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**Area News**



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**Official Opening of Paddy Duggan Memorial Park**



See page 2

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### Official Opening of The Paddy Duggan Memorial Park

Our departed forefathers, Paddy Duggan and Mick Barry, must have been looking down on Sallybrook on Saturday as the rain stayed away for the official opening of Paddy Duggan Memorial Park. The monument was officially unveiled by the Chairman of the Munster Council, Mr. Jerry O'Sullivan, ably assisted by our Club Chairman Dermot O'Connell and Anthony Duggan, son of Paddy. We were delighted to welcome our Speakers Dermot, Jerry, Ger Lane Chairman of the Cork County Board, Dick Fitzgerald Chairman of the

East Cork Board, and Anthony Duggan, who paid a poignant and heartfelt tribute to his late father and Paddy's close friend Mick Barry and the legacy they left with Glanmire GAA. Also present were County Board Secretary Frank Murphy, Vice Chairperson Tracey Kennedy, Bishop John Buckley, Fr. Martin Barry, members of the Duggan and Barry families and members both past and present of Glanmire GAA.



Huge credit must go to Dermot O'Connell for coordinating the event, and also to Denis Kelleher, John McCarthy and Angela O'Callaghan for their help on the day. Also many thanks to the Mayfield Brass Band for providing entertainment, Tony O'Connell and John Murphy for Photography, Finbarr O'Keeffe for the sound logistics and Tim McCoy for videography.



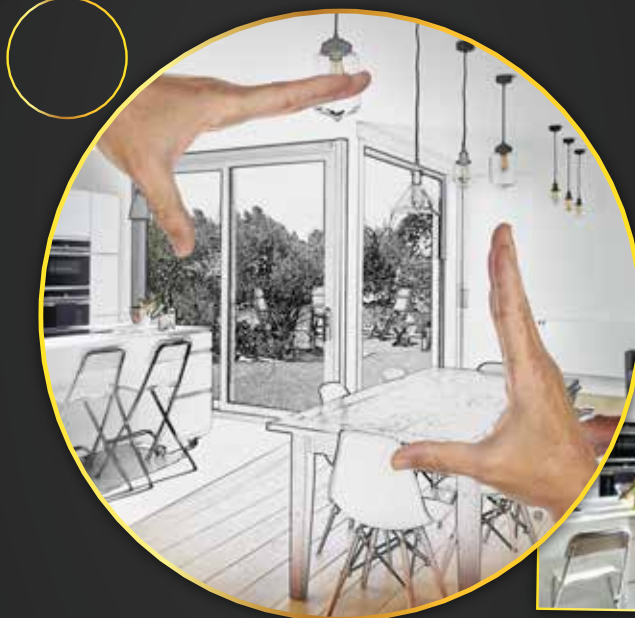
Members of The Duggan Family at the Official Opening of the "Paddy Duggan Memorial Park" Rian, Stephen, Tony, Sharon, Shay, Mary & Frank Morrissey, Eileen and Frances.



Bishop John Buckley, G.A.A. Officials and members of The Duggan Family at the Official Opening of the "Paddy Duggan Memorial Park."



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From a young age, Dominic started working alongside his father and uncles, all well-established West Cork tradesmen from Schull. Dominic attended college and obtained Carpentry and Construction Technology qualifications.

During the economic down turn, Dominic

and his family moved to the South of France where for two and a half years he gained vast experience in high specification Modern and Contemporary builds. Dominic O' Brien Construction Ltd prides itself on our commitment to quality and customer service. Our team of highly experienced and talented engineers, designers, energy efficiency experts and construction specialists are on hand to advise you through every phase of your project.



## Children at Glanmire



Alex Gibson, James Twomey, Robert Twomey and Lucy & Lilly Foley.

## Letter to the Editor



# BEWARE OF CONMEN

There have been reports of conmen preying on vulnerable people in our community. After the damage caused by the recent storms, roofers, carpenters and clearance firms are stretched, but will get to you eventually. Please do not engage with any unsolicited workmen at your door at any time, and do not pay for the services of any person other than a reputable tradesman. Certainly do not pay for work unless it has been completed to a high standard. This is the only way reputable firms do their business.

Regards, Ger Keohane MCC

## Glanmire Community Garden



Working hard in the garden in October. Our DIY composting bays, made from old pallets, fence posts and lined with mypex membrane. Cheap and easy to make. Marigolds still blooming in the garden.

## Lord Mayor Visit



Lord Mayor Tony Fitzgerald & his wife Georgina in their recent visit to Mayfield Community School.



# Which Of These *Neuropathy* Symptoms Do You *Suffer From?*

**If You Suffer From A Single One Of These Torturous Symptoms – Numbness, Tingling, Or Sharp Nerve Pain – THEN THE FACTS BELOW MAY BE THE MOST IMPORTANT YOU HAVE EVER READ IN YOUR LIFE!**

Neuropathy affects every part of your life -- walking, sitting, and even sleeping.

Maybe you've had multiple tests, only to find out no one has any idea what you have. Maybe you've even been put on a drug with heavy side effects.

## Do You Have Any of the Following?

- Pins and Needles Feeling
- Numbness in the Hands and Feet
- Tingling or Burning Sensations
- Weakness in the Arms or Legs
- Sharp Shooting or Burning Pains

**If So You May Have a Condition Called Peripheral Neuropathy.**

My name is Dr. Eric Kelly, clinic owner at Glanmire Chiropractic Clinic. I've been helping people with neuropathy and nerve problems for more than 12 years.

More than 20 million Americans suffer from peripheral neuropathy, a problem caused by damage to the nerves that supply your arms and legs.

This painful condition interferes with your body's ability to transmit messages to your muscles, skin, joints, or internal organs. If ignored or mistreated, neuropathy can lead to irreversible health conditions.

*Why not get help by those trained to correct the major cause of peripheral neuropathy?*

Data from the National Board of Chiropractic Examiners' Job Analysis of Chiropractic lists arm and leg neuropathy as the second most common nerve problem treated by chiropractors.

Often neuropathy is caused by a degenerating spine pressing on the nerve roots. This can happen in any of the vertebral joints from the neck all the way down to the tail bone.

## The Single Most Important Solution To Your Neuropathy

By using gentle techniques, I'm able to release the pressure that has built up on the nerve. This allows the nerve to heal and the symptoms to go away.

### Here's what just one of my Patient's had to say:

**"The relief started on my second visit and I continued to get better by the day. Dr. Kelly explained everything from the onset. He told me he could not bring my body back to that of a twenty year old but he could hopefully give me relief and maintain me pain free. He has done this and I feel great."** M.G.

These patients agree that with Chiropractic care, you could soon be enjoying life....without those aggravating nerve problems.

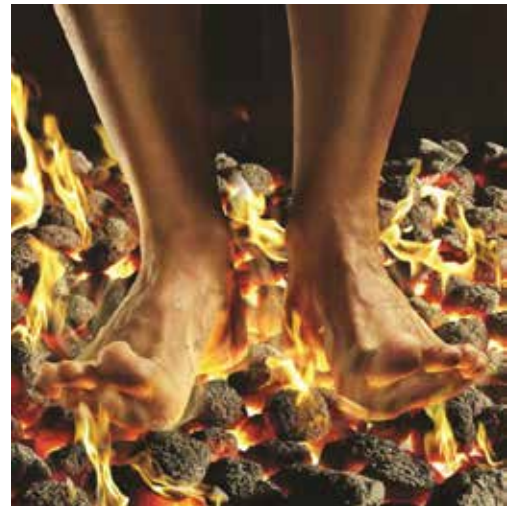
### How to Find Out If This Will Work For You

It's time for you to find out if chiropractic will be your neuropathy solution.

For the next 3 weeks, €40 will get you all the services Dr Aynara Valerde and I normally charge new patients €295 for!

What does this offer include? Everything. Take a look at what you will receive:

- An in-depth consultation about your health and well-being where I will listen...really listen...to the details of your case.



- A complete neuromuscular examination.
- A full set of specialized x-rays to determine if a spinal problem is contributing to your pain or symptoms... (NOTE: These would normally cost you up to €245).
- A thorough analysis of your exam and x-ray findings so we can start mapping out your plan to being pain free.
- You'll get to see everything first hand and find out if this amazing treatment will be your pain solution, like it has been for so many other patients.

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*Sincerely, Dr. Eric Kelly, D.C.*

**P.S. At our office, we have specialized treatment programs for treating patients who suffer from neuropathy.**

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## "NÍL AON GLEANNTÁN MAR DO GLEANNTÁN FÉIN" GLOUNTHAUNE NEWS BY "THE FOREIGN CORRESPONDENT"

### THE TIDYTOWNS COMPETITION

The primary focus of the competition is to encourage communities to improve their local environment and make their area a better place to live, work and visit. The Department of the Environment, Community and Local Government supported by SuperValu, sponsors for the past twenty six years, organises the competition and emphasises the importance of participating rather than winning as the very act of taking part brings benefit to the community. Glenties, Co. Donegal won the National Award in the 1958 inaugural competition and this year Birdhill Co. Tipperary was the recipient of the accolade with three hundred and thirty two marks. One mark is precious which was the thin margin that separated Birdhill from winners' Skerries in last year's contest and this year Ennis and Westport were just one mark behind Birdhill. Each centre is assessed under eight criteria and a total of four hundred and fifty marks are on offer. There are eight population categories and Glounthaune was entered in Category "B" which relates to a population range of plus two hundred to one thousand. The unannounced adjudication took place on June 14th this year and Glounthaune was awarded two hundred and ninety five marks which is an increase of ten on last year. That is a splendid achievement and significantly the additional marks were reflected in seven of the eight criteria whilst the same mark as last year, albeit low at thirty two per cent, was awarded for the very problematic "Sustainable Waste and Resource Management" category. This is an obvious category to target going forward as there are significant marks to be gained. The increase of marks this year is all the more admirable because apart from the 2014 blip when there was a drop of 6.4% on the previous year's figure; Glounthaune has obtained a percentage increase of marks each year since the 2008 competition. In the overall National Award; Glounthaune, with nineteen other centres, was placed two hundred and seventy seventh of the eight hundred and seventy entrants. This is a climb of forty seven positions on 2016 and this year there were eleven additional participants. There were eighty eight Cork County centres entered overall and Glounthaune, with Fermoy, was placed thirty ninth which was thirty five marks fewer than first placed Clonakilty. In Category "B"; there were three hundred and twenty entrants nationwide and Glounthaune, with nine other centres, was placed eighty sixth with the winner Glaslough, County Monaghan on three hundred and thirty marks. Thirty eight Cork County centres were entered in Category "B" and Glounthaune with thirty one marks less than first placed Rosscarbery was positioned sixteenth. Cork County has three regions and Glounthaune, one of twelve Cork South entrants, was placed second

to Innishannon. This is similar to last year but the gap has been reduced by three marks; it is now twenty two. In conjunction with the Competition a new award was introduced this year; "The Waters & Communities Award" which recognises communities who are taking positive steps in raising awareness and appreciation for their local water body; such as Cleanups, Development of Amenity Areas, Bird Boxes, Habitat Surveys, Control of Invasive Species, etc. Fifty nine of the eight hundred and seventy Tidy Towns participants entered this competition and the panel of judges was appointed by the sponsors; Waterways Irl, Inland Fisheries, and the Local Authority Waters and Communities Office. Glounthaune Tidy Towns was one of the entrants and highlighted its progress in eradicating Japanese Knotweed, restoring the Ashbourne Pond, and supporting the Harpers Island nature reserve project. Emyvale Tidy Towns Group won the overall award and Glounthaune in the Mid & South West region was one of the four regional winners' which carried a prize of one thousand euro. Incidentally, Glounthaune won the first of a unique three-in-a-row prestigious Southern Tourism Region Award in the Tidy Towns Competition of 1967; exactly fifty years ago. Success was also attained in 1968 when Glounthaune was the sole Cork award winner, first of two hundred and fourteen entrants in Munster, and placed tenth of the five hundred and thirty one centres in Ireland. The historic achievement was accomplished with yet another glorious success in the 1969 competition. Back to 2017; the following is a synopsis of the adjudicator's report and a breakdown of marks awarded under the various headings. **Community Involvement & Planning 44/60:** The adjudicator remarked that the area is growing and suggested that a recruitment drive to attract new members should be initiated; "You are commended on a very comprehensive communication strategy and perhaps some of these mediums could be used to entice new members". There was an expression of surprise with the fact that sports clubs were not involved and queried if they had been approached. The adjudicator was pleased with the contact made with the school but felt more could be done, particularly relative to projects in the Wildlife & Natural Amenities, and Sustainable Waste Management categories. It was pointed out that pupils are normally more than willing to get involved as this work is advantageous in achieving green flags for their school. **Built Environment & Streetscape 38/50:** The report states; "It is notable that despite its somewhat dispersed layout and relatively extensive size the village is clean and tidy throughout and there are many features of interest; the coastal location affords pleasant views of the sea while its many buildings



Front Row L/R: J. Hewitt, Cllr J. Hewitt, M. Corry T.D., G. Ryng, E. Smith, E. Buckley Bord Failte, M. Corry. Back Row L/R: J. O'Flynn, P. O'Sullivan, Fr. D. O'Connor, J. Twomey, E. Murphy.

of interest also caught the eye. Fitzpatrick's Shop and the adjoining traditional style dwelling, as well as The Great O'Neill Pub, achieve a particularly high standard of presentation, while the natural stone church and adjacent centre also looked very well. The Rising Tide Pub, complete with tables overlooking the slob lands, impressed and the re-use of the old school building as a Community Centre was admired. The shops behind the Church are also attractively presented". **Landscape & Open Spaces 40/50:** The adjudicator applauded; "the extensive beds that are located adjacent to the main road alongside the railway track as they provide visual interest to what is an otherwise dull boundary". The mature trees and planting along the verges of the road leading from the railway bridge to the village received favourable comment. The window boxes and floral displays along the church car park and the railway bridge were admired; however the adjudicator commented that if rainwater was not used to water them; "it may be more practical to reduce the number of boxes over time". The garden near the advertising hoarding alongside the rail track was admired but it was pointed out that non-native plants should be kept to a minimum, or preferably avoided altogether. The 1916 Centenary Garden located opposite was praised and "the Plaque is a fitting commemoration". The report stated that the maintenance of the "numerous and extensive grass margins are well maintained" and the planting at the base of the "Godwit Sculpture" received warm approval. **Wildlife, Habitats and Natural Amenities 35/50:** The bird trail sign at Craigs Field was commended and the additional bird boxes were noted with advice that their usage should be monitored. It was also suggested that recycled materials such as waste timber or parts of used pallets should be used if additional boxes are needed. The input relative to the Harpers Island nature reserve project was highly praised and the adjudicator was pleased that it will be open to the public later this year as the insurance issue has been finalised. The eradication of the Japanese Knotweed, work on the Ashbourne Pond and Wildflower planting was commended. Gaelscoil Uí Drisceoil was praised for planting two hundred native Irish trees on their school grounds. **Sustainable Waste &**

**Resource Management 16/50:** The adjudicator was pleased to note that close working arrangements exist with other groups. The scouts were praised for collecting Christmas Trees for approved disposal in January and the Men's Shed was commended on their refurbishment and upcycling of used garden tables and seats while the second-hand book sales, as a tidy town fundraiser, was considered a good initiative. The adjudicator remarked that; "there is no mention of hosting minimisation and sustainable resource use awareness events"; asking if any were undertaken and was also curious to know if the school was involved in any of the sustainable waste and resource management projects. **Tidiness & Litter Control 58/90:** The report states that litter control was excellent and "the standard of tidiness was also very high with the vast majority of areas appearing clean, tidy and neatly swept". Weed control received favourable comment as "virtually none could be seen along roadsides and pathways". The new anti-litter sign was admired and the litter display unit was viewed as an innovative way of promoting an anti-litter message, although it was noted with surprise that it was completely empty. Negative comment included; the condition of the bus stop and playground signs and; "one or two of the half barrel planters near the Rising Tide are in poor condition and a little untidy looking". **Residential Streets & Housing Areas 33/50:** The adjudicator was pleased with the standard of presentation of individual houses and gardens and; "the terraced housing adjacent to the Rising Tide and Community Centre are particularly impressive". **Approach Roads, Streets & Lanes 31/50:** The village name signs and the landscaping beds at their bases were admired; "they helped to create a very important first impression for the visitor and this positive impression is also reinforced by the litter and weed free roadsides and trimmed verges". The adjudicator commented that the village boundary and road name leading to the school was missed and enquired if it was marked. The report concludes with important advice that Glounthaune is now reaching the higher levels of the competition where it becomes much harder to earn additional marks.

SLÁN ANOIS ©



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Charlie Wilkins

## Gardening with Charlie Wilkins

### Winter Warmers?

**Listen closely now to the wisdom of winter. It has a gentle way of calling us to what is essential. It suggests a time of rest and relaxation.**

Among the activities it lays before us are the simple pleasures of clearing up the garden and winter walking, both of which can be undertaken even on the coldest of days. On your next walk, instead of making headway with your head bowed, look upwards at the architecture of our native trees. One of my favourites is the ash, optimistic, graceful, and valuable in many respects with branches and shoots recognisable from quite a distance. Then there's beech and birch, asymmetrical as if cowering from the wind. The oaks (especially the evergreen varieties) look as if they will stand and live forever. Sloe and hawthorn may still be in mourning for warmer brighter days but these will be the very first to respond in spring. The most spectacular of all just now are the spindle bushes *Euonymus alatus* which colour up better than the most expensive Japanese maples. There's so much to be seen on these winter walks and if you are lucky enough to live near to an arboretum, or woods then don't let the opportunity pass for there is never a time when a tree, shrub or plant says nothing. And yet, despite the hot colours and fiery tones of early November some gardeners are hell-bent on spoiling (unwittingly perhaps) the whole spectacle! A small

proportion are about to add their personal contribution to the great autumnal scene-the garden bonfire! In the process, they'll release a deadly cocktail of toxic substances into the surrounding air.

They look at this as the simplest and cheapest way to dispose of vegetative waste, whether-or-not it interferes with neighbours, or the environment. It's convenient and often seen as fun, and now that increased charges apply at landfill sites countrywide, the problem looks like escalating to alarming proportions. In these days of increased pollution (from a variety of sources) it is important to dispel any lingering belief that garden bonfires are harmless sources of fun.

In theory, the combustion of organic matter should produce mainly carbon dioxide and water vapour but this only happens if the bonfire is hot enough and it has enough oxygen to allow complete combustion. In reality of course, this is most unlikely to happen for moisture from wet grass or leaves will lower the temperature as will burning on damp or foggy days. Large piles of waste seldom get sufficient oxygen especially in the middle of the heap and the result will be clouds of thick, choking smoke. The thicker and darker this smoke the less complete the combustion and the more dangerous it becomes to humans and

animals. In effect, what is then produced is carbon monoxide-the harmful gas in car exhausts-along with other chemicals, which can cause uncontrolled coughing and streaming of the eyes.

So, if you have material that needs removing why not try composting? This will turn all your 'rubbish' into a good friable material over the coming months. If you don't have the room then take the garden waste to the nearest land fill.



Burning leaves means you lose one of the most valuable resources available to the gardener. Stuff them into refuse sacks as outlined further down this page.

### THE NOVEMBER GARDEN

**LEAVES:** are valuable in the garden as food for many kinds of plant so do not be tempted to collect and burn them. Add them to the compost heap or make leaf mould in a 'leaf-only' pile, or better still, in a bag in which they can rot down slowly. Fill the bag as tightly as possible and before tying, moisten the contents. Tie the bag, then make a few small holes in the bag to allow air penetrate, before putting it away for at least twelve months (longer if possible). Use next autumn and winter for 'special' plants or add to a compost mix.

**LILIES:** Most gardeners grow lilies in pots so that they are easily moved into more prominent positions whenever their majestic blooms are on display. After three or four years it pays to replant the bulbs in fresh compost to give the plants extra vigour. It also gives many a chance to inspect the old compost for lily beetle who overwinter among the roots. The new compost should have plenty of grit mixed through it so that drainage will be that much

sharper during prolonged wet spells. Constant damp (and not so much the cold) is the real killer of garden plants. Any pots standing permanently all summer should now be lifted onto ceramic feet. These will encourage better drainage and help to prevent hard frosts from being transferred from frozen ground to the pots thereby causing cracking. If you are growing semi-tender plants (and can't bring them under cover) wrap bracken or straw around the pots and cover with bubble wrap. Cordylines can sometimes be susceptible to winter rain damage and to prevent too much rain lodging at the base of the spiky leaves tie the leaves together and cover in several layers of fleece.

**TREE FERNS:** Over the coming days wrap and protect tree ferns from frosts and freezing conditions. I like to fill a wire basket with compressed beech leaves and to upturn this into the crown of an aged specimen in the back garden. The basket is wired into place so that wind will not blow it away. Next, the trunk is wrapped in a permeable material which keeps the worst

of the cold at bay whilst allowing refreshing rain through to the roots.

**BULBS:** If you have a damp spot somewhere out the back, and you're wondering just what to put there in the line of an attractive spring bulb, indulge please in a dozen or so of the snake's-head fritillary; *Fritillaria meleagris*. These foot high plants sport blooms whose elegant bells are regularly marked in chessboard squares, some with tones of light and dark purple, or now and again, green and white markings, but all are simply delicious. All they require apart from soil which does not dry out too much in summer is dappled shade. This does not mean that they are trouble-free however, you must take care at planting time. The bulbs are made up of fleshy scales and they must not dry out or be handled roughly. Plant them five inches deep (on top of a mound of sand or small gravel) and back-fill gently. If you can enrich the back-fill soil with some peat or rotted manure then all the better. These fritillaries are quite a classy lot, and you'll find them one of the most exquisite things you could grow in the spring garden.

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## Shortlist Of Nominations Alphabetical Order

### 1. CUSTOMER SERVICE EXCELLENT AWARD

- Glanmire Credit Union
- Supervalu
- Vienna Woods

### 2. BEST PLACE TO EAT AND DRINK

- Brook Inn
- The Barn
- Vienna Woods

### 3. MEN IN BUSINESS AWARD

- Alan Troy – Alan's Tyres
- Chris Smith – Glanmire Credit Union
- Liam Ryan – Supervalu

### 4. WOMEN IN BUSINESS AWARD

- Caroline Rea – Rive Fitness
- Lorraine O'Neill – Multi Media/Cream Café Owner
- Siobhan O'Donovan – Diffusion Wear

### 5. GLANMIRE BUSINESS OF THE YEAR

- Glanmire Credit Union
- Michael O'Connor - Motor Factors
- Supervalu

### 6. GLANMIRE AMBASSADOR AWARD

- Ann Holland
- Ger Moloney – Mums of Glanmire
- Michael Burns

### 7. SOCIAL COMMUNITY AWARD

- Ann Holland
- Glanmire Community Association
- Safe Glanmire/Suicide Awareness

### 8. SPORT AWARD

- Annalise Murphy – Basketball
- Laura Ahern – Special Olympics
- Sars and Glanmire – Ladies Feile Teams

- Tickets are available from Cafe Beva and Joe Organ Auctioneers in the shopping centre and Moran Office Supplies in Salybrook, Glanmire



## Sarsfields 60th Anniversary Celebration of 1957 Win

Pics: Mike English



Denis Hurley, President, Tadhg Murphy, Chairman, Geraldine Barry, Bishop John Buckley, Gillian McCarthy, Helena McCarthy and Fr. Martin Barry attending the Sarsfields Hurling Club's 60th anniversary celebrations of their County Championship win in 1957.



John and Kay Dowling, representing Liam Dowling, Patricia and Declan O'Connor, representing the late Mossie O'Connor, team captain, at the Sarsfields Hurling Club's 60th anniversary celebrations.



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## Credit Union

# Top Honours For The Credit Union

**Credit Unions Top Customer Experience Poll for Third Consecutive Year. Glanmire & District Credit Union Ltd Continues to Offer Best-in-Class Service for its 9,500 Members.**

Credit unions have earned the number one spot for the best customer experience in Ireland again. Glanmire & District Credit Union Ltd joins 270 other credit unions across the Republic of Ireland in topping the 2017 CXi Ireland Customer Experience League Table for the third year in a row.

The annual survey, carried out by Amárach Research for CXi, asks consumers to rate their experiences of 170 brands across 10 different sectors. Over 42,000 customer experiences were evaluated and credit unions again emerged as the overall winners, being rated highest for integrity, empathy and for the commitment of their

staff. They were also singled out for the powerful bond forged with members - and the fact that the relationship with members was built completely on trust.

The CXi noted in its report that the products and services offered by credit unions are designed with the needs of their specific membership in mind, and said that credit unions were 'the perfect example' of organisations that 'genuinely care' about their members. The report also said that trust is a hugely important factor in the rankings, and that credit unions are one of Ireland's 'most trusted brands.'

There was a notable gap in the performance between credit unions and the banks. The highest ranking banks were Ulster Bank and AIB in 89th place.

Commenting on the great achievement by credit unions, Head of Mar-

keting and Communications with the Irish League of Credit Unions, Emmet Oliver said: "Our members are our number one priority and each and

**"We have always put our members first and we will continue to do so"**

every credit union endeavours at all times to deliver the highest possible standard of service for them. Credit unions are different from other finan-

cial institutions, not just because we are not-for-profit, but because decisions are made at a local level, allowing credit unions a good deal of flexibility to provide services that are tailored to the individual needs of members."

Also speaking about the accomplishment, Mr Chris Smith, CEO, of Glanmire & District Credit Union Ltd said "We are proud to be part of a movement that is regarded so highly across the country for customer experience. Glanmire & District Credit Union Ltd has always provided the highest standard of member service, because we genuinely care about each and every one of our members.

We have forged a strong bond with our members - a bond that is built on trust. We have always put our members first and we will continue to do so."

## Callum Walsh Earns Cork Youth Sports Star Award

**Riverstown Boxer Callum Walsh earned the monthly Cork Youth Sports Star Award to acknowledge a terrific gold medal won at the European Junior Championship in Bulgaria.**

Callum started boxing training at seven years of age, but due to the NGB rules boxers cannot enter competition until the age of 11.

He quickly became a fans' favourite with his silken southpaw style, winning five Counties and three Munster titles before claiming All-Ireland and Junior Cadet titles last year. By doing so, he qualified for the European Junior Championships in Hungary where he lost a close decision to the eventual Gold Medallist from Ukraine. This season started slowly for Callum, but again he defended his County and Mun-

ster titles before losing a split decision in the All-Ireland final. This result was the spur he needed to go on and convincingly defend his junior cadet title and so again get a shot at the European Juniors, this time in Bulgaria.

The momentum he gathered in the four bouts in five days took him all the way to the final where he used his jab to great effect to dismantle any hopes the home favourite Bulgarian had of winning the gold medal. His Hungarian, German, Russian and Bulgarian opponents could not get a handle on Callum's slick movement and lighting fast southpaw punches that carried him all the way to become European Junior Lightweight Champion for 2017.

Callum accepted the award at a function in the Metropole Hotel, Cork.



European Junior Lightweight Boxing Champion Callum Walsh receives the City and County Youth Sports Star Award from Roger Russell, General Manager, Metropole Hotel in the presence of John Buckley (John Buckley Sports, sponsors), Deputy Lord Mayor, Cllr. Joe Kavanagh; Deputy Co. Mayor, Cllr. Ger Keohane; Madge Fogarty, PND Ireland; Michael O'Brien, President, Cork Boxing Board; Ted Barry, Chairman, Rivers-town Boxing Club and family members. Pic: John Tarrant

## Aonach na Nollag

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Iris Wilkins McCarthy brings her pick of photographs from around Mayfield.  
If you would like your photos featured on Mayfield Eye  
please send to iriswilkinsmccarthy@gmail.com



### Mayfield Ladies Club

Mayfield Ladies Club celebrated their 50th Anniversary on 11th October 2017 and to mark the occasion Mass was celebrated in Our Lady Crowned Church and a Gala Dinner was held in The Clayton Silversprings Hotel





**Our Lady Crowned Credit Union Members** at the the Over 60's Cabaret held in Rochestown Park Hotel as on 18/10/17 as part of Credit Union Week




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### Obituary

## Ann Dowley



We said Goodbye and laid our wonderful friend Ann Dowley Spillane to rest. The most wonderful, caring, loving, kind, understanding, unselfish and courageous girl who had so much more to give but it wasn't to be. She will be remembered by so many for her positivity, her determination, her faith, her strength, her absolutely wonderful advice and the Hope that she gave to so many people.

She was a Cork woman, a Mayfield woman, a mother, a wife, a sibling, a friend, a counsellor and the founder of The Girls Club (Cork Cancer Care Centre). Ann certainly gave far more than she received from us in Cork and her tireless campaign to set up a support service for women and men affected by cancer was one that she persisted with, and to the degree that her services made an enormous difference to so many. She certainly finished the race with honours and a first class degree in love, kindness and understanding of people and has left us with a very deep and lasting legacy of what it is to have someone that does so much for us and makes so much of a difference.

Rest in Peace Dear Ann and keep pushing us from your new home to make sure we never accept no for an answer, when we believe in something as passionately as you did.

**Congratulation to Cormac O'Connor on the opening of O'Connors Food Hall & Old Bank Cafe** on the site of the former Trustee Savings Bank on Iona Road Mayfield.



Winner of Our Lady Crowned Credit Union €5,000 Members Draw. Patrick Spillane with his girlfriend Hazel Murphy, OLCCU Vice Chairman Eoin Cronin and Manager Loretto Dennehy McCarthy.



Breda Grealish who graduated as Bachelor of Arts in HR with her husband Martin Grealish.



Congratulations to Daniel Mulcahy World Solo Drumming Champion Juvenile Section.

### Mayfield Learning Neighbourhood 2017 Expo



Lord Mayor Cllr Tony Fitzgerald and Lady Mayoress Georgina, with James Cleary and Rosella Sheehan at the Mayfield Learning Neighbourhood 2017 Expo held in Mayfield Sports Complex. Loretto Dennehy McCarthy Manager OLCCU and staff member Jason Morrisson with Lord Mayor Cllr Tony Fitzgerald and Lady Mayoress Georgina.

Congratulations to the students from Gaelscoil an Ghoirt Alainn who represented Our Lady Crowned Credit Union and Won First Place at the Cork Credit Unions School Quiz closing the celebrations for Credit Union Week 2017 in Rochestown Park Hotel.





## Erins Own Hurling & Football Club Caherlag, Glounthaune, Co. Cork.

**Lotto Results:** for the 18/10/2017, No winner this week, Numbers drawn were 1, 9, 18 & 20, €30 to, Jackie Mooney, Mary Bowen & Catherine Horgan, Next week's Jackpot will be €1,030, you can now play our club lotto on the Erins Own website, Thanks to everyone who supports the draw throughout the year.  
**Club Shop:** The shop will be opened on Saturday 10am to 12pm & Sunday 11am to 12:30pm, any queries or questions on stock or orders just call or text Michael on 086 8699145 or Kieran on 087 7787759 or E-mail Kieran on kieranmurphy33@gmail.com

### Senior Hurling Championship QF Replay: Erins Own 4-12 Imokilly 1-22

Pairc Ui Rinn was again the venue for this replay of the senior hurling championship quarter final against Imokilly, Erins Own were with out the services of Cian O Callaghan & Kilian Murphy due to injuries picked up in the last game, A tough game again for both sides Imokilly were scoring a lot of points through out the game & Erins Own had to wait until the 13 minute in the second half to take the lead for the first time in the game with a second goal from Mossie O Carroll, But Imokilly quickly popped over 2 points to again take the lead, Erins Own again levelled it in the 19th with another Eoghan Murphy free but the points kept coming from Imokilly & they held on till the final whistle to win by a point & bring



an end to the Senior championship for Erins Own for 2017, Imokilly now play Sars in the semi final, Jack Sheehan, Mossie O Carroll & James O Flynn played well for Erins Own.  
**Team In Full:** 1.Shay Bowen 2.Cian O Connor 3.Cormac Dooley 4.Jack Sheehan 5.Stephen Cronin 6. Shane Murphy 7. Cathal O Mahony 8.Sean Kelly 21.Stephen Horgan(2-01) 18.Mark Collins 11.Robbie O Flynn(0-01) 12.Kieran Murphy 13.Eoghan Murphy(0-09 Frees) 14.Mossie Carroll (2-01) 15. James O Flynn.

**Subs Used:** Ian O Mahony for Cathal O Mahony Inj, Alan Bowen for Kieran Murphy, Kilian Murphy for Sean Kelly & James O Carroll for Stephen Horgan



Above: Erins Own Senior Hurling team that played Imokilly in this years Championship.  
A Big Thank you to Ryans Super-Valu Glanmire Who donated over 50 footballs to the Erins Own Club.  
Inset: Ger Geary Winner of this years Erins Own Fun run receiving his prize from club chairman Tom Aherne.

## Glanmire Confirmed For Club Of The Year Finalist



### Glanmire Macra News

**For the fourth time in six years, Glanmire Macra make the final 6 for the converted Macra na Feirme Club of the Year. The club will be hoping to go one further this year and claim the title for the first time in their 63 year history.**

Club Chairperson, Sarah O Connell proclaimed that "it is such a fantastic achievement to reach the final (of Club of the Year). It's been another great year for the club and a massive thanks to all members and supporters to make it possible." Undoubtedly it has been a great year for Glanmire Macra. Over the year the club constant involvement has resulted in 5 regional (Seandun) titles, a national runners up title and a national championship (volleyball) across sporting disciplines. While in agriculture, performing arts and social competitions, Glanmire secured a further 5 regional titles and 2 national titles in Farm Skills and Over 23 Beef Stock Judging (Seamus Reid).

Greatness is not measured solely on the amount of trophies won. Glanmire Macra prides itself in its involvement with the local community. Yet again Glanmire organised a successful 5k fundraiser with over 200 participants taking part. This engagement is yet another

example of why Glanmire made it to the final of the club of the year. When asked what Glanmire chances are in claiming the title, Sarah O Connell said: "it would be great to get the title but I can only be proud of our achievements over the last year. Let's put our best foot forward and hope for the best!"

#### Bowling and Speaking Successes

On Sunday, 1st October, the team of Donal O Callaghan, Keren Cashman, Tomas Cuffe, Mairead O Callaghan, Will Daly and Zara Long travelled to the AL-SAA in Dublin to secure the 2017 National Bowling Championship.

With 18 teams contesting on the day, Glanmire got through

the preliminary rounds to reach the championship decider round. In the final, Glanmire were joined by fellow Cork club, Fermoy, Offaly champions Tulamore, as well as the Laois, Clare and Dublin regional winners in Mount Mellick, Ennis and North County Macra respectively. It was a six team shoot out with winner takes all and after last year's disappointment Glanmire were crowned National Bowling Champions with a total score of 695 pipping



runners up Fermoy for the title.

Glanmire claimed the Seandun Novice Debating Title after beating Knockraha in the regional final. The team of Will Daly, Gillian Kenneally and Declan O Hara then contested the Cork County Semi Final in O Shea's, Waterfall earlier in the month. On the night the heated topic of "Christmas advertisements should be banned until the 1st November" was debated against Clonakilty Macra. In a closely fought debate Glanmire edged out their opponents from West Cork and now will face Awbeg in the County Final in Glounthaune on the 22nd October.

#### When in Rome

Glanmire Macra members Karen Cashman, Will Daly, Catherine Kearney, John Loneran, Sinead Broderick, Tomas Cuffe, Donal O Callaghan, Sean Ahern exercised the travel aspect of Macra, where members travelled to the beautiful Rome, where our National Farm Skills and Volleyball champions enjoyed a much deserved prize winner's trip in the Italian capital.

#### 7 a-side Football

Glanmire Macra also represented the Seandun region in both the men's and ladies' National Football Finals in Offaly this month. The ladies team faced a very tough group with competition from Clonakilty (Carbery), Callan (Kilkenny) and Togher (Louth) and unfortu-

nately after some hard fought matches the Glanmire ladies bowed out at the group stage. The men's team fared better reaching the semi-final of the competition after topping their group after beating, Bogside (Westmeath), Longwood (Meath) and Callan (Kilkenny). Unfortunately in the semi-final the men were beaten 3-04 to 1-04 by Clonealy (Sligo). Well done to all involved.

#### Welding, Team Public Speaking and Impromptu Speaking

Members Tomas Cuffe, Kevin Smiddy and Cathal Cashman took part in the Seandun round of the welding competition in CIT. Contestants had to illustrate their expert welding skills to claim the Seandun title. Well done to Tomas Cuffe who came second on the night and for everyone who took part.

Glanmire members Sean Ahern, Michael Buckley and John Loneran took to the stage in the Team Public Speaking Competition. They discuss "Pairc Ui Chaimh, the good, the bad and the ugly" – an overview of the history, development and opportunities of the iconic stadium. The men from Glanmire faced stiff competition from Kinsale and Carrigaline Macra with the latter taking the title on the night.

John & Michael were joined by fellow club members, Donal O Callaghan, Patrick Healy and Jennifer Barry in the Impromptu Speaking Competition. In total, 12 people took to the stage for two, 2 min off the cuff speeches on topics that ranged from weather to food to shoes to students and everything in between. Well done to all who took part.



## Glanmire Community College Has It All!



It was Open Night at Glanmire Community College last Thursday, October 19th, 2017. Despite the wet and windy night outside, well over five hundred people attended on the night. The Fifth and Sixth Class pupils from the surrounding areas, and their Parents, were welcomed to the College. They were brought on a tour of the school and the new extension by the Fáilte Team, where they got a taste of the different subjects and extra-curricular activities the college has to offer. There was a great atmosphere on the night where potential students got the opportunity to participate in science experiments, to watch a gymnastics display, listen to classical music, enter numerous quizzes in various subjects, visit the Art Department where Art students were busy working on their various works of art, sample the culinary delights and explore the scientific side of the Home Economics Department, to mention a few of the activities during the night. The Open Night culminated with talks by Mr Ronan Mc Carthy, Principal and Mr Seanie Mc Grath, Deputy Principal.

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# An tArdeaspag Cróc- Cuid 2 Micheál Ó Súilleabháin

**In 1858, d'iarr Easpag Chluana ar Thomas glacadh le post mar chéad uachtarán ar Choláiste Cholmáin, Mainistir Fhear Maighe, Clarscoil na Deoise.**

Léirigh sé a shuim san oideachas nuair a labhair sé ar oideachas in Éirinn. Cháin sé Córas na Scoileanna Náisiúnta toisc nach raibh Gaeilge nó Stair na hÉireann mar chuid den churaclam. Bhí Thomas ina bhall de Choiste an Chumainn Náisiúnta, a bunaíodh i ndiaidh Pháirtí Neamhspleách na hÉireann agus a raibh sé mar aidhm aige tacaíocht an phobail a mhealladh ón bhFinéachas. Ní raibh sláinte Thomas go maith, áfach, ag an am seo agus níor ghlac sé aon pháirt sna himeachtaí.

In 1866, ceapadh Thomas ina Shagart Paróiste i nDún ar Aill. Bhí mór-oidhreacht airgid fágtha ag an sagart paróiste a bhí ann roimhe chun scoil na mBráithre Críostaí a bhunú i nDún ar Aill. Thug sé faoin obair a bhain le bunú na scoile agus chun Bráithre Críostaí a earcú mar fhoireann ann. Chomh maith leis sin, bhunaigh sé craobh de Chumann Naomh Uinseann de Pól ann chun cabhrú leis na boicht i nDún ar Aill. Bhí Céad Chomhairle na Vatacáine ar siúl sa Róimh in 1869. Bhí Easpaig an Domhain i láthair ann. Ina measc bhí an Dochtúir Keane, Easpag Chluana agus ceapadh Thomas Croke mar chomhairleoir aige ag an gComhairle, a léirigh an meas a bhí ar a chumas mar dhia-gaire. In 1870, ceapadh Thomas mar Easpag Auckland sa Nua-Shéalainn. Bhí fiacha móra ar an Deoise ag an am. Thug Croke faoin obair a bhain le glanadh na bhfiacha agus le heagrú na daoise. Chruthaigh sé é féin mar riarthóir cumasach. Bhí pobal mór Éireannach sa deoise. Bhí fonn air oideachas Caitliceach a fhorbairt. Níor chaith Croke ach ceithre bliana sa Nua-Shéalainn. Bhí na fiacha glanta ag an am agus bhí fonn air filleadh ar Éirinn. Ní raibh an aeráid sa Nua-Shéalainn oiriúnach dó. Bhí sé curtha in iúl ag cara leis, sagart paróiste i Mala, an tAthair Seán Mac Cárthaigh, go raibh cúrsaí trína chéile i nDeoise Chluana toisc go raibh néaltrú sean-aoise ar an Easpag, an Dochtúir Keane. Ach faoin am a shroich Croke Éire, bhí Ardeaspag Chaisil, An Dochtúir Patrick Leahy, tar éis bháis. Cé go raibh sagart ón deoise ag teastáil ó na sagairt mar chomharba ar an Easpag Leahy, theastaigh ó na húdaráis sa Róimh Croke a cheapadh de dheasca na mbuanna a bhí léirithe aige sa Nua-Shéalainn. Ceapadh é agus le himeacht aimsire ghlac sagairt na deoise go fonnmhar leis. Mar a luaigh mé cheana, bhí suim ag Croke i gcoinníollacha sóisialta na haimsire. Chuaigh scéalta faoi na droch-choinníollacha, a d'fhulaing príosúnaigh a bhain leis na Finíní sna príosúin i Sasana, i bhfeidhm air. Nuair a scríobh sé litir chuig an Freeman's Journal ar son na bp-



ríosúnach, chain Cullen, Ardeaspag Bhaile Átha Cliath, é go príobháideach agus mhol dó gan na Finíní a mholadh. Thug Croke tacaíocht do Chonradh na Talún, a bhí ag iarraidh stop a chur leis an dishealbhú a bhí coitianta ag deireadh na 1870-idí. Nuair a cuireadh ceannairí an Chonarth, Davitt, Parnell agus O'Brien, i bpríosún in 1881, bunaíodh Conradh Talún na mBan chun an folús a líonadh agus thug Croke tacaíocht do na mná.

## Croke agus Cumann Lúthchleas Gael:

Chuir sé as do Croke nach raibh go leor deiseanna aclaíochta ag fir óga san am saor a bhí acu. Dáiríre, ní raibh an oiread san ama acu toisc go raibh an tseachtain oibre chomh fada. Ach líon Cumann Lúthchleas Gael an t-easnamh a bhí ann. Bhunaigh Micheál Cíosóg agus Patrick Nally Cumann Lúthchleas Gael i Samhain 1884. Tá dhá staid i bPáirc an Chrócaigh ainmnithe in onóir na beirte inniu. I Nollaig 1884, d'fhreagair Croke cuireadh a fuair sé ó Cíosóg a bheith mar phátrún Chumann Lúthchleas Gael. Mhol Croke an eagraíocht nua go fonnmhar. Chonaic sé Cumann Lúthchleas Gael mar léiriú ar neamhspleáchas mhuintir na hÉireann agus chiallaigh sé seo go mbeadh féinrialú i gcúrsaí spóirt ag muintir na hÉireann. Ag an bpointe san ba é uasaicme na tíre a rialaigh cúrsaí spóirt agus rinne sé seo saoránaigh den dara gráid de ghnáth-



mhuintir na tíre mar a fuair Cíosóg féin amach nuair a bhí sé páirteach sna luthchleasa. Ina litir ag glacadh leis an gcuireadh a bheith mar phátrún Chumann Lúthchleas Gael, cháin Croke tionchar Shasana ar shochaí na hÉireann a chuir as don aitheantas náisiúnta. Bhí an-tionchar ag litir Croke agus nuair a cuireadh an chéad eagrán de Rialacha Chumann Lúthchleas Gael i gcló in 1885, bhí moladh ann go léifí litir Croke ag gach cruinniú bliantúil de Chumann Lúthchleas Gael. In 1885, mhol Cíosóg go mbeadh cosc ar imreoirí, a d'imir cluichí eile, a bheith páirteach i gcomórtais Chumann Lúthchleas Gael. Cé go raibh comhthéacs ann don chosc seo sa

mhéid go ndearna na heagraíochtaí spóirt eile a leithéid de chosc a chur ar imreoirí a bhí ag imirt cluichí Chumann Lúthchleas Gael, chuir Croke go láidir in aghaidh an choisc agus réitíodh an t-aighneas le Cíosóg. Ach duine achannach ba ea Cíosóg agus laistigh de bhliain, briseadh é as a phost mar Rúnaí Chumann Lúthchleas Gael. Shocraigh na Finíní an tionchar a bhí acu ar Chumann Lúthchleas Gael a mhéadú in 1887. Ag Comhdháil achannach 1887, toghadh ball de na Finíní, E.M. Bennett mar Uachtarán. Dá dheasca tharla scoilt i gCumann Lúthchleas Gael. Dhiúltaigh mórán clubanna glacadh le Bennett mar Uachtarán Náisiúnta. Bhagair Croke éirí as an gCumann agus tionóladh comhdháil eile in Eanáir 1888 in ar toghadh Maurice Davin i gcomharbacht ar E.M. Bennett. Ceann de na rialacha a chothaigh easaontas idir na contaetha agus Cumann Lúthchleas Gael go náisiúnta ba ea an smacht lárnach a bhí ar gach rud. Mhol Croke go dtabharfaí cumacht do gach contae a bheith neamhspleách maidir leis na socrúithe a dhéanfaí laistigh den chontae, is é sin go mbeadh an chumhacht ag Bord an Chontae seachas ag na húdaráis ag an gceannáras. Bhí páirt an-mhór ag Croke i gcothú na síochána laistigh de Chumann Lúthchleas Gael. Mhol Croke, chomh maith, do na sagairt páirt a ghlacadh sa Chumann. Rinne na sagairt amhlaidh agus go dtí an lá atá inniu ann, tá na clubanna áitiúla i gCumann Lúthchleas Gael bunaithe ar an bparóiste. Faoi 1888 bhí an Cumann ar bhonn seasamhach do na blianta a bhí le teacht. Fuair Croke bás in 1902. Bhí saol gníomhach caite aige in Éirinn agus sa Nua-Shéalainn. Thug sé tacaíocht do Pháirtí Parlaiminteach na hÉireann. Thug sé tacaíocht do na tionóntaí. Gan é, d'fhéadfaí a mhaíomh, bhí an baol ann go dtitfeadh Cumann Lúthchleas Gael as a chéile sna blianta deacra ag an tús. Ba é Croke a leag amach an treoirphlean in 1884, in 1887 agus arís in 1895 a chuir Cumann Lúthchleas Gael ar an mbóthar ceart. Sa bhliain 1908, cheannaigh ball de Chumann Lúthchleas Gael, Frank Dineen talamh ag Bóthar Mhic Sheoin i mBaile Átha Cliath ar £3,250. In 1913, cheannaigh Cumann Lúthchleas Gael an talamh uaidh ar 3,500. Athainmníodh é mar Pháirc an Chrócaigh in onóir an Ardeaspaig Cróc, céad phátrún chumann Lúthchleas Gael. Is féidir a rá go raibh an onóir tuillte go maith aige.

## Gluais:

**Finéachas = Fenianism**  
**oidhreacht airgid = legacy**  
**néaltrú seanaoise = dementia**  
**comharba = successor**  
**dishealbhú = eviction**  
**go fonnmhar = enthusiastically**  
**duine achannach = quarrelsome**  
**easaontas = division**



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## St Patrick's College News

### 1st Year Entrance Scholarships

St Patrick's College offers two entrance scholarships each year for incoming 1st year students. The scholarship recipients for 2017 are Lauren Mulcahy and Ciara Lotty. Well done to these students. The scholarships are applied for through an application form together with the enrolment form and cover the cost of the book rental charge for 1st, 2nd and 3rd year as well as the cost of 1 full school uniform. The board of management awards the scholarships based on the application form and reference from the primary school. The school is delighted to announce that the entrance scholarships will continue for a third year for students entering in 2018 and thanks the past pupils union for their continued sponsorship.

### DPS Engineering/Aspire2 Scholarships 2017

St Patrick's College has been involved with the DPS Engineering sponsored Aspire2 programme for the last two years. At a recent launch night for the next phase of the programme (involving current 5th year students), director of DPS Engineering Michael Mulhall and St Patrick's College chairperson John Cashell handed over Aspire2 college scholarships to three top performing Leaving Cert and LCA students: Jessica Walsh (Biological & Earth Science), Alex O'Meara (Childcare studies) and Emma Daly (Healthcare). Principal Brian Cronin gratefully acknowledged the support of DPS Engineering over the last three years in supporting revision days, exam skills practice, study trips, work experience, student mentoring and the scholarships for senior cycle students. Both Janice McGarry and Michael Mulhall of DPS Engineering remarked on the hard work of students and staff of St Patrick's College and on their satisfaction in seeing students progress to further studies.

### Leaving Cert and Junior Cert Results 2017

St Patrick's College students produced excellent Leaving Cert & LCA results again this year. Well done in particular to Jessica (Biological &

Earth Science), Emma (Biological & Chemical Science) Kayleigh (Government), Niamh (Commerce) and Chloe (Chemistry) whose hard work paid off with excellent results. Well done also to those students going on the College of Commerce and other further education colleges to pursue courses in the area of Beauty Therapy, Hairdressing, Childcare, Healthcare and Business. Our Junior Cert results were also a source of much satisfaction for students, parents and the school. A special well done to Jessica, Klaudia, Julianna, Aishi and in particular to Emily for her H1 grade in Higher Level Home Economics and to Natasza for her outstanding H1 in Higher Level Art.

### Soccer Team News

The senior soccer team had their first game of the season beating St Fanahan's College 7 - 3 in a friendly. Well done to Kaitlin Ross for a match winning performance in scoring 5 goals. This team are current Munster schools champions and will commence defending their title shortly.

### Transition Year News

Transition Years are very busy already this year. As well as their academic subjects in the mornings, TY students take a number of modular programmes in the afternoon including ECDL, First Aid, Drama, Art, Hair & Beauty, Gaisce, Chinese and Japanese.

### Homework Club

The UCC homework club will begin shortly on Mondays. This club is for 1st - 3rd years and gives students a chance to work in groups with help from UCC students. Students who complete a full cycle of homework club attendance will be invited to a reception in UCC in the spring.

### Head Girl and Deputy Head Girl

The Head Girl and Deputy Head Girl as chosen by staff nomination are Ciara McAuliffe and Emma Long. Both are excellent students who can ably represent the views of students to school staff and the board of management. Both girls are automatically members of the student council. The student council will be working on a number of initiatives and will meet periodically with the school board of management.



## Mayfield Citizens Information Centre

Roseville House, Old Youghal Road,  
Mayfield  
Tel: 0761 07 6880

### Know Your Rights - November 2017

#### Question:

Our heating bills are quite high because our house is difficult to heat. Is there a grant available to improve the insulation?

#### Answer:

The HYPERLINK "[http://www.citizensinformation.ie/en/housing/housing\\_grants\\_and\\_schemes/home\\_energy\\_saving\\_scheme.html](http://www.citizensinformation.ie/en/housing/housing_grants_and_schemes/home_energy_saving_scheme.html)" Better Energy Homes Scheme provides grants to homeowners to improve energy efficiency in their homes. It is also available to landlords and owners of more than one property. The HYPERLINK "<http://www.seai.ie/>" Sustainable Energy Authority of Ireland (SEAI) administers the scheme. You can use the HYPERLINK "<https://hes.seai.ie/MeasureRecommendations/MeasureRecommendations.aspx>" Home Energy Self Survey on the SEAI website to identify areas in your home that could be improved to increase energy efficiency. You can also get a Building Energy Rating (BER) done if you are uncertain about your energy-saving options or what work to get done first. Grants are available for roof insulation, wall insulation, upgrade of heating controls, high-efficiency boiler installation and solar heating. You can also get a grant to have a BER done after the energy-saving work is carried out. To qualify for a grant, you must: own a dwelling built before 2006; use a contractor from HYPERLINK "[http://www.seai.ie/Grants/Better\\_energy\\_homes/homeowner/Step\\_2\\_Choose\\_a\\_registered\\_contractor/](http://www.seai.ie/Grants/Better_energy_homes/homeowner/Step_2_Choose_a_registered_contractor/)" SEAI's registered list; use newly fitted materials and products; have work done that complies with the required standards; have a BER carried out after the works are done and use a HYPERLINK "<https://nber.seai.ie/Pass/assessors/search.aspx>" BER assessor from SEAI's National Register. You must have grant approval before you buy materials or start work. Grants for qualifying measures range from a maximum of €300 for attic or cavity wall insulation to a maximum of €4,500 for external wall insulation on a detached house. Grants are paid after the work is completed and you have paid your contractor. If you get three qualifying measures done, a bonus of €300 is payable on top of the grants. (A BER doesn't count as a measure for this bonus.) A further €100 is payable on completion of a fourth measure. See [seai.ie](http://www.seai.ie) for full details of grants and bonuses. If you are also claiming a tax credit under the HYPERLINK "[http://www.citizensinformation.ie/en/housing/housing\\_grants\\_and\\_schemes/home\\_renovation\\_incentive.html](http://www.citizensinformation.ie/en/housing/housing_grants_and_schemes/home_renovation_incentive.html)" Home Renovation Incentive, the amount of expenditure that qualifies for the credit will be reduced. You can contact SEAI at 1850 927 000 or HYPERLINK "<mailto:info@betterenergyhomes.ie>" info@betterenergyhomes.ie.

#### Further Information

Further information on this and other matters is available in confidence from the **Mayfield Citizens Information Centre, Roseville House, Old Youghal Road, Mayfield.**

Telephone: 0761 07 6880

Opening hours are: **Monday to Friday 10.00am - 1.00pm, Monday to Thursday 2pm - 4pm.**

Citizens Information is also available through the Cork City (North) Citizens Information Service at 0761 07 6850, the Citizens Information Phone Service 0761 07 4000 or online at [www.citizensinformation.ie](http://www.citizensinformation.ie)



  
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## White's Cross GAA News

whitescrossgaa.ie



U8s Pairc Ui Chaoimh

### U8s Pairc Ui Chaoimh

Pictured are the White's Cross Under 8 boys squad who had the proud distinction of being the very first team from the Club to play in the renovated Pairc Ui Chaoimh grounds... In fact they are some of the very first players from anywhere in Cork to play in this exciting new venue - mile buíochas to Colm Crowley GDA and Rebel Óg for organising the Monster Football Blitz at this iconic venue. Comhghairdeachas lads.

### Future AllStars Indoor Programme

White's Cross Future AllStars got their Winter Indoor Programme off to a spanking NEW start at the Upper Glanmire Sports Hall in October, compliments of Liam Ryan and his team at Ryan's SuperValu, Glanmire. Not alone did we have NEW players join us for the first night we also had our NEW footballs that we received from Ryan's SuperValu Glanmire earlier that week. Thanks to all those shopping at Ryan's SuperValu Glanmire, during the summer, who supported White's Cross GAA in the #behindtheball promotion. As a consequence the boys and girls born in 2011, 2012 and 2013 get the maximum touches in with a football for each and every one who attend. If your son, daughter, niece or nephew, neighbour or friend wants to join our Future All-stars programme, bring them along to the Upper Glanmire Sports Hall on Friday evenings at 6pm.

In our sessions each week, running up to the start of December, the focus will be on the A,B,Cs - Agility, Balance and Coordination. In addition there will be plenty running, giving them a good work out but most importantly we hope they will have lots and lots of FUN.

### Ryan Manley vs Croke R

To mark the end of the Under 10 boys' season, the club hosted three teams at White's Cross. Kilmeen, Croke Rovers & St Nicks provided the competition. Despite the persistent rainfall on the day our boys put in very commendable performances. We first played Kilmeen who got a couple of early goals before our boys got into full swing. Thereafter the match was very evenly balanced. In the second match Croke Rovers were our opponents. Here Ryan Manley (pictured here in possession against Croke Rovers) was our scorer-in-chief with a quick burst of 2-1 to seal a deserved win for a fine team performance. In the final match, we had a keen contest with neighbours St Nicks. We had a purple patch early in the second half with three quick points to close the gap to a point but couldn't get ahead. The long whistle for the end of our match came just after our last goal, which left only two points between the teams. Well done to all our players and their mentors for their efforts this year. Over the course of the year, they have de-

veloped into a fine team and they will hopefully make further progress next year and beyond. Thanks also to the parents who have ferried their boys to training and matches. Your support is greatly appreciated.

### Under 8 Girls vs St. Vincents

White's Cross Under 8 girls welcomed St Vincent's to White's Cross for an end of season camogie match. Despite playing in 'away' colours, our gang weren't in any way fazed, and got stuck in from the first minute. There were some great performances and examples of teamwork from everyone and St Vincent's played their part in a very enjoyable game. Well done to the players and their mentors for the great progress they have made in 2017. A special thanks to all the parents for their support.

### Action vs Garnish

October saw the dreams and best efforts of our Junior squads come to an abrupt end as they bowed out of the County Championships in both football and hurling in consecutive weekends after a whirlwind season. For the fourteen players who play with our first hurling and football teams a total of 18 championship games was played - 12 in hurling and 6 in football. Here we see action from the Junior A County Football Championship win over Garnish, a game that went to extra time. Suffice to say when you are playing that number

of championship games in a season you are making progress in your championships! Our second Junior Football team played three more championship games. We thank the players and management of each of these teams for their extraordinary efforts in championship season 2017, and of course all is still not over - at the time of going to print they are due to play a Junior A football league semi-final, a Junior A football MacSwiney Cup quarter final replay and a Junior B hurling league final. Equally White's Cross GAA is hugely appreciative of the family members of the players for supporting this effort - we have a father of four children playing in both squads, a father of three, as well as fathers of two and one - indeed a couple of the lads became fathers for the first time in recent months. This makes for busy households and busy lives - lots of juggling, lots of support, lots of sacrifice... Holidays have been changed and postponed, stag parties have been put on hold, weekends away cut short and travel plans with work altered, nights out cancelled and adjusted, wedding plans put on the backburner, work days cut short and shifts rearranged - all to commit to White's Cross GAA. To the players and mentors themselves, to their wives, and partners, the Mams and Dads and other family and friends that have facilitated we say mile buíochas.



Ryan Manley vs Croke R

## GLANMIRE PARISH NEWS

### Blessing of babies and families

The annual blessing of babies' ceremony took place in St Joseph's on 1st October. This ceremony is organised by the Baptism Group and invites all families to attend but especially families with babies baptised in the past 12 months. This ceremony invites parents to remember their baby's baptism day and continues with blessing for the babies, parents, grandparents and godparents. The ceremony was enhanced with singing and guitar accompaniment from Linda Cashman with everyone joining in with well loved hymns such as "Dance, dance" and "He's got the whole world in his hands". After a group photo people adjourned to the nearby parish room for a cup of tea and a chat.

### November

The annual blessing of graves at Templeusque and Rathcooney will take place on Sunday 5th November, with a rosary at Templeusque at 2pm and Rathcooney at 3pm. The annual bereavement mass will take place in St Joseph's on Wednesday 15th November at 7:30pm.

### World meeting of families

The world meeting of families will take place next August in Ireland. The main events will happen in Dublin but other parishes will also organise events. In Glanmire there will be regular updates at weekend masses to keep everyone informed of events. In addition www.glanmireparish.ie will be updated with details of planned events





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### Glanmire Heritage Society

#### Rathcooney Graveyard



A new information board has been erected at Rathcooney Old Graveyard. This completes the project Glanmire Heritage Society undertook some years ago, and all legible memorial inscriptions together with photographs can now be viewed on the internet at [www.historicgraves.ie](http://www.historicgraves.ie). The graveyard and church ruin are recorded in the Archaeological Survey of Ireland (SMR number CO063-087001) and are of historic importance. An ecclesiastical record exists of a church on this site in 1291AD. Many memorials date from the 18th and 19th century and the earliest recorded date 1683 commemorates Mathias Mulens, smith of Glanmire. A large Celtic cross marks the burial place of the Irish revolutionary Brian Dillon who died in 1867. There is a large mausoleum dated 1886 and many vaults. Seamus Murphy, Cork's famous sculptor is buried in the graveyard and his distinctive carved lettering can be seen on his family headstone. We wish to thank all our members who helped with the project, plus SECAD, our Tús researcher Maria O'Keeffe and our photographer John J O'Callaghan. Thanks also to Gerard O' Hora of Cork County Council for his help and cooperation.

Frances Hedigan PRO Glanmire Heritage Society

### Halloween Shopping



Mia Hogan and Isabelle Ryan Halloween shopping at U Party Crestfield Shopping Center Glanmire.



## Upper Glanmire ICA Guild



Upper Glanmire ICA Guild

Our Guild meets on the first Tuesday of every month, except January. We have 28 members and new members would be very welcome

### UPDATE ON GUILD ACTIVITIES

- Our Social Craft group has been busy since early October, new members always welcome. We will also have our annual visit from Nancy Falvey and Bridy Casey from Ballyphehane in November. They will work with us doing some small projects on quilting and crochet.
- Our Table Quiz team really enjoyed their night in Carraig na bhFear on the 9th October
- At our Guild meeting in October, we were absolutely thrilled with Chef Colm Foley, who came and prepared many canapés for us, and we were the 4th Guild that Colm has visited.
- We are thrilled to have secured a stall at the first Glanmire Craft Market to be held in Supervalu on Sunday the 19th November. Please come along and say 'Hello'

### November Recipe: Coffee Swiss Roll

Firstly line a Swiss Roll tin with parchment paper.

#### For the sponge, you will need:

- 3 oz caster sugar
- 3 eggs
- 3oz self-raising flour
- 1 dessertspoon of Camp (coffee essence)

#### For the filling:

- 6oz icing sugar
- 2 oz butter
- 2 tbsp milk
- 1 dessertspoon of Camp

#### Method

- Beat eggs and sugar until very creamy
- Slowly add the flour
- Stir in Coffee essence
- Transfer to Swiss Roll tin (Make sure mixture goes into all 4 corners)
- Cook in oven 200 C for about 8-10 minutes

#### Meanwhile, prepare filling:

- Blitz all ingredients in food processor until smooth and spreadable.
- When sponge is cooked, turn out onto parchment paper sprinkled with caster sugar.
- Cut off all 4 crust sides
- Check out videos on youtube for rolling up your sponge.
- Let to cool and then roll open again and spread filling. (Omit coffee if you wish in this recipe, and just spread jam.)



1. Chef Colm Foley preparing an entrée of tomatoes.
2. Stuffed tomato on a bed of courgette and onion.
3. Jenefer's cable cardigan.





## Community Notices

### MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked You for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within Your own Heart where Your Father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen. Say for three days, promise publication and favour will be granted.

MOC

UPPER GLANMIRE

## BINGO

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JACKPOT EVERY THURSDAY  
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### "You Are Not Alone"

We will hold a coffee morning for those who are bereaved or affected by suicide in the Montenotte Hotel Cork on the first Tuesday of every month. All welcome and bring friend/s. Coffee, teas and scones complimentary and kindly donated by the Montenotte Hotel.

The coming together of those similarly bereaved can offer the opportunity to gain strength and understanding from individuals who have experienced the loss of a loved one through suicide.

For more information contact Collette on 087/1897315 or Anthony on 087/6838861

### LEGION OF MARY



The Glanmire group need your help.

Active members:  
Weekly meeting  
10.30am Wed.  
and some active work.

Auxiliaries: These say a short prayer each day for the success of the Legion

### Post-Natal Depression Support

Unable to Cope since the birth of your baby?  
Need to Talk to someone who understands?

Please Ring Tel.: 4922083

Visit : [www.pnd.ie](http://www.pnd.ie)

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Support meeting last Tuesday of the month.

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Please contact Imelda Reynolds for further information:

Phone 021 4823625

email [friendsolp@gmail.com](mailto:friendsolp@gmail.com)

[www.friends-of-leukaemia-patients-cork.com](http://www.friends-of-leukaemia-patients-cork.com)

GLOUNTHAUNE/  
GLANMIRE

## MEALS ON WHEELS

If you can help please contact:

Maria O'Halloran 4353549  
or Mary Griffin 4821795

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# Notice Board

## GLANMIRE INDOOR BOWLS

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## NEWS & EVENTS

### Glounthaune / Glanmire MEALS ON WHEELS:

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### Across

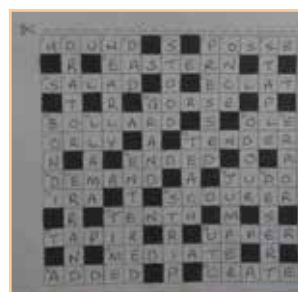
1. Very windy weather (5)
6. Sweet fuzzy fruit (5)
9. Oriental (7)
10. Cartoon dog (6)
11. Avoid (5)
12. Weighty (5)
13. First to do something (7)
15. Small green veg. (3)
17. Teenage skin problem (4)
18. Scuba people (6)
19. It builds reefs (5)
20. Selected (6)
22. Suffer pains (4)
24. Female bird (3)
25. Fought with (7)
26. Homeless animal (5)
27. Long pointed weapon (5)
28. Denounce (5)
29. Areas of flowers (7)
30. Exactly right (5)
31. Daisy type flower (5)

### Down

2. Cancer or Capricorn (6)
3. Purify (6)
4. March, April, --- (3)
5. Follow a course (5)
6. Get the upper hand (7)
7. Jealousy (4)
8. Ould fella (6)
12. Grey bird of wetlands (5)
13. Piece for repairing (5)
14. Tearful vegetable (5)
15. Roost (5)
16. Inquired (5)
18. Every day (5)
19. In the middle (7)
21. Assisted (6)
22. Judge, examine (6)
23. Funeral car (6)
25. Container for tea (5)
26. Long story (4)
28. Deoxyribonucleic Acid (3)

Crossword Winner:

Michelle Murphy, Silverheights Mayfield.



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SEND your entries marked CROSSWORD to Glanmire Area Community Association, Riverstown Cross, Glanmire, to arrive by 20th November. The prize is a meal in BEVA CAFE which will be awarded to the first all-correct entry opened. Please include your telephone number, home or work, your email and your address.



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**"Ellen" Killydonoghue, Glanmire**  
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BER: D2 | BER No.109777078

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**22 Old Avenue, Glanmire**  
€260,000

BER: D1 | BER No.105413330

Spacious 4 bed semi in a much sought after location.



**"Lynwood" Kilcoolishal, Glanmire**  
€250,000

BER: C3 | BER No.110231495

Three/four bedroom two storey end of terrace property.



**Bunaglanna, Watergrasshill**  
€300,000

BER: B3 | BER No.108806530

c.2,978 sq ft. property. The property is set on nearly 1 acre of established gardens.



**28 Briarscourt, Shanakiel**  
€160,000

BER: B3 | BER No.103367744

3 bedroom mid terrace property. Magnificent views of the surrounding city and countryside.



**Glenacre, Lackenroe, Glounthaune**  
€565,000

BER: C1 | BER No.106692460

Beautifully finished, turnkey, 5 bedroom detached property.



**24 Castlewood, Little Island**  
€240,000

BER: C3 | BER No.110229605

Beautifully finished 3 bedroom semi-detached property.



**33 Inis Alainn, Cobh**  
€230,000

BER: B3 | BER No.105513667 SHOWHOUSE

3 bed semi **FULLY FURNISHED**



**9 The Groves, Blackpool**  
€205,000

BER: D1 | BER No.109384537

Modern two storey semi-detached property in pristine condition overlooking Blackpool Retail Park and Shopping Centre.