** to the summer border by sourcing sunshine yellow rudbeckias, red hot pokers, hot coloured penstemons and any of the glorious salvias which adore bright dry conditions. If blue is your colour rather than yellows and red, then introduce one or two tall Aconitum carmichaelii for this simply throbs in the autumn light. Excellent alternatives for August and later include the low growing, wonderful Aster 'Little Carlow' or Aster Calliope. These will escort you into autumn and come back to visit and delight year after year.

# NO SUCH THING AS A MAINTENANCE FREE GARDEN



This meticulous small front garden may look easy to maintain but just the opposite is the case. It takes time and effort to have the lawn, the neat shrubs and flowers all looking as if they were attended to on a daily basis. Visitors and passer's by will notice all, even to the upkeep of the property itself.

There are only two kinds of garden-yours and other people's. The garden that you are responsible for is the real one. It has your imprint, your choice of plants and total input in every respect, up to and including that chore many call 'maintenance'. However, the more I garden and the more I visit gardens, the more convinced I become that there is no such thing as a garden which is 'maintenance free'. Being multi-dimensional, maintenance really does matter, and the slow process of managing takes time and effort, even for those with tiny plots, who we may sometimes envy.

Maintenance, or the lack of it, is highly visible. It shows and it cannot be hidden. It is not confined to plants alone or how often the grass is cut. The way a garden is presented, I feel, counts in the end far more than an expensive layout or the choicest of plants ever could. Within the boundaries of your property, tidiness around the dwelling and on other hard landscaped areas is vital if you want to create a memorable first impression for visitors. Don't think for a moment that visitors won't notice your entrance gates whatever condition they may be

in, whether or not you have a house nameplate, or even the way the drive is paved. They will. It extends to the décor of the property along with any nearby outhouses. That's apart, as I have said, from any lack of maintenance to trees, shrubs, and border plants, the quality of the lawn or how it is edged. In the end of course the visitor is more likely to take a keen interest in your plant content and how you managed and maintain them! But all gardeners I feel really do try to set high standards (and most succeed) and this is what makes going to other people's gardens so enjoyable! You can make comparisons, find inspiration, and notice how things can be done, or shouldn't be done. There's an absurd enjoyment in comparing someone else's plants (and garden surrounds) to your own, and of not being obliged to understand why the lawn or flower beds have not been set in a style and fashion after your own. The best thing of all about garden visiting is that your own garden never looks so good as it does when you've just got back from looking at someone's else's!

And yet, adopting high standards is not the real answer to successful gardening,

it is in knowing what you can get away with it that counts! Once mid-summer has passed, tidying and cutting back becomes critical if the garden is not going to take on that middle-aged spread appearance. By August, clumps of catmint for example can be sheared to remove faded blooms thus allowing the plant to put out some welcome fresh growth. Siberian iris which flowered in June can be dramatically reduced, so too early-flowering hemerocallis, lady's mantle (before it seeds everywhere) untidy-looking fennel, all violas, faded rose blooms, even the tatty and badly-holed leaves of slug-eaten hostas. Never ever be downhearted by failures, they happen to everyone and they're rarely permanent. Try that rose again, or the wisteria, scented daphne 'Jacqueline Postil' or the latest in perennial Salvia which need no watering or supports. Always look ahead, never backwards. Forward planners and forestallers of disaster will always have the best borders as the seasons come and go like the tides. When their work is finished, they wash their hands and pray, for the glory of the garden that it may not pass away too quickly.

**HEDGES:** should be trimmed towards the months end so that by late September fresh growth will have covered any unsightly stubby growths you create. Don't delay longer than the end of August. When a few plants in a hedge die for no particular reason, examine the roots to see if they have developed a disease such as honey

fungus or phytophthora. This last named fungal disorder (which attacks griselinia and other hedging varieties) is pronounced fi-toff-to-tora. Blackening of the roots and at the base of plants are sure signs of attack. There is no chemical cure for this. Peel back the bark from the thicker roots and look for a white fungus and black strands-honey

fungus. There's no cure either for this so remove diseased plants and burn. Fungal disorders are not always to blame for hedge losses. Sometimes when you remove a suspect plant, check to see if the roots are constricted and coiled which may indicate that the plant failed to establish in the first place. To prevent this happening again,

tease out the roots before planting. In fact all plants should have the root system at the base of the plant teased out gently before planting. As ever, laurel is best cut with secateurs to avoid chopping leaves in half and producing a tattered, untidy appearance.





## Children at Glanmire



Colette O'Brien from the Glanmire Library Crochet Group with her stunning quilt.

## Garreth Fitzgerald **CRASH REPAIRS**

- Panel Beating • Spray Painting
- All Bodywork • Low Bake Oven
- Insurance Claims Handled
- Chassis Alignment



Unit 2, Pat Dwyer's Ind. Estate,  
Glanmire, Co. Cork  
Contact Garreth Fitzgerald 086 3787758

## Pat Geaney

### Lawn Mower Sales & Service **OPEN 6 DAYS**

**Mon. – Thurs.**  
9.00a.m. – 8.00p.m.  
**Fri. & Sat.**  
9.00a.m. – 6.00p.m.

Your Lawn Mower Man 52  
weeks of the year.

[www.thelawnmowerman.ie](http://www.thelawnmowerman.ie)



**021-4822465**

Brooklodge,  
Glanmire, Co. Cork.



### We provide a wide range of Services

- Grass Cutting & Hedge cutting
- Shrubs & Trees Supplied & Planted
- Maintenance & Clean-ups
- Power Washing Gutters & Drain Cleaning
- Lawns Laid -
- Fencing (Timber & Concrete)
- Patio & Decking

Free Quotations

Contact Declan  
M: 087-2079978  
P: 021-4866572

## GARDENING

Lawns & gardens cut.  
Overgrown gardens  
cleared. Houses, out-  
houses & yards cleaned

REASONABLE RATES.

PHONE J.J

AT (021) 4822458



Contact Patrick  
087-9911-017



**A COLLINS**  
GLASS & GLAZING  
086 4044665

## ALF COLLINS

Glass & Glazing  
Window & Door Repair



- Emergency Glazing Repairs
- Fogged-up Double Glazing
- Broken Glass
- Hinges and Locks
- Patio Wheels
- Draught Problems
- Tabletops/Mirrors
- Upgrade your Existing Windows to A-Grade Insulated Glass

**A COLLINS**  
GLASS & GLAZING  
086 4044665





## Erins Own Hurling & Football Club Caherlag, Glounthaune, Co. Cork.

**Lotto Results:** For Wednesday the 15/06/2016 no winner this week, Numbers drawn were 1,2,8 & 23, €30 to Timmy Lambe, Padraig Hegarty & Paul Carr, Next weeks Jackpot is €2,560, you can now play Erins Own club lotto on line on our website, Thanks to all those who support our Lotto

**Club Shop:** The shop will be opened on Saturday 10am to 12pm & Sunday 11am to 12:30pm, any queries or questions on stock or orders just drop an e-mail to Dara at erinsowngaclub@gmail.com or phone or text Michael on 086 8699145 or Kieran on 087 7787759

**CUL CAMP 2016** is on this year in the Erins Own GAA club on August the 8th to the 12th from 10am to 2:30pm  
contact Niall McIntyre on 086 8254232 for more details

### Senior Hurling Championship Erins Own 1-17 CIT 1-14

Blackrock was the venue for the first round of the senior hurling championship this year against CIT, the Rockies had the pitch in superb condition, but the rain hampered conditions in making it very slippery, Erins Own from the start looked the better side in this damp night but CIT never left us pull away even at half time there was only a four point lead for Erins Own & losing Kilian Murphy to a shoulder injury was a huge loss to the full backline Dara Twomey stepped to replace Kilian, the second half saw CIT up the pace & closing the gap,

with both sides exchanging points the sides were soon level with minutes to go, With Eoghan Murphy firing over 10 points in total on the night and the on form Cian O Callaghan finding the net in the dying minutes was enough for Erins Own to get over the line, Cormac Dooley, Cian O Connor, Kilian Murphy, James O Carroll, Eoghan Murphy and Cian O Callaghan played well for Erins Own.

**Team in Full:** 1. Shay Bowen 2. Cian O Connor 3. Cormac Dooley 4. Kilian Murphy 5. Jack Sheehan 6. Shane Murphy 7.

Cayhal O Mahony 8. Sean Kelly 9. James O Carroll (4 points) 10. Mark Collins 11. Stephen Horgan (1 point) 12. Kieran Murphy 13. Eoghan Murphy (5 points 4 frees 1-65) 14. Mossy Carroll 15. Cian O Callaghan (1 goal & 1 point)

**Subs used:** Dara Twomey for Kilian Murphy injured, James O Flynn for Kieran Murphy, Andrew Power (1 point) for Sean Kelly, Colm Coakley for Stephen Horgan & Patrick Fitzgerald for Cian O Connor injured.



Fe14 panel who played in the County A Championship Semi Final against Bandon



Thank you to everyone who supported this years golf classic, to our committee chaired by our main sponsor Mickio, to our sponsors thank you for continued support and also to Cork Golf Club for their hospitality.







## Scoil Inse Rátha

Little Island National School

[info@littleislandns.com](mailto:info@littleislandns.com)  
021 455 4087

### Little Island NS visits Áras an Uachtaráin:

Four of our pupils and two of our teachers were invited to a big event in Áras an Uachtaráin recently. The event was to commemorate the children of 1916 and we were invited because of our involvement in a consultation event run by the Department of Children and Youth Affairs earlier in the year. We are very proud of our children and of the way they represented our school.



LINS with President Higgins

### Flash Mob:

All of the children from Little Island NS descended on Eastgate to showcase our dance moves. We drew in a huge crowd of people wondering what was going on. The children were amazing and even some of the onlookers were joining in! Thank you to Fiona Twomey Solicitors and AIB for letting us take over the area outside their premises and a special thanks to Shane Cantillon and Spar in Eastgate for inviting us down.



Flash Mob

### Cork City Sports:

We had another very successful day at the annual Cork City Sports this year. We brought home several medals and trophies and even won an overall prize for winning the most races in our group. Well done to all the pupils who took part. Thank you to the staff members who helped to prepare the children and to all the supporters who travelled to CIT to cheer us on.



City Sports 2016



## Summer Reading Programme

Calling all primary school children to participate in this year's Summer Reading Scheme at Glanmire Library. The fun begins on 1st July and each child who registers for the programme will receive a Reading Card to record their progress and will then receive a stamp on their card for every book read. Loads more activities are available on the Summer Stars Webpages at [www.librariesireland.ie](http://www.librariesireland.ie)

Remember Library membership is now **FREE** to everyone so come on and join the Summer Fun.

Contact the library for more details;

**021-4821627**



Thinking of  
buying a new car?  
**162 C OLCCU**



With a car loan from  
Our Lady Crowned Credit Union,  
there are no hidden fees, no set up  
costs and no balloon payments.  
Own your new car today with a car loan  
from Our Lady Crowned Credit Union

Call us on 021-4504923, or  
Visit our website at  
[www.olccu.ie](http://www.olccu.ie)

## OUR LADY CROWNED CREDIT UNION LTD.

Main Office: 11c Silversprings Road, Mayfield, Cork.  
Sub Office: Wallingstown, Little Island, Co. Cork.

Tel: 021- 4504923 | E-mail: [info@olccu.ie](mailto:info@olccu.ie)  
[www.olccu.ie](http://www.olccu.ie)

*Your Loan...Your Way...*



[www.olccu.ie](http://www.olccu.ie)

**WE LOOK AT THINGS DIFFERENTLY**

Loans are subject to approval. Term and conditions apply.  
If you do not meet the repayments on your loan, your account will go into arrears.  
This may affect your credit rating which may limit your ability to access credit in the future.  
Our Lady Crowned Credit Union Limited is regulated by the Central Bank of Ireland.





# White's Cross GAA News

whitescrossgaa.ie

## Féile – Celebration time!

As we prepare this monthly report to meet the deadline for the Glanmire Area News, White's Cross GAA is buzzing with excitement as we look forward to a really exciting couple of weeks for our juvenile members. White's Cross GAA will be extending a céad míle fáilte to Hertfordshire GAA as we host them in the upcoming Féile, and immediately after that we host our fourteenth annual GAA summer camp – fun times all around! This year White's Cross Under 14 team have the huge honour of competing in Féile Peil na nOg. Féile is the biggest youth sporting event in Europe in 2016! It will be held across Cork, Kerry & Limerick this year with over 5,500 participants from over 250 clubs. Some of you out there might remember the last time White's Cross played in Féile – back in 1986. Back then we hosted Askeaton (Limerick) and also played Tramore (Waterford) and Salthill (Galway).

This time around we are really looking forward to hosting a team from Hertfordshire in the UK, who will arrive to us on the Thursday evening. We will play two matches on the Friday evening in Donoughmore against the home team and their visitors, Tullysaran, from Armagh. On Saturday morning we play Hertfordshire in White's Cross. After that we will have either a cup or shield quarter final, most likely in Kanturk and will be attending the Féile Parade in Kanturk on the Saturday evening. Depending on results we may have semi-final and final action on the Sunday.

The following morning, Monday, will kick off another week of Cúl Camp at White's Cross GAA.

## White's Cross 3-11 Bishopstown 2-9

Well done to all involved in this win in what was a most entertaining game of football in the City Division Junior B Football Round 2 clash played at Ballinlough. White's Cross started strongly with a few early points but were rocked by an early Bishopstown goal. However a fine surging run from Billy O'Hara saw him score a great individual goal 20 minutes in and this gave the Cross the momentum again. At half time we led by two points 1-8 to 1-6 with some fine point taking from both sides being a real feature of this encounter – scores from Dylan Burke and Don O'Connell were the pick of the crop for the Cross.

When Shane Cahill pounced for an early second half goal, after good work from Joe Cashman, this really put White's Cross in the driving seat as we led by 7 points. However the Town weren't going to lie down and only for some sterling defence work from Eoin Whooley, Padraig Murnane and Derek O'Connor this lead would have been much slimmer. The Town did finally get in for a goal and they smelled blood momentarily only to be rocked by a superb Bryan O'Sullivan equivalent immediately from the kick-out. For the remaining 15 minutes Kevin Buckley marshalled matters from his centre back berth to ensure Bishopstown had to work really hard to get through to Dave Buckley's goal but even then, Dave and his defence were up to the task and White's Cross held on for a well merited win.

Team: Dave Buckley, Padraig Murnane, Derek O'Connor, Eoin Whooley, Fearghal Reid, Kevin Buckley, Sean Twomey, Dylan Burke, Robert McElhinney, Shane Twomey, Bryan O'Sullivan, Billy O'Hara, Don O'Connell, Shane Cahill, Michéal Brosnan. Subs: Joe Cashman for Sean Twomey (24 mins.), Conor Kelleher for Brosnan (30 mins.), James Royal for Shane Twomey (48 mins.), Sean C Burke, Paul O'Donovan, Derek Royal & Seamas Reid.

## Some Under-Age Snippets

Our 4,5,6,7 & 8 year olds played a series of football matches against Carraig na bhFear recently. Special mention must go to our under 5 and 6 year old boys and girls who played their first game of football of the season – for most it was their first game ever! There was plenty excitement in the matches and end to end action, with family members on the side-line enjoying the endeavour of their young ones. They might not be the finished article just yet but they are certainly willing...! Thanks to Carraig na bhFear for travelling down to us this evening and we look forward to returning the visit sometime soon.

The 20 under 8 footballers that played in the Rebel Og Monster Blitz hosted by St Vincents, put in some really stirring performances in their blitz games – their parents, family members and coaches watching must have been very proud! The panel was



White's Cross Panel Féile Peil na nOg 2016 - Back L-R Senan Ryan, Daniel Kelleher, Patrick O'Hara, Conor Docherty, Adrian Buckley, David O'Connell, Sean Hannon. Front L-R Luke Murphy, Sean Twomey, Brendan Quain, Stephen Whooley, Danny Linehan, Jack O'Callaghan, Ethan Ryan, Harry Coughlan. Not included Aaron Wallace, Flonn Hickey, Jacob Hurley, Eolan Dill, Harry Buckley, Patrick Harrington.



Under 6 – One of our under 5 & 6 teams pictured with their opponents from Carraig na bhFear after their recent football game in White's Cross



U10 girls v BDillons – This White's Cross under 10 camogie team were in great form after their recent game against Brian Dillons

divided into 2 teams for the blitz style games with Grenagh, Shamrocks, Delaneys and St. Nicks amongst the opponents. We are glad to report that our youngsters battled bravely and with great energy in each and every encounter – and a fair bit of skill thrown in for fine measure. Thanks to St Vincents for hosting and Rebel Og for organising.

Our Under 10 team has also been out and about playing games during June also – one such game was a hurling game away to Carraig na bhFear, which saw the game preceded by the two teams parading around the field behind a piper. This age-group is also preparing to play a new league in the coming weeks. Equally our 8 and under 10 girls teams have been busy playing camogie games in recent weeks – Brian Dillons, Nemo Rangers, Ballygarvan and Passage have been some of the teams that we

have played across these two age-groups in the past month.

This is just a wee flavour of a small amount of the recent activity for our youngest teams at White's Cross GAA – other than the under 16 and 18 teams, whose competitions take a break to facilitate the Junior and Leaving Certificate, all our teams have been busy in action.

## White's Cross GAA Lotto Up-Date

Results from June 14th: Numbers drawn: 5, 13, 21, 27. No jackpot winner. Next jackpot €4150. Lucky dip 50 euro winners 1. Sheila O'Donovan 2. Bertie Turpin 3. Mark and Deirdre Shields Results from May 30th: Numbers drawn: 5, 7, 25, 14. No jackpot winner. Lucky dip winners: 1. Dan Walsh, 2. Cora Desmond and 3. Michelle Buckley.





## Glanmire ladies basketball Breakfast Fundraiser

Glanmire ladies basketball had a very successful Breakfast Fundraiser held at Fitzgeralds Vienna Woods Hotel. All pictures by Mike English.

We intend to make this an annual fundraising event; it was a novel idea given to me by Ms. Anna Geary, former Cork Camogie Captain and Cork Rose who has 3 All Ireland Medals. Her Club, Milford Camogie Club ran a similar successful event earlier this year.

We had 30 tables on the day which I feel was very good and will improve on it next year. We also held a very successful Quiz Fundraiser at Sars GAA Pavilion recently.

The Glanmire side will be further strengthened by the return of Ms. Clodagh Scannell for the forthcoming season and we are very hopeful of having Chantell Alford back in the squad for the new season. We honoured Mr. John Gately and Ms. Darina Gately for

their 19 years of unbroken sponsorship of the Club since 1997 at Vienna Woods Hotel and subsequently at the Montenotte Hotel at a Lord Mayor's Reception for Team Montenotte Hotel Glanmire on Thursday June 9th in the City Hall. The reception is to acknowledge Team Montenotte Hotel Glanmire's magnificent achievement in winning a Treble Double.

We also wish one of our leading players, Ms. Niamh Dwyer, the very best with her forthcoming nuptials. We are presently in negotiations with the new owner of the Montenotte Hotel Mr. Frank Whelehan and have confirmed our new deals for the season ahead with Glanmire Credit Union and Ryans' SuperValu Glanmire.

We also have Aine McKenna, Claire Rockall, Casey Grace and Gráinne Dwyer, along with Orla O'Reilly (formerly of Glanmire) as Captain in the Irish International Squad with Mark Scannell as Ireland's Head Women's Coach.



Madge Fogarty, Glanmire Community Association, Carmel Lonergan, Cork International Airport Hotel and John Buckley, John Buckley Sports attending the Team Montenotte Hotel Glanmire Basketball Club's breakfast fundraiser at Vienna Woods Hotel. Pictures: Mike English



Sean O'Sullivan, PRO Glanmire Basketball Club, Madge Fogarty, Glanmire Community Association, Carmel Lonergan, Cork International Airport Hotel and Patrick Shields, General Manager Middleton Park Hotel.



Pat Griffin, Neil Hurley, Eamonn Kelleher, Tom Darcy, Denis O'Donovan and Denis Hurley at the Sarsfields Hurling and Camogie Club's table.



Officers and members of Glanmire Football Club



Audrey Scanlon, Eve O'Mahony and Marie Breen



Stephen Patterson and Bernie O'Donoghue



Cllr. Mick Nugent, Deputy Lord Mayor, Juliet Murphy and Minister Dara Murphy T.D.





# Glanmire GAA Report



PROUDLY SPONSORED BY  
www.mcgfinancial.ie  
Tel: 023 8820748

## CHAMPIONSHIP ROUNDUP

The Glanmire Intermediates continued their championship campaign on June 10th when they took on St Finbarrs in Round 2, played in Brian Dillons. Despite an early goal from the Barrs, Glanmire did not panic, and a well taken goal from Kieran Kenneally ensured that all was to fight for early on. St. Finbarrs did enjoy more of the possession and made the most of it in the second half, as Glanmire tried valiantly to stay within touching distance. A Barrs penalty with 10 minutes to go looked as it it would condemn Glanmire to defeat, but a stunning comeback ensued as super sub Michael Cussen managed to score 2 goals and all of a sudden Glanmire were 2 points in the lead. The Barrs responded well though and scored 2 points to bring the game to extra time. They built on these points with a thundering performance in the first half of extra time, which Glanmire just could not respond to.

While it was an agonising defeat having been so close to snatching victory, many positives must be taken from the manner in which we came back and hopefully this never say die attitude can be reignited for the rest of the year. Glanmire now go through the back door to round 3, which is provisionally fixed for the weekend of July 16/17th.

## Best of Luck to Shane O'Driscoll

We would like to send our best wishes to our Cork Minor footballer Shane O'Driscoll, who will be part of the Cork Minor panel that will take on Kerry in the Munster Championship final on July 3rd in Killarney. No doubt Shane and his teammates will do the county proud, and hopefully we will have some silverware coming to visit Sallybrook in the not too distant future.

## Golf Classic 2016

Despite a dreadful day of weather, the Glanmire GAA Golf Classic was a huge success. Local golfers convened on Castlemartyr golf resort on Friday May 20th, and the team of Michael and Stephen Burkely, and David Keating were victorious on the day. A great day was had by all, and much needed funds were raised for the club.

We would like to thank all teams and sponsors who took part on the day, and also to Michael and Keith Hourihan of Glanmire Pharmacy First Plus who generously sponsored yesterdays Classic. A special mention must go to John O'Regan, who braved the elements on the day to run the Closest to the Pin competition on the 14th Hole. We would also like to thank all of those in the club, especially John McCarthy, who worked so valiantly to make this a success.

## GLANMIRE ROAD RACE 2016

Unfortunately the weather was similarly bad for the 2016 Glanmire Road Race, which took place on Wednesday June 15th. But again, a strong crowd attended to support the event, and close to 500 runners of all ages took part in the run. We would like to extend our gratitude and congratulations to all runners who participated in Road Race. Despite the terrible weather threatening to hamper the race, the strong turnout en-

sured that the race was a success, and a large amount of funds were raised for SAFE in Glanmire.

Well done to Alan O'Shea of Bantry Athletics Club who won the overall race, and also to Una Murphy who was victorious in the Women's category.

Again we would like to thank all participants who ran and we would also like to thank everyone who helped out on the night by stewarding on the track and also to those who catered for the runners after the race. Well done to all involved.



Runners during the 2016 Glanmire 4 Mile Road Race



Alan O'Shea who won the 2016 Glanmire Road race in aid of SAFE Glanmire



Una Murphy on her way to winning the women's race during the Glanmire 4 Mile road Race



Dave Keating and Michael Burkely who won the 2016 Glanmire GAA Annual Golf classic



*That's all for this month, and the best of luck to the Feile team in the national finals.*

*Is Mise Le Meas*

*Donal O'Spileain*

*Oifigeacht Píobliochta,*

*Cumann Peil Ghleann Maghair.*



Conor Murphy during IFC v St. Finbarrs





Lorraine Walshe, The Elm Tree, Lorraine O'Neill, Glanmire, and Holly Coughlan, EducoGym Ballincollig, pictured at our Annual Ladies Lunch in the Radisson Blu Hotel, Cork on Saturday, 11th June.



Irene Twohig, Caroline O'Driscoll and Sarah Cummins from EducoGym Ballincollig

## Sisters, Sisters



The Loughlin sisters, from left: Cissie (81), Mary (90), and Bridie (85), celebrate National Nursing Homes Week 2016 at Glyntown Care Centre, Glanmire with staff members, from left: Amy Murphy, Karen Kiely, and Patricia Donoghue. Both clients and staff at the centre went back in time to remember 'the good old days' of the '20s, '30s and '40s.

(Picture: Tom Doherty)

### GLANMIRE PARISH NEWS



[www.glanmireparish.ie](http://www.glanmireparish.ie)



Office: 021 4820654

#### PRIESTS OF THE PARISH

Fr. John Newman Springhill, Glanmire 087-2485684  
Fr. John Heinhold Springhill, Glanmire 087-1689292

#### PARISH MASSES & SERVICES

##### Vigil Mass:

6pm St. Joseph's Church

##### Sunday:

9am St. Joseph's Church  
10am St. Michael's Church  
10:30am St. Joseph's Church  
12 noon St. Joseph's Church

##### Weekday Masses:

Mon-Fri 10am St. Joseph's Church  
Thurs 9:20am St. Michael's Church  
Fri 9:20am St. Michael's Church  
**Adoration:**  
Monday 8:30-9:30pm  
St. Joseph's Church  
Thurs 10am-12 noon  
St. Michael's Church  
Friday 10am-10pm Pastoral Room

**Confessions:** After 10am mass Fri, St Joseph's Church

**Divine Mercy Chaplet:** Friday 3pm St. Joseph's Church

#### REMEMBRANCE MASS:

The annual Mass in Rathcooney Graveyard will take place on Tuesday 5th of July at 7.30 pm.

ALL ARE WELCOME

#### Parish assembly:

Our new parish Assembly has finished its formation and will be commissioned in the next few weeks.

*The members are as follows:*

Fr. John Newman, Fr John Heinhold, Peter Falvey (chairman), Claire Gibson (secretary), Tim Murphy, Niamh Buckeridge, Linda Cashman, Rachel Kelleher, Catherine McGovern, Catherine McPhilips, Doris Murphy, Maria O Keffe, John O Mahony, Loughlin Ryan, Kathleen Twomey, Carmel Cleary, Helen Harrington, Billy Meaney.

Thank you from the Society of St Vincent de Paul for the clothes recently donated. The estimated value of the clothing collected is 3,000 euro.

#### Marriage

CMCC Marriage Preparation Courses

If you are engaged and planning your wedding, why not book your pre marriage course at CMCC? Our courses book in advance so early booking is essential.

**Contact us on 021 4272277**

Remember "A broken heart can heal just as a broken ankle can"







# Lord Mayor's Reception for Sean O'Sullivan

A Glanmire man is set to be honoured by the Lord Mayor for his contribution to the community and sporting life in Cork.

Sean O'Sullivan has been head of a number of successful awards schemes in the city and county for the past 12 years, a feat which will be acknowledged in City Hall today, Thursday 16 June.

Having previously worked in the news, property and sport departments of the Irish Examiner, O'Sullivan left the newspaper for a career in auctioneering and from there he moved on to hotel management before taking up his current post as organiser of a number of sports awards in Cork.

Starting in 2004, O'Sullivan set up the Glanmire Sports Awards in the Vienna Woods Hotel which has since expanded to include Community and Business categories. The event is sponsored by Fitzgeralds Vienna Woods Hotel. From there followed the Southside and District Sports Award which are hosted monthly at the Cork International Hotel with Award Sponsorship by Gerald McCarthy Awards & Gifts and Media Partners RedFM\*, the Cork City and County Youth Awards in the Metropole Hotel under manager Roger Russell with Awards sponsored by John Buckley Sports and the North City & District Sports Award which began at the Ambassador Hotel and now takes place at the Maldron Hotel Cork with Media Partners RedFM and Award Sponsorship by Singletons SuperValu Hollyhill. Seán also co-ordinates the monthly Rebel Óg Award which is presented in the Clayton Hotel Silver Springs with Awards Sponsors Cummins Sports and Media Partners Irish Examiner and RedFM; this Awards Scheme originally took place at the Rochestown Park Hotel. The latest Awards Scheme is The East Cork Sports Star Awards which takes place at and is sponsored by the Midleton Park Hotel with Media Partners RedFM.

O'Sullivan is also the club Vice Chairman and PRO of Glanmire Basketball Club.

Speaking on being honoured by Lord Mayor Chris O'Leary, O'Sullivan said:

*"My love of sport led me to where I am now. I attended many different award ceremonies down through the years and always felt that these types of schemes we now have were needed for Cork. My parents, Donal and Mary O'Sullivan also contributed hugely to my passion; I attended my first All-Ireland Final in 1966 and it all began there.*

*"I am hugely honoured to be acknowledged by the Lord Mayor and am looking forward to continuing the proud tradition of the various awards schemes in years to come."*

Seán has been offered a post with an East Cork Auctioneering firm and is currently pursuing his licence.



Diarmuid O'Leary, CEO, RedFM Media Sponsors; Lord Mayor, Cllr. Chris O'Leary; Award Recipient Sean O'Sullivan, Madge Fogarty Vice Chairperson Glanmire Community Association; Deputy County Mayor, Cllr. Kevin Conway and Patrick Shields, GM Midleton Park Hotel, sponsors.

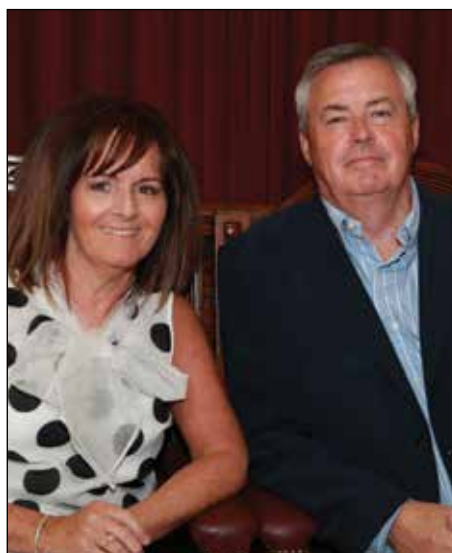
**All Pictures: Gerard Bonus**



Lord Mayor of Cork Cllr. Chris O'Leary presenting the award to Sean O'Sullivan for his dedication to Sports Awards.



Kay Dunne and Miriam Deasy CIT and Judge.



Ann O'Donovan with her husband Kieran O'Donovan, Cork City Council.



Gerald McCarthy, Award Sponsor and Tanya O'Sullivan, Senior Sales Executive, RedFM (Media Sponsors).





# Riverstown

Football Club

**Riverstown FC**  
 Email: riverstownfc@gmail.com  
 Website: www.riverstownfc.ie  
 Phone: 087 456 2094

*Your Community Club continues to grow and develop and this year has been no different.*

*We have seen great support from parents, players and coaches this year and we would like to thank all of them for the support. Without their efforts and hours of commitment and dedication we cannot bring soccer to our community.*

## SEASON ROUNDUP

**What a season.....rain, rain and more rain!!!!!! With all the match cancellations due to the weather the season that never seemed to want to end has finally ended. The only team still playing are our Senior Women's Team who play in the CWSSL Premier Division in their summer league. Best of Luck Girls!**

### Men

Despite all the rain it's been a tremendous year for our club. Last summer, in order to provide the opportunity for members of our club to continue playing adult football within our community the club took a momentous decision to start a Men's football section. Prior to us doing this, many of our players who had been with us since schoolboys had no option but to leave the club if they wanted to continue playing adult football. At the start of last season we put in place an experienced management team to run our adult section of the club and we are delighted with the progress that has been made in such a short time. For our 1st season we entered two adult men's teams into the Munster Senior League (MSL). One team went on to win MSL Senior Div 2 and our Junior team just missed out on promotion into the Premier division.

### Youths

Our youth section went from strength to strength this year. The U17's secured promotion to division one along with a great National Cup run that ended with a defeat in the dead of winter in Letterkenny. As for the U18s, having lead the Div 1 league all season, they ended up just missing out on promotion, proving that it is really hard to keep the momentum going with all the match cancellations due to the exceptionally bad weather this season. We look forward to seeing our U18 players making the transition next season into our MSL teams.

### Schoolboys & Schoolgirls

Our schoolboys and schoolgirls teams had a great season with four of our teams securing promotion, including our U12 Boys, U13 Boys, U13A boys and U16 girls. The U13 boys also made it to the last 16 teams in the

National Cup and have been promoted to U14 Premier, along with our U16 Girls that have also been promoted to the Premier Division next season which is a great achievement.

With the number of players that we now have coming through our Academy section, along with our dedicated and experienced team managers, the outlook for our Schoolboys and Schoolgirls League section of our club is very exciting.

### Academy (U7 – U11's)

The number of players in our Academy continues to grow which is a testament to all the hard work that has been put in by our committee and coaches over the last few years to provide a fun and structured environment for the boys and girls to learn to play soccer. Key to the success in our Academy is the number of parents that have made the commitment to getting involved along with the Club's support to provide the necessary training for coaches.

Our Academy will be back in September 2016 so if your child is born between 2005 and 2010 please come along and try it out. Equally, please let us know if you would like to help out with training.....coaching underage soccer and underage teams is both fun and very rewarding and is also a great way to make new friends in Glanmire.

### New Girls Football Academy

For this coming season we are looking to start a Girl's only Academy for girls aged from Under 7 to Under 12. If your child is interested please email us at riverstownfc@gmail.com

### New Players Wanted

As one season finishes we are already looking ahead to next season. We have spaces available within the club for new players, from our youngest Academy section born in 2010 through to our schoolboy & schoolgirl, youth's, senior women's and men's teams. If you are interested in playing for a growing, developing community based club then please make contact with us on the information above.



RFC Under 12 Girls



U13 National Cup Last 16

### Your Support

*Our Success as a club depends on our parents and supporters actively helping us out each and every week-end and we need your help. We want to be able to offer football to anyone and everyone who wants to play football but we can only do that with the help of Volunteers. If you have an hour or two a week to help us coach then let us know. We will support, guide and train you so if you have no experience then that's ok... if you provide the help we will provide the support.*

*If you are interested please contact us on:*

**Facebook: Riverstown FC**  
**Email: riverstownfc@gmail.com**  
**Website: www.riverstownfc.ie**  
**Phone: 087 456 2094**

**hazelwood**  
 dental practice **021 4866583**

Glanmire Shopping Centre  
 www.hazelwooddentalpractice.com

FULL RANGE OF  
 DENTAL TREATMENTS  
 FOR A HEALTHY SMILE

Josephine Griffin BDS  
 Margot Murphy B.Dent.Sc.  
 Marina Fuller B.D.S.NUL  
 Jennifer Mellerick (Hygienist)

SPECIAL OFFER  
 ON  
 TOOTH WHITENING

Serving the Glanmire Community since 1992.



Quality dental care in a relaxed friendly environment.

Opening Hours: **Mon - Fri 8.30am - 6pm**  
 Late evenings Mon & Tue - Saturday mornings by appointment.





# Gaelscoil Uí Drisceoil Clasaic Gailf



**Ar son Coiste Cairde na Scoile Gaelscoil Uí Drisceoil, ba mhaith linn ar mbuíochas a ghabháil le gach éinne a bhí páirteach inár Clasaic Gailf Bliantiúil, a bhí ar siúl ar an 27ú lá de Bhealtaine 2016 i gCúmmán Gailf Chorcaí, Oileán Bheag, Chorcaigh.**

The event was hugely successful thanks to our generous sponsors, including Irwins Pharmacy (Title Sponsors), our main sponsors DNG Murphy Condon, SK Construction, Willis Towers Watson, Absolute Security and Réaltaí, and a fantastic response in the number of teams who participated. Once again Cork Golf Club looked radiant in the bright sunshine that has become a fixture since the inception of the Classic and the worthy winners on the day were Damien Scott, Ray Lewis and Mark O Connor. The event has gone a long way towards raising the necessary funds for the schools new sensory garden which will benefit students for many years to come in the school. This year the charity 'double or quits' hole, which was generously supported by the golfers, was for the benefit of Muscular Dystrophy Ireland.

Indeed, May 2016 was an exceptionally busy month for Gaelscoil Uí Drisceoil on the golfing front. Following the success of local golf prodigy and pupil from rang 2 Seán Reddy, the school was visited on the 11th of May by European Golf Tour Championship Director Rory Collville and Irish golfing legend Des Smyth with The Irish Open Trophy in tow. A very informative Q&A session was held in the school hall for the pupils and was enjoyed by all.

Following this on the 18th of May, the principal and a selection of pupils and teachers were invited to attend the K Club on the day of the Dubai Irish Open Pro-Am, again thanks to Seán Reddy. The children, teachers, parents and Cárde Golf Committee members had a truly memorable day meeting the professional golfers and celebrities who participated.



Des Smyth (Dubai Duty Free Ambassador), Rory Collville (Championship Director European Tour), Siobhán Ní Chatháin (Príomhoide na Scoile), Fionnuala Ní Dhrisceoil (Leas-Phríomhoide na Scoile), Seán Reddy and pupils from Rang 2-6.



Padraig Harrington le daltaí ó Gaelscoil Uí Drisceoil ag an Irish Open ProAm, an K Club, Sraifáin, Co. Cill Dara.

## CLLR GER KEOHANE, GLANMIRE

CLlr Ger Keohane, Glanmire, is calling on the Transport Infrastructure of Ireland (TII) to relinquish the land in Brooklodge. CLlr Keohane has been in contact with the TII since the local elections of 2014, he has established that the land is surplus to the TII requirements, it is a five acre approx derelict site and is attracting anti social behaviour on a weekly basis. He says that this site would be ideal for the much needed and long awaited new Garda Station for Glanmire. Since moving to Glanmire in 1990 CLlr Keohane has been aware of the talks about a new Garda Station and people have been mentioning a Station well before he lived in Glanmire. The people of Glanmire have been promised a new station at every election for many many years now and it is now time that it happens, pre election promises have now got to be honoured. CLlr Keohane is aware of a legal battle between the OPW and a property owner in Glanmire, but

things have gone on for far too long. We all know the state of the current Glanmire Garda station, with the size and population of Glanmire we the people need a twenty four hour Garda Station, it is unacceptable that our station is opened for a few hours each day and our phone calls are diverted to the Mayfield Garda Station who are also under resourced. Through various TDs for this area CLlr Keohane has asked them to put a parliamentary question (PQ) into Dáil Éireann but finds it frustrating to say the least to get an honest and open answer. The previous Minister for the OPW Mr Simon Harris was unable to deliver a new Garda Station for Glanmire but CLlr Keohane who is hoping to meet the newly appointed Minister for the OPW Mr Sean Canney in the coming weeks to discuss whether it will be able to fulfilled the pre election promises. Let's hope for the best.



**Spick 'n' Span**  
**Dry Cleaners & Laundry**  
**021 4821456**

**Dry Cleaning:**  
Suits  
Dresses - wedding, communion, debs  
Christening gowns  
Curtains  
Rugs  
Laundry;  
Wash and dry  
Wash only  
Dry only  
Full linen service  
Duvets & Throws  
Sports gear  
Commercial tea towel service.

**Hazelwood Shopping Ctr, GLANMIRE**

*Serving the local community and businesses since 1998*



WATERGRASSHILL AC  
Est. 2013

#WGHAC

# A week of wrong turns...

The Cork City Marathon went off without a problem except for a mistake very early into the half marathon race where athletes were sent the wrong way, meaning an extra distance added to the entire race, a lot of unhappy runners as a result. Watergrasshill AC were well represented with over 70 members taking part in either the Full/Half or relay sections of the Marathon, with some great success.

Results from Full and Half Marathons

## Full

Dolores Duffy (500)	03:14:01
Eddie O'Connell	03:22:06
Liam Murphy (607)	03:22:45
Stephen Rooney (616)	03:23:06
Ken Crowley (1177)	03:23:12
Alan Daly (581)	03:23:50
Paul Keegan (1159)	03:31:56
Kevin Nash (1276)	03:39:12
Jim O'Keeffe (1241)	03:39:34
Brendan Coughlan (1144)	03:41:48
Steve Dunlea (1176)	03:47:21
Leslie O'sullivan (480)	03:52:28
Lisa Crowley (1178)	03:52:35
Barry Mccarthy (965)	04:17:00
Tracey Murphy (1076)	04:19:59
Wes Dennehy (1017)	04:24:24
Nessa Goggin (1079)	04:25:49
Andrea Houlihan (1148)	04:27:57
Valerie Lynch (1085)	04:31:47
Jason Lynch (1084)	04:31:47
Aisling Mc Evoy (1046)	04:40:42
Noel Prendergast (968)	04:42:43

## Half Marathon

Ian Wills (3668)	01:37:23
David Yelverton (3159)	01:40:35
Sean O'Brien (2039)	01:42:28
Michael Carey (3200)	01:51:05
Lynn O'Leary (3124)	01:52:26
Joe O'riordan (2646)	01:53:16
Ciara Magner (4415)	01:54:02
David Mullins (2362)	01:55:58
Aislinn Hurley (2066)	01:57:44
Claire O'Connell (2634)	01:58:01
Alan Foley (2635)	01:58:40
Bryan Flynn (3067)	01:58:49
Claire Carroll (3075)	02:00:29
Ross Fahy (3230)	02:06:03



Stuart Roche (2264)	02:07:03
Eric Foley (3338)	02:07:52
George McDonnell (2094)	02:09:20
Margaret Stack (3435)	02:10:17
Paul Forrest (3278)	02:13:33
Martin Landers (3919)	02:15:54
Tricia Joyce (3930)	02:17:29
Suzanne O'Neill (2457)	02:20:44
Anne Marie O'Rourke (2633)	02:30:50
Noreen O'Callaghan (2954)	02:41:36

Our men's team finished in 3rd place in the relay, while Dolores Duffy also finished 3rd overall in the Full Marathon Distance a fantastic achievement in running a PB on a difficult, hot and humid day.

Full credit must also go to the Couch2Relay group who only started running 8 weeks ago, culminating in running a leg in the 10th Annual running of the Cork City Marathon, a great

achievement for newcomers to the running scene.

The 2nd wrong turn of the week, ended up in Watergrasshill AC club member Bryan Crowley becoming a mini celebrity for a couple of days, appearing on Joe.ie and the Cork Business House Video being viewed over 60,000 views online. Running in 2nd place behind St Finbarrs and UCC athlete Ken Devine, late into the race Ken was misdirected and ended up 100 yards behind Bryan through no fault of his own. Bryan continued to run to the finish line, but waited for Ken to catch up and finish the race in 1st place. Sportsmanship at its best. Congratulations to club members Dolores Duffy and Gwen Conroy on coming home 1st and 3rd lady respectively in the Bartlemy 6K road race on Sunday morning.

We would encourage anyone who was bitten by the running bug after last weeks Marathon to come and join us any Tuesday or Thursday night from 7:30 in the Primary School car park.



Half Marathon Runners



Full Marathon Runners

## PRESS RELEASE - Dara Murphy, Europe Minister, praises Cork's innovative student spirit in Junior Entrepreneur Programme

Cork North Central Fine Gael TD and Europe Minister Dara Murphy says he is impressed by the entrepreneurial spirit amongst local primary schools, including Gaelscoil Uí Drisceoil, Glanmire and Scoil Chroí Rosa, Blarney, as they joined 600 other Cork national school pupils recently in the 'Junior Entrepreneur Programme (JEP)', showcasing over 40 different products.

The Junior Entrepreneur Programme is a non-profit project that runs 10-16-week courses for primary school children, teaching them all about the 'entrepreneurial spirit' and cover-

ing presentation skills, technology, research, problem-solving and brand awareness.

Europe Minister Dara Murphy, who started his own business while studying in UCC before he entered politics, said:

"It's inspiring to see the creativity and innovative spirit of these young entrepreneurs, who have been showcasing their products in the June Entrepreneurship Programme. Great examples include 1916 bookmarks, frames, key rings and cushions. The teachers also deserve special praise for encouraging their students to participate in the JEP, which can have

a transformative effect, helping to build pupils' confidence in their own ability, in taking initiative and also developing useful teamwork and presentation skills."

"Cork and Ireland have a bright future ahead, as our local pupils develop a passion for innovation and the skillsets needed to build their own businesses. Some of these pupils on the Junior Enterprise Programme may become our future business leaders, supporting job creation and economic development in Cork."





# Trades & Services

seai SUSTAINABLE  
ENERGY AUTHORITY  
OF IRELAND



REGISTERED  
**RGI**  
GAS INSTALLER

## CIARAN LOONEY HEATING & PLUMBING COMPLETE BATHROOM FITOUTS TILING - PLUMBING - ELECTRICAL

Mobile: 086 3557235 - www.clplumbing.ie

## O'LEARY PROPERTY MAINTENANCE

Commercial Domestic Rental

**086 3813795**

olearypropertymaintenance@gmail.com  
26 Ard Abhainn, Knockraha, Co. Cork



**SERVICES:**  
PATIOS, DRIVEWAYS,  
SMALL STONEWALLS, PAINTING,  
TILING, GARDEN DESIGN

Fully Insured



Professional Services & Fully Insured

Windows Cleaning, Exterior Doors,  
(INCLUDING FRAMES)

Cleaning of Fascia & Soffit Gutters & Gutters Emptied

All Brush Cleaned not Power Washed For Lasting Results!!!

Power Washing of Drives and Footpaths also Available

[www.kellywindowcleaning.ie](http://www.kellywindowcleaning.ie)  
[info@kellywindowcleaning.ie](mailto:info@kellywindowcleaning.ie)

Tel: 021 4642126 or 087 9542828

For Appointment

**Cake Diva**  
A little bliss in every bite

**Ola Bakinson**

72, Main Street  
Midleton, Co. Cork  
0899595267



## PAT SMITH ELECTRICAL

**Industrial, Commercial, Domestic,  
Computer Wiring. Frost Heaters,  
NO JOB TOO SMALL**

**087 2379301**

**021-4300495**

## ASHBEG LTD.

ROOFING & GENERAL BUILDERS

Sunrooms & Conservatoires

New Roof Erected

Repair or Replace Old Roofs

Attic Conversions

Fully Insured

25 Years Experience



Home  
Improvement  
Grants for  
the Over 65's

T: 021 488 4617 f M: 087 253 8370

## Chiropodist

Glanmire Medical Centre Home visits also available

FOR APPOINTMENTS

Phone

(021) 4866745

Mobile

(086) 3693204

Frances Nolan

NCC, LCCH, M.I.CH.POD.ORG



Gift Vouchers Available

## O'Donovan Builder & Carpentry

For all your home improvements

Attic Conversions

Fully insured, free estimates &  
references supplied

**Contact Eamonn**

**087 222 0026**

Registered  
Gas  
Installer



**GLANMIRE GAS  
BOILER SERVICES**

• Service • Repair •  
Replace

**086 8655132  
or 021 4508336**

Email: [barryaoleary@gmail.com](mailto:barryaoleary@gmail.com)

**FREE Quotations on  
Boiler Zoning**

Your local registered  
electrician in  
**Glanmire**

- Quick response
- Reasonable Rates



**alantricity**  
electrician

Contact Alan Dowling

**087 9674718**

**Plumber / Registered  
Gas Installer**

No Call out Charge

**Call John**

**085 7624343**





# Glanmire Macra News

## *Seandun Macra Na Feirme embraces the future of online banking - IBB*

On 10th May, the Seandun Region went live with i-Business Banking (IBB). Pat Coleman & David Barry, AIB IBB specialists, delivered IBB training to club officers and ensured that all clubs were up and running with online banking.

Seandun Clubs can now log into their club bank accounts online, pay bills, do monthly reports for their meetings and carry out other banking administration from the comfort of their milking parlour. This is a significant step for young farmers in the region. The days of chasing signatures for cheques are a thing of the past for Seandun Macra Na Feirme.

This prestigious event was the brain child of Seandún Treasurer, Eilish O'Callaghan, Knockraha Macra. Eilish saw the need for young farmers to embrace modern banking and approach the local AIB Glanmire for assistance. The initial steps to educating young farmers on modern banking took place in November 2015 with a programme called "Ways to Bank with AIB" facilitated by AIB Manager, Rosemary McCarthy and her team.

Over the course of the last few months, all clubs cooperated with Eilish and local AIB Official, Siobhan Kelleher, to get the clubs up and running. This was a huge team effort.

Seandun Macra would like to express their sincerest gratitude to AIB, in particular to Cork Regional Director, John O Doherty, Branch Managers Rosemary McCarthy, Valerie O' Sullivan, Alan Dorgan, Siobhan Kelleher, IBB Specialists Pat Coleman & David Barry & all the staff of AIB Glanmire. Thank you to all the Seandun Macra members for embracing this project and bringing the future of modern banking to rural Ireland! We would encourage all interested Macra clubs to contact Eilish O' Callaghan or their local AIB Branch, should they wish to set up online banking.



## *Seandun AGM in the Carrigaline Court Hotel*

The Seandun AGM was held on Wednesday the 8th of June in the Carrigaline Court Hotel and saw the election of the new regional officers for the up-coming year. Out-going chairperson William Wright (Kinsale Macra) and secretary Elaine Doyle (Knockraha Macra) were elected president and vice-president respectively. Leading the Seandun region for the coming year are chairperson Eilis Ahern (Carrigaline Macra), secretary Kevin Curtin (Whitechurch Macra), PRO Kathleen Fitzgerald (Glanmire Macra) and treasurer Aislinn Collins (Carrigaline Macra). Best of luck to the newly elected top table and all other officers elected to various positions in Seandun for the coming year.



The newly elected committed to the Seandun region for 2016-2017.





# Glanmire Road Race







Cope Foundation provides services and supports to over 2,300 children and adults with intellectual disabilities across Cork city and county. Ashville, which is part of Cope Foundation's services in Montenotte, provides 24-hour residential and nursing care to 23 residents who have complex medical and support needs. Some of these residents will soon be transitioning to live in their own smaller homes in the community. Cope Foundation will continue to provide vital supports, including respite care, to people in their new homes.

To help with funds for this vital project, Kay Allen who is a nurse in Ashville will run the full Dingle marathon on Sept. 3rd. If you would like to sponsor her and contribute to this very worthy cause there are sponsorship cards in McCarthy's Sports, Hazelwood, Glanmire.

Photo is of Kay with two residents of Ashville, Claire and Emma.

## Deepest Sympathy



Mary Gaughan was a much loved and respected member of Sallybrook Village Tidy Towns Group since its formation in 2008.

Mary was a gifted gardener and was only too willing to share her talent with the wider community. She didn't just look around and see things that needed attention, she took action. When we were under pressure to get the summer bedding planted by competition deadline, Mary insisted on helping despite the fact she was in recovery after a hip replacement, such was her commitment to the cause! Mary's soft Donegal accent, good humour and her radiant smile will be greatly missed. She was a true neighbour and friend.

We offer our deepest sympathy to Louise, Michael & Martin.

Fionnuala Flanagan, Sec. Sallybrook Village Tidy Towns Group



## Upper Glanmire ICA Guild



Upper Glanmire ICA Guild

Our Guild meets on the first Tuesday of every month, except January. We have 28 members and new members would be very welcome

### UPDATE ON GUILD ACTIVITIES

- Plans are going ahead for a trip to An Grianán in June. Members will visit Glasnevin Cemetery, Kilmainham gaol and Powerscourt Town House.
- A very successful year of our Social Craft Sessions have concluded until September. It was really great to see so many friends and neighbours coming along and learning the beautiful art of crochet. We hope to see some new faces also in September!
- Summer walks resume in June, and again we look forward to revisiting the Marina, the Estuary, the Lough the Lee Fields and the walks around Glanmire.

### July Recipe: Lemon Drizzle Cake: Eileen Ryan

#### Ingredients:

8oz soft marg  
8oz caster sugar  
8oz s-r flour  
1 tsp baking powder  
1 lemon  
Enough icing sugar to ice cake

#### Method:

Put all ingredients into a bowl plus 2 tablespoons of lemon juice. Beat until pale and fluffy. Add zest of lemon. Bake in a 9 inch round or square tin @ 180 deg C for 45 min approx. When cool, drizzle with icing made from icing sugar and lemon juice.

1



3

2



1: Maureen O'Leary with one of her many creations

2: Mary Dorgan's first 'granny square' blanket!

3: Eileen Ryan's Lemon drizzle cake





# Sars Camogie

## Sars Crowned All Ireland Feile A Champions

An incredible few days for our U14 Feile team who travelled to Tipperary / Waterford to take part in this years All Ireland Feile A Finals. Our girls won their first match vs Knockavilla 1-4 to 1-1. The second match was a very tight encounter vs Thomastown, finishing 0-6 a piece. The final qualifying match resulted in a great win vs Annacarty. The team marched on with wins over Feakle of Clare in the quarter final and a convincing victory over Bunclody of Wexford in the semi final by 4-2 to 0-0. Thomastown awaited in the final and it was an epic match with the sides level at half time. Sars showed their class in the second half and finished strongly to secure an excellent 1-3 to 0-3 win over this strong Kilkenny side. Well done to all the players and mentors on this historic achievement and sincere thanks to the organisers and host clubs for such a wonderful tournament!

## Mayfield Garda Blitz Champions 2016

SARS U13 girls gave a commanding performance to win the Mayfield Garda Camogie Blitz at The Glen Field recently. Our panel of players were excellent throughout the five games, culminating in a great win vs Ballinora in the final, making up for the heartbreak of narrowly losing finals in recent years. Sars were captained by Aisling McAllen and well done to her twin sister Olivia who was voted Player of the tournament. Thanks to all involved in organising a great tournament and to Glen Rovers for hosting.

## St Josephs NS Sciath na Scol Champions

Well done to our Sars girls who were part of the St Josephs NS winning team in the Allianz Sciath na Scol camogie final. The girls had a convincing win over Youghal to retain their title from last year. Over 20 Sars players were part of the panel. Well done to all involved. Congrats also to the boys team who also retained their title. A wonderful achievement for the school!

## Brooklodge NS Sciath na Scol Champions

Brooklodge NS had a historic win in their Sciath na Scol camogie final. The team put in a great performance winning 3.02 to 1.01 against a strong Dungourney side. Well done to all and especially to the ten Sars girls who all played a major part in this memorable win.

## Cork News

Well done to Molly Lynch who joins Clare Mullins on the Cork U16a panel and congratulations to Rionna O Mahony who was selected this month for the Cork U15 Development panel after a series of trials in Castle Road. Best of luck and enjoy the experience girls!

## U10 and U8 Blitz

A fantastic display of Camogie skills was put on show by the Sars girls during our recent U10 and U8 blitz's. Our U10 panel travelled to Inniscarra and they put in some wonderful performances that delighted all the supporters who travelled on the day. Our U8's were one of twelve teams who took part in the recent blitz in Sars with teams travelling from

Inniscarra, Cloughdub, Ballincollig and Eire Og to name a few. Well done to all the girls and to the coaches for the wonderful work that's being done. Keep it going! Sars Abu!

## Sars Camogie Camogie Camp 2016

We are delighted to be running our camogie summer camp again this year.

*Monday 4th July – Thursday 7th July  
2.30pm-5.00pm*

*6-12 year olds fully paid up  
members of the club  
(6yr olds to have been  
registered since Dec 2015)*

**Cost:** €40 per child / €70 for 2 / €100 for 3  
The Booking form can now be downloaded  
from the Sars website

<http://www.sarsfields.ie/sarsfiel.../camogie-summer-camp-2016/>



Feile



U10 blitz



Feile



St Josephs SNS



Feile



Garda Blitz



Sars with Carig Leahy






**AUTO & COMMERCIAL REPAIR**  
MECHANICAL & AUTO ELECTRICAL  
Ballyvolane, Cork  
069 489 8331

**FORD TRANSIT AND DIESEL SPECIALISTS**  
ALL REPAIRS CARS, VANS & LIGHT COMMERCIALS  
SPECIAL RATES FOR HIGH MILEAGE FLEET VEHICLES\*\*

4 WHEEL ALIGNMENT • HEADLIGHT FOCUSING  
COMPUTER DIAGNOSTICS • PRE INJECTION • WELDING  
24HR RECOVERY

FREE ESTIMATES ON ALL REPAIRS\*\*

**promotions**  
HALF SERVICE FROM €30\*  
FULL SERVICE FROM €100\*

€20 4 WHEEL TRACKING  
€20 COMPUTER DIAGNOSTIC  
€15 HEADLAMP ALIGNMENT

Discounted 24/7 Recovery Rates | Cheap Local Rates  
VAT Registered.

WIDE VARIETY OF PARTS HELD IN STOCK

EVENING & WEEKEND SLOTS AVAILABLE



## PETTY THIEVES ROB GLANMIRE ORCHARD

The midsummer moonlight was certainly beautiful but it made it easy for thieves to ransack Glanmire's award winning food project Future Orchard. Lawnmowers and tools were lifted over the padlocked gate by guys out to make a quick buck at some car boot sale.

The thieves even removed the stove from the clubhouse.

Be vigilant on the next full moon

***The Orchard has a pop-up shop every sat 11-1pm and would be delighted with visitors. If any-one has any spare tools to donate we would be delighted.***



### Mayfield Citizens Information Centre

Roseville House, Old Youghal Road,  
Mayfield  
Tel: 0761 07 6880

Mayfield CIC is now open Wednesday evenings from 7.30 to 9pm for information, advice and form filling

### Know Your Rights - July 2016

#### Question:

My child is almost three years old and has a disability. Will he be able to access the free Early Childhood Care and Education (ECCE) year?

#### Answer:

Yes, he will. A new programme – the Access and Inclusion Model (AIM) – was launched on 15 June 2016 for enrolments in September 2016. AIM ensures that supports are available for children with special needs so they can fully benefit from the free pre-school year in mainstream pre-schools.

AIM is a child-centred model, involving seven levels of progressive support which offer tailored, practical supports based on the needs of the child and the pre-school provider. It does not require a formal diagnosis of disability.

Levels 1–3 provide universal supports designed to promote and support an inclusive culture in pre-schools. If a pre-school provider and a parent think that additional support may be needed to meet the needs of a particular child, they can apply for additional targeted supports under levels 4–7 of the model. These targeted supports include expert early childhood care and educational advice and mentoring (level 4), specialised equipment, appliances and minor alterations (level 5), therapeutic supports (level 6) or additional capitation to fund extra assistance in the ECCE pre-school room (level 7).

You access AIM supports through your pre-school service provider. If you have not identified a suitable pre-school for your child, your local City or County Childcare Committee will be able to help you. When you have identified a pre-school for your child, your service provider will consider, in consultation with you, what supports may be needed to ensure that your child can participate fully in pre-school. Applications for supports under AIM are made by the service provider via the Pobal website. Pobal are the current administrators of the ECCE programme so your service provider will be familiar with the Pobal website. The application process is now open and will remain open throughout the year.

For advice and support from the Early Years Specialist Service (Access and Inclusion) you can contact (01) 511 7222 or e-mail: [onlinesupport@pobal.ie](mailto:onlinesupport@pobal.ie)

#### Further Information

Further information on this and other matters is available in confidence from the Mayfield Citizens Information Centre, Roseville House, Old Youghal Road, Mayfield. Telephone: 0761 07 6880  
Opening hours are Monday to Friday 10.00am – 1.00pm, Monday to Thursday 2pm – 4pm. Citizens Information is also available through the Cork City (North) Citizens Information Service at 0761 07 6850, the Citizens Information Phone Service 0761 07 4000 or online at [www.citizensinformation.ie](http://www.citizensinformation.ie)



Property | Conveyancing  
Court | Family | Wills  
Probate | Commercial  
Trademark Agents



Unit 6c, Crestfield Centre,  
Glanmire

021 4824426  
[www.odowd.ie](http://www.odowd.ie)



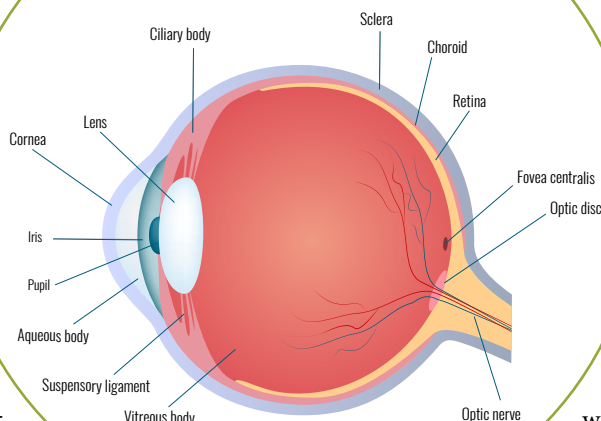


## The eye:

The human eye is a wonderful structure, allowing us to perceive our world in glorious technicolour. Our eyes work in the brightest sunlight, and yet allow us to see even on the darkest night. We have two eyes, spaced slightly apart. It is this that allows us to perceive movement and judge speed and distance. Very sensitive nerves transmit signals from the back of the eye to the brain. The clear front of the eye is the cornea, which allows the light penetrate. The coloured part of the eye is the iris, with the pupil in the centre. There is a flexible lens within the eye, focusing the light on the retina at the back of the eye. The eyelids protect the eye, while keeping it moist, by distributing the tears across the surface of the eye.

Tears are not simply water, but actually a really complex 3 part layer, with an oily surface, a watery middle and mucus base layer. The oily surface helps stop evaporation of the tears. We produce tears when upset, but also in response to bright light, winds or dusty environments. Optometrists are highly skilled in diagnosis and management of eye disorders, with a 4 year university degree in eyes. We are very fortunate to have an optometrist recently established in Glanmire. Cathal O'Shea is a local, having attended both primary and secondary school in Glanmire. He trained in Dublin and Cambridge and brings a wealth of expertise back to Glanmire. Check out his website at <http://glanmireopticians.ie/> He is also trained in hearing problems, but for this article we're concentrating on eye problems. I'd encourage you to drop in and check out his new premises in Crestfield, Glanmire. He will advise in more detail on the conditions I describe

### Human Eye Anatomy



below.

#### Common eye problems:

Eye problems can arise from disorders anywhere along the pathway above: from eyelids, cornea, tears, lens, retina to name some. I intend to address some common eye disorders in this and the subsequent article. I'll start with an issue affecting babies,

appears watery, and this eye may be sticky, especially after sleeping.

Crucially the cornea is clear, and the white of the eye remains a lovely healthy white colour.

What can be done?

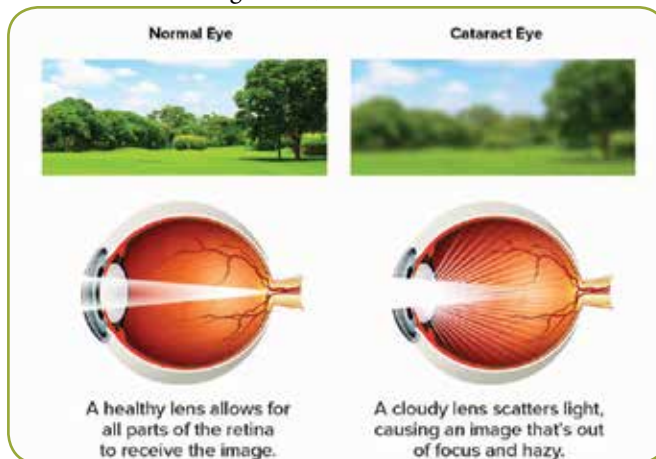
Simply wipe away any sticky material that accumulates. Sometimes massaging the tear duct about ten times a day, may help unblock the tear duct: your doctor or nurse will show you how to do this. In most babies this is highly successful. Most blocked tear ducts become unblocked after several months. Sometimes it can take over a year for this to happen. If the tear duct

when driving at night. About 1 in 3 people aged 65y have a cataract, although many are minor and don't significantly impair vision. Doctors check new born babies for congenital cataracts, which are very rare, but may prevent the eye developing properly. We don't fully understand why cataracts develop. They usually start as tiny clusters of cloudiness, which gradually enlarge. Symptoms of age-related cataracts: Initially your vision can be a bit blurred, without improvement with spectacles. Some people also notice halos around bright lights, and less bright colour perception. Early cataracts often cause little or no visual disturbance. If you're having difficulty reading or watching TV treatment may be highly successful. The only way to treat cataracts is with surgery, removing the cloudy lens and replacing it with a clear plastic lens.

**Cataract surgery:** This operation usually takes just 10-20 minutes, and is often done under local anaesthetic. Once the front of the eye is numb, a tiny incision is made to allow removal of the cloudy lens, and implantation of the new plastic lens. Usually no stitches are needed. In the next article I'll touch on some other quite common eye disorders, such as Age Related Macular Degeneration, conjunctivitis, myopia and eye injury. Should you have any concern about your eyes, I'd really recommend visiting Glanmire Opticians in Crestfield.

**Dr Diarmuid Quinlan**  
Call (021) 482 11 11  
for appointments

**Monday - Friday**  
08.00 - 13.00 and 14.00-17.00  
**Out of hours SouthDoc**  
1850 335 999



and then discuss cataracts in older people.

Tear duct blockage in babies: We produce quite a lot of tears to keep the surface of the eye moist. Our tears ultimately drain into a small channel, the tear duct, which is where the upper and lower eyelids meet beside the nose. The tears drain into the nose. Quite a lot of babies have a blocked tear duct, especially in the first few weeks after birth. This affects about 5% of all babies, and is really common. The duct may not be fully developed at birth. You may notice that this eye

remains blocked your GP may refer the baby to an eye specialist. They simply pass a very fine probe to help open the duct. Tear duct blockage is common, affecting a lot of babies. It is not serious and usually gets better within a matter of weeks or months.

**Cataracts:** A cataract develops when the lens within the eye becomes cloudy. This most commonly affects older people, and gradually impairs vision. A cataract is like trying to look through frosted glass! This can produce a glare







# Carraig na bhFear Juvenile GAA



## Carraig Na Bhfear GAA Launch New U10 Jerseys

On Friday, June 10th, Carraig Na Bhfear GAA catered for a very large crowd at their pitch for the official launch of their new U10 Jerseys. It was an event full of activity, and included a presentation of jerseys to the players by Con Burns and Aidan Dorgan of the C.I.T Fitzgibbon team. The club also used the event to acknowledge the support of the local community at their recent cake sale, where the money to fund the jersey's was raised. This acknowledgement included the inscription of "Community of Carraig Na Bhfear" as the main sponsors on the jerseys. The players then proudly wore the jerseys during an All-Ireland type piper parade (Mick Mulcahy), which was followed by a competitive hurling match with their close neighbours Whitescross GAA. The match allowed both sets of players to showcase their hurling skills, which was well received by the attending crowd. On completion of the match everyone was treated to a full array of refreshments and cakes which were served in the club dressing rooms. The event was an excellent success with both sets of supporters enjoying the occasion. Thanking all involved for making this a memorable event.

The U10's also this week participated in a challenge match with Blarney GAA. On Tuesday last both clubs met in Rathpeacon for a combination match of half hurling and half football. The beautiful weather added to the success of the event resulting in excellent playing conditions. Both clubs showed their skills and determination with the net result of a hugely entertaining match. Following the event both sets of management agreed that they would organise a return fixture due to the enjoyment that was experienced by all.

## Carraig na bhFear Boys are Munster Champions

Three fantastic young hurlers from Scoil an Athar Tadhg, Carraig na bhFear, are Munster Primary Schools Hurling Skills Champions. Billy Connolly, Felix Murphy and Sean O Donoghue were best in the sweltering heat at the Mallow Gaa Complex On Wednesday, June 9th. The Carraig na bhFear boys were pitted against Clonmel, the Tipperary winners, Rathgormack from Waterford, Lixnaw from Kerry, Scoil Christ Ri from Limerick and County Clare winners, St. Flannan's NS from Inagh.

Munster Council Games Development Co-ordinator, Pat O'Shea announced the winners to the euphoria of the Carraig na bhFear contingent. Mr. Liam Lenehan, vice chairperson of the Munster Council presented the boys with individual trophies and School Principal Dermot O'Driscoll with a set of jerseys for the winning school.

## What's The Score Winner!

On May 22nd, Cork hurlers took on Tipperary in the Senior Munster Hurling Championship. Our competition involved trying to predict the score of that match. Not surprisingly, there wasn't any correct score prediction, so all names were entered in a draw. The draw was held at last Wednesdays juvenile club meeting and the lucky winner was Seán Whelan. Seán seemed to gain some friends when he was presented with his prize last Friday after training!! Maith an Fear Seán. Thanks to all who supported the competition where over €1100 was raised for the purchase of club equipment. Mile buíochas.

## Congratulations

Well done to Scoil an Athar who recently won the Paul O Connor Blitz, girls Sciath na Scoil team reached semi-



U10 Team with mentors and guest jersey presenters



Mr. Joe Hanafin (teacher), Felix Murphy, Mr. Dermot O'Driscoll (Principal), Mr. Liam Lenehan, Billy Connolly and Seán O'Donoghue.



Tony Dunne presenting Seán Whelan with his €100 prize

final and boys team drew with Ballygarvan at full time and extra time in the Sciath na Scoil final in Pairc Uí Rinn. Both teams were declared winners. Well done also, to Joe Mulcahy who represented his school in the Cork Primary Schools Team. Best wishes to Rockbán U14 team who represent Cork and are going to Dublin for Feile June 24th.

## U6,7,8 and 10

All these teams are training weekly and have attended numerous blitzs. Great skill and enthusiasm has been shown on all occasions.

## U12 and 14

League and championship games continue for these young players. Our U14 team reached Feile semi-finals in Caherlag,

however, were unlucky on this occasion.

## U16 and Minor

Players have been doing Junior and Leaving Cert. exams during June, so all are looking forward to a return to the playing field this month.

## Cúl Camp

Our Cúl Camp this Summer, is in our local GAA grounds, on the week beginning Aug. 8th-Aug. 12th. Children get to learn GAA games and have fun, with a qualified coach and his team, in a safe and fun environment. The Camp will be co-ordinated and run by the clubs Coaching Officer, Gavin Webb. Applications can be submitted online or forms are available in the local shop. Any queries relating to same can be directed to 087-2742181 (Gavin Webb).





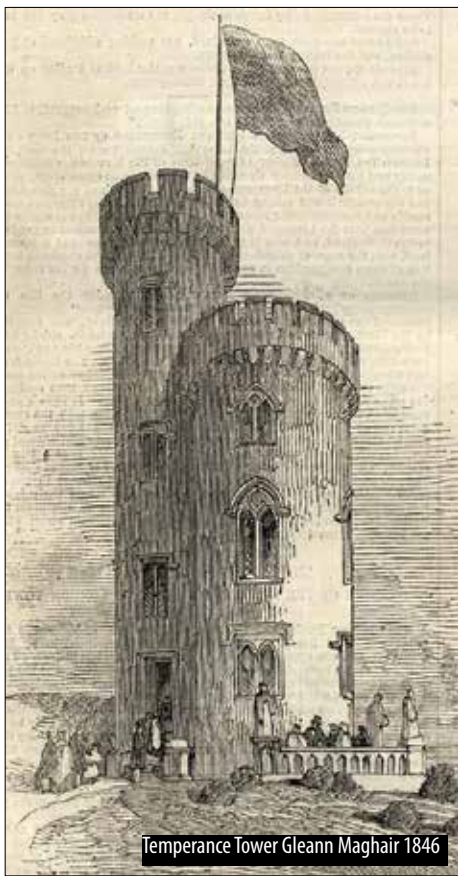
# Tionsclaíocht i nGleann Maghair idir an 18ú agus an 19ú Céad

## Micheál Ó Súilleabháin

Tá sé coitianta sna laethanta seo a bheith ag iarraidh tionsclóirí ó thíortha eile, ó Mheiriceá agus ó thíortha eile a mhealladh chun na tíre seo chun monarchana a bhunú. Is gá do rialtas na hÉireann deontais mhóra agus cánacha ísle a gheallúint dóibh chun iad a mhealladh chuigainn. Is cinnte go gcuireann daoine fáilte roimh an obair ach, go minic, nuair a bhíonn deacrachtaí ag bagairt ar an gcomhlacht, ardaíonn siad a seolta agus as go brách leo ag cur go leor as obair. Measann roinnt daoine go mbeadh obair níos buaine ar fáil dá dtabharfaí na bun-táistí céanna do thionsclóirí Éireannacha.

Bhí mórán tionsclóirí Éireannacha gníomhach i nGleann Maghair idir 1780 agus 1900 nó mar sin. Bhí sé coitianta ag an am seo go n-úsáidfí cumhacht uisce chun muilte a oibriú. Toisc go raibh cumhacht uisce ar fáil i nGleann Maghair, bunaíodh muilte plúir, monarchana olla agus grúdlanna/drioglanna sa cheantar. Mar shampla, bhí 200 duine ag obair sa Glanmire & Riverstown Bleachworks sna 1830-idí. Ba le William Thorley & Son é. Rinneadh líon éadaigh garbh ann. Ba iad na hoibreacha seo na cinn ba mhó i ndeisceart na tíre. Cheannaigh Thorley monarcha den chineál céanna ó Thomas Lyons & Co. Dá dheasca bhí smacht ag an dá mhonarcha ar an méid a bhí fágtha de thionscal an lín éadaigh i gCúige Mumhan. Rinneadar easpórtáil ar an éadach próiseálta go dtí Sasana, Meiriceá agus coilíneachtaí na Breataine.

Bhunaigh muintir Lane muileann sníomhacháin agus cardála le cumhacht uisce ag Baile Roisín. Cuireadh an snáth amach go dtí fíodóirí ag Shandon. Tugadh an t-éadach sníofa ar ais go Baile Roisín agus rinneadh dathú air. Bhí monarcha a rinne priontáil ar chadáis agus ar líon éadaigh ag Henry Sadler & Co. Tionsclóirí móra ba ea iad agus bhí roinnt muilte acu thart ar chathair Chorcaí. Bhí oibrithe bánaithe acu i mBaile Roisín. Thug an tiarna talún Brown



Temperance Tower Gleann Maghair 1846



Gleann Maghair

talamh ar cíós don chomhlacht chun líon éadaigh a dhéanamh.

Rinneadh Acht an Aontais a chuir deireadh le Parlaimint na hÉireann sa bhliain 1800. Níor comhlíonadh na geallúintí a tugadh agus de réir a chéile ritheadh dlíthe a chuir as go mór don easpórtáil agus, de réir a chéile, chuaigh tionscal na holla agus an chadáis agus an lín éadaigh i léig.

Sa tréimhse seo, bhí thart ar 27 drioglann thart ar chathair Chorcaí agus bhunaigh John Lyons

& Co. ceann díobh i mBaile Roisín. Sna 1830-idí bhí 120,000 galún uisce beatha á chur amach acu. Ach faoi dheireadh na 1840-idí bhí an drioglann dúnta. Ag an am seo bhí an tAthair Maitiú tar éis gluaiseacht na measarthachta a chur ar siúl agus bhí éifeacht mhór aige, a bhí diúltach, ar thionscal an uisce bheatha. Bhí grúdlann ag muintir Arnott sa chathair agus cheannaigh siad an Riverstown Ale Brewery a lean go dtí 1901. Teaghlach cáiliúil ba ea muintir Arnott. Bhí duine díobh ina Mhéara ar Chorcaigh nuair a rinneadh atógáil ar Dhroichead Phádraig sna 1850-idí agus ba é an teaghlach céanna a d'oscail an t-ollstór cáiliúil den ainm céanna i mBaile Átha Cliath.

Bhí tionscal an iarainn tábhachtach i nGleann Maghair, chomh maith. D'oscail duine de mhuintir Lavit muileann iarainn i mBaile Roisín. Úgónaigh a tháinig ón bhFrainc ba ea iad agus lonnaigh roinnt díobh i gcathair Chorcaí. Tá Cé Lavit sa chathair ainmnithe as an teaghlach seo. Faoi 1826 bhí dhá longchlós i nGleann Maghair á rith ag Knight agus Wheeler. Bhíodar in ann áirtheaigh a dheisiú agus seirbhís a dhéanamh orthu. Tógadh roinnt bád seoil le cabhail adhmaid ag an longchlós seo.

Léiríonn an cuntas seo go raibh paróiste Ghleann Maghair an-ghnóthach nuair a bhí an chéad réabhlóid tionsclaíoch ag teacht chun cinn.

### Gluais:

coitianta = usual  
tionsclóirí = industrialists  
muilte plúir = flour mills  
coilíneachtaí = colonies  
grúdlann = brewery  
drioglann = distillery  
ollstór = department store  
longchlós = shipyard  
atógáil = reconstruction  
lonnaigh = settled





# GLANMIRE PILGRIMAGE TO MEDJUGORJE



## Glanmire Pilgrimage to Medjugorje 1st to 8th June 2016.

This year a large group of Pilgrims from Glanmire under the leadership of Sean and Teresa O'Shaughnessy, travelled to Medjugorje with many other friends from around Cork and neighbouring County's. Fr. Sean Crowley CC Bantry accompanied the group this year. Fr. Sean not only provided Spiritual Inspiration, but some good side splitting stories to boot.



**Rose O'Driscoll  
Psychic Medium**

[www.roseodriscoll.com](http://www.roseodriscoll.com)

Facebook : Rose O'Driscoll  
E-Mail : [psychicmediumrose@hotmail.com](mailto:psychicmediumrose@hotmail.com)

**Tel : 087 3901073**

Individual Sessions

Home Office based  
near Glenville

House Calls & Groups  
Catered for also.

Hen Parties & Birthday  
Package Options Available

## WASHING MACHINE, OVEN REPAIR

Need your appliances fixed  
ie. Washing Machines, Cookers, Ovens,  
Fridges Freezers, Dryers & Dishwashers



**087-7790804  
021 4833032**



## SUMMER CAMP GLANMIRE

DATE:

**18TH-22ND JULY**

**€90 PER CHILD  
OR**

**€150 FOR SIBLINGS**



## DANCE GYMNASTICS

**ARTS & CRAFTS**

FOR MORE DETAILS CONTACT:

**0872602091**

Pieta House

*Coffee Morning & Garden Party*  
In aid of Suicide Awareness for Pieta House

I just wanted to mention a Coffee morning/Garden Party that was held on the 11th of June in aid of Pieta House. It was selflessly arranged by Keith Byrne & his family & friends from St. Lappans Park, Little Island. It was a lovely afternoon with great raffle prizes and a variety of brilliant vouchers/ packages organized for an auction at the end. There was also food and cakes provided by the Elm Tree, as well as delicious homemade contributions by neighbours and friends.

A staggering 4,800 euro was raised on that one afternoon alone, with more money to follow from internet bids and other sources. A huge round of applause should be attributed to Keith, his family and friends for raising so much money for such a worthy cause. *Regards, A well-wisher.*





## Notice Board

### Orla Dunlea Graphic Design Service

All Advertising Marketing Material,  
Logos, Business Cards, Stationery, Signs,  
Posters & Flyers, Cards & Invites

orladunlea@eircom.net | 087 1261571

### ANDREW HURLEY WASTE DISPOSAL

Mobile: 086 3840659 - permit No: WCP-CK-09-715-02

Rubbish Removal from Houses / Garages / Gardens etc.

**Do You Need a Skip for Your Rubbish? No Need!  
Call Us and We'll Take It Away!**

### NoBillsTV.ie

**Free TV**

**SAORVIEW Combi Pack**  
Over 100 channels



**Only €199**

We repair Sky systems  
Call James 021 487 2817  
Call or text 087 269 1215

### JCB Hire



**Contact Dan  
087-2532550**

**GLANMIRE  
Area News**  
Email: glanmireareanews@gmail.com  
Sales Manager Mick: m: 086 8294713

## Community Notices

### LEGION OF MARY



The Glanmire  
group need your  
help.

**Active members:**  
Weekly meeting  
10.30am Wed.  
and some active work.

**Auxiliaries:** These say a short  
prayer each day for the  
success of the Legion

### GLOUNTHAUNE/ GLANMIRE MEALS ON WHEELS

If you can help please contact:

**Maria O'Halloran**

4353549 or

**Mary Griffin 4821795**

### Community Employment Scheme Vacancies with Glanmire Area Project Ltd

19.5 hours per week applicants must  
be in receipt of a payment from  
social welfare for 12 months or more  
in order and be over 25 to be eligible  
to apply.

**OFFICE ADMINISTRATOR X 2**  
(morning and afternoon position,  
basic office skills required)

**YOUTH SUPPORT WORKERS X 2**  
(suitable candidates should have  
an interest in developing a career in  
youth work)

**CARETAKER X 1**  
(general cleaning maintenance and  
groundwork in local facility)

Enquiries to: **Jennifer Heffernan CE  
Supervisor**

E: glanmireproject@gmail.com  
P: 021 - 4821917

### M.A.B.S.

CORK MONEY ADVICE & BUDGETING SERVICE

Cork M.A.B.S. Unit 12, Penrose Wharf, Penrose Quay, Cork.

Tel: (021) 4552080.

A FREE & CONFIDENTIAL SERVICE

### Post-Natal Depression Support

Unable to Cope since the birth  
of your baby? Need to Talk to  
someone who understands?  
Please Ring Tel.: 4922083  
Visit : [www.pnd.ie](http://www.pnd.ie)

### HELPERS NEEDED TRAINING PROVIDED

Get our book Recovering from  
Post Natal Depression from  
Easons Support meeting last  
Tuesday of the month.

### Dog Grooming Now Available at Beech Grove

For  
appointment  
Ring  
Donal on  
**087 9097536**

### Friends of Leukaemia Patients

Patients Cork Established since 1985.

Voluntary group registered charity number 15959.

We are a non profit organisation composed mainly of family and friends of  
leukaemia patients all working on a voluntary capacity having experienced  
a loved one diagnosed with this illness .

One hundred per cent of donations made to our charity goes directly to  
helping patients and their families in the Munster Area .

Also providing Home from Home accommodation in close proximity to St James  
Hospital Dublin. This facility is made available free of charge to patients and carer  
who have limited financial resources undergoing a bone marrow transplant.  
If you would like to organise a fundraising event or make a donation to our charity

We would love to hear from you.

Please contact Imelda Reynolds for further information: Phone 021 4823625  
email [friendsolp@gmail.com](mailto:friendsolp@gmail.com)

[www.friends-of-leukaemia-patients-cork.com](http://www.friends-of-leukaemia-patients-cork.com)

### "You Are Not Alone"

We will hold a coffee morn-  
ing for those who are bereaved  
or affected by suicide in the  
Montenotte Hotel Cork on the  
first Tuesday of every month.  
All welcome and bring friend/s.  
Coffee, teas and scones com-  
plementary and kindly donated  
by the Montenotte Hotel.  
The coming together of those

similarly bereaved can offer the  
opportunity to gain strength  
and understanding from indi-  
viduals who have experienced  
the loss of a loved one through  
suicide.

**For more information contact  
Collette on 087/1897315 or  
Anthony on 087/6838861**





# Notice Board

**GLANMIRE**



**NEEDS YOU**  
**CAR BOOT SALE**

**July 17th**

**Acupuncture & Hypnotherapy Clinic**  
DuoHealth c/o Tan & Tone Unit 2g  
Crestfield Glanmire.

Area's Treated e.g. Smoking, Weight Loss,  
Stress, IBS, Anxiety, Depression, Sinus  
Fertility, Back/Knee pain etc. *See full list*  
on -  
[www.duohealth.ie](http://www.duohealth.ie) Contact David on  
Mob 086 3529164 All Major Insurance  
Companies Covered + Garda/Esb Staff

**QUALITY TOP SOIL**  
**FOR SALE**

**1-4 Tonne loads**  
**087-7660020**

**HOUSE DE CLUTTERING**

Household items wanted for  
Charity/Community Stall @ The  
Glanmire Car Boot Sale/Farmers  
Market.

(Clothes, Books, Toys, Electric  
Items, Furniture etc in good condi-  
tion please).

Your donation is much  
appreciated

Please Contact  
086-8294713.

**DD**

**BRIAN DUNLEA**  
**APPLIANCE SERVICE**

(021) 4373737  
E: aileendunlea@eircom.net

**BOSCH**  
**SIEMENS**

**ADDEY IT SERVICES**

Computer Repairs, Mobile Phone  
Unlock, Dreambox Installation and  
Network Installations LAN and  
Wireless.

**Adeshina**  
**Technician**

Contact No: 0894059502/0899677024  
Email: addey\_it\_services@hotmail.com

**— Chimney and Stove Cleaning —**

*Power Sweep and Vacuum - Fully insured*

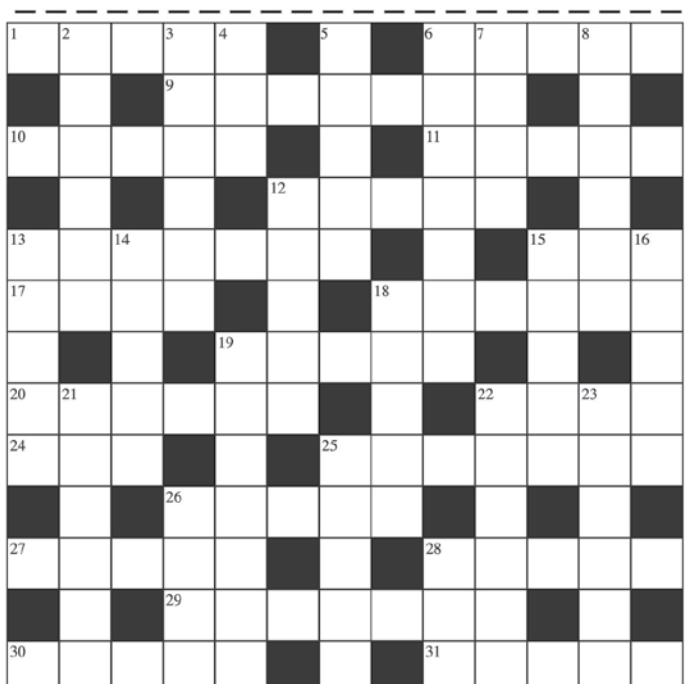
**Tel: 087 9911017**

[www.chimneycleaningglanmire.ie](http://www.chimneycleaningglanmire.ie)  
info @ chimneycleaningcork.ie



**Joe Organ Auctioneers**  
**086 6013222**

**THINKING OF SELLING? TALK TO JOE**

## Across

1. Aston ----- (5)
6. Trousers (5)
9. Gets away (7)
10. Go back over (5)
11. Island, US state (6)
12. Pursue (5)
13. Exhibitionists (7)
15. Bravo (3)
17. Incentive (4)
18. Cleansed (6)
19. Russian rulers (5)
20. Freedom, scope (6)
22. Unable to hear (4)
24. Spoil (3)
25. Self-effacement (7)
26. Organ in abdomen (5)
27. Dirty mark (5)
28. Finger or toe (5)
29. Greek king (7)
30. Pig noise (5)
31. Water animal (5)

## Down

2. type of water ice (6)
3. Principal (6)
4. Snake (3)
5. Sworn promises (5)
6. Greek hero (7)
7. Arthur, tennis player (4)
8. Walk like a baby (6)
12. Mad, daft (7)
13. Holy song (5)
14. Really good (5)
15. Frightening giants (5)
16. Educate (5)
18. Earlier (5)
19. Cupboard (7)
21. Spring festival (6)
22. Refrain (6)
23. Clothes (6)
25. Deserve (5)
26. Large cat (4)
28. Pair (3)



Crossword Winner Brian  
Burns, Cluain Caislean, Ferns,  
Enniscorthy, Co. Wexford  
AFE P: 021 4858002

While every care is taken in the compiling of  
this newsletter the publishers cannot accept  
responsibility for any errors or omissions.  
Services provided are between advertisers and  
clients, we do not accept responsibility for  
work / services carried out. Adverts created &  
designed for the news letter are the property  
of Glanmire Area News. The views expressed  
by contributors to the news are those of indi-  
viduals and are not the responsibility of the  
news editor. Individuals writers must verify  
their article content.

SEND your entries marked CROSSWORD to Glanmire Area Community Association,  
Riverstown Cross, Glanmire, to arrive by 25th July. The prize is a meal in BEVA CAFE  
which will be awarded to the first all-correct entry opened. Please include your telephone  
number, home or work, with your address.





GLANMIRE 021 - 4821788



BLACKPOOL 021 - 4220019

## ARE YOU LOOKING TO SELL OR RENT PROPERTY?

Due to a successive period in house sales we urgently require (for pre approved mortgage & cash clients) a number of three & four bedroomed semi detached and detached homes in the Glanmire and surrounding areas including Watergrasshill, Glounthaune, Little Island, Knockraha, Carrigtwohill, Mayfield and Ballyvolane.

We would be delighted to carry out an appraisal of your property.  
Please call us locally at 021-4821788 or call in to our offices in the Hazelwood Shopping Centre.

### 4 THE CRESCENT, WINDSOR HILL, GLOUNTHAUNE €382,000

Spacious four bedroom detached bungalow residence standing on c.1/3 acre site with superb views of the surrounding countryside. Positioned in a very small cul de sac of 8 only homes, the property is situated in an established sought after residential area. Located close to the village of Glounthane the property is easily accessed from the city centre and Link Road Network and is within close distance to school bus services to Carrigtwohill, Glanmire & Midleton schools, Midleton, Cobh and Fota Resort are all a short drive from the property.



BER: C3 BER No.108656190  
Energy Performance Indicator: 224.98 kWh/m<sup>2</sup>/yr

### 27 HAZELWOOD WAY, GLANMIRE €195,000

Attractive 3 bed semi detached house with huge potential to extend having a 12 ft wide side entrance. Most convenient location within walking distance to all local amenities including primary & secondary schools. OFCH, PVC double glazed windows. Lovely gardens to the rear not overlooked.

BER: D2

BER No. 106649049

Energy Performance Indicator: 299.83 kWh/m<sup>2</sup>/yr



### 5 COPPER VALLEY VUE, GLANMIRE €265,000

An excellent opportunity to obtain a large 4 bed semi detached house in the much sought after development of Coppervalley Vue. Built approx 7 years ago, no. 5 has been exceptionally well maintained throughout. The property is bright and spacious and has 123.sq.mt/1,325sq.ft of well laid out accommodation. The property has the added benefits of a double driveway, side gate and south westerly facing rear gardens that are not overlooked.

BER: C1

BER No. 108707985

Energy Performance Indicator: 158.73 kWh/m<sup>2</sup>/yr



### TANGLEWOOD, GLYNTOWN, GLANMIRE €435,000

Impressive four bed detached bungalow residence set on c.3/4 acre mature site with south/westerly aspect. The property has been very well maintained over the years and is tastefully decorated with emphasis on luxurious, opulent styling. Located within a most convenient quiet setting with private driveway and detached outbuilding this property will appeal to all families seeking a long term family home convenient to schools (primary & secondary), shops, sporting facilities, Mahon Point and the City Centre. A bus service to the city passes by the property.

BER: C1 BER No.108601790 Energy Performance Indicator:173.18 kWh/m<sup>2</sup>/yr



### 6 BRIARWOOD, BANDUFF REDUCED - €150,000

Superb ready to live-in two bedroomed mid terrace townhouse. Recently constructed the property comprises of entrance hallway, lounge, kitchen/dining room, guest WC on ground floor, two double bedrooms and bathroom on the first floor. The rear gardens are of a good size have a south westerly aspect and are not overlooked. The property is within walking distance to all amenities and there is a city centre bus route a few minutes walk away. Viewings highly recommended.

BER: C2 BER No.108607490 Energy Performance Indicator:184.97 kWh/m<sup>2</sup>/yr



**REDUCED**

### 28 MARBLE PARK, RIVERSTOWN, GLANMIRE €160,000

Beautifully located three bedroomed semi-detached residence set in the heart of Riverstown. The property comes with side gardens to accommodate a driveway and garage and has huge potential to be extended to the side or rear sizeable gardens. OFCH and PVC Double Glazed Windows to front. Although in need of some modernisation works the property makes for a very appealing family home or investment.

BER: E2 BER No.108597667 Energy Performance Indicator: 375.68 kWh/m<sup>2</sup>/yr

