



GLANMIRE Area News



www.glanmireareacork.com | glanmireareanews@gmail.com | 086 8294713 | June 2016

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Glanmire FC play it SAFE

Glanmire Football Club are this year pairing their Four-mile Road Race with SAFE, the Glanmire area's suicide awareness group, to raise vital funds for a desperately needed community bus.

SAFE was formed following a spike in suicides in the area during 2009, with the steering group consisting of residents and local projects and services.

The core work of the group is to raise mental health awareness through education in suicide prevention, self-management skills in young people and to provide information, counselling, advice and support while working in partnership with anybody that shares its commitment to suicide prevention, such as the Glanmire Youth Initiative and Glanmire Drugs Task Force Project.

Brian Lotty, committee member of Glanmire Football Club, has organised the run for the past 14 years with the intention of raising funds for the club but in its 15th year a change was made. He said: "I've been race director for 14 years and I'm thinking of stepping back. So on my final run we decided to partner with a local charity that involves the youth. Suicide goes across all sports and Irish society and the work SAFE does for the area hasn't gone unnoticed."

Funds raised will go towards the SAFE community bus, a free means of transport, in cooperation with An Garda Síochána, for the elderly and youth of the greater Glanmire area. The service will integrate and engage as many isolated people as possible in the spread-out and poorly infra structured suburb and its hinterland.

A figure in the region of €30,000 is needed to fulfil the project, so more runners than ever before are needed. Mr Lotty says: "Normally, about 600 athletes take part in the Four-mile



Road Race. Our target this year is to increase the participants to in excess of 900. Suicide has blighted this community and everyone has been affected by it in some way so we need as many as possible to come out and acknowledge this issue and show their support."

The race will take place at 8pm from Glanmire Football Club on Wednesday 15 June with registration closing at 7.30pm, although run-

ners are advised to register ahead of time on glanmiregaa.ie or sourcehealthandfitness.com to avoid delays.

Photo caption: Alicia Collins Source Health and Fitness, Michael Kelleher, Cork senior hurler Daniel Kearney; Liam Herlihy, Brian Lotty Glanmire Football Club and race director; Angela O'Callaghan, Cynthia Kelleher SAFE, Irene Conneely, at the road race launch at Source Health and Fitness, Silver Springs.

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Area News

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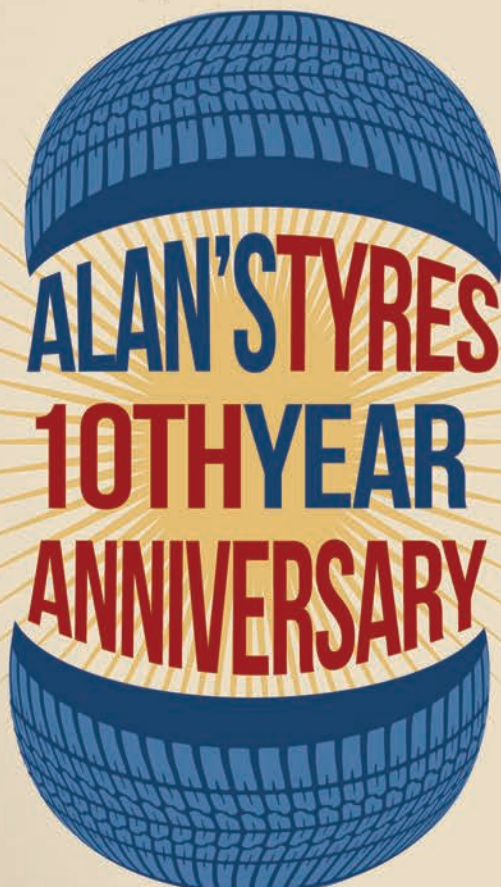


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COUNTY COUNCIL NEWS

Cllr. Pádraig O Sullivan (087-7859314)

E-mail: posullivan00@hotmail.com



Cork
County Council
Comhairle Contae Chorcaí

There are a series of local road improvements in Glanmire and Glounthaune which are currently going through the planning and design stage. I would like to emphasise the importance of engaging with the Council's plans in the next few weeks so that all locals can have a say in how these projects proceed.

R639 Sallybrook Pedestrian Crossing, Glanmire

Please be advised that Cork County Council commenced a Part 8 Planning process on Friday 6th May for a proposed pedestrian crossing and associated works on the R639 at Sallybrook, Glanmire.

A copy of the Part 8 report outlining the proposed works will be on public display in the Cork County Council Offices, Ballinglanna, Glanmire for a six week period from Friday May 6th until Friday 17th June. Members of the public will have the opportunity to make submissions and observations on the proposed scheme for a further two week period up to 1st July.

Should you require any further information please contact me or the Council Office in Ballinglanna.

Hazelwood Improvement Project

Cork County Council has identified the requirements to enhance the Hazelwood, Glanmire area. The section of the road which forms the main artery of the study area is the road which extends from the existing junction between the R615 and R639 to the roundabout junction with Brooklodge Grove to the East. The purpose of the project is:

To provide enhanced pedestrian facilities and permeability, cycle facilities, flood management proposals, landscape improvements and junction upgrades.

At the Public Exhibition the draft proposals set out:

- Pedestrian facilities along the roadway
- Locations of pedestrian crossings
- Treatment of side roads / entrances
- Speed control measures
- Cycle facilities

- Design of signalisation of the R639 junction
- Design of upgrade of R639 junction
- Landscaping
- Signage
- Flood management proposals

This exhibition is an important opportunity for you to let us know your views on the recommendations, and is the final consultation before the completion of the Project.

L3004 GLOUNTHAUNE TRAFFIC CALMING SCHEME

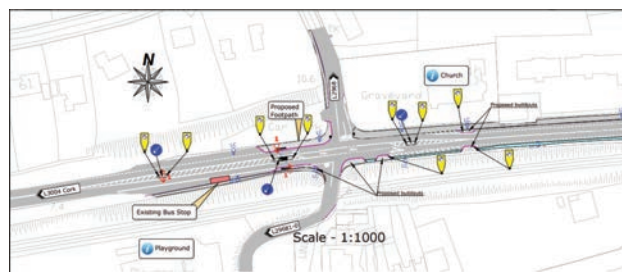
On review of the existing junction it was found that the main road consists of a wide single carriageway road with no traffic calming measures and limited pedestrian crossing facilities. The proposed scheme introduces traffic islands, build outs and an uncontrolled pedestrian crossing point to the west of the junction. The proposed scheme is designed to benefit all road users with a specific emphasis on vulnerable road users.

The following lists the principal features of the proposed scheme:

- Installation of an uncontrolled pedestrian crossing.
- Installation of build outs and traffic islands.
- Alterations to existing footpaths and construction of new footpaths.
- Public Lighting Upgrades.
- Provision of a right turn lane for vehicular traffic.
- Alterations to existing drainage.
- Installation of new road markings and signage.

ROAD RESURFACING AT R639 (RIVERSTOWN CROSS)

I think all residents in the Glanmire area are fully aware of the terrible condition of the R639 from Riverstown Cross up to the Hazelwood Junction. Unfortunately the patch work completed on the road isn't standing up to scrutiny. The Area Engineer has therefore agreed to bring the road resurfacing planned for 2017 forward to this summer. The job is now out for tender and due to be finalised in the next few weeks. The Area Engineer anticipates that resurfacing will begin in June/July.



FOR MORE ON GLANMIRE AREA INFORMATION

Travel & Local News Updates visit www.glanmireareacork.com

or contact Glanmire Area Community Association

Old Schoolhouse, Riverstown, Glanmire, Co. Cork. Tel: +353 (0)21 482 1333

MONTHLY MEETING - 13TH JUNE @ 8.30PM



Mindfulness Course

Many people use mindfulness because they find it reduces stress and gives them a greater sense of control over their lives. Mindfulness helps people to get more enjoyment out of their good times and to handle their bad times better.

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SAFE Glanmire Needs Your Help.

The core work of SAFE Glanmire is to raise mental health awareness, educate local people in suicide prevention, build self-management skills in young people, provide information, advice and support and work in partnership with any agency/organisation that shares our commitment to communities and services working together to support people. In 2015 we set a goal to raise monies towards the cost of a "Community Bus" for the elderly and youth of the greater Glanmire Area, a figure in the region of €35,000 is needed to fulfil this project. With the support of local people, businesses and some grant aid we have raised €20,000 so far.

Glanmire GAA Club organise a very popular 4 mile Road Race every year; this year they are donating the proceeds of the Road Race, to be held on the 15th June, towards the Community Bus Project.

You can help by

- Running /walking the 4 mile Road Race (Adults €10, Juveniles €5).
- Offering your services as a Marshal on the evening of the 15th June to manage pre-registration at Glanmire GAA Club, from about 5pm to 7:30pm.

Marshals please call or text

Mags at 087 9370806 or Cynthia at 087 1211214



5.5 tonnes lost at Lorraine's Slimming World group!

Slimming World consultant Lorraine Healy Horgan has celebrated the first year of her Slimming World Ballyvolane group in style! Since Lorraine's Slimming World group opened one year ago, her group has lost a staggering 11,774 pounds! That equates to 841 stone, or an unbelievable 5.5 tonnes! The Glen Rovers GAA lounge was decked out with party balloons in celebration of the group's first year achievement.

"I'm absolutely thrilled with our first year, can you imagine that we have lost 11,774 pounds in the first year? I'm so proud of all of my Slimming World members for achieving such amazing results!" said Lorraine.

"I'd like to thank my parents and everybody who has supported in becoming a Slimming World consultant. By going through my own personal journey, especially when nothing worked before I found Slimming World, it felt so good after losing weight that I wanted to share this feeling with everyone else. I also need to thank Balloons Galore Cork for giving us these fabulous balloons!" The fact that Lorraine can personally empathise with her members is the most important factor to her group. Her belief in the Slimming World journey has earned her a job she loves, her health and well-being and a listening ear, which sometimes is greater than having all the answers.

"I have gained the confidence to stand in front of people, something I would have shied away from, before this. My journey has taken me from being addicted to junk food to a place that I can now relay to people that they can break this vicious cycle," she said.

Another highlight of Lorraine's Slimming World year was getting the chance to cuddle up to the Australian heartthrob at the annual Slimming World Awards with fellow Slimming World consultant Ann-Marie Nicholson.

But for Lorraine, meeting people on a daily basis with a similar weight journey inspires her most to be the best Slimming World consultant, by making sure every single member is getting the right attention and support.

"I find by helping and understanding these people's needs and goals, it reminds me of my own struggles. Not only can I sympathise with these people, but I can empathise as I once was where they are now. The job satisfaction of seeing people achieve their goals and liking themselves is job satisfaction at its best.

"Here's the next year of the Ballyvolane Slimming World group!" Lorraine said.

Lorraine's Ballyvolane Slimming World group meets on Tuesdays: 9.30am, 11.30am, 5.30pm and 7.30pm at The Glen Rovers GAA (lounge) on Ballincollie Road. Lorraine's Glanmire Slimming World Group meets Saturdays at 9.00 am and 11.00 am at Glanmire GAA Club, Sallybrook, Glanmire. If you would like to know more about Slimming World, or if you're interested in joining one of Lorraine's groups, call 085-1931790.



from left: Joe and Rosaleen Healy, Lorraine Healy, William and Nora O'Brien

CLIENTS TESTIMONIAL:

"I've been going for two weeks and I'm down six pounds! It's fantastic, I never feel hungry because I can eat until I'm full. I've been to other weight-loss groups and lost weight but not as consistently, and I'm not obsessing over every bit of food I'm eating. I'm delighted!" - Hilga Foley, Dublin Hill

"I originally joined the Slimming World Metropole group, last September and lost a stone! But I over-indulged over Christmas, and decided to give it another go. When the times changed, I swapped to Lorraine's group and now I've lost another stone. I love how I don't have to count calories, there's no point system, all I have to do is watch certain foods, and eat as much as I want in other foods."

- Marian Chisholm, Wellington Road.

"I feel fabulous! I've only joined last week but already, I've lost four and a half pounds. At first, it sounded like an awful lot but I did my shop and it turned out to be very easy. You can have a life while being on Slimming World. Lorraine is amazing as well, she's very good at explaining things." - Maria Ricken, Holyhill.

"I've been a member since June 2015 and I'm down two stone. I like the support I get at my Slimming World group, they don't make you feel guilty and they stop you from beating up yourself." - Michelle Guichard, Glenville.

"I've been in Lorraine's Slimming World group for a month and I've lost 16 and a half pounds. I just love it! I suffer from polycystic ovaries so I always blamed my weight on that, but it was just making excuses for it. I joined the group the day I turned 45 and make a promise to be healthier for when I turn 50!"

- Catherine Pardy, Mayfield.

Before



After



BALLYVOLANE

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at 9.30 a.m., 11.30 a.m., 5.30 p.m. & 7.30 p.m.

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"NÍL AON GLEANNTÁN MAR DO GLEANNTÁN FÉIN" GLOUNTHAUNE NEWS BY "THE FOREIGN CORRESPONDENT"

THE LOCAL AREA PLAN & CAHERLAG

The second edition of the 2014 Cork County Development Plan was published in January 2015, and the Local Area Plan relative to Caherlag states that; "the strategic aim is to preserve the rural character of the village and encourage small scale expansion, generally through low density individual housing, in tandem with the provision of services". It points out that Caherlag is served by a 4.8m wide local road L-2890-0 but there is no reference to the fact that it lacks a footpath even though there is an adequate verge which could accommodate one? Caherlag is designated; a "Village Nucleus" which is one of nine in the Blarney Electoral Area, and these are settlements where a limited range of services are provided to supply a very local need. Such designated villages would normally have a permanent resident population plus one of the following; a convenience shop, pub, post office, primary school, church, or other community facility. The Erins Own Complex has obviously been a factor in Caherlag's designation as the plan refers to; "the substantial GAA facility within the development boundary". The plan highlights the fact that; "the settlement has a very limited range of social and community facilities". It references "Population & Housing" and states that thirty one units were recorded within the development boundary of Caherlag in 2010, which was a rise of six units from the 2001 figure. It states that; "a significant number of these units are long established, particularly those to the north of the Erins Own GAA Grounds, which reflect the established grain of residential development that exists within the area and any new development should be in character with the scale and grain of the village". The plan encourages small scale residential and community facilities. It points out that there is no public foul treatment or sewer network in the Caherlag area and; "until the infra-

structural constraints are overcome, new housing development should be restricted to individual houses and serviced sites". Over the lifetime of the Local Area Plan, which is to 2020, it is considered that the village nucleus of Caherlag can accommodate a maximum growth of five units. Any new individual housing schemes should be of one to two units and the development boundary which will remain relatively unchanged has been drawn to reflect existing development and to provide sufficient land to accommodate the level of growth anticipated. The plan states; "it is considered that the most appropriate lands for future residential development are located to the north east of the development boundary. Given the lack of adequate mains sewerage treatment facilities and the timespan within which this deficiency is likely to be resolved, future development will need to provide its own individual on-site wastewater treatment facilities". The foregoing is a synopsis of the principal subjects addressed in the Local Area Plan relative to Caherlag. Incidentally, the January 2015 issue of Area News referred to the then recently erected directional signpost at Caherlag and pointed out that the burial ground has always been known as "Caherlag Graveyard", not "Cemetery" as shown on the signpost, which was also



incorrectly spelt, and that it is identified as "Graveyard" on the entrance pillars as well as on the nearby heritage board. The understanding is that a graveyard, unlike a cemetery, is located within church grounds however that is the technical aspect but people use the descriptions interchangeably today. The description "cemetery" is of a relative modern usage and it conjures up an image of orderly, straight pleasing rows of gravesites and one example of this is St. Joseph's Cemetery, Little Island. The description "graveyard" is more archaic and it portrays an ancient historic resting place; of high walls, an iron gate, varying size headstones, some slanted and with the inscriptions almost worn down by time and weather, and also low unscrubbed grave markers. Caherlag has all of these characteristics but the most important factor is that the burial ground has always been known locally as "Caherlag Graveyard". Accordingly it is pleasing to observe that the brown coloured signpost is replaced by one which shows; "Caherlag Graveyard"!



ASHBOURNE

The September 2014 issue of Area News referenced the Direct Provision Centre at Ashbourne and suggested that the residents should get involved in local community activities; "there are plenty of varied choices available to them and apart from the integration aspect within the community it also gives them the opportunity of giving something back. The Tidy Towns is one of the many examples that they could get involved in and a project such as the responsibility for the upkeep of the nearby "Old Road" would be very appropriate". How naive! The following was published in the March issue of Glounthaune Community News; "raised bed gardening help wanted; could you spare an hour or two per week to assist the residents of Ashbourne Direct Provision Centre to dig, plant and look after a few existing raised beds?" It is pleasing to admire the residents' pride on their efforts of keeping "their" house in order but the fact that they feel that it is necessary to rely on the local community to achieve this is simply mind-boggling. Let's call a spade a spade! What is involved here is a request to fellow parishioners to perform voluntary work at commercial premises and another issue is that



the precious time involved would be at the expense of further beautifying public community areas. Is the referenced work not "part and parcel" of the commercial operation? What next – the ironing?! The lucrative business at the Ashbourne Direct Provision Centre has been operated par excellence for circa fifteen years now and this is confirmed by the various inspection reports issued by the RIA over this period. However, would suggest that the aforementioned matter is owners' "patch of ground" and it should be addressed accordingly. Owners' also have a responsibility pertaining to the "Preserved Garden" status of Ashbourne. What is the quality, the character and the presentation today of the once magnificent gardens? How many gardeners are employed there? Michael Garde, a director of the previous owners, advises per a blog that the grounds have been allowed to fall into decline and states that when he saw them about three years ago there appeared to be no work happening. Interestingly, he also comments that when the directors of Ashbourne House Hotel sold the premises it was clear to them that it was destined to be used as an asylum centre

with a view to running it down and then building on it. He reckons that this was interrupted with the crash – and note the word; "interrupted"! The grounds are in private ownership but have Cork County Council a role to ensure that the standard of the "Preserved Garden" status prevails? Michael states that it would take some intervention from local residents to get some action. Why not the Community Association? The Glounthaune community has a special affinity with Ashbourne and it was a popular setting when a hotel; let it be a wedding, a family gathering, a christening, a birthday, a first communion, a confirmation, a dinner-dance, or a place where the innocent local lads played football on the excellent manicured croquet lawn! It was also possible for the children to play in a care-free environment and furthermore locals who were employed there down through the years have many happy memories of the house and gardens which are steeped in history. The gardens were known and acclaimed worldwide and in the past were open to the public one Sunday per annum. The Cork St. Vincent De Paul Society was the beneficiary of the monies raised from the entrance fees as well as from the sale of teas and scones, which of course in Glounthaune is pronounced minus the "e"! Richard Beamish, of brewery fame resided at Ashbourne House and he laid out his alpine and sub-tropical gardens in 1900. Included were plants from China which were introduced by E.H. Wilson and from New Zealand by Captain Dorrien Smith of Tresco Abbey in the Scilly Isles. Notable specimen included; "Haplocartha Scaposa" from South Africa together with the rare "Mexico White

Pine" or "Pinus Ayachuete" which is the tallest in Ireland or Britain. He is credited with the name; "Meconopsis Beamshii" which is a beautiful yellow flowering poppy that originated at Ashbourne in 1906. Ashbourne Gardens had a number of distinguishing features which included; an unusual arched Irish Yew walk, a woodland garden and a bog garden. The house, which is a listed building with a record protected structure number 00498, was later acquired by the Hallinan family, who owned the Avoncore Mills at Middleton which was formerly Hackett's Distillery. One of their grandchildren was John Magnier of Coolmore Stud fame. Hallinan's employees' developed the gardens further and commuted from Middleton Station, where the mill was located nearby, per the Youghal Line train to Queenstown Junction, which was probably already in place when the Middleton section of the line opened in 1859. The station was re-named Cobh Junction on September 25th.1928 and subsequently Glounthaune on August 27th.1994. A German lady, Timi Garde purchased the house for five thousand pounds in 1960 and it was opened as "Ashbourne House Hotel" in May 1961 by the then Lord Mayor of Cork, Stephen Barrett T.D. It is regrettable that prior to the sale large indefinite number of trees and shrubs were removed by the auctioneers. In 1996, at a time when Enda Kenny was Tourism Minister, the owners' were considering promoting Ashbourne as; "A Great Garden of Ireland" which would have involved European funding but disappointingly they did not proceed with the plan and alas the hotel closed in May 2000.

SLÁN ANOIS ©



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A BITTER HEARTBREAKER



Hairy bittercress with its white blooms is a sneaky plant! It has cleverly adapted a sly trick or two for better survival. Read on but ignore it at your peril.

If you talk to gardeners they always seem to be in a state of waiting; for rain or sun, for roses to bloom, perennials to show colour, for the dying down of bulb foliage, for autumn colour. They're constantly in a state of expectation and hope, watching in anguish or jubilation, forever urged on with greater ambitions. Can gardeners be otherwise? Can there be times where they can forget about their plants or must commitment be total? I fear the latter for gardening is the essence of continuation. Leave a garden for seven days and it seems to sense your absence and go to pot as a result. No amount of catching up later can eradicate the enforced neglect and when it comes to weeds, you may find the battle lost for the entire growing season.

I scarcely dare trust myself to speak on weeds. They grow as if the devil was in them. They come in an unalterable, even decorous procession, battalion after battalion, legion following legion and the sneakiest of the lot is surely Hairy Bittercress,

botanically known as *Cardamine hirsute*. In Glanmire and Riverstown it grows all year round and even in bleakest January it shows up brightly when its little white flowers appear. At this stage it looks innocent and unthreatening but beware its simplicity, for as soon as the flowers fade the stems elongate, the seed pod curls and lengthens and the little seeds inside fatten and ripen. At this point, it is too late to take action for at the least touch to the outer covering of the seed pods they explode with a force that expels the seeds far and wide.

Another generation of weeds has been born!

Along with being sneaky, the hairy bittercress has cleverly adapted a sly trick or two for better survival. Firstly it turns a rather dark bronze colour just before expelling its progeny. It also seems to be able to distinguish between regular ground disturbance and that which is left rather fallow. In beds and borders where constant cultivation is practiced the weed matures and expels its seeds

whilst still relatively small and inconspicuous. Where the ground is left undisturbed for long periods it grows far taller and over a much longer timeframe.

Chemical control is difficult for this 'garden centre weed' moves only in the very best horticultural circles, invading choice perennials and summer bedding alike, all with equal relish. Constant use of the hoe or hand pulling is the only sure way to get any measure of control.

I close with a word on the nastiest of all the weeds, the sycophant dandelion. It arrives, seemingly from nowhere and is cunningly constructed to thwart easy extraction. When you grasp it and attempt to pull it from the ground it seems to melt away in a soft squash for it has no leaf fibre or substance. You end up with a fistful of mush leaving the root firmly anchored in the ground. If you don't want to eradicate these using chemicals, try a pinch of salt in the centre of its crown!

You'll be surprised at the result.

THE LAWN: Whether you're inviting the neighbours around for a barbecue or throwing a garden party during the long bright evenings of midsummer, spare a thought for the grass beneath your feet! No matter how well maintained your lawn is, it is all too easy to see it ruined by an evening of heavy shoe activity. Maintaining a pristine turf is a more expensive investment per square foot than any other horticultural technique but if you follow a few basic steps,

your lawn should recover from nearly everything you throw at it! The following tips will help the sward recover quickly;

- Always water the grass following a garden party especially if it's showing signs of stress by wilting.

- If the traffic has been very heavy (and the ground soft) it is vital to undertake some aeration. On a small lawn, do this with a

garden fork, pushing it in as far as it will go then wiggling it back and forth across the entire surface. For large areas, hire an aerator.

- Follow the golf club regime and push the turf back over any scuffs and tears, back filling holes with an equal mixture of peat moss and sand.

- Sow completely bald patches (those areas

THE JUNE GARDEN

COSMOS: I presume that you've sworn not to add another plant to the garden for the remainder of the year but could you possibly find it in your heart to source half a dozen plants of an annual which is full of lightness and transparency? Cosmos is what I have in mind for its delicate, fern-like foliage permits you to see through to plants beyond. This attractive framework of wispy, thread-like foliage is covered with flowers from mid-summer. These are broad and with petals like a daisy, and they come in warm shades of mainly pink and red (white too) all with golden yellow centres.

As with other annuals, it is important to dead-head these to encourage prolonged flowering, but take note the peculiarity of this much branched plant which makes dead-heading such an easy and indeed rewarding exercise. Each mature flower has two budding stems which branch off at the base of its stalk. To remove the dead head, you simply cut the stalk at the branching point and the one flower is soon replaced by two! When these are over, you cut the joint stem lower down, at the point at which two further branches arise. Aided by this dead-heading, multiplication of flowers continues through the summer!

ROSES: Good rose blooms will be encouraged by the warm weather and once the first flush of bloom have faded gently snap off the heads. Dead heading roses on a summer evening of course is an occupation to carry us back into a calmer age and a different century - certainly back to our childhood and to those we watched performing the same kind of pleasurable chore. Goodness, but how the years fly.

FOR A DARK CORNER: Did I ever mention to you that *Choisya ternata* 'Sundance' will glow in an enchanting chartreuse shade when planted in dappled or light shade? Get this one if you have a fairly dark corner to fill for it will lighten the spot every month but dramatically from October to March. Much more use should be made of this freely available, inexpensive, evergreen, scented shrub, so get one before summer fades.

BASKET TOMATOES: Last year I got a small hanging basket at Dooley's and it contained a special variety of tumbler tomatoes. I can say here and now that I got more pleasure and produce from this small planting than from anything else edible in the entire garden. Try one!

immediately beneath the edges of tables and chairs) with a mixture of seed, sand and compost.

- Fertilize the entire area lightly and if rain is not forecast, give a good watering to wash it in. When cutting, make sure the blades are really sharp. Blunt mower blades tear the grass and make it vulnerable to fungal infections.



Children at Glanmire





Aleesha and India Griffin Knockraha enjoying library time.



Faye and Abbie O'Connell Castlejane Woods enjoy a good read.



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Erins Own Hurling & Football Club Caherlag, Glounthaune, Co. Cork.

Lotto Results: Lotto Results: For Wednesday the 18/05/2016 no winner this week, Numbers drawn were 2,10,12 & 16, €30 to the Walsh brothers, Margaret Gleeson & Eleanor Collins, Next weeks Jackpot is €2,040, you can know play Erins Own club lotto on line on our website, Thanks to all those who support our Lotto

Club Shop: The shop will be opened on Saturday 10am to 12pm & Sunday 11am to 12:30pm, any queries or questions on stock or orders just drop an e-mail to Dara at erinsowngaclub@gmail.com or phone or text Michael on 086 8699145 or Kieran on 087 7787759

RedFM Senior Hurling League Erins Own 2-15 Carrigtwohill 1-11 03/05/2016

A good night tonight for a game of hurling in Caherlag, Carrigtwohill were the visitors for this Senior hurling league clash, From the off Erins Own looked to be the stronger side when they raced in to a six point lead with some fine scores from Mark Collins & Eoghan Murphy & with both Shane & Kilian Murphy well in control at the back it was looking good, however Carrig slowly started creeping back in to the game & with some fine scores of their own they only trailed at the break by a goal, two

minutes after half time Carrig goaled and with both teams exchanging points the sides were level, Erins Own then stepped up a gear Eoghan Murphy goaled for the second time in the game & in the last ten minutes the points started coming to pull away from Carrig to give a strong finish & a win by a goal & four points, James O Carroll Kilian, Shane, Eoghan & Kieran Murphy, all played well on the night.

Team in Full: 1.Shay Bowen 2.Dara Twomey 3.Cormac Dooley 4.Kilian Murphy 5.Shane Broderick 6.Shane Murphy 7.Cathal O Mahony 8. James O Carroll (0-01) 9.Sean Kelly 10.Mark Collins (0-2) 11.Mossie Carroll(0-02) 12.Kieran Murphy (0-01) 13.Eoghan Murphy (2-07) 4 points from frees 2-03 from play, 14.Jack Sheehan (0-01) 15.Cian O Callaghan (0-01) Subs used: Steven Horgan for Mark Collins, Andrew Power for Mossie Carroll, Colm Coakley for James O Carroll, Eolan Harrington for Dara Twomey & Sam Gulifoye for Cian O Callaghan



From L to R, Juvenile Chairman Brian O Shea, Minor H&F Manager Billy Hegarty, Juvenile Coach Liam Hegarty & Juvenile PRO Donnacha O Connell all enjoying this years Fun Run



From L to R, Event Marshal Shane Aherne, Medicial Officer Greg Twomey & Secretary Jamie Murphy at this years Fun run



All roads led to Sarsfields GAA Club, where we were invited to an U15 Hurling Blitz as part of Sarsfields 1916 Commemoration week. This was an excellently run blitz & a most enjoyable day.



Erins Own Fun Run winner Michael Mulchay receiving his prize from Erins Own Club Treasurer Barry O'Neill

The Fun Run committee would like to thank all who participated in the "Road to Grass Fun Run" despite the bad weather we had a fantastic turnout with over 220 people participating.

We would like to sincerely thank our sponsors for the event, The Castle Glanmire, The Fish Wife McCurtain St, Fitzpatrick's shop Glounthaune, NRG Express, Stryker, The Radisson Hotel, Pepsi.

We would also like to thank Hillside Nurseries Kilcoolishal, for supplying the shrubs for our 1916 garden of remembrance.



Knockraha Remembers 1916

On Sunday the 5th of June at Liberty Hall at 3pm James Connolly-Heron, a great-grandson of James Connolly who was a signatory of the Proclamation, will unveil a plaque to remember all those from Knockraha who took part in the War of Independence. James has been a leading light in the 1916 celebrations in Dublin and is leading the campaign for the retention of the houses in Moore Street where the 1916 leaders made the final decision to surrender. Liberty Hall in Knockraha is a building where the local

Volunteers Company was formed by Martin Corry. It is on the back road from Knockraha to Carrigwohill in the townland of Ballinbrittig. It was here that many important meetings were held and become more or less the headquarters of the Volunteers in East Cork. The East Cork Flying Column that was wiped out at Clonmult was formed in Liberty Hall. It is named after the iconic building in Dublin where the Rising started and in the past year it has been completely refurbished by the Knockraha History & Heritage Society and should now stand into the next Millennium without much maintenance. There are already two plaques on its gable wall, one saying 'we serve neither King nor Kaiser but Ireland', the Irish Republican flag flying proudly over it. On the evening of the 5th of June we'll have a very varied programme. As well as James Connolly-Heron, Sean Kelleher (secretary of the Kilmichael and Crossbarry commemoration committee) and Dan Crane (a descendent of the Hogans from Kilquane from Washington D.C. where he was high up in the political establishment being a legislative assistant to Senator Daniel Patrick Moynihan, a leading Irish-American politician) will be in attendance. Amy Murphy will sing the Ballad of James Connolly and the well-known singer Art Supple will sing some rebel songs. A pupil from Knockraha National School will read the proclamation. There will be a piper to play some laments and a colour party from the army. Later in the evening we will have a dinner in the Park

Hotel in Middleton with James Connolly-Heron as our principle guest. Tickets will be available from €25 for a 4 course meal and can be obtained by contacting Jim Fitzgerald on 087 986 4177 in advance.

It is only recently that the contribution of the Knockraha Company to the National struggle for independence has been realised with some unique activities which were not undertaken anywhere else in Ireland. At the instigation of Sean Hegarty, O.C. Cork No. 1 Brigade,

vault in Kilquane graveyard, Knockraha known as Sing-Sing was used as a prison where over 100 inmates were detained including Black and Tans, auxiliaries and spies with up to 20 being executed out of it. Many had eerie experiences and Eve Morton, a well-known author from Dublin, is writing a book on ghost experiences during the War of Independence and she will be including the stories of Sing-Sing and the famous black dog of Ballgohig who could not be shot. And so the War

of Independence in Knockraha is now well-known nationally, being the subject of TV documentaries, newspaper articles, history books and other publications and people are travelling from all over Ireland to see our independent sites. Knockraha was very useful for undercover activities with many glens and bogs in the area. As well as these activities many people on the run stayed in Knockraha,

including on many occasions Sean Hegarty, O.C. Cork No. 1 Brigade, who operated out of Knockraha. The Knockraha History Society have many weapons that were used in the War of Independence which we have taken to many exhibitions all over Ireland including Dublin, Armagh and Belfast. And in recognition of Knockraha's contribution to the War of Independence, four of our members were invited to a dinner in the Waterstone Hotel in Belfast to commemorate the 1916 Rising in Dublin. The function was a sell-out with over 1,000 people attending with all shades of nationalist opinion in the North represented.

The Knockraha weapons will be on display in Liberty Hall on the 5th of June, including a rifle from the Aud, a maxim machine gun, rifles taken from the British and small arms and the moulds from which the hand grenades were made. The Cork Remembering the Volunteers organisation will also bring more memorabilia for display including historic photographs. It will be a very historic day and one not to be missed.



The Knockraha hand grenade-making group photographed outside the grenade factory the day after the Truce, 12th July 1921. Mick Higgins, Ned Mulcahy, Denis Bowen, Martin Corry, Dan Sullivan and Denis Lynch.



Liberty Hall, Knockraha photographed 2015.

two hand grenade factories were set up in Knockraha which supplied 3,000 grenades to the National struggle which is recognised as being very important. A



White's Cross GAA News

whitescrossgaa.ie

Luciano's Extend Sponsorship

White's Cross GAA is delighted to announce Luciano's Pizza has extended their sponsorship of the club. Already a pitch side sponsor, they have now extended the partnership to include sponsorship of a set of juvenile jerseys. Recently some of our juvenile players travelled down to their Crestfield unit for a photo-shoot to unveil the new jersey. Luciano Sr. and Luciano Jr. Tavoleri were both in attendance, as were team coaches Sean Coughlan and Finbarr Pyne.

Luciano's Pizza are a local family run business based in Crestfield Shopping Centre in Glanmire and Dillon's Cross. They have been serving the people of Cork since 1984 when Luciano Sr. opened his first shop in McCurtain Street. In the intervening years they have relocated to Glanmire and as business continued to grow they set up a second shop in Dillon's Cross. White's Cross GAA is delighted to be linking up with this family run business that serves the local community. This link up will hopefully go from strength to strength.

Later in the year we hope we will be celebrating silverware with the famous Big Luch pizza!

Sign Up for Kellogg's Cúl Camp Now!

This summer's White's Cross GAA Kellogg's Cúl Camp has been timed once again to coincide with the school holidays at Scoil Naomh Micheál, Upper Glanmire N.S. and thus commences the first full week of the school holidays. It runs from Monday to Friday, June 27th to July 1st commencing each morning at 10am and finishing all five afternoons at 2:30pm. This year there is another great new kit for all participants, including a new version of Cúl zip top, that proved really popular last year! Application forms and further details have been circulated through Scoil Naomh Micheál, Upper Glanmire N.S. – note completed applications forms are to be submitted by June 10th. Alternatively you can book online - for further details check out www.whitescrossgaa.ie or www.kelloggsdulcamps.gaa.ie. Note the White's Cross camp is open to boys and girls from 5 to 13 years inclusive.

FREE Kit for Kids

Our great supporters at Ryan's SuperValu, Glanmire are now giving us the opportunity to earn some 'kit for kids' in White's Cross GAA! When you shop in Ryan's SuperValu Glanmire and spend more than €40 (worth 1 voucher) you can help White's Cross GAA by putting the receipt voucher into the box in the store



White's Cross GAA is delighted to announce a new sponsorship deal for one of our juvenile teams! Luciano's Pizza, already a pitch-side sponsor at White's Cross GAA, has very kindly extended their support of our club by sponsoring a set of juvenile jerseys. Pictured at the announcement of this new deal are Luciano Junior and Luciano Senior Tavoleri along with members of White's Cross juvenile club, and coaches Sean Coughlan and Finbarr Pyne.

(the White's Cross slot of course!). If 2000 vouchers are collected White's Cross GAA will get an O'Neills juvenile kit - simple as! If you have friends/relatives etc that are not tied to a club and do their shopping in Ryan's SuperValu, Glanmire you might have a word encouraging them to drop the receipt into the White's Cross slot. The offer runs until 13th of July, so let's get shopping...! Ryan's SuperValu have been outstanding supporters of a number of sports clubs in the greater Glanmire area for a number of years now, including White's Cross GAA Juvenile Club – we are hugely grateful to them for this ongoing support. This is yet another great initiative by them, as they give back to their local community.

White's Cross 5-12 Laochra Og 2-5

In this Under 13 hurling league encounter, played at White's Cross, our lads worked hard from the start. Harry Coughlan and Brendan Quain were hurling a lot of ball from midfield and scored some lovely points. Danny Linehan, Ethan Ryan and Olan Skillington were solid in defence, while Sean Twomey and Eolan Dill fought tigerishly for each ball and made sure their opponents had to work for everything. Seamus Hennessy was very solid in goal.

Robert Docherty and Luke Murphy were kept on their toes in the forward line trying to use every ball coming their way to the team's advantage. Senan Ryan was a constant threat with his

pace and skill, while Stephen Whooley and Daniel Kelleher got in on the scoring act to complete a fine team effort.

The introduction early in the second half of our young and upcoming U12's Patrick Harrington, Luke Kelleher, Jack Collins and Ciaran Aitken showed how they were more than able to hold their own at this level. The substitutes settled well and contributed strongly as White's Cross took control of the game and worked towards a well-deserved victory on a score line of 5-12 to 2-5.

White's Cross 4-4 St. Vincents 1-2

In this under 12 hurling league encounter, buoyed on by a strong home support, White's Cross captain Jack Collins elected to play against the elements in the first half. Stellar defending by Ethan Ryan, Seamus Hennessy, Daniel O'Keeffe & a dominant midfield of Eddie Coughlan & Robert Docherty ensured a steady supply of ball to the forwards throughout the opening period. Long range pointed frees from Eddie Coughlan and an opportunist goal from Luke Kelleher ensured the home team held a 1-2 to 0-2 lead at the break.

The second half saw White's Cross play their best hurling of the season to date with Patrick Harrington, Charlie Browne, Eliah Hurley, Ciaran Aitken and Kevin Reynolds putting on impressive performances. Brendan Quain rattled the net within minutes of the restart to put them on their way. Eddie Coughlan notched the score of the night after a strong run, finishing superbly to the top corner and poacher supreme Sean O'Mahony did what he does best.

All in all, an extremely satisfying night for the management team with Luke Murphy, Ruairi Quinlan, Rian Harden all putting in solid performances to ensure a great victory.

White's Cross GAA Lotto Up-Date

Results from May 16th: Numbers drawn: 2, 5, 21, 28. No jackpot winner. €50 lucky dip winners: Louise and Brian Kenny, Ken Ryan, Brian Twomey

Results from May 2nd: Numbers drawn: 1 / 4 / 13 / 28. No jackpot winner. €50 lucky dip winners: Tony O'Keeffe, Finola Carroll, Deborah O'Keeffe.

Thanks to everyone who supports our Club Lotto Draw that takes place every fortnight – this income stream has made possible many of the exciting projects completed at our Club Grounds in recent years.

St Patrick's College Awards Night 2016

St Patrick's College recently held its annual awards night in the school. This year the distinguished past pupil was Ursula Hederman who is the principal of Brooklodge Primary school. Ursula completed both her primary and secondary education in the St Patrick's campus and went on to primary teacher training in St Patrick's College Dublin. Ursula gave an inspirational speech in which she mentioned importance of having high expectations of yourself and those around you. The school is very grateful to Ursula for being the distinguished past pupil of 2016.

Ursula gave the Junior Cert of the Year award to Helen Quill for her outstanding performance (7As and 2Bs) and the Leaving Cert of the Year award to Mary Quill for her outstanding performance in achieving 7A1s. Mary is now studying international business in UL. It was great to see members of the class of 2015 back in St Patrick's for the Gold

Medal presentation. The gold medals are awarded to students for outstanding performance in individual subjects.

This year for the first time, the school awarded a community award to Foroige – which has a very strong link with St Patrick's. Foroige workers provide 1-1 support and whole class activities in a range of areas including responsible use of social media and it was fitting that the school recognised their vital contribution.

TOP RIGHT: Kate Dorgan, Hayleigh Looney, Niamh Murphy, Shannen Swords, Emily Duggan, Emma Carroll, Linda Pentony. Front Row: Ruth Boyzinski, Kira O'Sullivan, Rachel Forrest, Nicole Barry, Lauren Murphy, Mary Quill
RIGHT BOTTOM: Back Row: Christine Rodgers, Rebecca Cambridge, Jessica Bloss, Frankie Kelly, Emma Furlong, Wiktoria Socha Front Row: Kate O'Riordan, Tara Matthews, Kamila Juzak, Fiona Earle, Jenny Langan





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Glanmire GAA Report



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With an astonishing achievement and a famous face at our club, it has certainly been a month to remember for Glanmire GAA.

FEILE COUNTY CHAMPIONS 2016

On Sunday, April 24th 2016, history was made for the club as the Glanmire Under 14s defeated Douglas to win the County Feile title in Togher. The final score was 2-4 to 0-2. The team, mentored by Denis Twomey, deserve huge credit for this monumental win. Hopefully this victory is just a foundation of success for this team and the club as a whole as the lads now can look forward to the Feile National Finals which are due to take place in Kerry, West Limerick and West Cork on the weekend of June 24-26th.

OPENING ROUND WIN FOR INTERMEDIATES

Glanmire bridged a 10 year gap on Saturday May 9th as our Intermediates defeated Kinsale on a scoreline of 1-13 to 0-12. On a wet evening in Ballygarvan, our flagship team were not to be denied of another opening round loss, as they worked tenaciously to defeat the seaside town. It was a very close encounter on the night, but a man of the match performance from midfielder Tiernan Hourihan, in addition to the scoring prowess of Alan Barry and Kieran Kenneally, ensured that Glanmire won their first Opening round Championship game since 2006.

Glanmire now advance to the winners round, which will be played on June 10th against St. Finbarrs in Brian Dillons pitch in Upper Glanmire.

GRANDONS TOYOTA COMMUNITY CUP 2016

The Inaugural Grandons Toyota Community Cup took place on Wednesday May 6th in the club grounds in Sallybrook. 8 local Schools (Riverstown N.S., Carrignavar, New Inn, Watergrasshill, Glounthaune, Gaelscoil Ui Drisceoil, Upper Glanmire N.S. and Brooklodge N.S.) took part in the Cup and Plate Competitions, with Carrig na Bheir and Riverstown emerging as respective champions. On hand to commentate on the finals was "The Voice of the GAA", the legendary Micheal O'Muircheartaigh. The renowned broadcaster could not have been more courteous on the evening, as he made equal time for all fans young and old to have a chat about the GAA.

Huge credit must go to Ken Grandon and his staff at Grandons Toyota for organising such a terrific and successful event, and Glanmire GAA was honoured to be able to host it. A mention must also go to the parents and teachers of the players, who gave up their holiday time so sparingly to help prepare the teams for the night. Needless to say, the 2017 cup is to be eagerly looked forward to.

GLANMIRE ROAD RACE 2016

The Glanmire GAA 15th Annual Road Race will take place on Wednesday June 15th at 8pm. The Race was launched on May 16th in Source Health & Fitness, who will generously sponsor the event again. This race has

become one of the more popular events on the Glanmire Calendar, with all proceeds from this year's race going to SAFE in Glanmire, the Glanmire Suicide Awareness Group. Registration for the race can be completed by visiting www.glanmiregaa.ie. We hope that you will support this worthy cause.



The Glanmire Intermediates that defeated Youghal in the opening round of Intermediate Football Championship



Oliver Compton, Under 14 Captain receives the County Feile title after their epic win against Douglas



Glanmire Club Secretary Angela O'Callaghan with Micheal O'Muircheartaigh at the Grandon's Toyota Community Cup



That's all for this month, and what a month it has been. We thank you all for your support.

Is Mise Le Meas

Donal O'Spileain

Oifigeacht Piobliochta,

Cumann Peil Ghleann Maghair.



Update from your Local County Councillor Sinead Sheppard on Glanmire municipal council for 2015/2016

We are now finishing up our second year on the Cobh/Glanmire municipal council and Cork County Council and it has been a very busy year on a lot of levels. I think it is important to let you the residents know what funding your council is supplying and works that are being carried out in your local area.

In the last year the 2015 Town Development Fund awarded €10,000 to the Glanmire business network for a business website and directory.

€20,000 has also been spent on the plans for the Hazelwood improvement project. This is a long term project and will depend on the funding that becomes available over the coming years, but we as a council are very keen to see this in the future and will be working hard in the hope that we see this come to fruition.

The Town development fund of €135,000 is available every year to be spent in the 3 main towns of Glanmire, Cobh and Carrigtwohill and I would urge businesses or groups with an economic development project for the Glanmire area to apply for this funding through the municipal council, details are available online or you can contact me personally.

Grants...

Residents associations in Glanmire area this year was awarded funding to the amount of €2060.

Amenity grants awarded to the Glanmire area amounted to €12,350.

Capital grants awarded to the Glanmire area amounted to €12,500.

Community grants awarded to Glanmire Area €26,000.

This form of grant aid will be available each year and will come available again early in 2017 and I would encourage all groups to apply for funding when it is launched again in 2017.

Roads are a problem for us across the whole county and is a constant battle to secure funding for all roads that we would like to see works on. Here is a list of projects being done this year.

List of works for 2016 in Glanmire area for a full road resurfacing.

R639 Hazelwood to Riverstown Cross (phase1)600m

L2959 Ballynahina to Carrignavar 400m

R614 South of Glenville. (Phase1) 500m

List of Works for Surface Dressing.

R614/R616 Upper Glanmire/Templemichael. 2000m

L6984 Knockraha 2200m

L2958 Dunbollogue to Glenville. 2000m

L2964 Coolgierisk 1200m

Public Lighting for Glanmire

7 new lights allocated from Copper Valley Vue towards the New line.

2 additional lights allocated between entrance to Barrymore towards Grandons.

I will be holding a clinic the 2nd Tuesday of every month from 10am-11am in the Riverstown community centre for anyone who wishes to attend I can be contacted regarding any issue mobile 0872602091 or email: sinead.sheppard@gmail.com



1. Leah Keyes With Margaret and Fiacra
 2. Robbie O Halloran with Anna and dad John
 3. Back Abbie Twomey Asia Frag Grace Canning
- Front Liam Dennehy Kate McGarry Fiona Columb

The competitors who took part in the Community Games Art Competition in Carrigtwohill last Sat 21st May.

TOP TIPS TO CONSIDER WHEN BUYING A PROPERTY

By Joe Organ (Joe Organ Auctioneers)

Looking for a new property? It can be very exciting but there are definitely ups and downs involved in the process.

Here are some thoughts everyone has when they're looking for a property:

1. What do I want?

One of the biggest purchases you're likely to make in your life is picking the right property.

Due to a lack of supply in the property market it is important not to make a rush decision in purchasing a property and make sure that it is the right one for you.

With that in mind it is important to view as much properties as you can, to get a sense of what you want and what your happy with. The more you view, the more experience you gain, and become more confident as to making a decision as to what you want.

2. Where do I want it?

Location, location, location – it's all about location. It is critically important to weigh up what you want, with what you can afford and where you want to be.

Consider where you want to live, and what amenities you want around you. Things to give consideration to are public transport, location to schools, close to a town or village or connection to a road network. It is key to plan for the future in picking

your location.

3. What to do when I found my dream property?

The hard part is not over when you've found the perfect property and there's still a lot more to do. Mortgage approval may prove to be a tough task due to the new mortgage criteria. It's now time to pay your booking deposit to hold the property, and organise your engineer (structural survey) and valuer and these maybe additional costs.

It may seem very overwhelming...but all this can be a very straight-forward process. A little planning can go along way and tackle them one by one.

4. It is all about the small details...

You are nearly there and you can see the light at the end of the tunnel. Now that the mortgage is secured and you've signed on the dotted line, it's now time to agree a closing date and arrange a time to pick up your keys from the vendors Solicitor or Auctioneer.

5. Here at last...

At last you turn the keys in the front door and now it's now time to start planning for the future. The fun time starts now to turn your property into your own and put your stamp on it. Whether that involves picking paint colours, buying furniture or adding on an extra room. This is a fun time in the process so enjoy.

Good luck from Joe Organ Auctioneers.



Coláiste an Phiarsaigh



Foireann Iománaíochta Sinsir na scoile, seaimpíní Craobh Chomórtais an Chontae Roinn C 2016



Dheiseal: Ben Ó Tuama, Eimear Ní Bhrádaí, Íde Ní Dheasúnaigh agus Fiona Ní Chearbhaill. a ghlac páirt i bParlaimint Mac Léinn na hEorpa i gCearúil le déanaí. Chaitheadar a geuid ama ag díospóireacht agus ag plé an rún a tugadh dóibh. Ghlac thart ar ochtó dalta páirt ann ó chathair agus ó Chontae Chorcaí. Bhí seans acu go léir páirt a ghlacadh sa pharlaimint i halla na cathrach agus vótáil agus arísle a dhéanamh amháin is gur fíor parlaimint a bhí ann. Roghnaíodh Íde chun dul ar aghaidh go dtí na babhtai díospóireachta a bheidh ar siúl i Manchlaín Shasana. Buanfídh sí le daltaí eile ó scoileanna na hEorpa thall agus beidh plé agus díospóireacht acu agus cuirfear ar a súile dóibh conas a oibríonn an córas daonlathach i ndáiríre.



Daltaí ar ainmníodh iad mar scothscolairí bl6 i mbliana.

Laura Ní Loingsigh, Lonnóg Ní Fhlannchadha, Sióthmhaithe Ní Fhlannchadha, Rachel Ní Cheallaigh, Eimear Nic Eoghain, Darragh Mac Conchoille, Ciara Ní hAinle, Niamh Damery, Adam ó hEafaigh, Áine Ní Chearúil.



Grúpa traidisiúnta na scoile.



Louise O'Reilly and Ruth Coy cheering on Liverpool



Noel Carey from Glanmire, pictured with John O'Neil, both of Shandon Rowing Club, who won gold in the recent Lee Regatta held in Cork.

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Vincent's Glanmire are delighted to announce the opening of their exquisite shop

Located at unit 7B Hazelwood Centre, across from the library, this hidden gem must be seen to be believed. Words that spring to mind include - spacious, boutique, value, style, customer service, selection, and these are just skimming the surface in describing this shop. Nothing has been left to chance internally, and this most modern fit out sets the bar for charity retailing in Cork. The shop offers something for everyone, and what's better its clearly segmented, with a large ladies section, adjoined by the children's section. Inside the door is the Bric-a-Brac, the Multi Media Section, Linen, and of course the Gents. Now the best bit, the shop caters for every budget - from the value section - to the elegance - to the boutique, so whether you have €1 or €20 to spend you'll be more than welcome to Vincent's Glanmire. The one appeal coming from the shop is for donations of Clothes, Bric-a-Brac, CD's, Books, Linen, Jewellery, and Shoes. Equally if anyone has a few spare hours, and is interested in volunteering, Vincent's Glanmire would be delighted to chat with you. The shop can be contacted on 086 0440760, and opening hours are Monday - Saturday 10am - 5pm. All that's left to do is to drop into Vincent's Glanmire, and experience this unique offering.



Shop Manager
Sinead Farrell



The Tara Sheridan Memorial **Dip in the Nip!** Dare to Bare to Fight Cancer A Beach Somewhere in Cork

Tara heard about the trip to Sligo and after borrowing her Mums dressing gown she headed off on her trip. Alone. She was not sure what to expect but she knew to expect something. She got there and typical Tara made friends immediately. Little did everyone know that she could be quite shy and had spent a childhood getting over shyness. That night though everyone sat around and told their story. Something that gave Tara enormous encouragement. The following morning the group gathered together and did the first Dip in the Nip. Letting go and saying enough to Cancer.

The Dip in the Nip is about releasing that fear for patients, remembering those that have passed for family and friends and for those who do the dip for their own private struggles a way of drawing a line in the sand for overcoming something or achieving something private and important.

People come in Teams, Families, Support Groups and some people have travelled from the other side of the country alone. Because like that first group they felt compelled to sayEnough.

This year we once again say Enough and Dare to Bare in the fight against Cancer.

The Dip this year is on 24th July in a beach somewhere in Cork...

This year we plan on having the biggest Beach party yet in aid of The Cork Dragons, Marymount Hospice and The Girls Club.

If you would like to register please contact our Facebook page Cork Dippers or please email us at dipinthenip2016@gmail.com

You will be sent your Registrations forms and all relevant information regarding this year's Dip in the Nip. We look forward to seeing you all there.



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Sars Camogie

Sars Cork Juniors

Well done to Sars girls Chloe Aherne and Katie Walsh who won Munster junior medals with Cork when they defeated Clare in the Munster Final recently

Cork Primary Schools Team

Sars girls Saoirse Desmond (Riverstown), Katlyn Sheehan (Brooklodge) and Olivia McAllen (Upper Glanmire) represented their schools on the Cork Primary Schools Team. The girls will play in the exhibition mini games during the Munster hurling championship campaign! Well done girls. All the hard training is paying off!

1916 Commemoration

Some of our camogie players commemorated camogie in 1916 style as part of Sarsfield's 1916 commemoration programme. Hailstones prevented the planned exhibition match from going ahead unfortunately but thanks to all who dressed up for the occasion and for all the supporters who turned up.

Senior

Our seniors started very impressively in the campaign when our panel was at its strongest and qualified after five games for a league playoff with St Catherines, whom we had defeated earlier in the section. With such a young panel we had to field without our exam tied leaving cert players this time around and the result was always in

jeopardy. All in all, a very successful league campaign! No date yet for championship but we've drawn Douglas so that will give us plenty food for thought over the next few weeks! Summer Cup & Munster league competitions will provide plenty games over the summer months.

Junior

Opting to move up to grade B, our squad gained priceless experience from this campaign. We won our first two games against Carrigaline & Inniscarra. In the next match Ballincollig put it up to our girls and although SARS showed great heart, we fell short with a three point defeat. We then came up against our neighbours Glen Rovers who had a very strong side and proved too tough an opposition for our girls. This brought the Junior B league campaign to an end but it was a great learning experience for all involved. The girls developed considerably over the campaign and the experience will no doubt stand to them.

Minor

After a very impressive minor A league campaign over the last few months, unfortunately our minors were narrowly beaten in the final. Playing old time rivals Ballyhea/Milford in unpleasant weather conditions, both sides battled for the win. Milford/Ballyhea ran out winners on a scoreline of 2-05 to 1-06. Well done to all. The Championship commences early September.

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REGISTER YOUR CHILD



Gaelscoil an Ghoirt Álainn is a multi-denominational, co-ed, Primary school, with Gaelige (Irish) being the first language of the school, based in Mayfield, Cork

Gaelscoil an Ghoirt Álainn - Oíche ag na madraí

Bhí oíche iontach againn ag na madraí agus bhain páistí na scoile sár-thaineamh as an oíche ach go háirithe. Oíche lán de spraoi agus sport a bhí ann do gach duine agus do bhailigh ár scoil €1,220. Go raibh míle maith agaibh gach duine a thug tacaíocht dúinn.

We had a fantastic night at the dog track in Curraheen park recently and the children in particular enjoyed the event. €1,220 was gathered to help fund school projects and Gaelscoil an Ghoirt Álainn would like to thank anyone who helped out in any way with this event.



Loretto Dennehy-McCarthy, Manager, Our Lady Crowned Credit Union Ltd, making a presentation to Alan Greene, Blarney Racing Syndicate, Dublin Hill, following Droopys Harbour's win in the Our Lady Crowned Credit Union A4 525 Stakes Final at the Gael Scoil an Ghoirt Álainn Fundraiser at Curraheen Park. Included are Jason Morrison OLCCU Staff and Karen Sweeney OLCCU Assistant Manager, Lorraine O'Neill and Niamh O'Mullane (Parents Association, Gael Scoil an Ghoirt Álainn), Deaglan O'Deargain (Priomh Oide, Gael Scoil an Ghoirt Álainn), Kieran Ryan and Pat Burke (Syndicate), John Linehan (Trainer), Brian Collins (Racing Manager) and Frank O'Meara (Racing Manager)



Loretto Dennehy-McCarthy, Manager, Our Lady Crowned Credit Union Ltd., Presenting Deaglan O'Deargain, Priomhoide, Gael Scoil an Ghoirt Álainn with sponsorship cheque of €500 on their School Fundraiser Night at the Dogs. Proceeds of funds raised on the night go towards educational and sports equipment for the school. included in the photo L-R Jason Morrison OLCCU Staff, Karen Sweeney OLCCU Assistant Manager, Loretto Dennehy – McCarthy OLCCU Manager, Deaglan O'Deargain Priomhoide, Gael Scoil, Niamh O'Mullane Parents Committee, Gael Scoil and Lorraine O'Neill Parents Committee, Gael Scoil.

Kindly sponsored by
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Mayfield



DÁTA DON FHÉILIRE DATES FOR YOUR DIARY

- Leathlá ar an nDéardaoin 16
Meitheamh 2016

Half day on Thursday: 16/06/16

Siúlóid Maartín: 14/06/16

Gala snámh: 13/06/16 & 20/06/16

Gradam Rang 6: 21/06/16

We celebrate the achievements of our 6th class.

Campa Samhraidh: 23/06/16

We welcome our new junior infants into school

Siúlóid Maarten

Sé bliain ó shin chailleamar dálta inár scoil. Fuair Maarten Ó Móra bás ar an 31 Bealtaine 2010. Mar chuimhneacháin ar Mhaarten bíonn siúlóid scoile againn gach bliain - "Siúlóid Maarten". Beidh an siúlóid sin ar siúl ar an 16ú Meitheamh i mbliana. Is slí é seo chun a chinntiú nach

ndéanfaimid dearmad riamh ar Mhaarten.

Six years ago, a beautiful child in our school passed away following illness. To help ensure that Maarten will always be remembered we hold our school's sponsored walk, 'Siúlóid Maarten' as part of our school Sport for All Day. This year the event will take place on the 16th June. 'In ár smaointe agus ár gcroithe, beidh sé linn i gcónaí'.



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Glanmire Macra News



Members of Glanmire Macra at the Mr Personality Banquet



The Glanmire Macra volleyball teams at the national final



Drew Long (Cork City Macra), Dónal O Callaghan (Glanmire Macra) and Seamus Slattery (Knockraha Macra) with the cheque for St Vincent's Centre



Glanmire's farmskills competition participants



Glanmire's fittest members!

Weekend in Kilkenny for Glanmire Macra

At the end of April 10 members of Glanmire Macra hit the road for Kilkenny for the 11th annual Mr Personality festival. The festival was held in the Springhill Court Hotel for the 11th year running, and each Macra region in the country had a representative in the competition. The weekend began on Friday where all 31 contestants took to the stage for a Rose of Tralee style interview. Glanmire were supporting the Seandún representative Darren Cremin who hails from Knockraha Macra. Darren played a blinder onstage, with plenty of support from the Seandún region. On Saturday night the results were announced Mr Louth claiming third place, Mr Meath coming second and Cork's very own Nicholas O Donoghue, Mr Avondhu, named Mr Personality 2016. Well done to Darren who represented our region so well

Also that weekend Glanmire Macra members headed to the Watershed for the National Volleyball Finals. Glanmire claimed the Seandún title back in March and represented the region, competing against 14 other teams from around the country. Glanmire played four games, beating Ballylanders Macra and Fethard Macra but losing out to Callan Macra and Dunmanway Macra, meaning they didn't progress from the group stages. Callan and Dunmanway later went on to contest the final, with Callan claiming the title for the second year running. Well done to all Glanmire members who did their club and region proud. A great weekend had by all!

Presentation of Tractor Run Funds

This month saw the culmination of a three-month long project for three Macra clubs in the Seandún region- Glanmire Macra, Cork City Macra and Knockraha Macra. Back in March the clubs organised their first ever Tractor Run which proved to be a huge success. Forty-five tractors took part on the day, in order to raise funds for local Cork residential care home St. Vincent's Centre, which provides care for women with intellectual disabilities. The combination of participants and generous sponsors meant that a huge total of €1258 was raised, and the three clubs presented a cheque to the Centre this week. Representatives from each club visited the centre last Thursday, and were given a wonderful opportunity to meet the women the funds will benefit. Sister Pauline, the manager of the centre, was very appreciative of the efforts of the clubs, and said that the funds will be used to fix the wheelchair lift on the centre's bus, which is used by the women for outings on a regular basis. The three clubs would like to again extend their thanks to everyone who supported the tractor run and made it such a success.

Glanmire's Top Notch Farm Skills

Glanmire Macra members put their agricultural knowledge to the test as they competed in the Seandún rounds of Farm Skills and Dairy Stockjudging. This year the club was hosted on the farm of the McAuliffe family in Whitechurch, who very kindly offered land and livestock for the day. Glanmire were delighted to be able to enter two teams in Farm Skills, one male team and one female team. Farm Skills is an outdoor competition which tests the knowledge and abilities of members in everyday farming tasks and the theory associated with them. One of Glanmire's teams, consisting of Dónal O Callaghan, Tomás Cuffe and Seamus Reid, proved to be the most skilled of all and took home the Seandún title. The club are also very proud of their ladies team of Tanya O Sullivan, Jenny Murphy and Sarah O Connell, none of whom have competed in farm skills before.

Focus on Fitness in Glanmire Macra

Clonakilty Macra held their second annual 'Macra's Fittest Club' competition on the 15th of May, which was a huge success last year. The sun shone this year, and Glanmire were delighted to be able to enter two teams on the day. Dónal O Callaghan, Sean Ahern, Seamus Reid, Tanya O Sullivan, Sinéad McSweeney, Michelle Scanlon, Aisling Goudling and Maura Fitzgerald took on the fun and challenging activities set out for them by Clonakilty Macra. From reflex tests to fitness tests and swingball to basketball they were tested to their limits! The club proved a match for the challenges however as one team came home with the second place title, and vouchers for surfing lessons in Inchydoney. The overall title went to Awbeg Macra. Well done to Clonakilty Macra and everyone involved!



Glanmire Ladies GAA

Not just a busy month for our players, but a busy few weeks for our coaches/mentors and committee, most notably for our coaches was a very informative and compulsory course "Child protection in sport awareness workshop" run by tutor Traolach O'Callaghan on behalf of the GAA and Irish Sports Council. Run for Glanmire ladies football club and Glanmire juvenile boys club, where over 40 participants gathered useful information to use while coaching and taking part in club activities. Traolach spoke about code of Behaviour for everyone in the club, and provided us with some interesting case studies, giving us some very insightful information, proving you learn something new every day.

Congratulations to all our players, coaches and mentors who took part in the "Darkness in to Light" walk on behalf of PIETA house.

Congratulations to all our players on receiving their communion over the last number of weeks.

Best of luck to all our players who have their leaving cert and junior cert over the coming weeks.

Sponsorship

A big thank you must go to Spick N Span, our local laundrette who are always a great support for the local clubs, has kindly sponsored a new set of jerseys for our juvenile teams, the girls love to show



them off on the field, congratulations to Spic N Span on their recent award from glanmire and district sports committee/Vienna woods awards.

New footballers

Friday night training continues in bucklerys cross, girls aged 5 to 12 are welcome from 6pm till 7pm.

Social media

Check out our Facebook page Glanmire LadiesFootball and twitter (Glanmire ladies gaa) for match updates, results and any up coming events.

Glanmire/Marymount SPINATHON

We held a very successful Spinathon Saturday 2nd of march in St. Joseph's

National School, Riverstown, Glanmire, funds went towards Marymount hospice. A lot of thanks must go to everyone that came along to spin or support the Marymount and Glanmire Ladies Football Spinathon, it was so much appreciated.

A huge thanks goes to Siobhan O' Sullivan, our spin master, along with Bryan Murphy, her assistant, who Span and motivated everyone, from start to finish. The event was so kindly sponsored by Supervalu Glanmire, providing refreshment throughout the day for spinners and supporters alike, also many thanks to Winnie Hannon, who is always just a phone call away.

We would like to thank St. Joseph's National School Glanmire, along with Margaret Barry for allowing us to host the event in their hall, to both SARS and xcel8 Fitness for the use of their bikes, and to the following companies that sponsored bikes for the event:

*Sandra Goulding
David Nodwell Ltd
Crane Worldwide Logistics
McCarthy Sports
Reardons Bar
Pat Ahern T&A Building Supplies
Maurice Cogan, Little Island
Advanced Catering, Caherlag
JC Products, Dublin Hill
MCS Mechanical, Doneraile
Tarrant Transport
Downey Transport
Supervalu Glanmire,
and the following had provided spot prizes after each spin.
Carry Out, Glanmire,
Applegreen Glanmire,
Alison Cowhie,
House of Beauty
Our last thanks must go to our dedicated team of minders and providers, who without them none of the above prizes, helpers, spinners or sponsors would have been sourced, Shiela Walsh, Sandra Kelleher, Michael Hannon, Dave Carey and Eamon O'Connor, A team that you will want behind you whether on the field or not.*

PRESS RELEASE -

DARA MURPHY EUROPE MINISTER WELCOME'S TOURISM JOBS BOOST FOR CORK AS OVERSEAS VISITOR'S SURGE

Dara Murphy, Minister for European Affairs, has welcomed the recent - Situation and Outlook Analysis Report - 'SOAR' - by Tourism Ireland, which shows a record surge of 250,000 additional visitors to Ireland in the first quarter of 2016, with 1.8m overseas tourists arriving in total (Q1), generating a major boost for the local economy and for job seekers in Cork.

Dara Murphy, Fine Gael TD for Cork North Central and Minister for European Affairs, said: "The SOAR report validates the success of both the 'Wild Atlantic Way' and 'Ireland's Ancient East' Tourism initiatives in attracting record numbers of visitors from the US/North America (+25%), UK (+17%), Australia/Developing markets (+8%) and Mainland Europe (+14%) to Cork and the Southern Gateway."

"Business leaders are confident that Cork will benefit from even further tourism growth in the year ahead, due to a combination of positive factors, including; additional flight capacity by airlines operating from Cork airport, an increase in visiting Cruise ships to Cork harbour and excellent hotel facilities on Leaside. The Port of Cork is expecting over 50 major Cruise Liners to visit Cobh this year, with over 20,000 visitors expected on Leaside within a 10 -day period alone, generating a multi-million boost for Cork's retailers and caf  s, as well as, major tourist attractions, such as, Shandon, Blarney village and the iconic Blarney Castle."

Cork airport is also benefiting from the increased travel demand and have announced multiple new routes which will operate this

summer, including; Cork to - Dusseldorf (Aer Lingus), Madrid (Iberia Express) and City Jet flights to Nantes, La Rochelle and Menorca. Aer Lingus Regional - (Stobart Air) also recently launched two new UK routes to Southampton and Leeds Bradford. Stobart Air have also based a third aircraft in Cork airport, to boost seat capacity on its flights to Glasgow, Manchester and Newcastle.

This increased connectivity to mainland Europe will help to grow Cork jobs and inward investment, meanwhile I will continue to fight Norwegian Airline's case to operate Cork-Boston/NYC flights, under the EU Open Skies Agreement, as opening a Cork-US Atlantic bridge will be a real game-changer for Cork businesses and local tourism."



St. Lappan's Church 150th Centenary Celebrations



On Tuesday 17th May, 2016, St. Lappan's Church of Ireland Church, Little Island celebrated its 150th anniversary. One of three churches in the united Parish of Cobh & Glanmire, there was a weekend of festivities planned to mark this wonderful history milestone in the life of the Church. It was originally dedicated by the then Bishop of Cork, Cloyne & Ross, The Rt. Reverend Dr. John Gregg on 17th May 1866.

On the afternoon of Saturday 14th May, St. Lappan's was opened to the public and hosted a magnificent flower show with tea & coffee refreshments served. There were no less than 8 groups comprising of individuals, flower clubs & flower shops that transformed the Church into an amazing garden haven. Thanks must be expressed to East Cork & Cobh Flower clubs, Barbara Hassey & Barbara Bryan, Iona Murray of Ballymaloe House, Hillside Nurseries, Bloomsday Florist, Carrigtwohill & Floral Decor from Douglas.

On Sunday morning, after a united church service with our rector in charge, Rev. Adrian Moran, Cork Golf Club very kindly hosted a delicious lunch for over 60 parishioners. Cork Golf club has been the Church neighbours for the last 125 years. It was a wonderful occasion for all members from both ends of the Parish to share & mark this special occasion.

Tuesday 17th May, the actual 150th anniversary of St. Lappan's Church saw a very special dedication service hosted by the Bishop, The Right Rev. Dr. Paul Colton. Members of Local business & community groups, Heritage groups, Local Clergy and Cork Golf club joined many parishioners for a wonderful service. Again Cork Golf Club very kindly hosted everyone for refreshments after the service.

To mark this special occasion, Parishioner & artist, Walter Stansfeld painted a picture of St. Lappan's Church. Mr. Michael Mulcahy of Little Island Business Association (LIBA) printed a limited number of this painting. Coming framed, "LIBA" are selling these prints with the proceeds being donated to St. Lappan's Church fund to facilitate future capital works required on the roof. On this very special evening of the anniversary of the consecration of the church, Walter Stansfeld presented the Bishop with the No. 1 print as a thank you for his continued guidance and support to the parish.

The parishioners of St. Lappan's, Little Island would like to thank everyone who supported us over this weekend.



Upper Glanmire ICA Guild



Upper Glanmire ICA Guild

Our Guild meets on the first Tuesday of every month, except January. We have 28 members and new members would be very welcome

UPDATE ON GUILD ACTIVITIES

- Our Craft classes will continue until the end of May.
- Plans are going ahead for a trip to the East Coast in June, using An Gri-anán as a base.
- We had local horticulturist Chris Troy visit us at our May Guild meeting, he gave a most enlightening talk on the benefits of growing our own vegetables even in raised beds or window boxes. Chris always gets us in the mood for planting!

June Recipe: Coffee Butterfly Cakes

Ingredients:

6oz soft marg
6oz soft brown sugar
10oz self-raising flour
3eggs
1-2 teaspoons of liquid Irel coffee
(A small tub of natural yogurt-opt)
(Choc chips-opt)

Method:

- Beat sugar and marg until light
- Add eggs and flour
- Add Irel coffee and choc chips

- Bake at 180 deg until lightly brown and risen well
- When cooked, let to cool and prepare filling.

Filling:

Whisk tog in blender 6 oz icing sugar, 2oz butter, 1tablespoon of milk and Irel coffee to taste.
When cakes are cool, cut out a pyramid, cut it in half.
Fill cakes with coffee filling, put back caps and dust with icing sugar.



1: The six Marys from the Craft class !!

2: Maura Bullman's winning vase of spring flowers

3: Coffee cakes



GLANMIRE COMMUNITY COLLEGE

MINI COMPANY "ARE YOU GOING TO JOIN IN THE FUN TOO?" MAKE IT TO THE NATIONAL FINALS

When we first thought of making a book we wanted to make it unique, different, personal and local. Our main aim was to make it as enjoyable as it could be. We decided to do a children's sports book and include our local clubs and shops. We did market research in our local area and the results came back very positive. From doing this, we knew there would be a place on the market for our book and we had the support behind us. We had three weeks to make and print the book for our first trade fair so we were under a lot of time and pressure. Donna drew the original characters for the book, and we used photos of places in Glanmire for our backgrounds. We were all involved in writing the story line. We wanted to use the local clubs' names, as well as some sporting terms, so that the young children would recognise them. We decided to go with Woodland Print and Design to print the books. We covered the cost of the printing by getting full spon-



sorship from Ryan's Supervalu, McCarthy Sportsworld and Educo Gym for which we were so thankful. We were so glad to get the sponsorship and we have made great connections with the people we worked with

such as Louise Cashman from Supervalu, Trevor theprinter, Irene from Educo Gym that stepped in last minute to help us and we hope to work with them again.

Our first trade fair was in Cork Airport with all

mini-companies from GCC. We were judged by two different judges and we won the 'Best Marketing' award. We went on to our next trade fair in UCC. Here we won 'Best Team Spirit' award and qualified for the Regional Finals in Vienna Woods. At the Regional Final we won an award for 'Quality'. From here, three mini-companies were nominated to go forward to the National finals in Kildare. We were thrilled with our win and delighted to have made it to the National Final in Kildare.

We really enjoyed the whole experience of designing, developing and making the book, of going to the Trade Fairs and seeing the other products that were there. It was a great experience and learning process, and a bonus to have made it to the National Finals. We have had an amazing journey!

Article: Nicole Buckley, Donna Kerrigan, Claire Murphy and Ally O'Sullivan (TY)

NUI SCHOLARSHIP PRESENTATION CEREMONY AT LEINSTER HOUSE

GCC History club collaborated with the Thomas F Meagher Foundation who ran a video competition offering an NUI scholarship. Our History club member Megan O'Sullivan (5th year) entered this competition and won an NUI scholarship to 1 of the 7 National Universities in Ireland. This entailed a number of initiatives conducted by Megan and a team of students and teachers: Andrew Lane, Ciarán Ryan, Mr S Ryan and Mr Mc Sweeney. The team raised money for St Vincent de Paul (a total of €160, and this was presented to two representatives from St Vincent de Paul). They sold badges that promoted the ideals embodied in the Irish flag, they participated in a trip to Croke Park to receive the Irish flag now displayed in GCC. As well as contributing

to the 1916 Exhibition during Edison Week, Megan engaged in peer teaching in various classes from first to fifth year. She also made a presentation to senior management on the upkeep of the Irish flag, and her work led to the setting up of the GCC Youtube channel. All this work was documented by the creation of a two minute video that was submitted for the scholarship competition. The History club want to congratulate Megan on winning a National University Scholarship. This is an amazing achievement. Well done Megan!

On May the 16th Ciarán Ryan, Andrew Lane, Mr P Mc Sweeney, Mr S Ryan and I attended the Thomas F Meagher Foundation Scholarship & Awards ceremony in Leinster House,

where we were greeted by Senator Mark Daly who was hosting the event. Senator Daly led all of the guests outside for a group photo. From here we were ushered to the Member's Dining Room, where the ceremony was held. Our table was positioned next to the VIP table where the Presidents of the Education Partners were seated with the Senator and the Ceann Comhairle, Sean O' Fearghail. After the meal the Ceann Comhairle and Reverend Cavanaugh made the presentations to the 7 NUI Scholarship recipients. Over 320 schools applied for the scholarships, GCC was one of the 7 successful schools in Ireland, 3 of which were from Cork. I went up to receive my Certificate and had my picture taken. We later received a guided tour of Leinster House, which was truly fascinating as I had never been there before. As we were leaving the House we met Joan Burton who shared her experience as a student and commented on GCC's excellent reputation. As I want to study



Accounting, she had very valuable advice having studied the subject herself. I had a fantastic day and I am so proud that GCC and I are the proud recipients of an NUI scholarship. I would like to thank Mr Mc Sweeney, Mr Ryan, Andrew and Ciarán who helped me to achieve this honour.

Graduation for *New Minds Academy* that took place in the Elm Tree Friday night





Leeside AFC

Leeside AFC is the local football club in Little Island and it is one which is currently thriving, with the numbers of players at the club rising dramatically over the last five years in particular.



With players coming from Glanmire, Riverstown and nearby Glounthaune, the club has gone through a massive transformation in recent times, with the spectacular rise in population in Glanmire and the surrounding areas one of the main contributing factors.

The club, originally called Little Island Albion, has also improved its facilities. It now boasts two full-sized playing pitches as well as a huge indoor hall and two recently completed astro-turf pitches, while they also make use of the close-by full sized astro-turf pitch in Carriagwohill Community Centre.

Boasting between 15 and 20 underage teams plus junior and senior sides, the latter which is currently embroiled in an intense promotion battle with local rivals Riverstown, the standard and amount of footballers has risen to new heights.

PRO for the club Padraig O'Sullivan says that the club which is experiencing a unique upturn in fortunes: "We're currently doing exceptionally well," says O'Sullivan, who has been plying his proverbial trade for the senior side for the past 14 years and was semi-retired for the opening half of the season.

"The facilities have improved massively and the numbers at the club have increased five-fold. We have two underage teams at almost every age group now. The academy was on its knees around five years ago to be honest, we had one fella running it and I think we might have taken him for granted, when he left things fell apart a bit.

"We brought in a host of new coaches and revitalised it again, all the coaches we've brought it as well have some top-

level amateur playing experience, they know their stuff. Most of them have also played for the club as well.

"The population is definitely a big factor too. The Glanmire area has exploded and we have a lot of players coming from both there and Glounthaune. Riverstown FC have had a huge increase in the number of players as well and I think they're almost at full capacity. I think both clubs are benefitting," he adds.

The upgrading of the facilities has been made possible with the help of various parties. Local businesses have donated huge amounts of money to the club, the community association have once again stepped up to the plate and the council also supplied a grant, with the astro-turf pitches completed earlier this year.

Most of the senior side consists of 23 year olds and under, with 32 year old O'Sullivan the second oldest player in the side, with the philosophy in the club now being to promote youth and implement energy, with the transformation of the academy indicative of what the club's long term plan is.

One of the brightest prospects of the academy is the prodigiously gifted Cathal O'Sullivan. The U9 player is the grandson of one of the founders of the club Jimmy O'Sullivan and already plays with the U11s, with Padraig O'Sullivan saying that he is one to look out for.

"He is absolutely astoundingly talented," says Padraig of the young midfielder. "He's just unbelievable to watch, he's played at U11 level and he's still able to score a few goals in a game. He's the only person in the south of Ireland who has been selected to go over to the Swansea City academy. We don't get too many players heading cross channel.

"He is heading over there this weekend and I think he'll do brilliantly, I definitely think he's destined to make it in the long term, he'll definitely go all the way."



Mayfield Citizens Information Centre

Roseville House, Old Youghal Road,
Mayfield
Tel: 0761 07 6880

Mayfield CIC is now open Wednesday evenings from 7.30 to 9pm for information, advice and form filling

Know Your Rights - June 2016

Question:

Our landlord phoned to ask us to leave the house we have rented for the last three years because he plans to sell the house. Do we have to accept this?

Answer:

As you have been renting the house for three years, you have what is called a "Part 4 tenancy", which gives you certain rights. The landlord can only end your tenancy for certain specified reasons. An intention to sell the property within three months counts as a valid reason. However, a phone call is not a valid form of notice. You must get a written notice of termination, signed and dated, stating the reason for termination and giving you the proper period of notice, which, in your case, as you have rented for three years, is 12 weeks (84 days). When a landlord plans to sell the property, the notice of termination must include a statement that he intends to sell the property within three months after the tenancy ends. The Residential Tenancies Board (RTB) publishes sample notices of termination with the detailed information that is required in various situations. In the case of a planned sale, the wording of the required statement is: "The reason for the termination of the tenancy is due to the fact that the landlord intends to sell the dwelling, for full consideration, within three months after the termination of the tenancy".

Your landlord must also make a statutory declaration that he intends to enter into an enforceable agreement to sell his full interest in the house. (A statutory declaration is a solemn statement, which must be signed in the presence of someone who is authorised to witness statutory declarations – such as a practising solicitor, a Peace Commissioner, a notary public or a Commissioner for Oaths.) The RTB's sample notice of termination for a landlord planning to sell contains sample wording for this statutory declaration, which you should receive along with the notice of termination. If your landlord is found to have evicted you illegally, he may be required to pay you substantial damages.

Further Information

Further information on this and other matters is available in confidence from the Mayfield Citizens Information Centre, Roseville House, Old Youghal Road, Mayfield. Telephone: 0761 07 6880
Opening hours are Monday to Friday 10.00am – 1.00pm, Monday to Thursday 2pm – 4pm.
Citizens Information is also available through the Cork City (North) Citizens Information Service at 0761 07 6850, the Citizens Information Phone Service 0761 07 4000 or online at www.citizensinformation.ie




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Liz O'Dwyer

Having read about the farmers market in this area in the last issue, I was very keen to see what it is all about.

And I was very pleasantly surprised at what I found. I ended up buying a delicious spicy sweet potato soup with the most delicious samosa. After that I found a barbecued chicken, lovely and tender and subtly flavoured.

To my delight I saw the Japanese lady with her salads there, Having come across her at other markets, I had tried her salads before and love them. Some cheese to finish with, and my food for the weekend was sorted.

As I was leaving I ran into a friend, which meant a lovely cup of coffee to put the cherry on the cake!!!!

It is still a bit small may be, but with time and support (or should it read support and time) we shall see this market grow and grow.

It being within walking distance for a lot of us, congratulations to whomever thought of it!!!!



The Long family Rathcooney and Orlaith Drummey, Rivergrove



The Malone family, Castlejane



Aoife and Kayla Rose Ahern, Copper Valley View



Below is a list of all our current traders:

Sultan Delights-- Moroccan and Lebanese Street Food and Spices	to die for.
Anne Marie's Home Baking -- Freshly Baked selection of cakes and scones	Leamlara Micro-greens. Fresh shoots ideal for complementing a delicious meal or juicing.
Richards Little Farm-- Organic Veg and leafy greens	Nom Nom Cafe- Delicious Barista coffee and Creamy Hot Chocolate
Earth to Table Veg-- Semi Organic Veg, Free Range Eggs and Jams	Danero Hand Crafted Chocolates- Hand made chocolates and truffles
Yummie Foods -- Smoothies, Juices, tapenades as well as a wide selection of Yummie salads and preserves.	Colum Walsh Catering : Grilled Burgers and Hot Dogs
Panna Breads-- Fresh Artisan Breads	The Crepe Man: Says it all really. Crepes in a range of flavours
Knockout Pizza-- Wood Fired Pizza	Bnb Roasted Grill: Rotisserie Chicken
Danni's Delights-- Artisan Cakes and treats	... and still More to Come...

Coming Soon Community stall where locals can come and sell handcrafted produce for a week, sell tickets for upcoming fundraisers, (Booking essential)

Check us out on Facebook "Glanmire Farmers Market"

Or contact us at glanmirefarmersmarket@gmail.com

See you Saturday

The Gaff is Back!

Local GAA man Edward 'The Gaff' Gaffey is back on the pitch after a horrendous cruciate injury, and credits much of his recovery to determined goal-setting helped by the trainers at Educogym in Glanmire.

"I had surgery to physically repair my knee, and then months of physiotherapy to get the range of motion back, because you can't build muscle until you have range of motion", says 19 year old Gaffey, who plays for Sarsfields GAA Club.

"I was still struggling though, as the psychological impact was huge. I lost all confidence in being able to plant my leg down solidly. I felt like I'd lost the connection between my brain and my leg; not only was it weak but it felt like it didn't belong to me."

Having heard about the results-driven Educogym programme, Gaffey met with the trainers there and after assessment they realised he was favouring his 'good' leg to compensate for the one that had been damaged, and was tentative in relying on the repaired knee.

The Educogym model places a strong emphasis on envisioning an end goal; then working towards the desired result in a structured way.

"They worked with me to rebuild not just my strength and flexibility; but my confidence. I'd always been part of a team on the pitch, so found working alone to recover quite tough- in Educogym I was part of a team again; with support and encouragement that made all the difference", explains Gaffey. "We rebuilt everything- power; movement; self-assurance -- until I could pivot and land my leg soundly and feel safe. I finally got enough confidence to play a Junior B hurling match -- my first one in a whole year -- and I felt like a kid again. All the enthusiasm and confidence came back. I got knocked down, but I was able to jump straight back up and keep going."

After the physical trauma had healed; it was Gaffey's psyche that got the boost he needed to play again. "I'm playing a Junior A match this week, and I'm ready for it- Educogym helped me repair physically and mentally, and I couldn't say enough good things about them."

**FIND OUT MORE AT: educogymcork.ie
Or call Educogym Glanmire on
021 4866920**







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Carraig na bhFear Juvenile GAA



Carraig Welcomes All New Members

We wish to welcome all new members to the Club this year, and hope that they, their families and the wider community enjoy the season.

Scoil An Athar Tadhg Team and Mentors

Grandons Toyota have revived "The Parish Cup" by inviting eight primary schools in the Glanmire catchment area to their inaugural tournament in "The Pike" field on Weds. May 4th. What a fantastic night it turned out to be for Scoil An Athar Tadhg.

The boys were drawn against tournament favourites Riverstown in the Quarter Final. The boys were under constant pressure throughout the first half and were it not for the performances from goalkeeper Rory McCarthy, Martin Murphy, Kevin Fitzpatrick and the outstanding Ciarán O'Regan at fullback the game may well be over at half time. After the pep talk Carraig resumed with more purpose and intent. In truth Joe Mulcahy, Billy Connolly, David Dunphy and Felix Murphy took control of matters around mid-field and with some good work up front by Captain Sean O'Donoghue and Pat Daly Scoil An Athar Tadhg scraped home in what was a titanic struggle.

The semi-final pitted us against near neighbours Upper Glanmire. Michael O'Driscoll, Aaron Ryan, Zack Lynch and Jason Cashman/Cronin did very well in defence. Ciarán O'Leary gave a tremendous exhibition of score taking off both right and left feet ably assisted by Daragh Tattan.

In the final we were faced with the boys from Watergrasshill. What a fantastic occasion for the children to



Photo : Fidelma Read

have The Voice of The GAA, Mícheál Ó Muircheartaigh doing commentary. With the excitement of the occasion it took us ten minutes to register our first score. However once the four boys around the mid field area got into their stride it was one way traffic in favour of Scoil An Athar Tadhg.

Joe Mulcahy was a worthy recipient of the player of the tournament award. When Sean O'Donoghue raised the cup cheers of Carraig na bhFear Abú rang out throughout Glanmire. Míle buíochas to Grandons for the invitation and to teachers Mr. O'Brien, Mr. Hanafin, Mr. Lucey and Mr. O'Shea. Well done to all!

Congratulations

Congratulations to Colaiste an Chroí Naofa, Carraig na bhFear team that won, the Cork Colleges U16 C Hurl-

ing final on May 12th. Well done also, to boys from 4th and 5th class in Scoil An Athar Tadhg who participated in and won the Paul O'Connor memorial Blitz in Na Piarsaigh on May 13TH last.

Lotto

This weeks' jackpot (16.5.16) was 3,600 euro. There was no winner this week. Numbers drawn were 1, 5, and 20. 30 euro winners; Pat Scanlon, Brian Harte, Ina Sheehan and Paul, Maria and Brendan Murphy. Next weeks' Lotto is 3,800 euro. Thanking you for your continued support of the Lotto.

Cúl Camp

This years' Cul Camp is on the week of Aug 8th-12th. More details will be provided nearer the date.



Bróga Nuala Ní Loingsigh

"Á, 11.30 A.M. Fuar, Leaba, Leisce, Scamhóga laga. Ach chím bróg ar an urlár-mo bhróg féin ansin go ciúin agus go huaigheach ar an urlár. Agus ritheann sé chugam go mba scríbhneoir mór mé go bhféadfaí cur síos a dhéanamh ar an mbróg sin ar an urlár a mhairfeadh fad a mhairfeadh an teanga seo nó níos sía." Seo mar a scríobh Seán Ó Ríordáin ar an gceathrú lá déag de mhí Feabhra 1956, nuair a bhí sé daichead bliain d'aois. Thógas an sliocht seo as "Anamlón Bliana" a chuir Tadhg Ó Dúshláine in eagar agus a foilsíodh in 2014.

Chuir mé suim sa rud a dúirt sé maidir leis an mbróg. Braithim féin gur fíor-scríbhneoir an duine ar féidir leis/léi cur síos mion, suimiúil a dhéanamh ar ghnáth-rudaí. Níl sé sin ar mo chumas ach is breá liom a leithéid a léamh. Ní hamhlaidh nach raibh sé ar chumas an Ríordánaigh. Féach ar an dán "Cúl an Tí" agus ar an tsamhlaíocht, íomhánna, atá sa dán faoi bhrúscar ar chúl gach tí in Éirinn fadó.

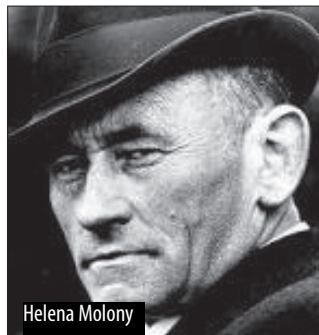
Ach, dar liom, is ábhar suimiúil bróga agus an tábhacht a bhaineann leo dúinn go léir. Nach ndeirtear gur fiú an leabaidh agus na bróga a bheith chomh seascair agus is féidir mar go mbímid i gceann amháin nó i gceann eile acu i gcónaí. Chuala mé faoi bhean a bí os cionn na ceithre scór agus go raibh daoine ag moladh di an saol a thógaint bog. Bean mhór garraíodóireachta a bhí



Leslie Bean de Barra

inti agus 's é an rud a déarfadh sí: "is fearr na bróga a chaitheamh ná bráillíní".

Is breá liom féin bróga deasa ach bheadh compord níos tábhachtaí dom anois. Tá cuimhne thaitneamhach agam ar "An Chéad Bhróg" le Máire Mhac an tSaoi a chuireas de ghlan mheabhair ar scoil. Níor thuigeas na smaointe doimhne sa dán an uair sin ach tuigim anois iad. Tús neamhspleáchais agus fás suas an linbh atá i gceist agus na dualgais a bheidh ar an leanbh seo níos déanaí. Tá cur síos an-deas ar na bróga: 'Do chuireamar an bhróg air den gcéad uair ar maidin, Fáiscithe, fuaite, seoidín den leathar, Míorúilt ghréasaíochta sa chéadscóth den bhfaisean Ar an dtroigh bheag bhláfar nár chaith cuing cheana, An chéad bhróg riamh ar an gcoisín meala. Seo tús imeachta an linbh ón mbaile. Agus leanann sí uirthi: "Linbhín fir tú id shiúl is id sheasamh, Airde mo ghlún, is chomh luath so ag meacht uaim! Is fada an ród é le triall agat feasta,

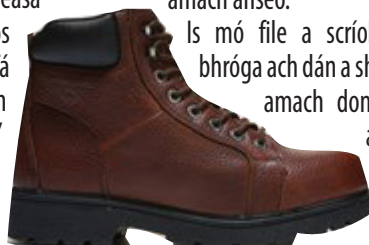


Helena Molony

Is ceangal na mbróg ort níl ann ach tús ceangail."

Beidh dualgais ar an linbhín fir seo amach anseo.

Is mó file a scríobh faoi bhróga ach dán a sheasann amach domsa leis an bhfile Colm



Breathnach

is ea 'Bróga Nua'. Arís cur síos atá anseo ar leanbh le bróga nua agus é ag baint taitnimh as iad a chaitheamh sa bháisteach agus iad a mhilleadh, is dócha. Bhain sé taitneamh as na bróga nua a chaitheamh sa salchar, sna locháin agus sa láib agus é ag lapadail iontu. Bhí máthair thuisceanach aige nach raibh ró-chrosta leis agus a thuig meon an linbh: "Chuireas mo bhróga nua néata ar seoladh ar locháin, an t-uisce ag bordáil lem' stocáil bána, Magellan ar a shlí chun na hÁise."

Thuig a mháthair nárbh fholáir dó a bheith ag cleachtadh don saol a bhí amach roimhe:

"is nárbh fholáir dom agus mé fós im' stócach bheith ag cleachtadh faoi chomhair an bhóthair."

Amhrán eile a thaitníonn go mór liom is ea 'Na Cleaganna' le George Curtin a mhair i mBaile Mhúirne sa chéad seo caite. Tá cáil ar mhuintir na dúiche sin toisc amhráin nó dánta a chumadh faoi ghnáth-rudaí ar son an spóirt:

"Bróga dea-chumtha, gleoite, deas agus oiriúnach chun jig a dhéanamh ar urlár stroighne, amhrán bríomhar, spreagúil ag moladh an ghréasaí ó Cheann Toirc a dhein na bróga seo. Moltar a fheabhas a deineadh na bróga leis an leathar is boige agus a leigheasfadh cromptáin, fuachtáin 's mórán eile aiciúide."

Gluais:

a mhairfeadh = would live

níos sía = further

foilsíodh = published

smahlaíocht = imagination

íomhánna = images

seascair = comfortable

a chaitheamh = to wear

bráillíní = sheets

de ghlan mheabhair = memorised

doimhne = deep

neamhspleáchas = independence

dualgais = responsibilities

na duiche = of the area

a chumadh = to compose

cromptáin = rheumatism

fuachtáin = chilblains

aiciúide = disease

Members of Sallybrook Village Tidy Towns Group pictured at the Sallybrook Heritage Trail information board recently erected in Sallybrook by kind permission of Glanmire Heritage Society and sponsored by Cork County Council and the Murphy family.

(L to R) Fionnuala Flanagan, Norma Coleman, Verona Murphy, Billy Coleman & Con Murphy. Also included are some members of Glanmire Heritage Society who provided the relevant herit-

age information:

(L to R) Mary Crowley, Frances Hedigan, Rose Buckley, Josephine Brady, Ann Holland, Mary Roche, Marie Lynch and Maria O'Keeffe.

Our thanks also to Dowling & Dowling Graphic Designers & Carrig Print for the wonderful work. Last but not least, a special thanks to Paul & Tony, Cork Co. Council for erecting the sign.





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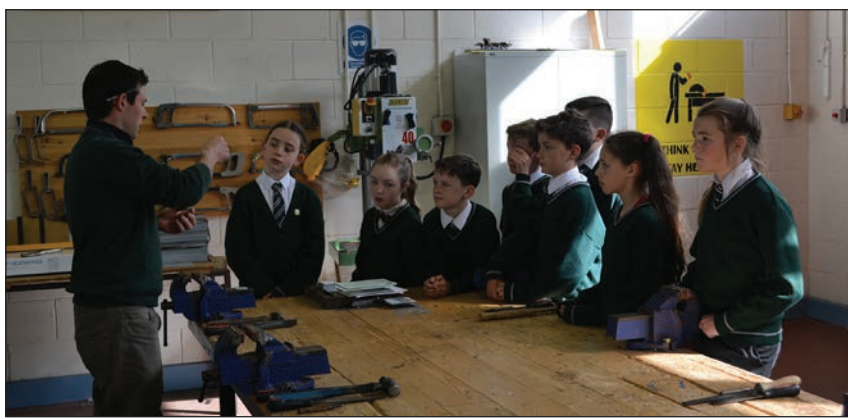
Mayfield Community School News



www.mayfieldcs.ie

LOCAL PRIMARY SCHOOLS VISIT MAYFIELD COMMUNITY SCHOOL FOR “DISCOVERY WEEK”

Fifth class students and their teachers had the opportunity to experience secondary school life for a morning as part of a “Discovery Week” organised by Mayfield Community School. Students from St John’s Boys NS, St Patrick’s Girls NS, Scoil Mhuire Banríon, Gaelscoil Ghort Álainn and New Inn NS got to take part in special classes in the school. Students got to sample secondary school subjects such as Metalwork, Woodwork, Science, Music, Home Economics and Music. The week was hugely beneficial to the students with various opportunities for new learning. Every student was also presented with a special cert at the end of the programme.



Evelyn and Roisin O Mahony with mum Deirdre at the Glanmire Library.

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Community Notices

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Hospital Dublin. This facility is made available free of charge to patients and carer
who have limited financial resources undergoing a bone marrow transplant.

If you would like to organise a fundraising event or make a donation to our charity
We would love to hear from you.

Please contact Imelda Reynolds for further information: Phone 021 4823625
email friendsolp@gmail.com

www.friends-of-leukaemia-patients-cork.com

"You Are Not Alone"

We will hold a coffee morn-
ing for those who are bereaved
or affected by suicide in the
Montenotte Hotel Cork on the
first Tuesday of every month.
All welcome and bring friend/s.
Coffee, teas and scones com-
plementary and kindly donated
by the Montenotte Hotel.

The coming together of those

similarly bereaved can offer the
opportunity to gain strength
and understanding from indi-
viduals who have experienced
the loss of a loved one through
suicide.

**For more information contact
Collette on 087/1897315 or
Anthony on 087/6838861**



Notice Board

GLANMIRE



**NEEDS YOU
CAR BOOT SALE**

June 19th

HOUSE DE CLUTTERING

Household items wanted for
Charity/Community Stall @ The
Glanmire Car Boot Sale/Farmers
Market.

(Clothes, Books, Toys, Electric
Items, Furniture etc in good condi-
tion please).

Your donation is much
appreciated

Please Contact
086-8294713.

Acupuncture & Hypnotherapy Clinic

DuoHealth c/o Tan & Tone Unit 2g
Crestfield Glanmire.
Area's Treated e.g. Smoking, Weight Loss,
Stress, IBS, Anxiety, Depression, Sinus
Fertility, Back/Knee pain etc. **See full list**
on -

www.duohealth.ie Contact David on
Mob 086 3529164 All Major Insurance
Companies Covered + Garda/Esb Staff

QUALITY TOP SOIL FOR SALE

**1-4 Tonne loads
087-7660020**

ADDEY IT SERVICES

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Technician**

Contact No: 0894059502/0899677024
Email: addey_it_services@hotmail.com



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THINKING OF SELLING? TALK TO JOE

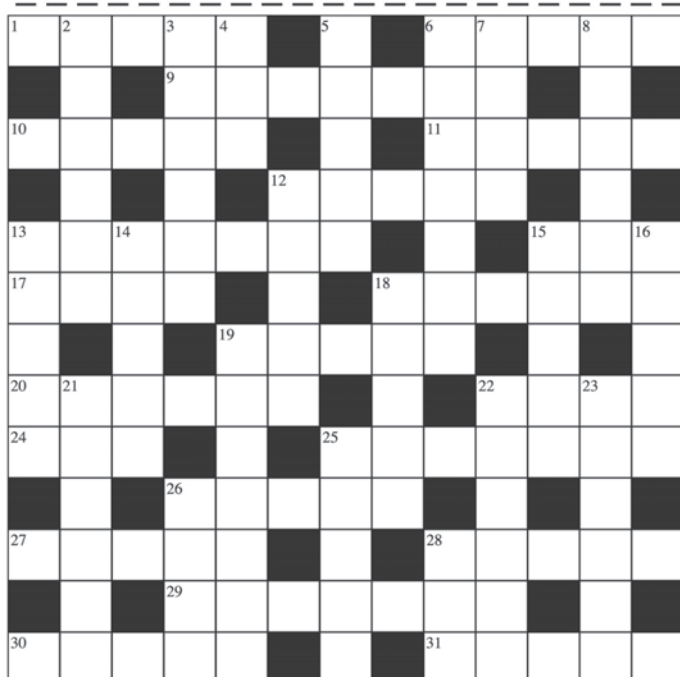


Across

1. Three score (5)
6. We sing them (5)
9. Saturday, Sunday (7)
10. Benefit (5)
11. Strange, weird (5)
12. Apple drink (5)
13. Issue (7)
15. Allow (3)
17. Repudiate (4)
18. Female Denis? (6)
19. Summer food (5)
20. Beast (6)
22. Type of lily (4)
24. Decay (3)
25. Fire engines (7)
26. Evade (5)
27. Musical instrument (5)
28. Greek marbles (5)
29. Stir (7)
30. Brief (5)
31. Summed (5)

Down

2. Not outside (6)
3. One score (6)
4. Still to come (3)
5. Geese in flight (5)
6. Laughed at (7)
7. European river (4)
8. Small complaints (6)
12. Orange-pink colour (5)
13. ----- Allan Poe (5)
14. Eskimo (5)
15. Liquid measure (5)
16. Sides (sport) (5)
18. Rose to the challenge (5)
19. Rescue (7)
21. Beginner (6)
22. Confused (6)
23. Bear-like (6)
25. Puts at an angle (5)
26. Expression of sorrow (4)
28. Expected time of arrival (3)



Crossword Winner Anne O
Sullivan, 2 The Groves, Glanmire
Village. Enjoy your voucher for
BEVA CAFE P: 021 4858002

While every care is taken in the compiling of
this newsletter the publishers cannot accept
responsibility for any errors or omissions.
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by contributors to the news are those of individuals
and are not the responsibility of the
news editor. Individuals writers must verify
their article content.

SEND your entries marked CROSSWORD to Glanmire Area Community Association,
Riverstown Cross, Glanmire, to arrive by 27th June. The prize is a meal in BEVA CAFE
which will be awarded to the first all-correct entry opened. Please include your telephone
number, home or work, with your address.



GLANMIRE 021 - 4821788



BLACKPOOL 021 - 4220019

ARE YOU LOOKING TO SELL OR RENT PROPERTY?

Due to a successive period in house sales we urgently require (for pre approved mortgage & cash clients) a number of three & four bedroomed semi detached and detached homes in the Glanmire and surrounding areas including Watergrasshill, Glounthaune, Little Island, Knockraha, Carrigtwohill, Mayfield and Ballyvolane.

We would be delighted to carry out an appraisal of your property.
Please call us locally at 021-4821788 or call in to our offices in the Hazelwood Shopping Centre.



TANGLEWOOD, GLYNTOWN, GLANMIRE €435,000

Impressive four bed detached bungalow residence set on c.3/4 acre mature site with south/westerly aspect. The property has been very well maintained over the years and is tastefully decorated with emphasis on luxurious, opulent styling. Located within a most convenient quiet setting with private driveway and detached outbuilding this property will appeal to all families seeking a long term family home convenient to schools (primary & secondary), shops, sporting facilities, Mahon Point and the City Centre. A bus service to the city passes by the property.

BER: C1 BER No.108601790 Energy Performance Indicator:173.18 kWh/m²/yr

4 THE CRESCENT, WINDSOR HILL, GLOUNTHAUNE €382,000

Spacious four bedroom detached bungalow residence standing on c.1/3 acre site with superb views of the surrounding countryside. Positioned in a very small cul de sac of 8 only homes, the property is situated in an established sought after residential area. Located close to the village of Glounthane the



property is easily accessed from the city centre and Link Road Network and is within close distance to school bus services to Carrigtwohill, Glanmire & Midleton schools, Midleton, Cobh and Fota Resort are all a short drive from the property. BER: C3 BER No.108656190 Energy Performance Indicator: 224.98 kWh/m²/yr



6 BRIARWOOD, BANDUFF €165,000

Superb ready to live-in two bedroomed mid terrace townhouse. Recently constructed the property comprises of entrance hallway, lounge, kitchen/dining room, guest WC on ground floor, two double bedrooms and bathroom on the first floor. The rear gardens are of a good size have a south westerly aspect and are not overlooked. The property is within walking distance to all amenities and there is a city centre bus route a few minutes walk away. Viewings highly recommended.

BER: C2 BER No.108607490 Energy Performance Indicator:184.97 kWh/m²/yr

11 MAPLE ROAD, FOTA ROCK, CARRIGTWOHILL €170,000

Recently constructed 3 bed, 3bath mid-terrace townhouse located within walking distance to Carrigtwohill Village with good access to local shops, bus route, schools and sporting facilities. GFCH and PVC double glazed windows. Front and rear gardens. Ideal investment opportunity or starter home ready for immediate occupation. Conveniently located off the N25 dual carriageway and the Jack Lynch Tunnel.

BER: C1 BER No.106046667 Energy Performance Indicator:161.09 kWh/m²/yr



3 OAKFIELD COURT, GLANMIRE €217,500

John Wiseman of DNG Murphy Condon proudly presents 3 Oakfield Court, Glanmire to the open market for sale by private treaty. This beautifully finished 3 bedroom semi-detached property comes to the market in the highly sought after development of 'Oakfield' in Glanmire. The property faces onto a green area and has a large rear garden and private front driveway. Located only a short walk from the Hazelwood shopping centre, schools (primary & secondary) and all amenities. It is in excellent condition, with a recent transformation to create a large double bedroom and family bathroom upstairs.

BER: C2 BER No.108660101 Energy Performance Indicator:182.21 kWh/m²/yr



74 SILVERHEIGHTS AVENUE, MAYFIELD €190,000

Stunning three bedroom mid terraced townhouse with south facing rear garden that are not overlooked. This property has been extended to provide c.1,000sq ft of good quality accommodation. GFCH and PVC double glazed windows and doors. The property is located in a most convenient location and is with easy walking distance to schools, shopping centre, church, credit union and local sports facilities. It is also on a city centre bus route.

BER: D2 BER No. 106649049 Energy Performance Indicator: 299.83 kWh/m²/yr



Selling/Valuations/Lettings 021 4821788 & info@dngmurphycondon.ie