

Launch

Glanmire Chamber Of Commerce Launches Business & Community Awards 2017



Glanmire Chamber of Commerce are delighted to announce the launch of the first ever Chamber Business and Community Awards. The Business & Community Categories are as follows:


1. Customer Service Excellence Award
2. Best place to Eat/Drink Award
3. Men in Business Award
4. Women in Business Award
5. Glanmire Business of the Year Award
6. Glanmire Ambassador of the Year Award
7. Social Community Award
8. Sports Award

Closing date for entries are the 10th October 2017. The nominations can be handed into a special box in the Bank of Ireland, Glanmire, or e-mail your nomination to: glanmirechamberawards@gmail.com

The Business and Community Awards Gala Dinner will be held on Friday 10th November 2017 at the Vienna Woods Hotel.

Pictured: Launch of the Glanmire Chamber of Commerce Business and Community Awards at Bank of Ireland Glanmire (Main Sponsor). Cheque presented to Glanmire Chamber of Commerce by Ann Marie Fewer (Bank of Ireland) to Joe Organ (President Glanmire Chamber of Commerce). (left to right) Frances Hegarty (Glanmire Chamber), Jon Moran (Glanmire Chamber), Joe Organ (Glanmire Chamber), Ann Marie Fewer (Bank of Ireland), Cathal O'Shea (Glanmire Chamber), Deborah Twomey (Bank of Ireland).

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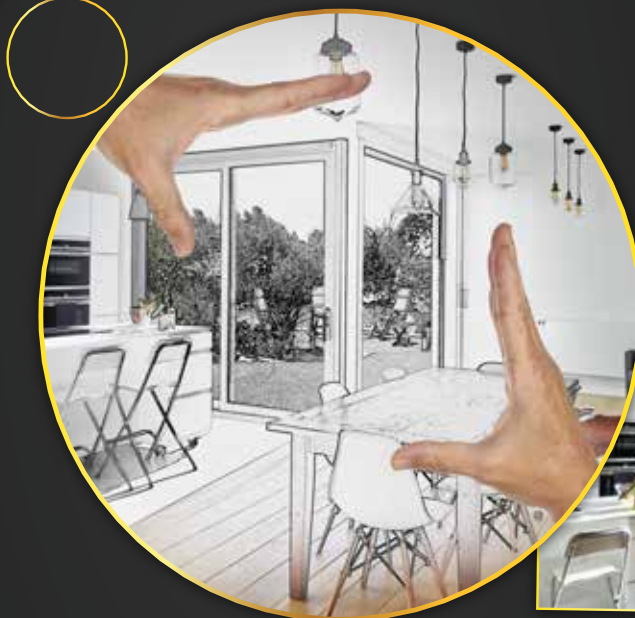
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Possible Infrastructural Improvements For Glanmire

Briefing Note to Members of the Cobh/Glanmire Municipal District

Re: Development of Lands at Dunkettle and Ballinglanna, Glanmire which are zoned for housing.

Context:

1. The Dunkettle Site was first zoned in the late 1990's and Ballinglanna site first zoned in 2003.
2. Since then there have been a total of three planning applications all of which have been referred to ABP and, despite approval by the County Council, all three have been refused by ABP.

3. These refusal have been for a variety of reasons but most recently principally including:

- a. Poor integration of new development with existing settlement of Glanmire
- b. Adverse effect on local road network
- c. Impacts on National Road network (Dunkettle Interchange)

4. The previous applications were all developed with little input to the planning of the proposals from the County Council. Following last refusal, the County Council took the view that, if development was going to succeed, there needed to be a greater input into the planning of the proposals by the County Council.

5. With that in mind, the County Council has carried out a lengthy and detailed traffic and transport assessment with a view to:

- a. Minimising impacts on the National Road network;
- b. Resolving issues on the local road network
- c. Improving the potential for integration with the existing village of Glanmire

6. That work has led to:

- a. An agreement with the TII that up to 400 units on the site can be developed in advance of the Dunkettle Interchange upgrade;
- b. A package of off-site road, footpath and cycleway other and sustainable transport measures to resolve and mitigate local transport issues

c. These projects will benefit the housing development but will also provide wider benefits to the Glanmire area

- d. €5.9m in LIHAF Funding
7. Developer now intending to make a planning application to ABP in July. Intention is that the application will be supported by an

agreement under s 47 of the P&D Act 2000 with the County Council which will govern the delivery and funding of the relevant off site infrastructure

8. Developer now consulting with the public as part of the process of preparing an EIS to support the intended planning application.

9. County Council are in the process of appointing consultants to design and supervise the development of the relevant infrastructure.

10. County Council's part 8 process will begin

Phase 1.

To be provided to service the needs of the 400 houses planned for the Ballinglanna lands and which could be provided in advance of the Dunkettle Interchange Upgrade:

- a) Provide upgraded signalised junction including a right turn lane at the junction of Glanmire Road and Church Hill
- b) Barring of right turn movements on the Dunkettle Road at the N8 on-slip
- c) Capacity improvement of the existing signalised junction at Riverstown Cross including

extension of the right turn lane.

d) Signalisation of the Hazelwood/Glanmire Road junction

e) Signalisation of the junction of Glanmire Road and Glanmire Bridge

f) Signalisation of junction of East Cliff Road and L3010 at Riverstown Village

g) Complete the link road between Hazelwood Road and Riverstown (L3010)

h) Partial upgrade of Dunkettle Road from Glanmire Bridge to Caherlag Road

i) Spine road through the development lands connecting Dunkettle Road to Fernwood housing estate

j) Cycle track between Glanmire Bridge adjacent to the Glashaboy River to extend as far as the Hazelwood Road at the Community College

k) Improved footpath linkages between the Ballinglanna and Riverstown Village

Phase 2.

To be provided to service the needs of additional 800 houses to be provided at the Ballinglanna lands and at the Dunkettle lands following completion of the Dunkettle Interchange Upgrade

a) Upgrade of Dunkettle Road from Caherlag Road to Bury's Bridge Roundabout

bout

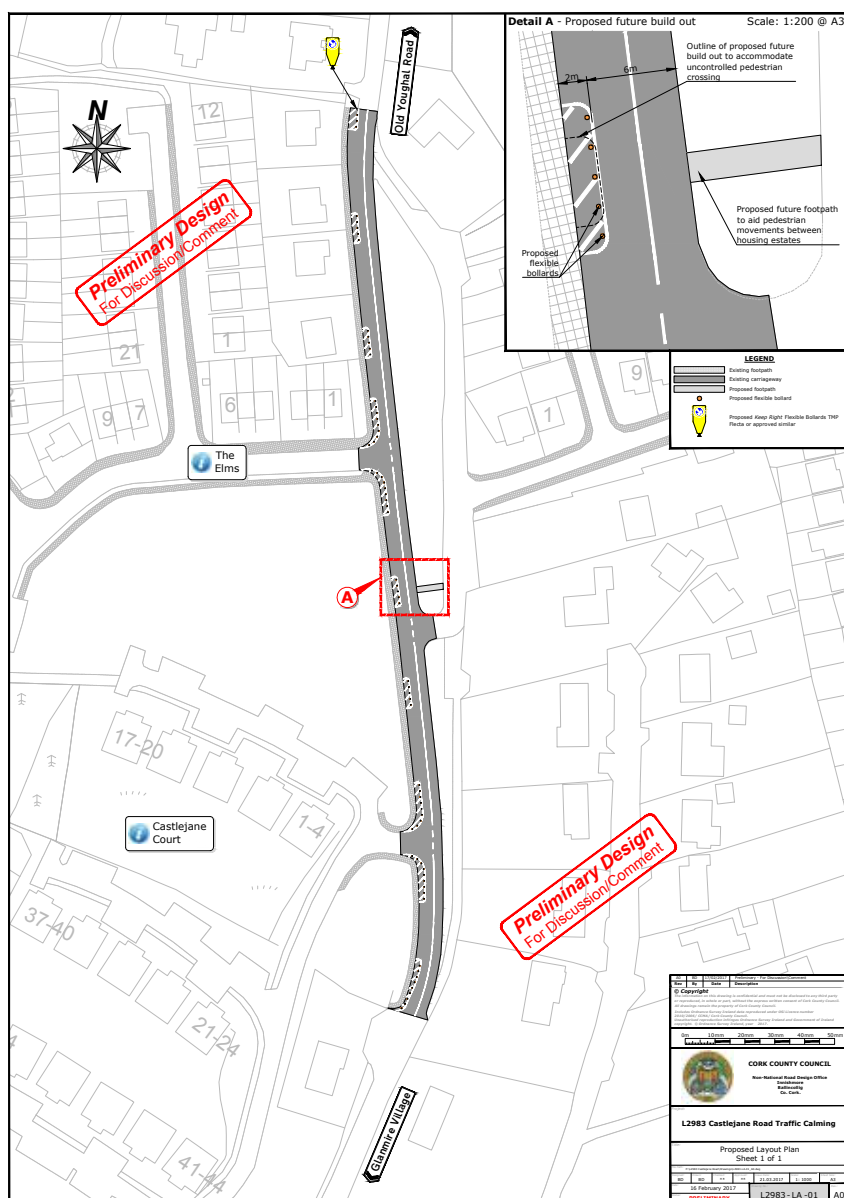
b) Additional Bridge on Riverstown Road L3010

c) Extend flaring to Tivoli Roundabout northern approach

d) Road improvements to County Road between Caherlag Road and Dunkettle Road (Dark Road)

AH and PoD

Cork County Council - Planning Directorate



later this year

11. CPO's will be required for land acquisition

12. Construction of projects not requiring land acquisition will be accelerated

13. Housing development and construction of remaining infrastructure projects commencing in 2018

Transport Mitigation Measures arising from Transport Modelling Exercise:

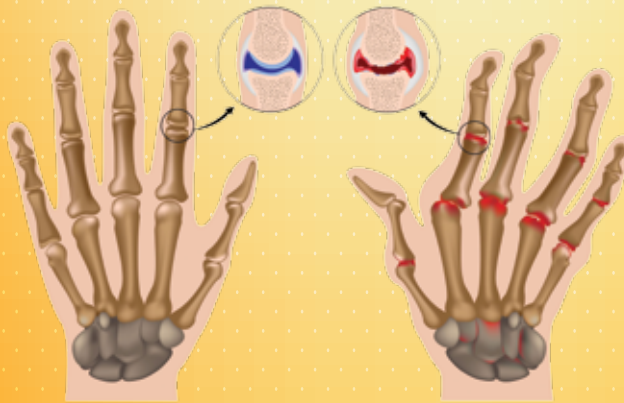


Arthritis Pain?

Living with arthritis pain can affect every part of your life.

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It would be nice to get out of bed – just one morning – without pain.



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Rheumatoid Arthritis

Pain Pills Are Not The Answer

Do you remember the Vioxx scandal?

It was a medication designed to relieve arthritis pain... but like all drugs, it had side effects. After years of use worldwide, the makers withdrew it from the market because of the overwhelming evidence it caused heart attacks and strokes. There's a time to use pain medications, BUT not before seeking a natural way to correct the CAUSE of the problem! Ask yourself... after taking all these pain medications... maybe for years... are you any better off?

My name is **Dr. Eric Kelly**, owner of **Glanmire Chiropractic Clinic**. Over the past 12 years since we've opened the doors, we've seen thousands of people come in suffering with arthritis and leave the office pain free.

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Michael Ruff, Ph.D. (Georgetown University Medical School) states "studies can support the use of massage therapy to alleviate stress, relax muscles and now possibly serve as an alternative to medical practice"

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My name is Monika Varnaite, Massage and Physical Therapist at Glanmire Chiropractic Clinic, Eastcliffe House Glanmire, Co Cork. (next door to AIB)



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"NÍL AON GLEANNTÁN MAR DO GLEANNTÁN FÉIN" GLOUNTHAUNE NEWS BY "THE FOREIGN CORRESPONDENT"

The Sacred Heart Church

A local magazine called "Community Way" was published by the vibrant Glounthaune Youth Club back in the seventies.

An article entitled, "Know Your Church" was published in the March 1970 edition, the content of which is reproduced as follows. QUOTE: Most of us, I am sure, fully appreciate the architectural beauty of our church at Glounthaune, but I wonder how many of us know about its history, the cost of its erection, and the valuable work and generosity of the local people who made it possible. It had been recognised for some time prior to 1895 that the old church in the village of Glounthaune, on the site of the present school, was inadequate to accommodate the increasing population in the district. Therefore in 1895 it was decided to proceed with plans to erect a new church. The parish priest, Rev. Canon D. Mc Namara, and Cork architect Samuel Hynes sourced a suitable site where the church was subsequently built. On December 4th 1895; a quarry at Killacloyne was offered by Morgan O'Connell, through his agent Felix Mc Carthy, for the purpose of providing the necessary stone. One condition imposed was that the parish priest would pay one penny per ton for all stone taken from the quarry. I wonder what Wm. Ellis & Sons Ltd. or John A. Wood Ltd would charge today. On December 18th 1895; Canon Mc Namara received the lease of a portion of ground for nine hundred and ninety nine years from Sir Leslie R. Falkiner at the nominal rent of twenty five shillings per annum, which was eventually given free. A local farmer, Michael Barry, also surrendered his title to a piece of ground adjoining that of Sir Leslie Falkiner's. On December 30th 1895; twenty horses were called to commence drawing the stone from the quarry but because of weather, described as "awful with south-easterly gales and rain that was never previously experienced", work slowed down considerably. It would appear, therefore, that the weather we have experienced this past winter is really nothing new! On March 6th 1896; the architect stated that "the elaborate plans" for the church would cost £3,972.00. At a public meeting held at the old church on March 22nd; tenders were considered for the erection of a new church - they moved fast in those days! Five tenders ranging from £4,225.00 to £5,220.00 were submitted and Mr. J.J. Coffey of Middleton was the successful contractor. His price for "the whole work and material" was £4,225.00. After discussion, and some opposition, it was agreed that the farmers would pay one shilling and three pence in the pound on Poor Law

Valuation. That is what I would call; "Real Local Authority"! The first sod was cut by Rev. Canon D. Mc Namara on April 29th 1896 and the weather was more kind for this occasion. There appears to have been no rain from March 28th. to June 8th. and during this period a temperature of eighty seven degrees in the shade was registered. In fact oats were cut at Little Island as early as July 8th. Digging of foundations commenced on May 28th when Mr. C. O'Toole was appointed Clerk of Works at the princely wage of two pounds, ten shillings per week. At this stage it was found that sand was showing in the foundations on the proposed north side of the Chancel and also at two of the Pillars. It was reported on July 6th that Mr. Coffey "was very slow with the work" - there is a familiar ring about that! By the way, workers please note, but not employers; labourer Pat Casey was paid one shilling and eight pence per day and I don't know what was special about Wm. Barry, perhaps a foreman, as he was paid a daily wage of two shillings and sixpence. The foundation stone was laid "amid great pomp and splendor" by the Bishop of Cork, Dr. O'Callaghan on Sunday July 26th 1896 and the men of the parish walked in procession from the "Quay Church" in the village. A bottle containing a parchment bearing the date and name of the reigning pontiff, together with medals and various coins were laid in the cavity. Work was delayed considerably during the winter of 1896 / 1897 because of incessant rain from November to April. In fact it was so bad that crops were not sown until May and as a result potatoes suffered badly from blight and the crop was almost a complete failure. Eating potatoes were imported from Germany at the outrageous cost of three farthings per pound, and the price for seed potatoes was a penny, halfpenny - Present day merchants please note! So the work proceeded and the church was dedicated on April 24th 1898 and named Church of the Sacred Heart. The sermon was preached by the Bishop of Cloyne, Dr. Brown. The cost of building the church eventually amounted to £6,000.00 - you might get the sacristy built for that today - and everybody, including the breweries and distilleries, gave generously. Great praise was given by the local newspapers to the architectural beauty of the church and if I may be technical for a moment; the nave and aisles are separated by pointed arches of a

high pitch springing from octagonal molded caps of Portland stone, resting on red polished granite columns and Portland stone bases. All the barge stones, kneelers, quoins and plinths are in limestone, quarried at Little Island. The belfry bell weighs five hundredweight. It was estimated, optimistically I fear, that the church would accommodate one thousand people. It is interesting to



note that a letter was received from Cork County Council on July 20th 1898 accepting the site of the old church for the building of a school, but refusing to bear any costs of repairing same. Great praise is due to the ladies of Glounthaune and Knockraha who undertook to bear the cost of £280.00, plus 10% to Mr. Hynes for the design, of supplying the main altar. Mrs. Jenkins presented the altar of St. Joseph as a memorial to Mr. & Mrs. T.H. Gallwey of Glenburne. Miss Hogan of Blossomgrove donated the Sanctuary Lamp and the side lamps were donated by Mrs. Mc Sweeney of Island Cross. Sir Leslie & Lady Falkiner presented the window on the right hand side of the main altar which depicts the Annunciation. The centre window, dedicated to the Sacred Heart, was installed at a cost of £105.00 to the memory of the Very Rev. Canon John Barry and depicts Our Lord requesting Sister Margaret Mary Alacoque to encourage devotion to the Sacred Heart. Canon Barry had initiated the building of the church but sadly passed away in May 1895. The window on the left, portraying the Presentation in the Temple, was donated by Mrs. J. Murphy of Annmount. A section of the original altar rails was given by the Sisters of Charity and the remaining sections by Mr. Watson of Cork. Mr. Nicholas Murphy of Killahora donated the statues of St. Joseph and the Blessed Virgin Mary which were imported from Paris. Mr. Murphy also gave £100.00 as a contribution towards the

erection costs. The altar of the Blessed Virgin was donated by Mr. J.J. Murphy of Bellvue. "A friend" gave £100.00 for the Stations of the Cross and £28.00 for the Italian designed Holy Water Font. The two main windows at the rear of the church were donated by Canon O'Leary's relatives in 1937. The pulpit was donated by Mr. J. Murphy of Annmount to the memory of his late wife. UNQUOTE. The foregoing article was penned forty seven years ago and as a result of Vatican II some modifications were made to the interior of the church the following year. The pulpit which was positioned at the front left hand side of the middle aisle was removed, as were the altar rails. Incidentally; did the Vatican Council actually give such a general directive relative to the latter? The front section of the altar was detached and brought forward thus enabling the celebrant to face the congregation, and the remaining section of the altar formed a backdrop - as is today. The Baptismal Font, which was located adjacent to the northern door and encased with railings and a locked gate, was first moved to where the pulpit stood and later to its present location at the Altar of the Blessed Virgin. Also, burial arrangements were very much different than today. Two pieces of slotted timber were placed on two high trestles and positioned adjacent to the southern door and were overspread to floor level with a black pall which had a white cross on the visible side. On the night of "removal" the coffin was laid on this platform and three candles on high wooden holders were placed at either side. The funeral ceremony took place the following afternoon and did not include the celebration of mass but family members might attend a scheduled mass that morning. The priest, wearing a white "sash" over his suit, travelled to the graveside in a car which headed the hearse of the funeral cortege, and was the sole occupant sitting on the rear passenger seat. Yes, different times. The photograph shown here was taken on the day the church was dedicated; Sunday April 24th 1898. It is interesting to note that the large Crucifix, now at the right hand aisle, was not yet in place, or the pulpit which was positioned at the left hand aisle prior to removal. The only lights appear to be that of lamps at both sides of the timber Altar Rails, and the hanging Communion Cloth is notable. The timber rail preventing access between aisles can also be observed. Incidentally, some interesting Heritage Boards were erected at various locations in our area in 2013 and that near Glounthaune church contains the referenced photograph; however the caption shows April 24th 1898 as the date that the church was dedicated!

SLÁN ANOIS ©



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Charlie Wilkins



Garden Shades

Gardeners make good use of moveable seats. They have learned that permanently positioned seats can't follow the sun and that cold breezes have a habit of sneaking into the garden from a number of different aspects. Deck chairs may be great fun on decks, but a neat folding chair (for example) is much more appropriate and can be used for dining outside during summer and inside during the off season. These may come in garden tolerable colours and look inviting, but nothing compares to a comfy timber seat, moveable or not!

Various redevelopments around the garden at Villa Marie has meant that garden chairs and tables are now finding new positions and to assimilate them I have lately spent the odd afternoon with sandpaper and paintbrush at the ready. Choosing and changing the colours is the best bit. I remember many years ago, meeting a keen gardening friend who opened her ravishing garden for charity on a very regular basis. She detested white garden furniture likening it to so many 'aspirins' usually plonked near to choice perennials or even on the lawn. She had just painted her most comfortable seats a cool grey and they looked absolutely delightful. Pale greens and blues were used on other sets especially those sited in sheltered, hidden areas which one had to stumble upon rather than notice from a distance. They looked so wonderful that I have followed her colour schemes ever since and I delight whenever new 'garden shades' are introduced by paint-



makers. You can buy pastel-like colours from fancy (and expensive) paint-makers or you can be canny and spot the same thing in your local hardware shop. Many are to be found in B&Q under the brand name 'Cuprinol Garden Shades'. One of the nice things about these water based paints is that you can change your mind (and outdoors furniture) every year - more often if you like!

Even the top garden designers at this year's Chelsea Flower Show (those who created some of the most photographed gardens at the extravaganza) used similar shades of paint on all their timber garden features; gazebo's, furniture, decking, sheds, even summerhouses. At home, you don't have to stop there! One of the best paint effects I have ever indulged in is now quite 'invisible'. Years ago, I invested in a number of galvanised wire hoops to support the floppy growth of herbaceous plants, especially dahlias and delphiniums. The instructions promised that that once in place they would be hidden in a week,

but some galvanised extrusions always seemed to be sticking up in front of the phloxes and lupins, lobelia and tall campanulas. So in desperation I bought a tin of unconventional green, sprayed the lot and I haven't seen them since!

Following our recent disappointing spring in which terra-cotta pots were fractured and shattered by late frosts I took stock of the undamaged remains and began a programme of renewal. From the illustration you can see how one of a number of large old pots was transformed from something chalky and neglected looking into a really attractive feature. It survives to this day. Needless to say it may this month of August, receive yet another change of colour.

Inset: Cuprinol Shades; This large old pot was transformed from something chalky and neglected looking into a really attractive feature. It now boasts a few strong plants that look extremely trendy.

Pic: 'seat in the shade'; Among the ferns and sycamore, this attractive seat looks completely at home. It is left out for the entire winter.

THE AUGUST GARDEN

AUTUMN: The mood of autumn is already evident in the foliage of trees, shrubs, and all plant life. The shortening hours of daylight have crept in unannounced, marking yet again the ebb and flow of the seasons and of life itself. But while the dance of surrender may be obvious to those who observe these subtle changes, there are still two good months of gardening activity to be enjoyed. The garden once again becomes 'a cabinet of curiosities' for shadows increasingly deceive the eye and light play funny tricks even during a high August noontime. Now's the season in which to have an eye for detail, a love of the unusual, a collectors mentality for weird shapes, odd movements, and unexpected and sudden bursts of short-

lived golden colour. If you garden with grasses and late perennials you'll have these golden treasures I

speak of, and be able to rely heavily on shape and pattern for all of autumn through to October.

POPPIES: botanically known as papavar have exploded in the warmth of a single late July weekend! They formed a red and mauve mass, tall and dignified, heads nodding sagely in the breeze like a cavalcade of cardinals at the Vatican. And it was the sheer quantity not just the variety that made this such a thrilling sight. Perhaps it was the unusual winter which encouraged such a show, but in under a week they were past their best and going the way of the lupins. This was expected of course, and in anticipation of the ugly gaps, pots of lilies

were trundled out from their hideaways and dropped into the vacated positions. They look as if they have been growing there always.

HELLEBORES: Tidy up those spring-flowering hellebores now that their seed pods are about to open and drop their seeds. Left alone, the seed will fall and germinate in their hundreds early next spring. All will fight for light, nutrients and growing space so avoid the creation of yet more unnecessary work. Simply nip off the seedpods and you'll get an immediate smartening of the plant and its deeply divided palmate leaves. If extra plants are needed allow some pods to remain. When you consider that the 'better' coloured forms of Helleborus orientalis are sold for as much as €25 each in garden outlets it probably makes sense to save at least a few.



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GLANMIRE CHAMBER OF COMMERCE BUSINESS & COMMUNITY AWARDS



10th NOVEMBER
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AT THE VIENNA WOODS HOTEL

CATEGORIES

1. Customer Service Excellence Award
2. Best place to Eat/Drink Award
3. Men in Business Award
4. Women in Business Award
5. Glanmire Business of the Year
6. Glanmire Ambassador of the Year Award
7. Social Community Award
8. Sports Award

*Awards will be presented at a Gala Dinner
on the 10th November 2017.*

Closing date for nominations 10th October 2017.



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Nominations can be dropped into a special box in the Bank of Ireland, Glanmire or e-mailed to glanmirechamberawards@gmail.com

Tear off nomination form | NAME OF PERSON/BUSINESS TO BE NOMINATED (BLOCK CAPITALS)

1. Customer Service Excellence Award (NAME) _____

2. Best place to Eat/Drink Award (NAME) _____

3. Men in Business Award (NAME) _____

4. Women in Business Award (NAME) _____

5. Glanmire Business of the Year (NAME) _____

6. Glanmire Ambassador of the Year Award (NAME) _____

7. Social Community Award (NAME) _____

8. Sports Award (NAME) _____

BLOCK CAPITALS

NOMINATED BY: _____

MOBILE _____

E-MAIL _____





GLANMIRE HERITAGE SOCIETY - Programme of events for National Heritage Week 2017

Tuesday 22nd August at Riverstown Community Centre 2.00 – 5.00pm

Heritage Photographic Exhibition
Music by Maureen Murphy
Knitting & Crochet Exhibitions

7.30 – 9.30pm

Musical Evening at St. Mary & All Saints Church, Glanmire highlighting local talent

– music, song, dance, poetry, storytelling, with Frank Houlihan M.C.

Wednesday 23rd August:

Heritage Photographic Exhibition 2.00 – 5.00 p.m.

Guided tour of Riverstown House. (€5 per head). Meet at Glanmire Library at 2.30pm.

Thursday 24th August at Riverstown Community Centre 2.00 - 5.00pm

Heritage Photographic Exhibition 2.00 – 5.00 p.m.

Visit to local Gardens. Meet at Glanmire Library at 2.30 p.m.

Friday 25th August at Riverstown Community Centre

2.00 – 5.00 p.m. Heritage Photographic Exhibition

8.00 p.m – 10.00 p.m.

Musical Evening at Historic Riverstown House with Kieran Kelleher M.C.



White's Cross GAA Cúl Camp 2017

White's Cross GAA held another very successful Cúl Camp this summer – the fifteenth consecutive year that the Club has hosted a Summer Camp. Coordinator Conor Kelleher had the following people to thank: "Running such a Camp is obviously no easy task, and to do so requires the support of many people. I feel it appropriate that I thank these people for their support – it's great to have such a continued spirit of community around this event now running 15 years. Foremost I thank the Coaches and their Assistants who worked diligently and enthusiastically all week to ensure all participants benefited from the week's activities – many of these people have been involved with the Camp for a number of years now and their reliability and work ethic is an integral part of this Camp's success year after year. Thanks to Marion Delaney, Brendáin Murnane, Ciarán Quain, Labhrás White, Sean Twomey, Jennifer Hall, Ciara Cashman, Aaron Kent, Cormac O Flynn, Billy O Hara, Derrick Royal, James Royal, Colin McCarthy, Cathal O Flynn, Ronan Quain, Peter Twomey, Jack O Callaghan, Aaron Wallace, Conor Docherty, Lucy Cashman, Emma Coffey, Louise Buckley & Liz Twomey. Thanks to Michelle Whooley, Mike O Flynn, Joan Twomey & Sue Kelleher who were on hand to

tackle different chores throughout the week and made my job of camp co-ordinator i bhfad níos éasca. Thanks also to Pat O Callaghan, Teresa Quain and Martin Flynn for their assistance. Thanks very much to Upper Glanmire Community Association for making the Sports Hall available again this year – fortunately the weather held up and we didn't have to go indoors but it's great to have this facility to fall back on in the event of wet weather. Thanks also to Sandcastles Preschool who made their facility available to us for the week – it's great having Catherine and her team with a base in White's Cross GAA Grounds! Thanks to Kellogg's for their sponsorship of the Cúl Camps – now in their sixth year as sponsor to the nationally co-ordinated GAA Summer Camps, and it continues to prove very beneficial at the club unit level. Thanks to Paudie O'Brien and Noel Crowley, Games Development Officers with the Cork County Board for their time and assistance.

Thanks to Cork Intercounty players Luke Connolly, Mark Coleman and Jessica O Shea for paying us a visit this year. Finally a BIG thank you to the one hundred and twenty three boys and girls who participated in the Camp; yet again they were an absolute pleasure to work with. Go raibh míle maith agaibh!"



Cork Ladies Footballer Jessica O Shea signs autographs at the White's Cross GAA Cúl Camp



Charlie O Shea meets Cork Senior Footballer Luke Connolly at the White's Cross GAA Cúl Camp.



Congratulations to Killavullen who defeated White's Cross in this year's Junior B County Hurling Final at Páirc Uí Rinn. Well done to our own lads for getting to the final, and here's hoping that next year we can emulate our opponents who had lost the final in 2016. Pictured are the White's Cross panel and mentors. Back Row (L-R): Sean C. Burke, Conal Smith, Eoin Murnane, Seamas Reid, Shane Cahill, Richie Sherlock, Kevin Buckley, Murt Kelleher, Conor Buckley, Brendáin Murnane (Captain), Ruairi Murnane, Pádraig Murnane, Donnacha Murnane, Billy O Hara, Dominic Cahill, Chris O'Neill. Front Row (L-R): Dave Buckley, Martin Atkinson, Cormac O Flynn, Aaron Kent, Colin McCarthy, Sam Heffernan, Seamus Quinlan, Sean Twomey, Brian Murphy, Derek O'Connor, Cillian Hall, John O'Connell, Seamas Kennefick.

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SOCIAL SCENE



New Yorker Style Awards



Some of the Stylish ladies from Glanmire and Cobh toasting New Yorker New Yorker with Liam Sheehan mentalist and magician.



Eileen McCarthy pictured at the New Yorker Style Awards launch with Shirley Feeney of Shirley's Beauty Glanmire.



Kiera Hawkins of Shirley's Beauty Glanmire selected as 'New Yorker's Best Dressed Lady' on the night.



Lavinia O'Mahony and Geraldine Healy Glanmire at the New Yorker Style Awards launch.

Some of the Stylish ladies from Glanmire and Cobh toasting New Yorker New Yorker with HI magazine publisher Michael Mulcahy.

Christening



Above: Clr Kenneth O'Flynn with niece Alissia Mae O'Flynn.

Left: Clr Kenneth O'Flynn with Bishop John Buckley and Ann Dowley Spillane.

The O'Flynn's and family were out in great force to celebrate the christening of Alissia Mae in the North Cathedral Church and Clayton Hotel.

Celebrations



HUGE Congrats to Eileen McCarthy and her fabulous team in GHS (Glanmire Hair Studio) who are celebrating 20 years in business this year.



SuperValu



Dani McCarthy spotted in Super Valu Carrigline doing great work

A Taste of West Cork Food Festival

A Taste of West Cork Food Festival launches most cultured and cosmopolitan food Festival to date.

Variety is the spice of life, and it is a spice that this year's A Taste of West Cork Food Festival has in abundance! With thirty three guest chefs, and a plethora of events for families, friends, couples, and food-lovers alike, it's no wonder celebrity Chef Derry Clarke, (of Michelin Star L'Ecrivain restaurant fame) is eager to return.

The 10-day Festival takes place this year from 8th-17th September, with over 230 culinary and adventure events across the region's 36 towns and villages and 8 islands.



Judy Hopkins, Hopkins PR; Cllr. Declan Hurley, Mayor of the County of Cork and Dave Hopkins.
Pics: Brian Loughheed Photography



8-year-old Natalie Robb from Skibbereen with Director of Economic Development, Cork County Council.

Summer Buzzing in The Castle Glanmire



Let's of local faces spotted recently including:

Lorraine Lambe, Pamela McCarthy O'Callaghan & Niamh Walsh
Una and Stephen Wrey

Pat Fitz - Pat Fitz Band

and Many More... go to their facebook page to tag or save your photo



All Ireland Feile Champions 2017 Pics: David Keane



Glanmire ladies U14 A football team members Kate O'Donovan, Erin Kelleher and Amy Cashman, before their departure to take part in the All-Ireland Feile series, at Killygarry, Co Cavan.



Glanmire ladies U14 A football team members Kelly Graham, Lucia O'Callaghan and Clodagh O'Mahony, before their departure to take part in the All-Ireland Feile series, at Killygarry, Co Cavan.



Glanmire ladies U14 A football team players Liz Twomey and Julia Kelleher, with club chairman Michael Hannon and Noirín Kelleher of Clona Dairies.



Erins Own Hurling & Football Club Caherlag, Glounthaune, Co. Cork.

Lotto Results: for the 19/07/2017, No winner this week, Numbers drawn were 3,15,18 & 21, €30 to Meabh O Callaghan, Claire Funge & Geri O Flynn Next week's Jackpot will be €5,290, you can now play our club lotto on the Erins Own website, Thanks to everyone who supports the draw throughout the year.
Club Shop: The shop will be opened on Saturday 10am to 12pm & Sunday 11am to 12:30pm, any queries or questions on stock or orders just call or text Michael on 086 8699145 or Kieran on 087 7787759 or E-mail Kieran on kieranmurphy33@gmail.com

East Cork Junior A Hurling Championship:

Erins Own 1-17 Bride Rovers 1-08

Erins Own Junior A Hurlers returned to winning ways with a win over Bride Rovers in Watergrasshill last Saturday evening with out the services of Paul Fenton (Injured) Paul Ryan, Ronan Coakley & Ronan Twomey all away, A dream start for Erins Own when a Barry Og Murphy 65 went all the way to net in the first minute, William Fenton was on form in scoring four points from play in the first half, Peter Kelly hit two from frees, Ger O Mahony, Barry Og & Leon Foley all getting a point each to give a lead at half time to Erins Own of 1-09 to 0-03, The second half saw Peter Kelly firing over another three points from frees, Ian & Ger O'Mahony both adding one each saw Erins Own opening up a nice gap, Rovers got a spark of life when they found the

net in the 50th minute, but Erins Own substitutes James Taylor & Seanie Dunne scoring three points between them widened the gap & insured the win for Erins Own, William Fenton, Ger O'Mahony, Shane Broderick & Ronan O Carroll all played well for Erins Own. We now play Russell Rovers in the Quarter final.

Team In Full: 1.Kieran Murphy 2.David Twomey 3.Patrick Fitzgerald 4.Darragh Twomey 5.Keven Finton 6.Shane Broderick 7.Barry Og Murphy 8.Ian O Mahony 9.Chris Geary 10.Leon Foley 11.Ronan O Carroll 12.Ger O Mahony 13.William Fenton 14.Peter Kelly 15.Cathal Heavey Subs Used: Seanie Dunne for Peter Kelly, James Taylor for Cathal Heavey & Joe Ryan for William Fenton.



Some of the boys who took part in the recent Supervalu bag packing in Glanmire. Well done to all. Our thanks as always to Liam Ryan and his excellent staff that are always so supportive. Thanks again



Sarsfields Camogie Notes



- **REBEL OG AWARD:** Our successful Feile winning team was awarded the June Rebel Og Award in honour of their back to back All Ireland Div 1 titles.
- **JUNIOR B'S :** Our Junior B's have hit the ground running in their round robin championship campaign with two wins over Inniscarra & Ballinascorthy to date. Next up Cobh!
- **SENIOR A's:** Championship 1st round vs last year's county champions Inniscarra is scheduled for July 26th. Best of luck girls.
- **CORK PRIMARY SCHOOLS EXHIBITION GO GAMES:** The following Sars players represented their schools at half time during recent Munster Championship Hurling games in Thurles: Ella O'Brien, Evie Twomey, Ellis Hegarty & Megan Sheehan. Well done girls.
- **U14A's** are awaiting a league final outing with Inniscarra shortly.
- **U12A's** have qualified for County Semi Final after wins over Valley Rovers, Cloughduv, Youghal, Eire Og and Inniscarra. This

team have shown true grit in all their games and are constantly impressing with their skillset & never say die attitude.

- **U12C's (U11s)** have qualified unbeaten from their group section of Douglas, Valley Rovers, Castlemartyr, Inniscarra & Cloughduv for a County Quarter Final. Great achievement from our third U12 team who continue to successfully punch above their weight.
- **IMOKILLY U13 & U15 LEAGUES:** All our teams are involved in semi finals of their respective grades which are to be played shortly.
- **SUMMER CAMP 3-6th JULY:** Four action packed days of fun & skills under glorious skies proved hugely successful. Kindly sponsored by John & Roisin Murray of Sherry Fitzgerald Lettings, over 80 players ranging from 5-13 yrs enjoyed the experience. Thank you to all our coaches & assistant coaches who helped out over the 4 days – also to Sars for use of the facilities.



Glanmire Macra News

As the summer time marks a slow down in the Macra calendar, we are using this opportunity to highlight everything that occurred in the last 12 months. This month we capture all the events that took place from August until November last year.

Sport Successes

This year resulted in success coming in the form of 5 regional titles, a national runners up title and a national championship.

In August Glanmire's bowlers secured our first Seandun title of the year by winning the bowling competition. Further success came on the 25th September when Glanmire's Ladies 7-a-side GAA team triumphed over Knockraha, Carrigaline and Cork City. This victory stopped rivals Knockraha winning their 4th consecutive title and claimed Glanmire's second regional crown of the year.

These earlier successes were built on with Seandun titles in men's and ladies soccer and volleyball in November and March respectively. As Seandun title-holder Glanmire went on to represent the region in the national championship in the above competitions. In October, the bowling team of, Donal O Callaghan, Karen Cashman, Seamus Reid, Mairead O Callaghan, Will Daly and Tanya O Sullivan secured runners up position in the national competition held in the ALSAA in Dublin.

Terrific Triumphs

Outside of sport Glanmire had several other success stories. First up in August 2016: Jennifer Barry secured her Silver Leadership Award at the Country Officer Awards. While in September 2016, Sean Ahern contested the FBD Young Farmer of the Year Competi-

tion. Later in the month Sean successfully made it to the Top 12 "Best New Member" across all Macras nationally. This resulted in Sean having to be interviewed at Macra na Feirna National Rally in Limerick.

More success followed in September, as Sean was joined by Deirdre Walsh and John Loneragan to contest and proceed from the first round of the Novice Debating into the Seandun final. Also in September, Sean and Karen Cashman were joined by Patrick Healy and Donal O Callaghan to secure second place in the Seandun round of Question Time Quiz falling just short of Kinsale Macra.

Our quiz teams continue their successful run in October when Donal and Patrick combined with Cathal Cashman and Tomas Cuffe to win the Seandun round of "Know your Ag" and going forward to represent the region at the National Rally. A second team of Will Daly, Sean Ahern, Seamus Reid and John Cashman contested the "Know your Ag" and placed forth on the night.

Also in October, Seamus Reid won the over 23 beef stocking judging competition at the National Rally in Limerick. While in November, Kevin Smiddy, Patrick Healy, John Loneragan, Ian O Connell and Donal O Callaghan partaking in the Seandun Final of the welding, with Donal succeeding and going forward to the National Final. While Glanmire Macra's Senior Debating team of John Loneragan, Karen Cashman, Jenny Murphy and Jennifer Barry also saw success in November by winning the Seandun first round. But unfortunately were unsuccessful in the Cork round come February.

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Jack Lynch, 1917-2017

Mícheál Ó Súilleabháin

Ar an 15 Lúnasa i mbliana, beidh céad bliain imithe ó rugadh Jack Lynch, iar-Thaoiseach, dlíodóir agus fear mór spóirt. Is ceart agus is fiú comóradh a dhéanamh ar a shaol mar léirigh sé tréithe atá fós tábhachtach. Fear ionraic, macánta ba ea é. Lig sé dá ghaiscí ar pháirc na himeartha nó sa saol polaitíochta labhairt ar a shon. Níor chleacht sé an fhéin-phoiblíocht mar a dhéanann polaiteoirí an lae inniu.

Bhí sé umhal i gcónaí agus thug sé creidiúint do na daoine a bhí in iomaíocht leis ar pháirc na himeartha nó sa pholaitíocht. Duine de mhór-iománaithe an 20ú hAois a bhí ann mar a léiríodh nuair a roghnaíodh é ar fhoireann an chéid san iománaíocht roinnt blianta ó shin. D'fhás sé aníos i measc chosmhuintir Chorcaí agus cé gur bhain sé mórán amach lena linn, ní raibh aon éirí in airde ag baint leis. Ba bhréa leis bheith i gcomhlúadar na ndaoine ar fhás sé suas leo i gcónaí.

Rugadh Jack in aice le hEaglais an tSeandúin i dtuaisceart Chathair Chorcaí. Táilliúir ó Bheanntaí ba ea a athair Daniel agus ba as Gleanntán dá mháthair, Nora O' Donoghue. Cúigear buachaillí agus beirt chailíní a bhí sa chlann agus ba é Jack an buachaill ab' óige. D'fhreastail sé ar an Mainistir Thuaidh agus bhí deis aige ann a acmhainní spóirt a léiriú. Bhí sé ina bhall d'fhoireann na Mainistreach Thuaidh a bhuaigh Corn an Artaigh trí bliana as a chéile in 1934, 1935 agus 1936. Nuair a bhí sé fós ar scoil, d'imir sé, chomh maith, le Cumann Naomh Nioclás sa pheil agus le Raonaithe an Ghleanna san iománaíocht. Ó 1935 anall, bhí sé ina bhall d'fhoireann Chorcaí. Sa bhliain 1939, d'imir sé i gCraobh na hÉireann san iománaíocht. Bhí Corcaigh in iomaíocht le Cill Chainnigh. Bhí an cluiche ar an 1 Meán Fómhair agus bhí tugtar Craobh na Tintrí agus na Toirní air mar bhí droch-aimsir cheart ann. Thosaigh an Dara Cogadh Domhanda an lá céanna, chomh maith ach bhí aird na mílte ar an gcluiche seachas ar an gcogadh. Bhí an bua ag Cill Chainnigh, áfach. Idir 1941 agus 1944, bhí an-rath ar Chorcaigh agus bhuaigh an fhoireann Craobh na hÉireann ceithre huair as a chéile. Ní raibh an lá le Corcaigh san iománaíocht in 1945 ach roghnaíodh Jack ar fhoireann Chorcaí sa pheil a bhuaigh Craobh na hÉireann. An bh-



liain dar gcionn, bhuaigh Corcaigh an Chraobh san iománaíocht arís agus sa tslí sin, bhuaigh Jack sé Chraobh na hÉireann as a chéile, curriarracht nár sáraíodh fós. Ó 1934 anall bhuaigh Jack Craobh an Chontae san iománaíocht le Raonaithe an Ghleanna ocht n-uair as a chéile. D'imir Jack peil leis an Státseirbhís nuair a bhí sé ag obair i mBaile Átha Cliath sna daichidí agus bhuaigh sé Craobh an Chontae sa pheil i mBaile Átha Cliath in 1944. Lean sé air ag imirt go dtí 1948 agus faoin am sin bhí ard-stádas bainte amach aige i gcúrsaí spóirt.

In 1948, tháinig Fianna Fáil chuige ag tathaint air seasamh ar son an pháirtí don Dáil. Rinne sé amhlaidh ach chaill Fianna Fáil an toghchán agus bhíodar sa

fhreasúra go dtí 1951. Roghnaigh de Valera Jack mar Rúnaí Paraliminte in 1951. Bhí an oifig seo ar aon dul le hAire Stáit an lae inniu. Faoin mbliain 1957, nuair a tháinig Fianna Fáil ar ais i gcumhacht, bhí Jack ina Aire Oideachais. Seasann dhá pholasaí a chuir sé i gcrích ag an am seo amach. Chuir sé deireadh leis an gcosc a bhí ar mhná pósta sa mhúinteoireacht agus chuir sé tús le béaltrialacha sna teangacha don Ardteistiméireacht. Sna blianta a lean, bhí sé ina Aire Tionscail agus Tráchtála. Ba ag an am seo a chuir Éire iarratas isteach ar bhallraíocht sa Chómhargadh. Níor éirigh leis an iarracht ach bhí sé soiléir go dtiocfadh sé chun cinn arís. Ba é an moladh a bhí ag Jack do thionsclóirí ná go gcaithfidís iad féin a ullmhú don iománaíocht a bhí le teacht laistigh de dheich mbliana.

Nuair a d'éirigh Seán Lemass as mar Thaoiseach in 1966, thogh teachtaí Fhianna Fáil Jack mar chomharba air. Bhí George Colley in iomaíocht leis sa toghchán. Sna blianta seo bhí teagmháil déanta le Rialtas Thuaisceart Éireann den chéad uair ó bunaíodh an dá stát. Níor chuir gach éinne fáilte roimh an tionscnamh seo. Mhúscaill sé éilimh i measc an mhionlaigh chun cearta sibhialta a bhaint amach i gcúrsaí vótála agus i gcúrsaí tithíochta. Ba é seo an uair go raibh Gluaiseacht na gCearta Sibhialta gníom-

hach. Chuir roinnt de na hAontachtaithe in aghaidh na

n-éileamh ar chearta sibhialta. Bhris foréigean amach a lean ar feadh 25 bliain. Bhí éifeacht ag an gcor nua ó dheas, chomh maith, agus d'fhás scoilt i bhFianna Fáil maidir leis an bpolasaí ba chearta a leanúint. Thug Jack Lynch óráid thábhachtach i dTrá Lí in 1969 ina ndúirt sé go gcaithfí aontú na hÉireann a bhaint amach go síochánta. Dar leis, chaithfí daoine a aontú sula bhféadfaí talamh a aontú agus nárbh fhéidir na 6 Contae a aontú leis na 26 Contae in aghaidh thoil na nAontachtaithe. Níor ghlac gach éinne i bhFianna Fáil leis an bpolasaí seo ag an am. Inniu glacann gach páirtí, fiú Sinn Féin leis an bpolasaí seo. Réitigh polasaí Jack Lynch an bóthar do Chomhaontú Sunningdale in 1973 agus thángthas ar réiteach cuimsitheach le Comhaontú Aoine an Chéasta in 1998. Cé go raibh Jack Lynch éirithe as polaitíocht le fada ag an am seo, bhí rath ar an bpolasaí a chuir sé chun cinn in 1969. Is féidir a rá go raibh a pholasaí i leith an Tuaiscirt á fhorbairt aige thar na blianta. Bhí sé sásta glacadh le comhairle ó dhaoine ar nós Ken Whitaker a raibh an-chur amach aige ar an réigiún in ar fhás sé aníos. Is féidir a mhaíomh go raibh an t-ádh leis an tír go raibh ceannaire chomh stuama le Jack

Lynch ag an tír sna blianta corraitheacha seo. Is ceart a shaol a chomóradh.

Tá roinnt beathaisnéisí ar shaol Jack Lynch foilsithe. Tá ard-chaighdeán sa bheathaisnéis chuimsitheach a scríobh

Dermot Keogh roinnt blianta ó shin.



Jack Lynch

Jack Lynch agus Foireann Chorcaí

Gluais:

gaiscí = feats

cosmhuintir = poor

éirí in airde = pride

comharba = successor

réitigh sé an bóthar = it prepared the way

cuimsitheach = comprehensive



New Inn N.S.

Couch to 5k

This year, as part of a new initiative focusing on our students' health and well being, we undertook the couch to 5k challenge. Staff and parents have noticed an increase in students concentration and energy levels since beginning the training programme. At the end of this programme we held a 5k run/ walk in Old Christian's Rugby Club. Students, parents and relations participated in this fun event. This will be an annual event. We were delighted with everyone's achievement. The vast majority of pupils from 1st to 6th class ran the entire 5k while the younger students ran/ walked. Well done to Nathan in 5th class who was the first student home in under 22 minutes. A special word of thanks to Ryan's Supervalu and Amber Service Station for their sponsorship. Thanks also to Old Christian's Rugby Club for kindly giving us use of their facilities – it was greatly appreciated.

Guest Speakers

We were delighted to welcome a member of the Dog's Trust along with her dog Odie to our school. She gave a very informative talk about the importance of caring for dogs.

There has been a special emphasis on the importance of fire safety in our school in recent weeks – in particular in the Infant classes during Aistear. Firemen, Cian

and Damien arrived in the fire engine to speak to (and indeed wet) students!

New Inn's Got Talent

New Inn's Got Talent – Talent Show is always a highlight of our school year and this year the bar was raised even higher! All classes gathered as children danced, sang, told jokes, and performed gymnastics and soccer skills. Luna Carrazza was voted overall winner for her gymnastics performance. We are lucky to have such talent in New Inn.

Staff versus 6th Class

This year, there was once again huge competition between the staff and 6th class students as they battled for the much sought after champions title in Rounders. This game is always taken very seriously by staff and children alike! The staff were eager to retain their title, as both sides were cheered on by all other children in school. It was a very sporting game with staff winning by a narrow margin in the end.

Awards Ceremony

Our end of year awards ceremony was held in the school to highlight exceptional achievements of our students, both representing our school and other clubs. Other awards presented included full attendance – Callan Collins, Matthew McCarthy, Saoirse O Riordan, Darragh O Riordan, Talim Cunningham and

April Turnbull. Ivo Kok won the overall prize of Laoch an Ranga for his outstanding dedication and hard work throughout the past school year.

Comhghairdeas Luke O' Connor, our very talented 1st class student who not only won his own race outright in the Under 7 Cork City Sports Athletics Competition but went on to represent us in the County Final and won that too. The school community are exceptionally proud of Luke's achievements.

This school year has been a very enjoyable year. Highlights have included: local trails – exploring the history of Glanmire, walks through the local woods, maths trails, baking classes, computer classes, cake sales, science week, seachtain na gaeilge, bike in the school day, construction day, school trips, spelling bee competition, sciath na Scol Final, drama & dance, easter egg hunt, table tennis competition, basketball, camogie and hurling blitzes, graduation ceremony and the chicks hatching in school. Photos of these events are on the school website: www.newinnglanmire.scoilnet.ie. We would like to wish our outgoing 6th class students all the best and look forward to meeting our new Junior Infants along with all our other pupils on the 31st August. We hope you have a lovely summer holiday and thank you for your continued support and co-operation.

Upper Glanmire

The Festival of Friendship

Upper Glanmire Parents Association will be holding a carnival to celebrate the end of the summer in aid of Upper Glanmire national School.

It will take place in Upper Glanmire Community field on the 27th of August 2017

There will be lots of activities for all ages

The teenagers and children area

Large basket ball
Beat the bleep
Penalty shoot out
Army avenger
Giant snakes and ladders
Giant chess
Velcro darts
Giant connect 4
And many many more
For the girls there will be a disco dome and music

Toddler's area

Jungle toddler playground

Adult area

The community car park will be turned into a large restaurant for the day with loads of tables and chairs to catch up with all your friends before the return of school

There will be a band on the day to play for parents
There will be a chipper van and a sweet shop and an ice cream van
Tea coffee and cakes will be available to purchase on the day

The event will open at 12.30 until 5pm at a cost of €20 per family of 2 adults and 3 children



Directors Cut

Last public meeting was very well attended, councilor Pdraig O Sullivan gave a presentation on infrastructure in glanmire over next 10/20 years, lots of questions asked and a request was made for another of these meeting.

The community association has got a grant to update the lighting and heating in the community centre, the lights have been done and a big job been undertaken to bring the gas heating up to date, we will now have radiators on the wall run off the gas tank. We are all looking forward to a much warmer winter!

Work has started in the park on old mans beard (wild clematus) thanks to tus workers, it is a really hard job as it has taken over all the trees and shrubs so anyone that would like to help would be greatly appreciated.

The trees have been cut back behind the playground and it looks a lot brighter. We are still waiting



for the lights, cc tv and hopefully the fencing off of the playground and the removal of damaged seats.

Hard to believe that another life buoy has been stolen from the park! Do youths not realise these are put here to save lives!

Traffic calming measures have been aproved for the Castle Jane road at long last.

Fantastic news proper steel gates and fencing put up around the old John Barleycorn site by the new owner, this has been an eye sore for years and what a difference it makes.

Very important date for your di-

ary tuesday 19th september agm in community centre at 8.30Pm please come and hear about all the great work done by sub committees. We are always looking for new directors to get involved, so if you think you have what it takes and can spare some time and are interested in your community, please put your name forward by ringing the office 021 4821333.

Enjoy the rest of the summer and remember keep an eye out for antisocial behaviour and ring the gardai and dont think someone else will do it Mayfield Gardai station 021 48558510 when are we getting the long awaited garda station in Sallybrook? (Maybe we will hear more on this issue at the agm).

Please show your support for your local community and come along to the agm (nobody gets a job unless they ask for it) so come along and be more informed as to what is happening in your area.



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Letter to the Editor

A Chara,

Glanmire Ladies Football U14s were recently crowned All-Ireland Feile champions; this was an incredible achievement for these girls. On route to their victory, they overcame county winners from Cavan, Westmeath, Monaghan and Dublin. The final was played in Kingspan Breffni Park, a major centre of football in Ulster.

We would now like to thank our supporters and the parents who made a phenomenal fundraising effort over the last number of weeks to allow our girls make this journey. We would also like to acknowledge the people who made the long trip to cheer on the girls in their quest for All-Ireland glory. Finally thanks to Glanmire Football club for their continued support.

We endeavour to continue the hard work to ensure the success of ladies football into the future and hopefully will return with more silverware for the club.

Regards,
Micheal.



seal



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021 4631837.



The Glanmire ladies U14 A football team, before their departure to taken part in the All-Ireland Feile series, at Killygarra, Co Cavan.



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Sarsfields Golf Society

Sarsfields Golf Society

The 29th Sarsfields Golf Society Annual Classic took place recently at Cork Golf Club and was a huge success with eighty teams participating on a splendid course.

Results

| Team Name | Team members |
|---|---|
| 1 st Aviva Insurance | Finbar Lehane, John Lucey and John O'Driscoll |
| 2 nd Body Fuelz | Sean Barry, John Barry and Michael O'Connor |
| 3 rd Dwane Sliotars | Rory Naughton, Ger Scanlan and Adam Walsh |
| 4 th T. Óg Murphy | T. Óg Murphy, Shane Healy and James O'Sullivan |
| 5 th Crowley & Co. | Paul Hayes, Peter Bracken and Paul O'Sullivan |
| 6 th Glanmire Medical Centre | James Grufferty, Roslyn Grufferty and Larry Moloney |
| 7 th Paddy Roche | Paddy Roche, Paul Roche and Peter Crowley |
| 8 th ProjectManagement Ltd. | Ger Mc Evoy, Billy Mc Evoy and Kieran Casey |
| 9 th M.C.G Financial | Gabby Mc Carthy, David Mc Carthy and Joe O'Connor |
| 10 th Tom Egan | Jerry Mc Carthy, Frank Ryan and Patsy Browne |
| 11 th Matty O'Cannell Foods | Tony O'Connell, John O'Connell and Val Sheehan |
| Longest Drive | David Clehane |
| Nearest to pin | Daithí Mc Carthy |

Thanks to all participants in this year's Golf Classic and to those who sponsored Tee Boxes and Greens.

We appreciate very much the generous Sponsorship of EZ LIVING INTERIORS and thank them for their co-operation.

Parish Masses & Services

Fr. John Newman
Springhill, Glanmire
087-2485684

Fr. Anthony Buckley
Springhill, Glanmire
087-2744617

Vigil Mass:
6:00pm St. Joseph's Church

Sunday:
9:00am St. Joseph's Church
10:00am St. Michael's Church
10:30am St. Joseph's Church
12 noon St. Joseph's Church

Confessions:

First Sat, 9:30– 10:00am, St Joseph's Church
Or by prior arrangement

Weekday Masses:

Mon-Fri 10:00am St. Joseph's Church
Thursday 9:20am St. Michael's Church
Friday 9:20am St. Michael's Church

Adoration:

Monday 8:30-9:30pm St. Joseph's Church
Thursday 10:00–12noon St. Michael's Church
Friday 10:00am-10:00pm St. Joseph's Church



Mayfield Citizens Information Centre

Roseville House, Old Youghal Road,
Mayfield
Tel: 0761 07 6880

Know Your Rights - August 2017

Question:

My partner and I are planning a holiday in Spain. How do we access public healthcare services if one of us becomes ill?

Answer:

You and your partner each need a European Health Insurance Card (EHIC). This card allows you to access public healthcare services if you become ill or get injured when visiting certain European countries. It doesn't cover private treatment or the cost of repatriation to Ireland if required.

The countries covered by the card are the 28 member states of the EU, the three other members of the EEA (Iceland, Liechtenstein, Norway) and Switzerland. The card is not required for a visit to the UK if you can show that you are ordinarily resident in Ireland. In practice, this means showing a driving licence, passport or similar document.

If you have a smartphone you can download the free HYPERLINK "<http://ec.europa.eu/social/main.jsp?catId=559&langId=en>" EHIC app. This includes emergency phone numbers and information about the treatments and costs that are covered. The app does not replace the card. If you already have a medical card or Drugs Payment Scheme card, you can apply online for your EHIC at HYPERLINK "<http://www.ehic.ie>".

Otherwise, you can download an application form from ehic.ie or get one from your HYPERLINK "<http://>

findaddress.citizensinformation.ie/service_finder/

Local Health Office. You need to provide your name, address, date of birth and Personal Public Service Number (PPSN). If your EHIC has expired you can renew it online at ehic.ie. If your details have changed (for example, your address) you will need to contact your Local Health Office to renew the card.

If you have concerns about getting a new or renewed card in time, you can get a Temporary Replacement Certificate, either HYPERLINK "<https://www.spsr.ie/portal/ehic/showProv.do>" online or from your Local Health Office. You may also wish to consider taking out private travel insurance for expenses that are not covered by the European Health Insurance Card (such as the costs of repatriation or the expenses of relatives who travel to you if you fall ill abroad).

Further Information

Further information on this and other matters is available in confidence from the **Mayfield Citizens Information Centre, Roseville House, Old Youghal Road, Mayfield.**

Telephone: **0761 07 6880**

Opening hours are:

**Monday to Friday 10.00am – 1.00pm,
Monday to Thursday 2pm – 4pm.**

Citizens Information is also available through the Cork City (North) Citizens Information Service at **0761 07 6850**, the Citizens Information Phone Service **0761 07 4000** or online at www.citizensinformation.ie



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Knockraha History and Heritage Society

Mass Path Walk & Mass In Memory Of Joe Holland

On Sunday 20th of August the Knockraha Mass Path Walk will be held starting at Butlerstown, Brooklodge and arriving in Knockraha for 10am mass.

This year the walk will be in memory of the late Joe Holland who passed away during the year. This will be followed by 10am mass in Knockraha Church and at the request of the Knockraha History Society will be said for Joe. It was Joe who was originally able to tell us the route of the walk having often used that path as a child with his parents to walk to mass in Knockraha. Without Joe's knowledge there would not have been any mass path walk. These mass path walks go back hundreds of years in our history and would pre-date a lot of roads. When these mass paths became established people had a legal right to use them with stone stiles in place to get over fences. Some of these stiles are still there so in doing the mass path walk we are following in the steps of our ancestors. During the history of Christianity in the Knockraha-Brooklodge area we have been served by 3 churches. The first was erected by St Quane in what is now Kilquane Cemetery. This was destroyed by O'Neill's army on their way to the Battle of Kinsale in revenge for the Barry family of Barryscourt, Carrigtwohill not supporting O'Neill and his Spanish invaders in the Battle of Kinsale. A small section of the walls of that church with loose stones are still visible in Kilquane cemetery. After the destruction of that church, even though they were Penal Times, the good Christians of Knockraha erected another church in Meeleen, in the North-East of the Parish, on O'Sullivan's farm. No trace of that church is visible today other than a field known as the Church Field but what was dug up some years ago was a holy water font in that field. Obviously it was part of the church and would well have come from the original church in Kilquane. This holy water font was kindly presented to the Parish and has recently been installed in the foyer of St Mary's Church, Knockraha. The present Knockraha Church was consecrated in 1803 and this mass path was used by people from Brooklodge to go to mass in Knockraha. For the Mass Path Walk on Sunday August 20th we will gather in Butlerstown at John Kelleher's at around 8:30am to be ready to start walking at 8:40am. The route is about 3km all through level fields and is a very scenic route taking approximately 1 hour which any able-bodied person should have no bother doing.



Joe Holland pointing out the Mass Path way to the pilgrims. In the front of the picture at the right-hand side are the stiles used by the ancient math path walkers to go over the ditch. This consisted of stones protruding out of the ditch.



Joe Holland leading the Mass Path Walk to Knockraha Church.



Mass Path walkers on their way to Knockraha Mass.

However the route is not accessible for wheelchairs. We should be coming on to the public road at Barry's Hill at around 9:45am and as we walk the final part of the journey towards Knockraha Church we will recite the rosary for Joe Holland. So if there are people who would not be able for the walk but would like to commemorate Joe, they could meet us

at Barry's Hill and join the rosary to Knockraha Church. There is ample parking for cars in Butlerstown at the start of the walk and after the mass in Knockraha we can provide transport for people to collect their cars in Butlerstown. This mass path walk is part of National Heritage Week when we are reminded of our glorious past. Heritage Week runs from August 19th

to August 27th taking in 2 Sundays. On the first Sunday Knockraha History Society will host the Mass Path Walk and on the second Sunday August 27th the Knockraha History Society will open Sing-Sing prison in Kilquane graveyard to the general public from 12 to 6pm. There will also be an exhibition of memorabilia from the War of Independence at the graveyard. Sing-Sing has become a major tourist attraction during the last few years. This is attributed to its importance during the War of Independence as the prison for the Cork No. 1 Brigade with over 100 prisoners being kept there during the War and with up to 30 being executed out of it. It is a unique facility with nothing similar in Ireland. It has received massive exposure from historians in various publications and it was recently the subject of a major documentary on TV3. It is believed that the Sing-Sing structure was constructed 1500 years ago as a store for monks to hold their food and it was used again in the 17th century as a safe place to keep bodies during the body-snatching era. The structure itself is an underground vault measuring 16ft x 8ft x 6ft high in the centre. Entrance is gained by descending 6 steps. It is guarded by a solid gate with spikes and there is a strong steel door 1/2 ft thick. When the door is closed the vault is totally dark and for most of the year water drips from the roof. It now has a special interest to those studying the paranormal according to a recent book 'Haunted Ireland'. It has been suggested that there is a secret compartment at the back of Sing-Sing. It will take archaeologists to explore this on Heritage Sunday. It will be open from 12-6pm with conducted tours every hour in which all its history will be explained. In tandem with the opening of Sing-Sing we will have an exhibition of memorabilia from the War of Independence such as guns including a maxim machine gun captured from the British. These were the dominant guns from the First World War. Recently the History Society were presented a Russian rifle retrieved from the Aud which was destined to be used by the Volunteers in 1916. Pat Mulcahy is preserving it in a specially-made glass case. To add to the evening courtesy of Knockraha ICA a cup of tea and light refreshments will be available free of charge. Also on display will be the equipment used by Knockraha IRA to make hand grenades which were distributed through the whole country. So all in all we have a very interesting evening promised.



Riverstown Boxing Club

Eamer Coughlan with Coach Ted Barry at the Haringey Box Cup, London, where Eamer won Gold and was also voted Best Youth Boxer.

Eamer is now in preparation for the European Youth Championships in Turkey, in September. Also Orinta Ringyte who won gold at the Hull Box Cup, England. Riverstown Boxing Club Irish Champions so far for 2017 Eamer Coughlan, Lily Coffey and Orinta Ringyte.

In August Riverstown Boxing Club will travel to Szczecin, Poland to take part in a training camp while also having two Bouts against Local Boxers. We'd like to thank all the Local Business Community for their continued support for our Annual Boxing Tournament and in particular the Management and Staff of The Vienna Woods Hotel.

The Power to Change

The Power of Purpose Part-Two

In Part 1 of this article I mentioned the fundamental importance of having a real and lasting purpose to our lives. Mention was also made of how few people manage to get any real sense of purpose, or in many other cases people have decided not to live according to their purpose.

Something that should have been mentioned previously is the alternative words we use for Purpose, namely our dreams and ambitions. It is these words that many people will relate to more easily, especially those of a younger generation. It is easy enough to say: "my dream is to..." or "my ambition is to..." etc. But how do we know if these are the right dreams and ambitions in the first instance? How can we tell whether we are living our own dreams and ambitions or whether we are compromising them in favour of what others want? Or maybe, we have suppressed them because of what others would have us do instead? The following questions can help us determine what our true purpose is or should be, had we the confidence and courage to pursue them:

What energises me the most when I talk to people about my interests, job etc., or when I talk about my dreams and ambitions?

Another way of putting this is: what lightens up my eyes and fills me with delight, and makes me want to give everything I have in order to make it happen?

After having shared my dreams and ambitions with others, am I more or less likely to betray myself and my feelings by not doing what I know in my heart is right?

Far too many of us make decisions about our dreams and ambitions, not on what we really want and know to be right, but rather on what others want from us, or, after they have undermined our dreams in some way. It is when faced with these situations that we are more likely to compromise or give up altogether and tow-the-line instead; anything not to upset them or run the risk of rejection. But how does that make us feel, really? All the evidence shows that the price we pay is far too high. By suppressing our dreams and repressing our true feelings we are setting ourselves up for great disappointment, which will inevitably lead to unhappiness, depression and possibly worse.



By Sara-Jane Cromwell LIFE COACH & MOTIVATIONAL SPEAKER



Upper Glanmire ICA Guild



Upper Glanmire ICA Guild

Our Guild meets on the first Tuesday of every month, except January. We have 28 members and new members would be very welcome

UPDATE ON GUILD ACTIVITIES

- Our walks are progressing well, having already done the Rochestown to Passage walk, the Estuary and the Lee Fields.
- Members continue to work on their Crochet and knitting projects during the Summer.
- A trip to see Annie in the Opera House is planned for August



August Recipe: Raspberry Jam

If you have some raspberries stored in your freezer, you can make this beautiful jam at any time of the year!

Ingredients

1 pound raspberries
1 pound sugar

Method

- Warm your jars at a very low heat in the oven.
- Stew the fruit very slowly at a low heat until all the raspberries become 'mushy'
- Add in the sugar, and

stir at a low heat until all the sugar is completely dissolved.

- When the sugar is dissolved, boil the jam RAPIDLY WITHOUT STIRRING for about 5-7 minutes.
- Gently stir your jam, and pour into the jars to within 1/4 inch from the top.
- Cover with wax circles at once, and put on lids, or alternatively wait until jam is completely cold. Leave to cool in tins before removing.



1. A group of our ladies prior to a walk on the Lee Fields.
2. Mary Cashman and Mary Dorgan attending one of our recent functions.
3. The Lee Fields on a summer's evening.



Community Notices

MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked You for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within Your own Heart where Your Father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen. Say for three days, promise publication and favour will be granted.

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JACKPOT EVERY THURSDAY
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LEGION OF MARY



The Glanmire group need your help.

Active members:
Weekly meeting
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and some active work.

Auxiliaries: These say a short prayer each day for the success of the Legion

GLOUNTHAUNE/
GLANMIRE

MEALS ON WHEELS

If you can help please contact:

Maria O'Halloran 4353549
or Mary Griffin 4821795

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The coming together of those similarly bereaved can offer the opportunity to gain strength and understanding from individuals who have experienced the loss of a loved one through suicide.

For more information contact Collette on 087/1897315 or Anthony on 087/6838861

Friends of Leukaemia Patients

Patients Cork Established since 1985.

Voluntary group registered charity number 15959. We are a non profit organisation composed mainly of family and friends of leukaemia patients all working on a voluntary capacity having experienced a loved one diagnosed with this illness. One hundred per cent of donations made to our charity goes directly to helping patients and their families in the Munster Area.

Also providing Home from Home accommodation in close proximity to St James Hospital Dublin. This facility is made available free of charge to patients and carers who have limited financial resources undergoing a bone marrow transplant.

If you would like to organise a fundraising event or make a donation to our charity

We would love to hear from you.

Please contact Imelda Reynolds for further information:

Phone 021 4823625

email friendsolp@gmail.com

www.friends-of-leukaemia-patients-cork.com



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Area News

St John Ambulance Glanmire Division

St John Ambulance Glanmire Division will commence a First Aid Course on Monday 2 October 2017 from 7.30-9.30pm.

The course will run for 8 weeks. The course covers Wounds, Bleeding, Sprains, Strains, Fractures and their treatment; also there will be sessions on Cardio Pulmonary Resuscitation (CPR) and use of an Automated External Defibrillator (AED), as well as, dealing with Medical Emergencies such as Asthma, Fainting, Diabetes, Poisons, Burns etc. The total cost for this course is €120 per person, which covers the cost of a First Aid Certificate Valid for 2 years, a pocket mask and the First Aid Student Book.

Course places are limited to a maximum of 20.

Please email glanmire@stjohn.ie or phone 086-0699086 or 021-4820873 if you wish to reserve a space on this course.

The course will be run in the Glanmire Divisional Headquarters in Unit 5D Glanmire Industrial Estate, Sallybrook.

Glanmire Girls U12 Gaelic Football



Glanmire girls U12 Gaelic Football team at UL getting their certificates for finishing 3rd in Munster Finals



Notice Board

GLANMIRE INDOOR BOWLS

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Riverstown

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NEWS & EVENTS

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Mondays Wednesdays 3 hours
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Glanmire, Brooklodge, Riverstown
area for Mondays, Wednesdays and
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Pauline Walsh 4353557 or
Mary Finn 4353893

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Across

1. Succulents (5)
6. Robins, wrens, etc. (5)
9. Taxing, hard (7)
10. Smell bad (5)
11. Gun (5)
12. Removes lid from (5)
13. Swallows up (7)
15. Expected time of arrival (3)
17. Not working (4)
18. Lower leg joints (6)
19. Human ---- (5)
20. Make beloved (6)
22. Bubbly bar (4)
24. Regret (3)
25. Makes safe (7)
26. Things (5)
27. This symbol ~ (5)
28. Arrow shooter (5)
29. Space between seats (7)
30. Allude (5)
31. Chews a bone (5)

Down

2. Be present (6)
3. It's in the mouth (6)
4. Writing liquid (3)
5. Cuts (5)
6. On fire (7)
7. Islamic State (4)
8. Rub out (6)
12. Tender, bid (5)
13. Type of duck (5)
14. Move smoothly (5)
15. Older (5)
16. Anti-social behaviour orders (5)
18. S. American mountains (5)
19. Town in N. Cork (7)
21. Marriageable (6)
22. A season (6)
23. Look over (6)
25. Brainy (5)
26. Not working (4)
28. Cheat by copying (3)

Crossword Winner:

Mary McCarty,
Church Hill, Glanmire



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SEND your entries marked CROSSWORD to Glanmire Area Community Association, Riverstown Cross, Glanmire, to arrive by 21st August. The prize is a meal in BEVA CAFE which will be awarded to the first all-correct entry opened. Please include your telephone number, home or work, your email and your address.



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3 The Alders, Castlejane, Glanmire
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BER B3 | BER No.106711245

Fresh and modern three bedroom split level semi-detached house



9 The Beeches, Castlejane, Glanmire
€265,000

BER C3 | BER No.108505926

A truly stunning three bed semi-detached residence awaits your viewing at Castlejane Woods.



14 Ros Ard, Upper Glanmire
€350,000

BER: C1 | BER No.109847566

Exquisite internal condition "walk-into"
5 bed detached family home



38 Copper Valley Heights, Glanmire
€285,000

BER C1 | BER No.109933556

4 bedroom semi-detached property,
overlooking the vivacious natural habitat to the front.



16 Ballytrasna Park, Little Island
€165,000

BER E1 | BER No.109837328

Lovely three bedroom mid-terrace townhouse conveniently
located in Little Island



Bunaglanna, Glenville
€300,000

BER: B3 | BER No.108806530

Impressive recently constructed family residence of c.2,978
sq ft. property



3 Castlewood, Little Island
€225,000

BER No.109909481

Spacious 4 bedroomed townhouse, within walking distance of
commuter railway station



10 Oakfield Drive, Glanmire
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BER: C3 | BER No. 104247630

Superb 3 bed semi detached house



33 Inis Alainn, Cobh
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