

Area News

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Anti-Social Behaviour In The John O'Callaghan Park



build have any idea on how to

Let's identify the culprits whose Anti-Social Behaviour in the John O'Callaghan Park is portraying Glanmire in a very negative way.

The Gardai must know who these people are and their parents must be informed of their destructive behaviour. Many of the culprits are arriving in Glanmire from other suburbs but many of our own "darlings" are guilty of being involved in the destruction of the seating and the playground equipment.

When most of these teenagers were in nappies the people of Glanmire collect-

ed the money to build the playground on land owned by the County Council. We paid for the playground and now these hooligans are destroying them. The residents of Meadowbrook do not deserve the stress and the anguish they are suffering. Having their wheelie bins stolen and set alight in the park is affront to the decent people of the area. We must help to support those residents. If you

counter set this, please come to the public meeting in the Riverstown Community Centre on Monday 12th of February at 8.30 pm.

There are a number of

ideas being discussed. Have you something to add?!

See you at the meeting on the 12th February.

Michael Burns

G.A.C.A Public Meeting, Riverstown Community Centre, 12th of February @ 8.30 pm, theme "Community Spirit" Further discussions on Anti-Social Behaviour in the John O'Callaghan Park. All Welcome.











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25m pool, fully equipped gym, separate studio for classes, sauna & steam rooms Mayfield Sports Complex, Old Youghal Rd, Cork.



If you're over the age of 30 and suffer from neck pain, tingling in the arms, or headaches, this could be the most eye-opening article you'll ever read.

Why Haven't People With Neck Pain Been **Told These Facts?**



It can affect your sleep, your marriage and your job. Nothing's worse than feeling great mentally, but physically feeling held back from life because your neck hurts and the pain just won't go away!

My name is Dr. Eric Kelly, owner of Glanmire Chiropractic. Over the past twelve years since we opened our doors, we have seen thousands of people with neck pain, arm problems and headaches leave the office pain

Feel the Improvement – and Say "Yes" to Life Again

With our "Neck Pain Evaluation" Dr. Aynara Valverde and I will be able find the problem and then correct it. Think of how great you will feel in just a few short weeks.!!

See and feel your life change for the better. Start your body on the way to pain-free, normal living. Feel tight joints rest, relax, free up. Feel muscles tied in knots become more supple. Feel strength in your muscles increase.

As you begin to see motion returning to your joints, you're preventing and reducing chances of disability and a crippling future.

You're able to live life like a normal person again, without neck pain -- able to play with your kids, enjoy time with friends, and not have to worry that your pain will hit you at just the wrong time.

"Will This Really Work For Me?"

Chiropractic has been around for over a hundred years, and has been used to help everyone from tiny babies to the elderly. Even top sports stars and entertainers... like Bradley Wiggins, Usain Bolt, Padraig Harrington, Tiger Woods and Madonna

These professional athletes have the money to hire any kind of doctors they want, and they choose to have a chiropractor on their team.

Patients with chronic neck pain show significant improvements after a course of

"That burning hot sensation is completely gone and so have the headaches.... I can't believe how much I have improved" -MS



The Single Most Important Solution To Your Neck Pain

For the next 14 days only, €60 will get you all the services I normally charge new patients up to €265 for!

What does this offer include? Everything We normally do in our new patient evaluation. Just call before February 16th and here's what you'll

- An in-depth consultation about your neck problems where we will listen...really listen...to the details of your case.
- A complete neuromuscular examination.
- A full set of specialized x-rays to determine if a spinal problem is contributing to your pain or symptoms... (NOTE: These would normally cost you up to €195).

If You Do Nothing **Else, Read This:**

The following conditions can be caused by a problem in your neck...

- **Carpal tunnel syndrome**
- Numbness and tingling in the arms and hands
- Cervical disc bulging and herniations
- Weakness in the arms / hands
- **Neck Pain**
- **Headaches**
- Tension in the shoulders
- Shoulder and arm pain
- A thorough analysis of your exam and x-ray findings so we can start mapping out your plan to being pain free.
- A special report complimenting your recommendations that reveals the foods you should and should not eat, the best way to sleep and how to reduce stress.

Call today and we can get started with your consultation, exam and x-rays as soon as there's an opening in the schedule.

Our office is called Glanmire Chiropractic Clinic and you can find us at Eastcliffe House, Glanmire (next to AIB Bank) Tell the receptionist you'd like to come in for the Neck Pain Evaluation before February 16th

Sincerely, Dr. Eric Kelly, D.C.

> P.S. How many years can your body handle taking one pill after another?

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Directors Cut

We need more people to help with running of the association.

As well as looking after the running and the maintenance of the centre, we also have 13 active Sub- Committee's. Many of the present directors have been active for a long time and new blood is needed. If your TV is dominating your after-work activi-

ties then you have time to help, we need your help.

www.glanmireareacork.com

Many the estates built in the last 20 years are not represented at present. The ideal situation is to have people from each area of Glanmire representing. If you wish to talk to one of the directors, please call Jenny at the centre on 021 4821333.

Glanmire Community College Students Are Winners At The BT Young Scientist And Technology Exhibition 2018

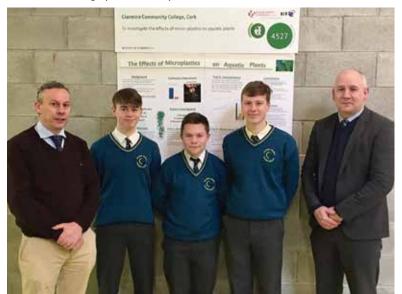
On 10th of January 2018 Glanmire Community College Transition Year students Seán Soden, James Byers & Jack Daly competed in the 2018 BT Young Scientist & Technology Exhibition in Dublin.

We had worked towards this day for over six months. We set up our stand and then attended the opening ceremony where the President, Michael D Higgins gave a speech. After the opening ceremony, our project was assessed by the first of many judges. It was really daunting as we discussed our project "The effects of Microplastics on Aquatic Plants" with him. We were absolutely delighted that our first assessment went so well. The following day we had two judging sessions which would ultimately determine our fate in the competition. The first judge was a chief professor at Trinity, so we knew we needed to impress her. She was really receptive to our project and our finding, so we were over the moon. The second judge was fascinated by our project also. The awards ceremony was on the Friday - this is what the past six months had been leading up to. Before we went in, we told ourselves that no matter what happened we were delighted to be up at the Young Scientist Exhibition, and an award would only be the icing on the cake.

The atmosphere on the night was absolutely amazing. The ceremony commenced and the winners of each category were announced. Our category was the very last

section to be called out. Throughout the ceremony we saw loads of projects in relation to microplastics (our topic) and global pollution winning awards. This created a sense of hope and anxiety amongst the three of us. When it came to the intermediate group award in biological and ecological sciences we couldn't have been more nervous. Before we could even wish each other good luck, we heard our names being called out. We came third out of eighty people/ groups in our category. I honestly can't even describe the feeling of hearing our names been called out and seeing the camera men rush over to us to capture our walk of glory to the stage. We received our award and got a photo with the presenters. Everyone was congratulating us. It was just phenomenal! We can all honestly say that this competition has been the best experience of our lives. We've never enjoyed a week so much. We all learned so much from the exhibition and made so many new friends. The whole experience has given us the bug to do science in the future. We want to thank our mentor and teacher Mr D O'Sullivan for guiding and inspiring us on our journey and also Ms N Emerson for accompanying us up to Dublin. Thanks to our parents for their encouragement and for allowing us to turn our homes into make-shift labs for the last 6 months!

Article: Sean Soden, Transition Year Student, GCC



Mr D O' Sullivan, James Byers, Jack Daly, Séan Soden and Mr Ronan Mc Carthy, Principal.









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"NÍL AON GLEANNTÁN MAR DO GLEANNTÁN FÉIN" GLOUNTHAUNE NEWS BY "THE FOREIGN CORRESPONDENT"

ST. JOSEPH'S CEMETERY LITTLE ISLAND

In 1986 Cork County Council acguired land at Ballinderrig for development as a cemetery and advance sale of plots at a cost of one hundred and seventy five pounds each were offered to finance the development. This is equivalent to approx. two hundred and twenty two euro and when St. Joseph's cemetery opened in 1987 the cost was set at two hundred and ten pounds; approx. two hundred and sixty seven euro.

The first interment was in January

1987 and was that of the late Ellen Tobin of Clash Road, R.I.P. Since April 3rd. 2012 plots at the cemetery may only be purchased for immediate use as the Cemeteries Business Process Improvement Review (BPI) Document of February 2011 recommends that the advance sale of plots at any cemetery should only be permitted if sixty per cent or more of the overall cemetery capacity is still available for sale. Regretfully relative to St. Joseph's the percentage is only just plus eighteen and based on plot allocations over recent years; availability at the cemetery will be exhausted by 2030, twelve years hence. Now is the time to address this matter; "Ní hē lā na gaoithe lā na scolb". The current cost per single plot is one thousand and fifty euro and a maximum of three coffin burials are permitted. Those purchasing are obliged to abide by the rules and regulations as set down by Cork County Council and as St. Joseph's is a lawn cemetery the development of kerbing, railings, channels, placing of stone chippings etc. is not permitted. Nor is the planting of trees, shrubs and flowers and also: wreaths must be removed within two months of burial. Erecting of headstones must be approved by Cork County Council and the height of any proposed structure shall not exceed one decimal two metres above beam level. Relatives and friends may wish to place flowers, potted plants or wreaths on graves at anniversary time or on some other special occasions, and this is of course permissible. These should be positioned as close as possible to the headstone for cemetery presentation purposes and also to facilitate grasscutting. Maintenance and ongoing improvements to the cemetery are actioned on a voluntary basis and the principal duo involved is attending to this worthwhile undertaking since 1995. In this regard the encouragement and support of Cork County Council staff, and in particular Senior Executive Engineer Gerard O' Hora, is very much appreciated. Death is a sensitive subject and should be treated in a delicate, caring and supportive manner, and utmost respect should be shown at all times. The

common disrespectful practice observed, especially when interments are taking place, is that of walking on graves and with a little thought this could be so easily avoided. Finally to end the subject on a little humorous note; a man was on his deathbed and around him stood three people; his closest friend, the chairman of the local hurling club and the parish priest. "Listen", said the dying man, "I made lots of money in my time so I have decided to take some with me. There are three envelopes on the table and each is containing three thousand euro. I want you to promise that before they fill my grave each of you will throw one envelope on top of my coffin". They promised. The man died and following his burial the three were travelling in the same car. The closest friend of the deceased said that he had a confession to make; "In these recessionary times; my wife and I are not as well off as we used be so I only threw in five hundred euro". "I was even worse", said the hurling club chairman; "The club is in urgent need of funds to develop a sand based pitch so I only threw in three hundred euro". The parish priest exclaimed; "I am outraged at both of you; I lodged the cash and threw in a cheque for the full amount"!

THE PAROCHIAL HOUSE

The main Cork - Waterford road passed through Glounthaune Village, then New Glanmire Village, in earlier times and with the construction of the railway in 1854 a new road was built which ran north of the village and rail line; the present day L 3004. The village became a cul-de-sac as a result of this alignment and an access bridge to traverse the rail line was built. Land consisting of one decimal two acres was then available at the eastern end of the village and when granted by the Falkiner familv in 1883 it became the site for the Parochial House, or Glebe House as it was then called. The House was constructed principally by donations from parishioners and the first occupant was Very Rev. Canon John Barry who resided at Windsor Hill prior to this. Fast forward to July 2017 when parishioners were advised that it was felt the time had come to consider placing the property on the market and that it was intended to apply for planning permission to erect a dwelling for the Parish Priest within the Parochial Grounds. A planning application was lodged in November 2017 and in early December the Planning Authority advised that the information submitted was not sufficient to enable it to make a decision on the application and further information was requested, includ-



ing; detail of the finished floor level of the proposed building relative to an adjoining dwelling to the west. Amendments to improve the proposed suitability viz-a-viz the fabric of the village are requested; the upvc soffit, fascia and gable verge detail should be omitted and replaced with clean, simple detailing; natural slate to be used on the roof: the doors and windows should be of high quality timber or of alu-clad construction: the windows on the western elevation should be omitted to help reduce impacts on third party amenities. A specialist tree survey detailing all existing trees on site is required and such should specify protection measures during and after construction. A comprehensive landscape plan to include precise details of all boundary planting is requested. A robust hedgerow is also a requirement along the eastern side boundary and there is a necessity for further planting to the west of the proposed dwelling. A request for measures to limit overlooking into neighbouring property and respecting adjoining private amenity space is made, and a cross section of the site detailing all boundary measures on the western boundary must also be submitted. The proposed widening of the present entrance and removal of the pedestrian entrance is refused as the Planning Authority considers the existing entrance to be of merit and a revised layout and entrance elevation to reflect this is requested. A flood risk assessment is required because of the site's proximity to the foreshore and details of measures to be deployed on site to prevent siltation / pollution of the Great Island Channel / Cork Harbour SAC/SPA are also requested. This to include a site layout which should clearly indicate the location of all measures to be deployed and outlines where construction storage / compound and stockpile areas will be located on site. Fuels / hydrocarbons and other potential pollutants connected with the construction period shall not be stored on site given that same falls within a flood zone. The foregoing is the up-to-date status of the application which understandably attracted objections and there is expectancy that parishioners', which naturally include near neighbours, who probably consider that all their prayers were answered, shall be kept informed. It is mind-boggling that it was planned to interfere with the historical entrances (pictured) and it is pleasing that the Planning Authority refused permission. Also, is the plan to build a dormer style bungalow compatible with an almost two hundred year old village setting? Interesting also is the fact that a specialist tree survey detailing existing trees on site is a requirement - this would have been much more time consuming for the applicant if same was actioned a short period of time prior to the lodgment of its planning application! The Presbytery was sold in 2014, less than four years ago, was this conveniently located dwelling not suitable to house a Parish Priest? Just one year previous; Cork County Council granted planning permission to the Parish Finance Committee to erect a three bedroom dwelling house on "church" land at the rear of "The Cliff" / North of the church grounds, where planning for a parish priest's dwelling was granted back in 1974 - forty four years ago! Bord Pleanāla dealt with a third party planning appeal on the "fresh" application on July 12th. 2013 and additional conditions were imposed. There was obviously a decision taken to locate the dwelling elsewhere; hence subject application to build on the Parochial Grounds; but what of the aforementioned land? Is this still "church" property? Indecision is very prevalent and issues are dealt with in a piecemeal fashion. Should a priest ever decide to get a dog there is likely to be prolonged (secretive) discussions before a decision is taken on where to locate the kennel, and near neighbours will probably hear of it first when the dog barks!

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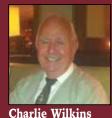
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The Garden (Shed

My refuge is a bolt-hole, a man's shed so's to speak, half hidden in a sheltered part of the back garden. I 'escape' to it whenever the need arises and that' quite often! There are thousands of these in gardens all over the country.

Mine stores among other things, my tools and gardening essentials, my

expectations and dreams, and a deep ocean of memories. Like a bedroom dressing table, it's a place for silent reflection, of quiet and gentle warmth, away from the depressing January weather and those frightfully cold winds. Some would call the structure a greenhouse even though it started out a long time ago as a wooden workshop.

There has always been a tradition in our extended family for having some sort of recreational sanctuary into which a person could abscond for long or short periods. Normally, such places are where people store their household DIY tools, and run to put the canvas chairs when it looks like rain in summer. My thinking is that if the garden is a place of refuge, then a hide of some sort can be a haven within it.

I offer you a peep into my inner sanctum! On a tottering shelf on the back wall there's a rickety old cardboard box simply bulging at the corners. It is a depository

of good intentions, crammed with packets of vegetable and flower seed. Sometime around the middle of February I'll probably come home with another set of duplicates having forgotten what was and wasn't there, and sort through

the whole container yet again whilst marvelling at my Swede turnip collection and tomato archive. They'll be sorted into piles of what should be planted immediately, and what can wait until next week, next month and so on. None, I dare say will ever feel the heat of the summer sun and gentle rain except

perhaps for small pinches of the lettuce 'Susan' every now and again. From this you will gather that a little salve goes a long way with my conscience!

There are garden tools, ceramic pots, and overwintering plants everywhere and these, standing or stacked take up much of the available floor space. A collection of now withdrawn chemicals occupy a dark spider-filled recess beneath a homemade potting table while hanks of raffia, green garden twine and faded dried lavender hang from the roof beams. An earthy, pleasant smell lingers in the air but once

> the pewter-coloured sun heats the structure it disappears like morning dew.

> Would you like your own private bolt-hole? Imagine being able to leave the fog and the frost, the drizzle and the depressing dreariness of an Irish post-Christmas winter and retreat to a small ready-made structure! Wishful thinking? Perhaps, but for many, the dream has already arrived as those with the likes of a fully insulated timber structure will testify! They have found that working in the garden normally offers a calming therapy to counteract the stresses of the working day. Sometimes however, the search for necessary tools easily negates this positive effect but with any make of garden shed everything can be put in its rightful place. Whether you choose a timber shed or more upmarket steel

structure be assured that proper

shelving, tool holders, gas spring

door dampers, and even acrylic

glass fanlights will make working and lazy reflecting, equal delights. Steel models are available in many sizes and colours whilst timber sheds come in dozens. January and February might be the best months for investing as sales are currently in full swing.

yet another blue poppy (Meconopsis 'Slieve dahlias? Would that botanical print by where I saw it before the festivities, and open to visitors? I think about all these when I should be otherwise engaged, and flick through catalogues like a man looking for imagine how non-gardeners get through already tossing about in my mind, jostling with the greedy anticipation of yet another season, another beginning.

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IN THE FEBRUARY GARDEN

SOLSTICE; Some weeks ago, we had the winter solstice, when, as John Donne wrote in A Nocturnal upon St. Lucy's Day; "Tis the year's midnight and it is the day's, the world's whole sap is sunk'. The lawn has re-emerged fresh and unblemished from its overcoat of recent frost, sleet and torrential rain and the earliest bulbs are pushing their snouts about ground, but there's still a very odd feel to the garden. The light is extraordinary dim and the colour has drained from everything. Perhaps it's the post- Christmas deflation that cloaks all, or the sudden changes in the weather patterns but things really look as six's and seven's.

FERN; Not everything has changed colour

of course. In the back garden, a tall tree fern (Dicksonia Antarctica) still stands out majesti-

cally if rather sad and dejected looking. The fronds have taken a hammering from the cold but even so, it looks triumphantly tropical alongside a bog standard golden laurel. Perhaps it is giving thanks for the return of somewhat milder conditions

ANTICIPATION; The central pleasure of gardening is that much of it goes on in the head; anticipation and creative day-dreaming if you know what I mean, coupled to outbreaks of unbridled lust for new and unusual plants seen in books and catalogues! My 'must have' list grows apace following enforced periods indoors, and now, all that troubles me is how to get

Donard') or another variety of Erythronium! Where do they sell good, show-variety Belinda Northgate of Ballycotton, East Cork be reduced if I called again to the outlet when is the first Munster garden going to life-saving advice. For the life of me, I can't life. What do they do for thrills? Go to the pub? It may be still early in the New Year, but the heady joys of planning and plotting are



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Nhat is Cross Border Health Care?

In 2011 the European Parliament introduced the European Directive on cross-border healthcare to better define the rights of EU citizens when seeking treatment in EU states other than their own. The Cross-Border Directive aims to establish rules for facilitating access to safe and high-quality cross-border healthcare in the European Union.

The Cross-Border Directive means that an EU resident has the right to medical treatment in any EU country and to be treated on the same basis as they would in their home state. Therefore, provided certain criteria are met. EU residents are entitled to request healthcare treatment in another EU country and then receive reimbursement of the cost of the qualifying treatment from their home healthcare system.

The HSE operates the Cross-Border Healthcare Directive (CBD), for persons entitled to public patient healthcare in Ireland who are seeking to avail of that healthcare in another EU member

How do you apply?

Patients do not need to be on any HSE waiting lists. You can be referred by your own GP. Referral from a GP or public hospital consultant is needed. Some patients will contact the HSE before travelling to confirm they are covered.

Where can I avail of treatments?

Patients can avail of treatment in any EU member state such as France or Germany. However, I would personally recommend staying on the Island of Ireland and I have sent patients of my own to Kingsbridge Belfast. Tel: 028 9066 78 78 (Kingsbridge Private Hospital, Belfast)

How much does it cost?

If you are entitled to public health services in Ireland and you choose to access those services in Northern Ireland, you can be reimbursed by the HSE for the costs incurred. The amount that will be repaid is the amount that the treatment would cost in Ireland, or the cost of your treatment abroad, if that is less.

Prices will vary depending on the procedure you need.

What Healthcare Treatments Are Covered Under the Scheme?

Your referring clinician will be able to advise if the service you are seeking to access abroad is covered by the provisions of the Cross-Border Healthcare scheme. Treatments covered include current services provided by the HSE that you would access in a hospital environment.

Examples of healthcare that is available under the scheme include:

- Day, in-patient and outpatient care in acute hospital services, including MRI and CT scans
- Cardiac services
- · Orthopaedic services, including hip and knee surgery
- Ophthalmic services (Eye Tests) including cataract procedures
- Physiotherapy services

Some health services are not included, for example, cosmetic procedures, organ transplantation and long-term care such as nursing home care.



The Making Of Hand Grenades In **Knockraha During The War Of Independence**

In the autumn of 1920, word was sent to Martin Corry, Captain of the Knockraha Company, that Sean Hegarty of the Cork No. 1 Brigade was coming out to Knockraha on a very important matter. He arranged to meet Martin in a field near the village.

He said to Martin 'I am afraid that we are going to lose the War for one reason: we are terribly short of hand grenades and our raids on barracks and private houses have not given us many grenades. In fact a supply of grenades are as much or more important than guns and are vital for leading attacks on local barracks and ambushes. I want to discuss with you Martin the possibility of making grenades here in Knockraha'. Martin's reply was 'I am only a farmer's son and would know nothing about making grenades and the rest of my Company likewise', to which Sean Hegarty said 'not to worry, here in Knockraha you have a very remote area with a lot of bogs and glands: an ideal location for secret activities. So what I want you and your Company to do is to make a dug-out and I will be able to supply the technical expertise and the capable personnel and the equipment to run the factory'. Martin immediately set about constructing the dugout. A spot in the glens in Butlerstown was set. They were given the equipment necessary so with picks and shovels the work was began. When completed the dugout measured 30ft by 10ft by 11ft. Dead railway sleepers were obtained to support the roof which was covered with 2 ft of earth and the sods put back on top to disguise it. Entry was by a small shaft on which a box of earth with hinges was put in place and when that was in place it would be very difficult to find the dugout. A pipe out of it was put up through a ditch to take out the smoke. All the earth from the dugout had to be carted away by horse and cart and distributed over a wide area. not to arouse suspicion. The following equipment was needed for the factory; a furnace to melt down the iron, moulds, massive bellows to get the right heat to melt the iron mould for the making of the grenades, an oven to bake the cores for to make the cavity in the grenades. To get the equipment a group of Volunteers from Cobh at gun-

point commandeered the boatyard in Cobh and using its foundry during the night made the container for the furnace which was immediately delivered to Butlerstown. It was put in position in the dugout on top of the firegrate and a pipe connected to take away the smoke up through a ditch.

The next problem was to make the moulds and again luck was on their side. Two prominent members of the Cork Company, Dathi O' Brien and Charlie Reed, were after getting employment in Henry Ford and Company who had opened a plant in the Marina in Cork in 1917 and that had

a huge foundry and they secretly used this equipment to make the moulds. I am sure if Henry Ford knew what was happening he would not have been too happy to have his facilities being used for making bombs. So these were brought to the dugout. It needed two moulds to make a grenade. They were held together with a bolt, one was secured to a plank. They would have an opening to pour down the molten metal with a core standing in the middle. These cores were made of sand and marley and were baked in an oven and a ladel was made out of the cover of a kettle by putting a handle on it. Coke was used for melting the iron. The raw material for making the grenades were pots and pans that could be got locally. The Cobh water scheme was being put in place at that time in Tibbetstown, Carrigtwohill. They were raided and metal pipes were taken. They also raided Henry Ford's plant in Cork and got a lot of pig iron. With all these things in place they were ready for the first run of grenades but before it could be used it had to be passed by the technical officer of the brigade who was Sean McSweeney, brother of the murdered Lord Mayor of Cork, Terence McSweeney. He gave it the all-clear so they were ready to start. Officers of the Brigade, including Sean Hegarty, came along to see it. Initially working it took 6 people to run the factor from making the cores to taping the furnace. Sean Hegarty had supplied an engineer to

work the bellows. On the first night the metal was put in coke and lit. It took 2 hours to melt the metal so when it was properly melted the tap was opened, the ladle was filled with molen metal and it was poured into the moulds.

After cooling for a couple of minutes one of the chills was taken away and a

> perfect grenade fell out on the ground which brought a cheer from those Now present. they knew the Volunteers had a new weapon in their armory no longer depending on capturing grenades and

that this would be a huge boost up for the Republican forces. The factory immediately went into full production with the majority of the workers coming from the Brigade area. Dr Seamus Fitzgerald, later president of the Cork Chamber of Commerce and chairman of Verome Cork Dockyard, did a lot of work in the factory. There it ran right up to the Truce on 11th July 1921 and supplied over 1,000 grenades to the Cork Brigade which were then distributed nationally. Coming up to Christmas 1920 Ned Fitzgerald of Knockraha East, an engineering student at UCC. went down to Martin Corry to see how he could help. Martin dispatched him to go down to the grenade factory in Butlerstown to help out which he did. A couple of days later he came back to Martin. He could see inefficiencies in the Bulterstown plant. He asked Martin for permission to construct another factory which he said he would design. The plan was approved. A secluded spot was selected near Pigeon Hill. Work began on constructing it. It was made a similar plant to Butlerstown in a dugout approximately the same size. This time the furnace was made in Ned Moloney's Forge in Knockraha. Moulds were again made in Ford's oven in Cork for making the grenades. They used the wheels of a furze machine to drive the bellows. It was passed by Sean MacSweeney and started production before Christmas 1920. They could lay their hands on iron from Ford's. When operating this place proved very ef-

ficient and up to 50 grenades a night would be made. It took again 6 people to operate the plant. One had to come early in the evening to light the furnace and put in the coke and metal. The first grenade would come out at around 8pm and they would continue to work well into the night. Both factories kept going up to the Truce on 11th July 1921 but after that they were never again used. It is estimated that they supplied over 3,000 grenades to the Cork Brigade from which they were distributed Nationwide. They were transported to Cork mixed up with potatoes in bags. During their existence the British Forces never found them but several Volunteers told the writer that by June 1921 the British had an idea that something big was going on in the area. More English patrols searched the bogs and glens of the Parish and on one occasion they came across Volunteers coming away from the Factory-they had to run. The British opened fire on one of the Voluneers Willie Mahony, Brooklodge. He got a bullet in the leg but got away. On another occasion bloodhounds were left off in Knockraha and headed towards the direction of Watergrasshill and at the time a prisoner was being held in Sing-Sing gaol. But luckily they were on the wrong scent. The scent they got was Bill Murray who had a beard and had been drinking in Cantalans Pub. The hound traced the scent to the house. The soldiers bust up the stairs where Bill Murray was in bed. They caught the beard and pulled thinking it was a disquise but he had no contact with the Voluneers. It was the considered opinion of the members that but for the Truce the British would have found out what was going on in Knockraha. One can only imagine what would have happened. Today a lot of the grenades made in Knockraha can be found in many museums throughout the country.

Jim Fitzgerald, Chairman Knockraha History Society.

Pictured: Larry Breen, PRO of the National History Societies Association. from Kildare who made a recent trip to Knockraha to see Knockraha's historical sites. Pictured with James Fitzgerald of Knockraha.

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Glanmire Bowls Club team - Eileen Buckley, Mary Hegarty, Ber Byrne and Mary Crowley - who won the match against Douglas Community School Bowls Club in the 1st round of the Peg Tucker competition in November 2017.



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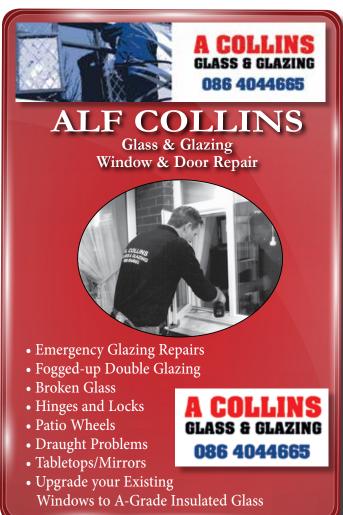


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OUR LADY CROWNED CREDIT UNION

www.glanmireareacork.com

Throughout 2017 Our Lady Crowned Credit Union held a monthly draw for the members and the prize each month was €250. These monthly prizes were held as part of the 50th Anniversary celebrations and the winners were as follows:-







Feb - Stanislaw Patoka



March - Theresa Kelleher



April - Stella O'Brien



May - Deirdre McCarthy



June - Caroline O'Leary



July - Don O'Hanlon



Aug — Kelly O'Donovan



Sept - Elaine Desmond



Oct - Barbara Cooney



Nov - Tina Brennan



Dec – Chris Phillpott



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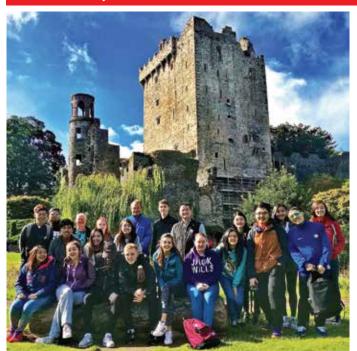
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Glanmire Youth Project



The Glanmire Youth Project has an open door for you! - we are located in Foróige building in Riverstown village.

Glanmire Youth Project engages young people between 10 years to 25 years of age in various activities and development work. The youth project environment aspires to be diverse, inclusive and welcoming to all young people either living in or attending school in the Glanmire area.

We offer generic youth work programmes/services such as;

One to One's - an opportunity for young people to talk to a youth worker seeking support

Group Work - working together in a group setting with other young people inspiring peer support

Drug Counselling - support for young people and their family with drug and alcohol related issues

School Based Work - delivering spe-

cific programmes in both primary and secondary schools based on the needs of young people identified.

www.glanmireareacork.com

- Sports (GCC for 1st to 2nd year 17.15
- 18.15)
- Drop In (1st to 3rd years 18.30 20.00) Tuesday
- House of Rock (1st year onwards a place to jam informally - 19.00 - 21.00) Wednesday
- Youth Club (5th/6th class and 1st years - In the Pike/Glanmire GAA Pavilion - 19.00 - 21.00)

Friday

Open Night (1st years onwards -19.00 - 21.00)

Other specialised programmes are designed and run based on the needs of young people throughout the year. 2017 has been another fantastic year for young people in the Glanmire Youth Project. On average, 60 young



people come in and out of the project on a weekly basis availing of the various services and a further 100 young people are contacted on average in a school setting per week.

Highlights from this year include;

- The Glanmire Youth Council receiving recognition of their hard work in this years Foróige Youth Citizenship Awards
- Participation in the trnovating the Youth Project - painting, decorating and knocking down walls!
- An action packed summer programme which saw a group of 24 young people going down to Russagh Mills in West Cork for a few nights down in the Outdoor Education Centre (a special mention and thanks to S.A.F.E Glanmire for supporting this "Positive mental Health" trip).
- The third year of the Cork/Hong Kong Exchange which see's 5 young people (18 - 21) from the Glanmire area and 5 from Mahon embark on an intercultural exchange both visiting Hong Kong and then hosting their Hong Kong counterparts back in Glanmire (thanks to everyone involved and especially to EIL Intercultural Learning for funding this amazing programme).

Special Thanks!

The Glanmire Youth Project is very grateful and thankful to the many people who contribute to the running of services. The local management committee, Foróige managers and colleagues, all the schools in the Glanmire area, Community Garda Noel Fitzgerald and the parents/guardians of young people.

Thank you to S.A.F.E Glanmire & EIL Intercultural Learning for their continued support over the last couple of

A huge thanks must be given to the many incredible volunteers we have supporting various programmes all throughout the year which simply could not run without their dedicated input. The volunteer leaders go far and beyond year in and year out and are truly positive role models for many of the young people they engage with on a regular basis.

Last and not at all least, thank you to the wonderful young people of Glanmire - especially the young people we are privileged to work with day in, day out!

Keep an ear out for the launch of Glanmire House of Rock's new album! (Coming Soon)

Glanmire Youth Project wishes you all a great 2018! - From Adam Peerbux, Youth Worker



Glanmire Macra News

Glanmire Members enjoy Officer

Macra na Feirme organised the now annual refresher officer training that takes place in the Gleneagle Hotel in Killarney in the first week in January.

Glanmire members Aisling Walsh, John Lonergan, Seamus Reid, Michael Buckley, and Sean Ahern attended the training with multiple other clubs across the country. The training main purpose was to focus members for the second part of the year. A big emphasis was on looking at what's going well as a club and how to stay focus on previously set goals.

The training was energetic and purposeful and it was noticeable that all participants left the session feeling revitalised for the future. Of course the other benefit of the training was the networking opportunity with the other

Macra clubs across the country. This was done both in the training room and in the fantastic Killarney town, where a great night was had by all who took part.

Glanmire bow out Capers Semi Final

As Seandun champions, Glanmire took to the stage for the National Semi Final of Capers in Eire's Og in Ovens last Saturday night. Glanmire faced stiff competition from the Carberry, Avondu, and Kerry Champions of Clonakilty, Awbeg and Killarney respectively.

Undoubtedly, the 100 plus audience were in for a treat with such talent on show. All clubs put on a strong variety show with singing, dancing, comedy and traditional music. The Glanmire cast of Sarah O Connell, Will Daly, Karen Cashman, Kevin Smiddy, Sinead Broadrick, Cathal Cashman, Catherine Kearney, Michael Buckley, Gillian Kenneally, John Lonergan, Aisling Walsh, Declan O Hara, Dee Walsh came together yet again under the guidance of producer Tanya O Sullivan.

Glanmire took to the stage last on the night and opened the show with a lively singing and dancing rendition of Meghan Trainor's "Better when I'm Dancing". With the early nerves well shaken off. Glanmire continued to dazzle the crowd with various jokes, traditional music and singing acts.

Glanmire's ballad group sang a haunting version of the Irish classic "Grace" which tells of the story of the nuptials between Joseph Plunkett and Grace Gifford prior the execution of the Irish Republican leader.

Yet again the GAA comedy parody earned cast members Will Daly, Cathal Cashman and Kevin Smiddy the best act of the night. This is the third time the act has claimed the award, previously doing so in the Seandun and Cork County rounds. Despite this Glanmire were unsuccessful in their attempt to reach the final with Clonakilty and Awbeg going through. The final takes place in Mallow community centre on the 3rd February. As Glanmire are back in full swing, we would like to give notification of our weekly sports night returns this Tuesday 9th and will be on every Tuesday at 9 pm. Our sports takes place in the Upper Glanmire Hall. Sport night provides a great informal way to find what Glanmire Macra is all about. The cost is €4 and everyone is welcome to come. If anyone is looking for further information on Glanmire Macra, find us on Facebook https://www.facebook. com/glanmiremacranafeirme/ or contact our secretary Will on 0877469447.





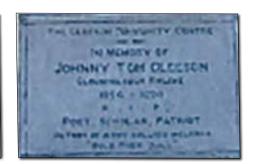


Johnny Tom Gleeson-Údar an 'Bould Thady Quíll'

Mícheál Ó Súilleabháin







James A Chisman

Leacht Bould Thady i Reilig Naomh Colmán, Maigh Chromtha

Plaic ag an Ionad Pobail i Réileán in onóir Johnny Tom

Sa traidisiún Gaelach, bhí tábhacht ar leith ag baint leis an bhfile. Choimeád sé cuntas ar ghinealach an Rí.

Scríobh sé dánta chun comóradh a dhéanamh ar na hócáidí tábhachtacha i saol an Rí - nuair a pósadh an Rí, nuair a bhuaigh sé cath tábhachtach, nuair a fuair duine tábhachtach bás. Bhíodh an file i gcomhluadar an Rí ag na féastaí. Bhíodh na cineálacha filíochta a scríobh sé roinnte mar seo: geantraí chun ceiliúradh a dhéanamh, caointe faoi bhás an rí, goltraí ag ócáidí brónacha agus aortha nuair a theastaigh ón bhfile cáineadh a dhéanamh ar dhuine éigin. De ghnáth, san aoir, rinne an file bréagmholadh ar an té a bhí le cáineadh. Cuireadh tréithe ina leith a bhí éagsúil nó contrártha leis an gcineál duine a bhí ann. Dar ndóigh, thuig an lucht léite nó éisteachta go maith an rud a bhí ar siúl aige.

Nuair a thit an córas Gaelach as a chéile, lean traidisiún na filíochta, ach ag leibhéal níos ísle, b'fhéidir. Lean sé ag cur síos ar ócáidí tábhachtacha sa pharóiste, mar shampla, foireann a rinne gaisce sa chraobh nó capall a bhuaigh rás tábhachtach. Duine de na filí seo ba ea Johnny Tom Gleeson, údar an 'Bould Thady Quill' agus aortha eile. Saolaíodh Johnny Tom i Reighleán, Contae Chorcaí in 1854 i bparóiste Achadh Bolg. Tionóntaí feirme ba ea muintir Gleeson, de réir nós na haimsire, sular tháinig na hAchtanna Talún, a thug deis do na tionóntaí an talamh a cheannach, i bhfeidhm. Deirtear gur imigh Johnny Tom le sagartóireacht nuair a bhí sé 17 mbliana. Níor

oir saol an chléireachais dó, áfach, agus d'fhill sé ar an mbaile. Ní raibh puinn suime aige san fheirmeoireacht, ach an oiread. Deirtear go raibh sé leisciúil agus faillíoch. Bhí bá aige leis an gcumadóireacht, áfach. Chum sé dánta agus véarsaí cliste a rinne cur síos ar imeachtaí reatha. Ceoltóir den scoth ba ea é, chomh maith, ar an mbosca ceoil agus ar an bhfliúit. Dá dheasca, d'éirigh leis ceol a chur le roinnt de na píosaí cumadóireachta a rinne sé.

Ba as Baile na Graí, sráidbhaile i bparóiste Achadh Fhíonach do Thady Quill, 1860-1932. Spailpín ba ea é, is é sin d'imigh sé ó áit go háit ar thóir oibre. Obair shéasúir a bhíodh ar fáil, san earrach agus san fhómhar, ag cur agus ag baint na mbarr. Bhí sé ina ghrásaeir, chomh maith. Bhíodh sé ag ceannach agus ag díol ainmhithe. Thugtaí 'jobber' ar a leithéid, de ghnáth. Bhí sé cumasach ag an mbolláil bhóthair ach níor imir sé iománaíocht ar chor ar bith, a deirtear. De réir an amhráin, 'The Bould Thady Quill' bhí sé thar a bheith cumasach agus, in am na práinne, nuair a bhí Tiobraid Árann ag fáil an lámh an uachtair ar Chorcaigh i gcluiche iomanaíochta tábhachtach, cuireadh fios ar Thady agus, dá dheasca, bhí an lá ag Corcaigh. Deirtear go ndearna Thady roinnt oibre do Johnny Tom ar a fheirm. Toisc go raibh bua na filíochta ag Johnny Tom, d'aontaigh an bheirt acu go scríobhfadh Johnny Tom amhrán do Thady. Ba é an 'Bould Thady Quill' an cúiteamh don obair. Rinne Johnny Tom áibhéil ar pé buanna a bhí ag Thady agus san amhrán is iomanaí den scoth é. Tá, ar a laghad, ocht véarsa

san amhrán agus tá roinnt 'tréithe' a bhain le Thady luaite ann. Bréag-mholadh a bhí ann ach deirtear gur thaitin sé le Thady. Céad bliain níos déanaí tá an t-amhrán fós coitianta ag ócáidí sóisialta.

Fuair Johnny Tom Gleeson bás in 1924 agus tá sé curtha i Reilig Mhuire, Cill Mhuire. In 1970, nochtaíodh plaic ina onóir ag a uaigh. Ba é Seán Ó Riada, an cumadóir cáiliúil, a bhí ag cur faoi i gCúil Aodha, a bhí i mbun an tsearmanais agus thug sé an-mholadh d'amhráin agus d'fhilíocht Johnny Tom. An bhliain chéanna, ainmníodh an tlonad Pobail i Reighleán as Johnny Tom in onóir dó. Labhair Seán Ó Síocháin, Ard-Rúnaí Cumann Lúthchleas Gael ag an searmanas nochtaithe. Deir an inscríbhinn: Johnny Tom Gleeson, 1854-1924, File, Scoláire, Tírghráthóir agus Údar.

Fuair Thady Quill bás in 1932 agus tá sé curtha i Reilig Mhaigh Chromtha.

Gluais:

ginealach = genealogy
i gcomhluadar = in the company of
geantraí = light music
goltraí = sad music
caointe = laments
bréag-mholadh = false praise
gaisce = feat
leisciúil agus faillíoch = lazy and neglectful
saol an chléireachais = clerical life
bá aige le = talent for
spailpín = migratory farm labourer
grásaeir = grazier/ jobber
bolláil bhóthair = road bowling
bhí an lá ag = triumphant
cúiteamh = compensation





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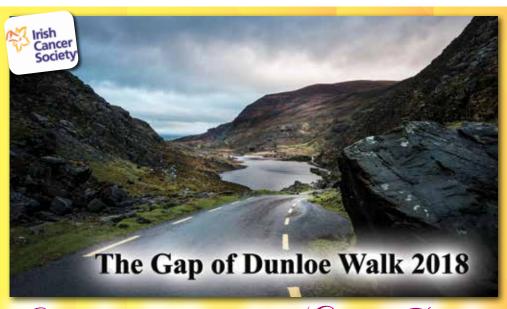
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Annual walk through the Gap of Dunloe

Happy New Year to you, and yes another year and another walk coming up.
This year's walk will be on the 24th of March.

The purpose of the walk is to collect money for Cancer Research.
Leaving from Hazelwood at 8.30am and getting back at 6.30pm.
Walking through the Gap of Dunloe, 11km and being a road walk, it is suitable for anyone
who is reasonably fit. Having had time to eat our lunch, there will be boats waiting to take us across
the lakes to Muckross. A bit of time here before we head back to Glanmire.
The cost will be a minimum of 50 Euro per person, that covers the cost of coach and boats.

Ring me for more information or read the full program in next month's issue.

My mobile number is:

087 2785721

look forward to hearing from you, Liz Dwyer

Photo: **David Ahern** Facebook: david AHERN photography

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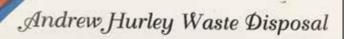
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White's Cross GAA Matters

2018 Team Management

There are a number of changes to the management of the various teams for the 2018 playing season. Diarmuid Mc-Donnell is the new coach of the junior A footballers. Diarmuid is a member of Na Piarsaigh and has many years' experience managing teams at different levels. He has been involved with his own club for many years at senior and intermediate grades while he was also involved with Glanworth when they won the county junior A football championship in 2009.Ironically, Glanworth's victory in the semi-final of that competition came via a narrow one point victory over White's Cross! Diarmuid will be joined by Michael Coleman (Ballinahina) as a selector. This will be Michael's first role as a selector and hopefully both he and Diarmuid can build on the good work done by the previous management team over the last few years. Edwin Buckley will be the new manager of the club's second football team. Paul O'Donovan will remain involved and Dave Buckley will also join the backroom team.

Coach Séamus Kennefick will remain in charge of the junior hurlers for the 2018 campaign. Séamus joined the club in 2017 and his knowledge, enthusiasm and dedication was warmly welcomed by all the players. All in the squad were very happy that he has decided to continue for the upcoming year. 2017 was successful on the field of play, winning the Seandún Division league and championship double whilst also reaching the county junior B hurling championship final. Many young players also made their debut throughout the year which provides a lot of optimism for 2018 and beyond. Séamus will be joined on the sidelines again this year by Martin Atkinson, Dominc Cahill and Chris O'Neill. In the one change to the setup, Pat Reid will rejoin the team as selector. Pat has a wealth of experience and hurling knowledge and will be a big addition as the hurlers seek further silverware in 2018.

Club players from adult and under 18 teams spent the month of January doing an intensive fitness training course. Tuesday evenings were spent at the Team Thomas Fitness Centre on the Watergrasshill road for boxing fitness training while on Thursday nights, the lads trained on astro-turf in the Glen Resource centre. Some footballs were added to the mix for Sunday morning sessions at the club gounds in Ballinvriskig. All at the club hope that we see the benefit of this hard-preseason training on the field of play throughout the year. We wish all the club teams the very best for the upcoming season.

Club Social

A social evening will be held on Friday the 16th of February in the Stirrup Bar in White's Cross. On the night, the junior hurlers will be presented with their league and championship medals having won both during the 2017 season. There will also be a special presentation made to the outgoing junior A football selectors for their hard-work, dedication and longevity of service to the club. There will be live music and food on the evening. We wish to invite all members and supporters to attend what should be a very enjoyable evening for all.

Club Lotto

The club lotto has commenced again after a break for the Christmas period. The sole function of the club lotto is to raise funds to improve the club's infrastructure. It is fair to say, since the inception of the lotto in 2012, there have been some very significant improvements that not only benefit club members but also benefit the community as a whole. The construction of a hurling wall, the laying of an all-weather training pitch, increased lighting and dressing room refurbishment are obvious improvements in the club's playing facilities. Gym equipment has also been installed on one side of the main pitch and a foot path has been laid around the perimeter of the grounds. These have proved very popular within the community in general providing a safe and quiet place for walkers and joggers alike. The club are really pleased to see so many people taking advantage of this facility. We wish to continue to upgrade and enhance our facilities for the betterment of all and for White's Cross GAA grounds to be a key, appealing, safe recreational facility for all families living in the area. To achieve these goals, a big effort will be made to increase participation in the lotto. The club really appreciates everyone that have bought tickets and helped contribute to the developments thus far and we look forward to your continued support.

The current jackpot is €3,500 as at the end of January with lotto tickets available to purchase from Hennessy's Daybreak in White's Cross, The Stirrup bar, The Blackman bar, The Boothouse bar, Southern Fuels in Buck Leary's cross and McCarthy Sports in Glanmire. Tickets are also conveniently available online at www.locallotto.ie and from any of the club's committee members. They cost €2 per line or €5 for three lines. A yearly subscription for €46 or multiple draw entry options (five draws, 10 draws etc.) are available on line. The draw is held bi-weekly with the draw venue rotating between the Stirrup, The Blackman bar and The Boothouse bars. If you are not in it, you cannot win it! Thank you for supporting!

White's Cross GAA Cúl Camps Dates Announced

The White's Cross GAA Cúl Camp will run from Monday, July 2nd to Friday, July 6th, 2018. White's Cross GAA has been running a GAA camp each year since 2003 and is delighted to confirm details again of another camp this summer. White's Cross GAA Kellogg's Cúl Camp will cater for boys & girls from 5 to 13 years. More details around registering for the camp etc. will be circulated in the coming months at Juvenile Club training, through Upper Glanmire National School and on our club's Facebook Page. For now put the dates in your diary and be sure to plan the holidays around them!



Mayfield Citizens Information Centre

Roseville House, Old Youghal Road, Mavfield Tel: 0761 07 6880

Know Your Rights - February 2018

Ouestion:

I applied for a means-tested Jobseeker's Allowance, but I was told that I'm not eligible because of my partner's earnings. Why is this? We live together but we are not married and we split our expenses equally.

Answer:

The Department of Employment Affairs and Social Protection (DEASP) treats married and unmarried couples in the same way when assessing entitlement to a means-tested social welfare payment. It assesses the total income of the household, rather than the circumstances of the individual claimant.

If you are married or are cohabiting, the means of your spouse or partner are also taken into account. This is the case even if only one of you is actually claiming a payment. The DEASP uses detailed definitions and criteria to assess whether a couple are cohabiting and you can HYPERLINK "http://www.welfare.ie/en/Pages/Cohabitation. aspx" read these online at welfare.ie.

The way the means of a couple is assessed can differ slightly, depending on the payment being applied for. For Blind Pension, State Pension (Non-Contributory) and Carer's Allowance, the DEASP adds all of your means together and then

halves the total to get the assessable means for each of you. For Jobseeker's Allowance, Disability Allowance, and Farm Assist, the DEASP adds all your combined means together and then assesses the total against the maximum household payment for your circumstances.

If your partner is getting a social welfare payment in their own right, then your means are taken to be half of the total means of yourself and your

Sometimes a certain amount of income, or income from particular sources, is not taken into account. This is called an income disregard. For example, a certain amount of income from employment can be disregarded.

Further Information

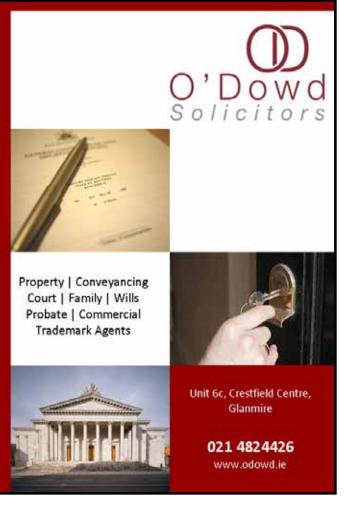
Further information on this and other matters is available in confidence from the Mayfield Citizens Information Centre, Roseville House, Old Youghal Road, Mayfield. Telephone: 0761 07 6880

Opening hours are Monday to Friday 10.00am - 1.00pm, Monday to Thursday 2pm - 4pm.

Citizens Information is also available through the Cork City (North) Citizens Information Service at **0761 07 6850**, the Citizens Information Phone Service 0761 07 4000 or online at

www.citizensinformation.ie







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Erins Own Hurling & Football Club Caherlag, Glounthaune, Co. Cork.

Lotto Results: for the 24/01/2018, Numbers drawn were 1-22-25-28, No winner, €30 to the following, Carmel Twohig, Tony O Brien, Trish c/o Mick Bowen Jackpot next week €2430, you can now play our club lotto on www.erinsowngaa.ie and like our FB to keep up to date on lotto results.

Thanks to everyone who supports the draw throughout the year.

<u>Club Shop:</u> The shop will be opened on Saturday 10am to 12pm & Sunday 11am to 12:30pm, any queries or questions on stock or orders just call or text Michael on 086 8699145 or Kieran on 087 7787759 or E-mail Kieran on kieranmurphy33@gmail.com



Puc Fada 2017

Erins Own's Annual Puc Fada competition was held on 27.12.2017. The event was a great success with a great turnout. Erins Own would like to thank Dunphy Transport for sponsoring the event. Above are the winners of Senior Event, Pat O Callghan, Tom Aherne (Chairman presenting the prizes), Kieran "Post" Murphy and Jamie Murphy.

Erins Own Senior Hurling 2018

Erins Own Team Photo vs Imokilly 2017 Barry O Neill was recently appointed Erins Own Senior Hurling Manager for 2018 at the club's AGM. Barry takes over the role from Martin Bowen who spent the last three years as Manager. Martin had a backroom team of Sean Clohessy, Dave O Mahony and Pa Kearney during his spell. The club reached the County Senior Hurling Final in 2016 and were nar-

www.glanmireareacork.com

rowly beaten by Glen Rovers. In 2017, Erins Own lost out at the quarter final stage to the eventual winners. Imokilly, The club would like to thank Martin and his backroom team for their hard work throughout the three years.

Barry O Neill has appointed a backroom

team of Sean Dunne, Dave McNamara and Ger Geary. Barry (coach) and Dave (selector) were both involved in 2007 when Erins Own last won the Sean Og Murphy Cup. Ger Geary will be the team's physical trainer.

Erins Own would like to wish Barry and



his team well in their efforts for the year.

Dancing with the Stars Erins Own GAA Club would

like to wish its member, Tomas O Leary, best of luck in RTE's Dancing with the Stars. Tomas has swapped his rugby boots for dancing shoes. He returned to the field with Erins Own late in 2017 and played in the Junior Football County Final.

Tune in on Sunday evening and get voting for Tomas!

THE INAUGURAL DARKNESS INTO LIGHT LAUNCH GLANMIRE

On Tuesday 23rd January, the inaugural Darkness Into Light Glanmire launch took place in Glanmire Community College.

GCC, in conjunction with Glanmire Chamber of Commerce, hosted a very

special event that saw the school community and the wider community come together to promote the work of Pieta House and Darkness Into Light (DIL). The following attended on the night: Glanmire Chamber members, staff and man-

agement of GCC, Mr Pat McKelvey from Cork ETB, local organisations, businesses and members of the Glanmire community. Also present at the launch were Angela Horgan (Funding and Advocacy) from Pieta House and the renowned Karen Underwood, Performer and Guest Speaker who shared her story.

Sadly, over the years, both the school community and the wider Glanmire community have lost loved ones to suicide. The impact cannot be put into words. Through participating in DIL, we

hope to strengthen the link between our school and the wider community and most importantly, we want to stand in solidarity with all those who have been affected by suicide. DIL provides a very special opportunity to unite the

school and the wider community

We urge you to spread the word about Darkness Into Light in Glanmire. Online registration will be opening soon via the pieta house website. In addition to this, we will be holding a number of community engagement weekends

to provide information and opportunities to register. Find us on facebook at Darkness Into Light Glanmire to keep up-to-date with news and events. We look forward to seeing you all on May 12th as we walk in solidarity from the Darkness into the Light.

Pic: Angela Horgan Funding and Advocacy Pieta House, Karen Underwood, Performer and Guest speaker and Ms Aisling Muldowney, Organiser of DIL at GCC



Ms Aisling Muldowney, Graeme Keane, Cathal O'Shea, Joe Organ, Frances Hegarty (Glanmire Chamber of Commerce Darkness Into Light Committee Members), Mr Pat McKelvey, Director of Schools Cork ETB and Angela Horgan Pieta House, Funding and Advocacy Pieta



Bridge Club

OPEN TO NEW MEMBERS.

Glounthaune Bridge Club Plays in the Vienna Woods Hotel every Monday night from 7.30. We are now open to New Members. If you are interested in becoming a member please ring Kathleen at 086-1940842 or Jim at 086-2666792

Cork LGFA U 16 Medals Presentation



Abbie O Mahony, Ellen Baker and Kayla O Connor Glanmire Ladies who received their Munster and All Ireland medals at a reception held at Rochestown on Saturday 14th January 2018 for the Cork Under 16 Ladies Football team.

Balance





www.glanmireareacork.com

Upper Glanmire ICA Guild

Upper Glanmire ICA Guild

Our Guild meets on the first Tuesday of every month, except January. We have 28 members and new members would be very welcome

UPDATE ON GUILD ACTIVITIES

- On the 5th January 23 Guild members and friends enjoyed a great night at the Barn restaurant to celebrate Nollaig na mBan.
- Check out all our photos on our FaceBook page.
- Our Guild meetings and Social Craft Sessions will all resume in February.

February Recipe: Traditional Queen Cakes



- 3 oz butter/Stork margarine 3 oz caster sugar
- 2 eggs
- 4 oz self-rais flour (1tsp vanilla essence- opt) Topping: jam, cream coconut

Method

- Beat sugar and marg until light and creamy
- · Mix in eggs, flour and vanilla.
- · Mix well together.
- · Bake in paper cases in tins until lightly browned: 10-15min
- · When cool, cut out cone, and fill with cream an jam. Replace caps and sprinkle with icing sugar.
- · Alternatively, cover tops of cakes with jam and dessicated coconut.







- 1. Mai Hourigan and Eileen Sculley at the Barn
- 2. Mary Manning and Maureen O'Leary.
- 3. Alice Browne and Mary O'Connor.



MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked You for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within Your own Heart where Your Father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen. Say for three days, promise publication and favour will be granted.



LEGION OF



MARY

The Glanmire group need your help.

Active members: Weekly meeting 10.30am Wed.

and some active work.

Auxiliaries: These say a short
prayer each day for the
success of the Legion

GLOUNTHAUNE/ GLANMIRE

MEALS On wheels

If you can help please contact:

Maria O'Halloran 4353549 or Mary Griffin 4821795

Post-Natal Depression Support

Unable to Cope since the birth of your baby?

Need to Talk to someone who understands?

Please Ring Tel.: 4922083 Visit: www.pnd.ie HELPERS NEEDED TRAINING PROVIDED

Get our book Recovering from
Post Natal Depression
from Easons.
Support meeting last
Tuesday of the month.

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Cork M.A.B.S. Unit 12, Penrose Wharf, Penrose Quay, Cork.

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A FREE &
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SERVICE

"You Are Not Alone"

We will hold a coffee morning for those who are bereaved or affected by suicide in the Montenotte Hotel Cork on the first Tuesday of every month. All welcome and bring friend/s. Coffee, teas and scones complimentary and kindly donated by the Montenotte Hotel.

The coming together of those similarly bereaved can offer the opportunity to gain strength

and understanding from individuals who have experienced the loss of a loved one through suicide.

For more information contact Collette on 087/1897315 or Anthony on 087/6838861

Friends of Leukaemia Patients

Patients Cork Established since 1985.
Voluntary group registered charity number 15959.
We are a non profit organisation composed mainly of family and friends of leukaemia patients all working on a voluntary capacity having experienced a loved one diagnosed with this illness.
One hundred per cent of donations made to our charity goes directly to helping patients and their families in the Munster Area.

Also providing Home from Home accommodation in close proximity to St James Hospital Dublin. This facility is made available free of charge to patients and carers who have limited financial resources undergoing a bone marrow transplant.

If you would like to organise a fundraising event or make a donation to our charity

We would love to hear from you. Please contact Imelda Reynolds for further information: Phone 021 4823625 email friendsolp@gmail.com

www.friends-of-leukaemia-patients-cork.com

SET DANCING

Wednesday Nights 8.30 pm @ the Community Centre, Upper Glanmire

All Welcome | 087 9960856

Grinds

Maths, Gaeilge, JC Science, English, LC Physics, Chemistry, Biology

Highly qualified and experienced teacher State Exam Corrector SEC accredited Home Tutor Fáilte roimh cheachtanna trí Ghaeilge ~

> Proven results ph. Micheál 087 6916575

PRAYER TO OBTAIN THE GLORIFICATION OF PADRE PIO

Oh Jesus, full of grace and charity, I humbly entreat You to glorify in heaven and on earth, the servant of God, Padre Pio of Pietrelcina, who generously participated in Your sufferings. With confidence, I beseech You to grant me, through his intercession, the grace of which I ardently desire.

3 times: Glory be to the Father....



MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked You for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within Your own Heart where Your Father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen. Say for three days, promise publication and favour will be granted.

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MD





GLANMIRE INDOOR BOWLS

Community Centre, Riverstown

Wednesday Nights 7.30pm to

9.30pm

Over 18s, Males & Females welcome

Contact: 021 - 4821333

NEWS & EVENTS

Glounthaune / **Glanmire MEALS** ON WHEELS:

Cooks urgently required for Mondays Wednesdays 3 hours every 6 weeks. Drivers required for Glanmire, Brooklodge, Riverstown area for Mondays, Wednesdays and Saturdays

1/1.5 hours every 5 weeks.

Contact: Pauline Walsh 4353557 or Mary Finn 4353893

Beech Grove Boarding Kennels

UPPER GLANMIRE

HOME AWAY FROM HOME

Spacious out-door runs. Personal Supervision. Up to date vaccines essential.

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Mobile: 087 2163658

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JCB Hire



Contact Dan 087-2532550

NOVENA TO THE SACRED HEART

Dear Heart of Jesus, in the past I have asked YOU for many favours. This time I ask YOU this very special one (mention favour). Take it, dear Heart of Jesus and place it within YOUR own Heart where YOUR FATHER sees it. Then, in his merciful eyes it will become YOUR favour, not mine. AMEN.

Say for three days, promise publication and favour will be granted. J.

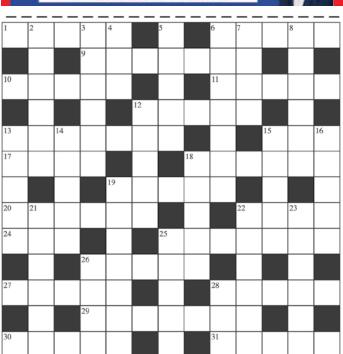
PRECIOUS MOTHER OF JESUS

Mother of Divine Grace, you can find a way, where there is no way. Please hear my prayer and grant me my request. (Say 6 times daily & your request will be granted). NAS

Joe Organ Auctioneers 086 6013222







SEND your entries marked CROSSWORD to Glanmire Area Community Association, Riverstown Cross, Glanmire, to arrive by 19th February. The prize is a meal in BEVA CAFE which will be awarded to the first all-correct entry opened. Please include your telephone number, home or work, your email and your address.

Across

- 1. Italian island (5)
- 6. Large boat for cargo (5) 9. Donegal mountain (7)
- 10. Fishy skin covering (5) 11. Rastafarian (5)
- 12. Benefits (5)
- 13. Small mat for a glass (7)
- 15. Belonging to him (3)
- 17. Curved structure (4)
- 18. Undo sewing (6)
- 19. Wasps do it (5)
- 20. One direction only (6)
- 22. Part of church spire (4)
- 24. Incline the head (3)
- 25. Umbrella (7)
- 26. Part of head (5)
- 27. Piaf Christian name (5)
- 28. ---- Hawke, actor (5)
- 29. Think of (7)
- 30. Paris underground (5)
- 31. Removed moisture (5)

Down

- 2. Keeps ship in one place (6)
- 3. Really enjoy (6)
- 4. Anger (3)
- Slang for €5 (5)
- 6. Making dog noises (7)
 7. Expression of regret (4)
- 8. Style of architecture (6)
- 12. Trivial (5)
- 13. Priest, general law (5)
- 14. Took part in film or play (5)
- 15. Bees live in them (5)
- 16. Expertise, ability (5)
- 18. Open a bottle (5)
- 19. Louis Armstrong nickname (7)
- 21. Spaghetti-like food (6)
- 22. Teasing remarks (6)
- 23. Find (6)
- 25. These fit in a socket (5)
- 26. Move about (4)
- 28. Terminate (3)

Crossword Winner: Pat O Sullivan Poulacurry South, Glanmire Village, Co Cork



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RENTAL PROPERTIES URGENTLY REQUIRED FOR REFERENCE APPROVED CLIENTS



LOCAL KNOWLEDGE NATIONWIDE COVERAGE

Have you had your FREE DNG Appraisal?

THINKING

OF SELLING?

REASONS TO CHOOSE YOUR LOCAL AGENTS

RENTAL PROPERTIES URGENTLY REQUIRED Experienced local sales and Letting team based in your area In-depth knowledge of the area, proven results, and premium prices achieved Vendors and purchaser can avail of our free in house financial advisory services. Members of IPAV

We value what matters to you, we find you a home not just a house



Bunaglanna, Glenville, Co. Cork €300,000 Impressive recently constructed family residence of c.2,978 sq ft.property, The property is set on nearly 1 acre of established gardens, with mature trees and shrubs.



17 Glenview, Old Youghal Road, Cork €170,000
Very attractive two bedroomed terraced townhouse. The location offers every convenience to local services and is within walking distance of the city centre whilst enjoying the benefits of living in a mature residential area. BER: D2 BER No.101366029



Lynwood, Kilcoolishal, Glounthaune €250,000

Three/four bedroom two storey end of terrace property which has been totally refurbished is now near completion.

BER: C3 BER No. 110231495 23



"Ellen", Killydonoghue, Glanmire, Co. Cork. €310,000 Impressive four bed detached bungalow residence set on c.1/2 acre mature site with attractive established gardens.

BER: D2 BER No.10977707



Monard, Rathpeacon, Old Mallow Road €320,000
4/5 bedroom bungalow which commands magnificent views of the surrounding countryside. Located in a much sought after area, this property enjoys the best of both worlds.

BER: D1 BER No.107198426



Chapel Gate, Ballyvolane, Cork €245,000 3 bedroom two storey semi-detached property with Conservatory, and Attic Conversion, in "turn key" condition. Views of the city and nearby amenities pitches. BER: C2 BER No. 110563459



Inis Alainn, Carrignafoy, Cobh, Co. Cork.

NEW DEVELOPMENT - RE LAUNCH - CHOICE OF 3 & 4 SEMIDETACHED AND TOWN HOUSES-AVAILABLE - PRICES FROM
£190,000

BER: C1 BER No. 100991330



85 Lus na Meala, Banduff €207,500
3 bedroom semi-detached property for sale by private treaty.
This house comes for sale in good condition, in a safe and
secure cul-de-sac location.
BER: C2 BER No.110593852



16 Killeens Green, Farranree, Cork €175,000
Superbly located, extended 1 bedroom semi-detached property in very good condition with major renovations done over recent years. There is a large rear deck/BBQ area and also a block built shed to the rear of the property.

BER: D1 BER No.104922844