

Donal O'Connell Winner Of The Glanmire Heat Of The Over Sixties





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Over 60's




Contestant Tony Blackshields from Togher; Lord Mayor, Cllr. Tony Fitzgerald and Paddy O'Brien organiser of the Over 60s Talent Contest.




Inset: Contestant Robert McDonald. Contestant Tony Blackshields. Billy Horgan winner of the Over 60s in 2010 entertaining the crowd in Glanmire.




Part of the committee members; Joan Gubbins, Nora O'Sullivan, Margaret Barry, Helen Thornhill and Mary Hegarty.

Donal O'Connell with his wife Eileen Coffey-O'Connell.

Donal O'Connell from Grange Douglas winner of the Glanmire Heat of The Over Sixties. Glanmire Heat of the Over Sixties took place in Sarsfields Hurling Club. *Pics: Gerard Bonus*

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Welcome To Our New Rector

It was with great joy and celebration that the parishioners of Cobh and Glanmire Union of Parishes, together with a large congregation of visitors, clergy and readers from Cork Cloyne and Ross welcomed Rev Paul Arbuthnot as our Rector at his institution in Christ Church, Rushbrooke, on Sunday 11th March. The Bishop, the Right Reverend Dr Paul Colton presided. The congregation included representatives of the Mayor of Cork County, the Naval Service, An Garda Síochána, the Cobh branch of O.N.E, members of the clergy from neighbouring Roman Catholic Parishes, including St Colman's Cathedral, Cobh and many from the wider community.

Rev Paul, who is originally from Carrickfergus, studied at Trinity College Dublin and the Church of Ireland Theological Institute before his ordination in 2011. His first curacy was in the parish of St Paul, Glenageary in Dublin. From 2012 to 2015 he was Minor Canon and Precentor at St Albans Cathedral in England, and from 2015 until February last year he was Minor Canon and Sacrist at Westminster Abbey. Since then he had been working with the Salvation Army as Events and Marketing Manager at Oxford Street in London.

We are delighted to welcome Rev Paul among us as our pastor and guide and wish him every success, happiness and blessing in his ministry.



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We have agreed to "give away" (to anybody who asks for it) €115.00 worth of our services for only a **€15.00 donation to St. John Ambulance, Glanmire**. I am calling it "Community Appreciation Day" and it is my way of saying "Thank you" to the people of Glanmire for making my practice so successful since I first opened my doors.

Do You Have Any of the Following?

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- Tingling or Burning Sensations
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Data from the National Board of Chiropractic Examiners' Job Analysis of Chiropractic lists arm and leg neuropathy as the second most common nerve problem treated by chiropractors.

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By using gentle techniques, I'm able to release the pressure that has built up on the nerve. This allows the nerve to heal and the symptoms to go away.

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How to Find Out If This Will Work For You

It's time for you to find out if chiropractic will be your neuropathy solution.

For the next 2 weeks, €15 will get you all the services I normally charge new patients €115 for!

What does this offer include? Everything. Take a look at what you will receive:

- An in-depth consultation about your health and well-being where I will listen...really listen...to the details of your case.
- A complete neuromuscular examination.
- A thorough analysis of your exam so we can start mapping out your plan to being pain free.

- You'll get to see everything first hand and find out if this amazing treatment will be your pain solution, like it has been for so many other patients.

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Sincerely, Dr. Eric Kelly, D.C.

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"NÍL AON GLEANNTÁN MAR DO GLEANNTÁN FÉIN" GLOUNTHAUNE NEWS BY "THE FOREIGN CORRESPONDENT"

WEATHER:

The main subject of conversation since the last issue was the snow and ice which we experienced at the end of February and the beginning of March. It created havoc on the roads as well as hardship for many people and of course the northern hilly side of our parish was worse hit. The traditional lifestyle in Glounthaune has always been that of lending a helping hand through the bond of friendship and concern and this alleviates difficulties that may arise to fellow parishioners. The burden is shared and the act epitomises unselfish neighbourly action and portrays the ultimate illustration of parish life as it should be; "Community Spirit". There is, to an extent, a continuation of such in our parish today but it is not as evident as in "the door is always open" era, and in fact it now takes some happening to activate the kindness and support that is so necessary. Regretfully for some; "Community Spirit" could be the name of a horse that ran in Cheltenham last month and these are the people who frequently walk past fellow neighbours with head down or perhaps engage fictitiously on their mobile phone. A greeting or even a smile would be appropriate or is there a problem with relaxed friendliness? There was an amazing outpouring of "Community Spirit" nationwide during the recent weather conditions and this was reflected in our parish also. Neighbours helped neighbours; by phone contact, home visits, collecting requisites from the shop, post office or pharmacy, etc. Also, many roads in the area were in a treacherous condition and gritting was executed by concerned neighbours in an ad hoc fashion which is admirable. However such quality deeds were self-motivated as there was no evidence of organised group activity from Representative Community Quarters on this occasion either; and that is astonishing. Incidentally, there was a discussion at the local regarding the entire weather event and true to form the wag in the corner contributed; he declared that on his way down he observed people "greasing" Sausage Hill!

ASHBOURNE HOUSE:

The Glounthaune Community has a very special affinity with Ashbourne House which was an ever so popular venue when operated as a hotel by the Garde family from 1961 until its closure in 2000. It is a Direct Provision Centre since then and at year-end 2017 it had occupancy of ninety three people. Memories are rekindled for many when Ashbourne House is mentioned; meals, weddings, family gatherings, christenings, birthday parties, first communions, confirmations, dinner-dances, social meet-

ups, etc. And naturally locals who worked there have fond memories also. It was a place where children played in a carefree environment and a place where innocent local lads enjoyed playing football on the superb manicured croquet lawn! Richard Beamish of brewery fame resided at Ashbourne House and in 1900 he laid out his alpine and sub-tropical gardens which became known and acclaimed worldwide. Included were plants from China which were introduced by E.H. Wilson and from New Zealand by Captain Dorrien Smith of Tresco Abbey in the Scilly Isles. Notable specimen included; "Haplocartha" from South Africa and the rare "Mexico White Pine" or "Pinus Aya-chuite" which is the tallest in Ireland or Britain. Richard is credited with the name; "Meconopsis Beamshii" which is a beautiful yellow flowering poppy that originated at Ashbourne in 1906. The gardens had a number of distinguishing features including; an unusual arched Irish Yew walk, a Woodland garden, a Bog garden, a Rock Garden and a well cultivated orchard. Trees were sourced from all areas of the world and most came through collectors based at Glasnevin Botanical Gardens and Kew Botanical Gardens in London. The house, which is a listed building with a record protected structure number 00498, was later acquired by the Hallinan family who owned Avonmore Mills in Middleton, formerly Hackett's Distillery, and John Magnier of Coolmore Stud fame is a grandchild. The gardens were developed further and Hallinans' regularly deployed employees' from their Mill at Middleton to attend to the upkeep. The grounds were open to the public one day per annum in the fifties and the Cork St. Vincent De Paul Society was the beneficiary from the monies raised per entrance fees and from the sale of teas and scones. By the way, to avoid embarrassment it is important to note that "scones" is pronounced minus the "e" in Glounthaune! Mrs. Garde purchased Ashbourne in 1960 for the sum of five thousand pounds but it is deplorable that large indefinite numbers of trees and shrubs were removed prior to purchase. Today the quality, character and presentation of the gardens bear no resemblance whatsoever to that of bygone days as they have been allowed fall into decline and regrettably it now appears that worst is on the horizon. GlounSolas Teoranta, with registered offices at Lightsome House, Amadán Way, Cherry Orchard, Dublin 12 has applied for planning permission to develop a 400 MW combined cycle electricity generating station on the renowned grounds. This will necessitate large-scale tree felling and there will also

be a complete clearance of shrubs, plants and hedging. The generating station, which will be floodlit for security reasons and will include a visitor's centre to be appropriately named "The Beamish House", will be located fifty metres back from the southern boundary wall which adjoins the "Old Road Walkway" that runs from the Waterside Apartment Block to the Railway Station. It will include a heat recovery steam generator, a fifty metre high white and red coloured exhaust stack, a turbo generator hall, an air cooled condenser, a twenty five metre high power controlled building, a main step-up transformer, a 2.5 mw generator back-up, 10,000 cubic metre fuel oil tanks, 10,000 cubic metre demineralised water tanks, a raw water tank, a water treatment plant to include pump house and chemical stores. There will also be workshops, stores, fuel unloading skids, unloading areas for tankers, an effluent treatment pond and an administration building. The present entrance to Ashbourne will be utilised to access the plant but it will be widened and set seventy metres back. The existing landmark century's old Gate Lodge will be demolished and an expansive car park for staff, visitors and rail commuters will be laid out nearby. The applicant, working in conjunction with Cork County Council, will also incorporate the two parcels of land opposite the Station Car Park and this will include a set-down area as well. In order to accommodate a filter lane for what is envisaged to be an extremely busy road junction; the adjacent pond will be filled-in from its extreme eastern point as far as the Centenary Garden. Fifty people will be employed at the plant which is expected to be operational from 2021 with a lifespan of twenty years. Genny Power is the company's PRO and she advises that it will be a gas generating station and diesel oil may also be used as back-up but it would not be economically viable for total usage. She did say that coal was considered and that Irish Rail was willing to install a rail siding where one was previously positioned for beet traffic but on environmental grounds her company decided not to proceed with this. Genny says that the generating station will be a state of the art plant and that the local community should not have any concerns. She advises that the company will not engage with locals because from past experience such meetings amount to a lot of hot air, and furthermore the project could be delayed as a result and this could jeopardise the construction of the large housing estates that are planned for Glounthaune. She points out that these much in demand



building developments will be expedited as there will be a ready to use power supply on the doorstep which is one of the reasons why the Ashbourne plant location was chosen. Genny remarked that the generating station will be a less eyesore than the current presentation and that the company will apply copious quantities of green paint to the buildings in order to make them less obtrusive on the landscape. She also said that communities in areas where similar plants are located got quite used to noise and emissions and she wishes to assure locals that the windows of the plant will be closed during nighttime operations. Genny acknowledges that the local community will be disappointed with the felling of mature trees, moreover following recent similar acts nearby, but she says that such is the power of progress. She points out that extensive landscaping will be carried out and this will include the planting of Japanese Knotweed which is a traditional plant in the area but regrettably is non-existent now. Genny refers to the fact that the project will create fifty jobs and advises that a postgraduate qualification is a prerequisite but there will also be vacancies in the security and traffic control departments which will not require such a standard. She said that these positions, which attract the minimum wage and a twice yearly uniform and footwear supply, will suit local applicants who can be assured of favourable consideration; all things being equal. The foregoing is a brief outline of the proposed project and further information may be obtained on the company's website at: www.thisistheaprilfirsteditionof-gan.co.pon.

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Charlie Wilkins

By The Light Of The Moon

How do we calculate when Easter falls? This most important religious festival can vary in date from early March to late April. It's based, believe it or not, on the phases of the moon! The first Sunday after the first full moon following the vernal (spring) equinox determines the date of Easter. It's strange to think that this most significant religious celebration is governed by the moon when we pay so little attention to it at other times in our lives. But early or late, Easter (and many saint's feast days) governs the work-rate and schedule for a vast group of gardeners. It governs everything they do, from soil preparation to seed sowing, planting to staking, and eventual harvesting. Water plays a major part in all of this.

The theory is that the moon exerts a gravitational pull on the earth's water table which is highest during a full moon. So, vegetables that mature below the ground-root crops such as potatoes, parsnips, carrots, or beetroot, are best planted around the time of the new moon, and those that crop above ground-cabbage, corn, rhubarb, tomatoes and flowers should be planted during the moon's first quarter, when the water table is rising. You may think this idea isn't given much credence nowadays but each year a guide to auspicious planting days is published by the BBC's lunar gardening correspondent!

Fanciful characteristics have always been attributed to the moon. Many of our ancestral vegetable growers were convinced that the moon had a



'magnetic' light which drew peas and beans up their supports. Its clear white light was thought to have a hygienic and purifying quality and today, at least one head gardener of a large estate near Newquay in Cornwall believes that trees and shrubs grow bigger and better when planted during the waxing moon. Fruit trees planted after the full moon also bear better fruit but is there any truth in it? It is a known fact that no photosynthesis takes place by moonlight, yet many believe that the gentle glow of moonlight artificially prolongs the day, encouraging plants to keep ticking over rather than closing-down completely as they do in total darkness.

I have never dabbled in such activity (apart from mixing concrete under

moonlight and artificial light many years ago!) but I am intrigued. I do believe that gardeners before us noticed more the natural world and took specific lunar dates and feast days a lot more seriously than today's young growers. Were they more gullible and superstitious? After all, the banshee and will-o-the-wisp disappeared when electricity arrived to light our darkest nights! Still, there was wisdom in the way gardeners long ago co-operated with nature rather than its exploitation.

Picture: Are we going to have more snow for Easter? Because this feast is 'moveable' from year to year the arrival of yet more snow is not impossible.

IN THE APRIL GARDEN

WINDFLOWERS; As a rule, double flowers lack the simplicity and elegance of their single counterparts. However, the windflower, otherwise known as *Anemone nemerosa* 'Vestal', is an exception, the belle of the ball and as pure as she sounds with a profusion of white petals that turn each flower into a perfect powder puff sitting on a rosette of equally white outer petals. Because the flowers are sterile, no seed is set, and no trigger to tell them to drop their petals so the display last for weeks. For all the praises I sing, these are only now coming into bloom having been held back for ages by the extreme cold. Early or late, I welcome them now as ground-cover plants of quality and substance. As always, emulating nature is the simplest way to increase stock. Small pieces can be begged, borrowed or bought and if you source some, small pieces of rhizome can be broken off the parent plant and replanted with a little

fresh compost or leaf-mould over and beneath the off-cut which is placed an inch or two below the soil surface. If the weather is dry, the new portion should be watered well then mulched with extra leaf mould or chipped bark.

SLUGS AND SNAILS; Don't forget that for the past three months and more, slugs and snails have been on an enforced Lenten-type fast. In the dark and biting cold, the snails have hibernated high up in ivy-covered walls or deep within dry stone walling. In city and town gardens their favoured hotels were found in box hedging, beneath the strappy leaves of phormiums or deep within the dry curled debris of large pampas grass. Here they slept content in the knowledge that sooner or later the cold would go the way of the snowdrops, and soft sweet herbaceous material would in time become freely available. By now, be assured that all are quite ravenous and before they tuck into your choicest delphiniums, lupins and hostas, defences must be strengthened. You can do this in many ways,

most of which you have probably tried in the past. Traps include scooped out grapefruits and oranges, saucers of beer, and others containing bran laced with poison. Apart from these you have probably tried pellets, egg shells, sand, soot, and even copper strips which are supposed to drive snails away by giving them a mild electric shock. At Villa Marie it's going to be liquid slug killer on leafy plants and pellets under pieces of tile during the weeks ahead. Don't neglect this important piece of garden husbandry.

FEEDING; Resist the temptation to scatter fertiliser randomly. Determine which plants or areas need feeding most beginning with the likes of roses and Clematis which always demand more in the line of nourishment. In herbaceous borders use a combined fertiliser like fish, blood and bone meal. Bord na Mona make and sell this in large plastic buckets containing twelve kilograms or more. This is fully organic and very effective. If woody plants have been reluctant to bloom, then a dressing of this now would give excellent results later in the season.



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Glanmire Community College

Junk Kouture

Well done to the Glanmire Community College Junk Kouture team "A Walk in the Woods", who recently took part in the Southern Regional Final of the Bank of Ireland Junk Kouture in University Concert Hall, Limerick. The team consisted of Muireann O'Connell, Holly Cahalane and Jenna Collins. The students were chosen from a total of 2,000 applicants.

Muireann and Holly decided to go with a naturalistic theme at the start of the year. They were inspired by the soothing colours of nature. The inspiration for their design came to them after a walk in Fitzgerald's park in Cork City. All the materials for the designs should, where possible, be recycled and recyclable. With that in mind the students' design incorporated: Skirt: old donated shoes, cut into leaves, dyed and painted; Bodice: old pencils and pens painted as if they are sticks; Headpiece: used wire, newspaper, flowers and leaves.

The "Walk in the Woods" creation

was modelled on the night by Muireann O'Connell, with makeup and accessories by Holly Cahallane and hair by Jenna Collins. Muireann's performance captivated the audience and received a huge cheer. The students had a fantastic time as the fashion show was a great extravaganza. While the students did not progress to the All-Ireland Finals they were thrilled with their performance and returned to GCC with lots of creative ideas for next year's event. The students' design received a great response from the judges, their peers and the audience. The students received 1,022 votes in the online regional voting which they were overwhelmed with! Many thanks to Ms O'Connor who travelled to Limerick to support the team.

A big thank you also to Ms H Prenderville for the loan of those gorgeous boots. Well done to the students who performed so well on the night and to Ms Sinead Kiely the student's Art teacher and mentor!



LEO South Cork Enterprise Programme Regional Final 2018

Seven TY Mini Companies participated in the LEO South Cork Student Enterprise Programme Regional Finals in County Hall this week. The students had previously submitted a detailed Business Plan of their companies. On the day they were interviewed about their experiences by representatives from the world of Business. GCC won 3 of the 6 categories.

Smart Guards (Matthew Brewster, Ronan Browne, Oisín Hedderman and James Byers) who innovatively produced a sports sock that allows for the shin guard to be inserted into the sock was presented with best overall company on the day. They now go forward to represent GCC

in the All Ireland Final in Croke Park on May 2nd. They were presented with their prize by Cllr Mary Rose Desmond, Deputy Mayor of Co Cork. The other GCC companies who attended were Beauty in the Bag, Dandy's Journey, TY Hoodies and Paint N Spray also performed very well. All students participated in a workshop presented by Margaret McCarthy from Monforts College of Performing Arts. They learned about confidence building and public speaking. Glanmire Community College is very proud of all the students involved in the various mini companies. A big thanks goes to their teachers Ms V Collins and Ms A O'Sullivan.



Bia Beag mini company (Olivia Cowhie, Ciara Leddy, Roisin Harrington and Abigail Hackett.) won Best Exhibition for their display of their interactive, bilingual children's cookery book that they produced.



Past Done Fast mini company (Eoin Foley Twomey, Brian Murphy, Sean Soden and Padraig Dennehy) won Best Pitching and Selling for the huge sales of their Junior Cert History Revision.

A Secondary School Teacher At Glanmire Community College Is Honoured For His Dedication To Stem Fields

Mr Dan O' Sullivan a teacher at Glanmire Community was awarded the inaugural Teacher of the Year Award by the CEIA, Cork's Technology Network. Receiving the award acknowledges his dedication and inspiration to secondary school students in the fields of science, technology, engineering and maths.

Mr O' Sullivan was heavily involved in the live link with the International Space Station in the autumn of 2017, allowing the students at GCC the opportunity to interview an astronaut, and engage with the Space Station.

Since he started teaching in GCC he has been involved in many

extracurricular activities and initiatives: each year he mentors teams who partake in the BT Young Scientist Competition, where GCC students have had much success. In 2015 Mr O' Sullivan was teacher and tutor for Mark O'Dowd whose project was the winner of two awards, he was awarded second place overall in the Biological and Ecological Sciences category and was the winner of the EUCYS Sustainable Award, which meant he competed in the European Young Scientist competition in Milan. Here Mark picked up the Expo Milan 2015 prize. In 2017 he was tutor and mentor of the team from GCC who won the inaugural SySTEM competition

Cllr Mary Rose Desmond, Deputy Mayor of Co Cork presents the Best Overall Company award to Matthew Brewster, Ronan Browne, Oisín Hedderman and James Byers of Smart Guards mini company.



organised by the Cork Electronic Industry Association (CEIA). Students were tasked to develop and market a gaming app over a ten

week period. Once again this year a team of students from GCC were thrilled to come third in their category in the Intermediate group at the BT Young Scientist Competition. Due to Mr O' Sullivan's inspiration, guidance, dedication, enthusiasm, work ethic and energy, students are encouraged to look at their own potential and gifts and to explore them. This results in the students not only reaching their potential but surpassing it.

Glanmire Community College is very proud of Mr O' Sullivan who has worked tirelessly with the students of GCC over the years, and wants to congratulate him on receiving Teacher of the Year Award from the CEIA, Cork's Technology Network. Well done!



Erins Own Hurling & Football Club Caherlag, Glounthaune, Co. Cork.

Club Shop: Our Club Shop is now up and running again for the season ahead. It is open from 10:30-12:00 both Saturday and Sunday mornings and Wednesday evenings from 7-8pm. We stock all Erins Own gear, along with hurleys and helmets. If you need to order something out of these hours, contact Kieran 087-7787759 or Michael 086-8699154. You can now also pay by debit/credit card in our club shop.

Astro pitch

Our new Astro pitch is available to hire for children's parties. Please contact Pat @ 087-6431807 to book.

The Kube Glounthaune

Tickets are on sale in the Club Shop for THE KUBE GLOUNTHAUNE, a fundraiser for Glounthaune National School to be held in The Radisson Hotel on the 21st April at 8pm. We have a few Erins Own participants so your support is greatly appreciated.

Results:

Senior Hurling League:

16.03.2018: Erins Own 5-15 Ballymartle 2-12
09.03.2018: Erins Own 3-19 Newcestown 0-05
25.02.2018: Erins Own 0-15 Midleton 0-20

Junior A Football League:

11.02.2018: Erins Own 5-09 Ballinacurra 0-04
11.03.2018: Erins Own 1-07 Cloyne 0-09

U21 Football Championship:

Round 1:

24.02.2018 Erins Own 2-07 Castlemartyr 0-15 AET

Round 2:

19.03.2018 Erins Own 0-06 St Colemans 3-14

Upcoming Fixtures:

Senior Hurling Championship:

V Bride Rovers, April 22nd in Lisgould at 3pm

Senior Hurling League:

Vs Glen Rovers in Caherlag at 12 noon on 25.03.2018

Vs St Finbarrs in Togher at 7.30pm on 28.03.2018

Vs Ballyhea in Caherlag at 6.15pm on 07.04.2018

Little Island NS

Concert:

"A Night at the Oscars" was our big production this year. Our goal from the start was to provide a memorable experience for our students and their families. We started planning for it about twelve months ago and it was discussed at several staff meetings since. The theme and plays for each class were agreed before Christmas and scripts were handed out after Christmas. Formal timetables were set up so each class could practice. Props were built and created and the hunt began for costumes. Roles were clarified and lines were learned. This all lead up to the big performance. Tuesday 27th February was the big night when it all came together. The children were amazing and all the hard work that went on behind the scenes paid off. We were very disappointed that we couldn't perform on the second night but we are relieved that we managed to perform at all. We were bowled over by the goodwill and generosity of people in all of this. Students on work experience and teaching practice rowed and helped as if it was their own show. The Radisson Hotel, especially Shane and Rosita, were really generous and accommodating throughout the process. The stage man, who has no connection with the school, was very helpful and gave us a very good price. Nicky Hayes gave us a pile of costumes which saved making or buying them. Our staff, once again, went beyond the call of duty in making sure all of our pupils were included in our performance. Ms. Crowley wrote the scripts and along with Ms. O'Donovan and Ms. Hynes guided, cajoled and pushed us all to make the performance as good as it was. Richard Kirby spent a huge amount of time setting up lights and sound systems which made it a very professional set up. Vincent and Mary Con-



roy looked after the recording of the show which became even more important with the cancellation on the second night. Parents played a vital role in providing costumes, helping with lines and by turning up on the night. Thank you to everyone who helped in any way. I am sure that our children will remember this long after they have left school.

FAI 5-a-side Soccer:

Our boys team did really well in reaching the semi-final of their competition recently. They scored 17 goals over 5 matches. Everyone commented that they played some of the best soccer there. They lost out narrowly to the eventual winners so they can be very proud of their achievement.

Chess:

Twenty five travelled to Upper Glanmire Hall on Tuesday 6th March. We entered 3 teams (the Baby Ganda team, the Fort Knights and the Victorious Pawns). There were 2 competitions - a Masters competition for 5th/6th class students and a Budding Masters competition for 4th class students and younger. The players were selected from fifty eight 2nd to 6th class students who entered the school's Winter Chess League. Little Island NS is proud to be one of the 38 schools around Cork to take part in the first year of the initiative. Fícheall Bunscoile Chorcaí wish to encourage the playing of chess in Cork primary schools as it promotes problem-solving, creativity, social skills, concentra-



tion and memory. Every Little Island chess player gave their all and represented the school and their community excellently, displaying respect and maturity beyond their years. Two of our teams qualified for the County Finals before Easter where they finished 7th out of 38 teams. Well done to all involved!

Spelling Bee:

Laura in 6th won our school Spelling Bee competition and Alex (6th) went on and represented us in the County Finals. Well done to both of them on doing so well and for representing our school excellently.

Interactive Boards and LIIDC

Funding:

Over the last three years we have

been working on a project to replace out old interactive whiteboards. Last year we managed to replace four boards and this year we have replaced the remaining boards. These are essential resources for our teachers to work effectively in a modern classroom. Combining laptops, iPads, interactive boards and excellent teachers gives our pupils great opportunities to learn and to achieve their potential. While some of the funding came from The Department of Education this project could not have been completed without the support of the LIIDC (Little Island Industries Development Company). We are very grateful to them for this support.



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Iris Wilkins McCarthy brings her pick of photographs from around Mayfield.
If you would like your photos featured on Mayfield Eye please send to
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Over 60's Mayfield Heat

(sponsored by Our Lady Crowned Credit Union) at Mayfield GAA.

Congratulations to Ned Walsh Winner





An 'Aifreann La Le Padraig As Gaeilge

Large attendance at the annual St. Patricks Day Mass in Our Lady Crowned Church. Beautiful music from the Canteoiri conducted by Tom Doyle, Irish Dancers from the Mary McCarthy School of Dance and Harpist Elizabeth O Sullivan. Well Done to Fr. Michael Keohane and all involved in making the mass so special for all the parishioners.



Maryann Harrigan (2nd left) home from Long Island for St. Patricks Day with Bertie & Barbara O Mahony, Joan O Mahony and Marian O' Mahony



Representatives From Newbury House Mayfield At The Lord Mayors Charity Ball



Sean & Eileen Lehane

Life Long Learning Festival at Frank O'Connor Library Mayfield!

Presentation of certs to participants of Mayfield Learning Neighbourhoods Expo event



Mayfield Ladies GAA

Anthony Lotty proud dad of Ava who played her part in Cork LGFA U14s victory in Fossa beating Kerry 5-03 to 1-08. Also pictured 9 girls making up the East Cork contingent.





Dr. John Sheehan
MB, BCH, BAO, DCH, DME, MRCGP, MRCP, MD

ACNE



Acne is a skin condition that occurs when your hair follicles become plugged with oil and dead skin cells. It often causes whiteheads, blackheads or pimples, and usually appears on the face, forehead, chest, upper back and shoulders. Acne is most common among teenagers, though it affects people of all ages. Effective treatments are available, but acne can be persistent. The pimples and bumps heal slowly, and when one begins to go away, others seem to crop up. Depending on its severity, acne can cause emotional distress and scar the skin. The earlier you start treatment, the lower your risk of such problems.

There are four main factors that cause acne: Excess oil production, Hair follicles clogged by oil and dead skin cells, Bacteria, Excess activity of a type of hormone (androgens).

Acne typically appears on your face, forehead, chest, upper back and shoulders

because these areas of skin have the most oil (sebaceous) glands.

The follicle wall may bulge and produce a whitehead. Or the plug may be open to the surface and darken, causing a blackhead. A blackhead may look like dirt stuck in pores. But, the pore is congested with bacteria and oil, which turns brown when it's exposed to the air.

Pimples are raised red spots with a white centre that develop when blocked hair follicles become inflamed or infected with bacteria. Blockages and inflammation that develop deep inside hair follicles produce cyst like lumps beneath the surface of your skin. Other pores in your skin, which are the openings of the sweat glands, aren't usually involved in acne.

Factors that may worsen acne include hormones, diet and stress.

Greasy foods. Eating greasy food has little to no effect on acne. Though

verse abnormal desquamation of epithelial cells, stop the proliferation of P. acnes and reduce the excess production of sebum.

There are two main types of treatment. Topical treatments to reduce the production of sebum and to reduce the desquamation of epithelial cells. These include Over the counter treatments such as benzyl peroxide or combination of treatment with topical antibiotics such as clindamycin. Topical retinoids are particularly useful for treating comedonal acne.

If topical treatments are unsuccessful the next step is oral antibiotics which include tetracycline, erythromycin, doxycycline and minocycline.

Low dose estrogen contraceptives are moderately effective. Dianette has been shown to be effective. Acne can influence someone's confidence and early treatment can make a difference.



Sars Camogie Medal Presentation Ceremony

Well done to our U12, U13, U14 and U15 teams who received their 2017 season medals at our awards celebration recently. The club was delighted to be celebrating another glittering year! Thanks to senior players Maeve McCarthy and Claire Holland for presenting the medals and to Tracy Sheehan from the Cork Juvenile Camogie Board for attending. We appreciate everyone who helped organize the presentation. Thanks to the players families who turned up in great numbers.

Most of all, well done to all of our wonderful players. We are very proud of you.

Senior / Junior News

Our Seniors/ Juniors returned to training on the all weather pitch (including one snow covered morning!) and gym conditioning sessions in Rive in Glanmire. They also got their playing season off to a good start with a win vs Douglas in the Brendan Butler Memorial Underlights in Ballincollig. They also played a very competitive challenge match vs the Cork U16A panel which proved to be a very good workout for both teams.

Underage Training

All of our underage teams have returned to training in recent weeks. Thanks once again to all of our coaches who give so much of their time to train the girls and to everyone who support the teams through notifications,

organising pitches, referees, jerseys etc. For queries in relation to training times, please call the club phone on 085 2101800

Rebel Og Award

The Sars girls from our U14 Feile na nGael winning panel turned up in style for the recent Rebel Og Banquet. The main sponsors of the Rebel Og Awards, Clayton Hotel Sliversprings hosted the event. The award sponsors, Cummins Sports presented the girls with the June award as Feile na nGael winners. Well done to all involved in this fantastic evening

Cork News

Sars are well represented on the Cork Intermediate panel this year by Maeve McCarthy, Katie Barry and Niamh O Callaghan. Congrats to Saoirse Desmond, Olivia McAllen, Nikki Barry and Ciara Irwin who have all been selected for the Cork U16 panels. A great achievement! Well done girls!

More news of Sars involvement in other Cork panels shortly.

Gin Tasting Evening

Another fantastic social event for the camogie club. The event sold out in rapid time and promises to be a wonderful evening. Photos of the event will feature in next month's edition. Thanks to Tadhg Og Lynch and the social committee for organising the event. As always, thanks to Sars for the use of the club facilities and to Deirdre and her staff for their help on the night.



Pictured:
Rebel Og Award

The Captains and Vice
Captains

U12

U13

U14

U15





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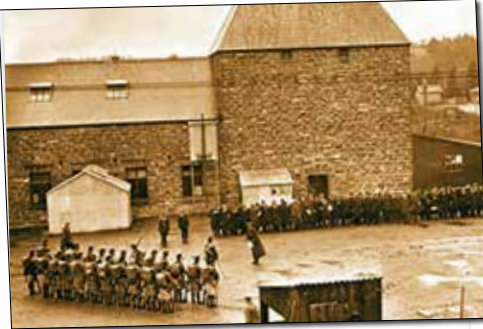
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Gobnait Ní Bhruadair

Micheál Ó Súilleabháin



Ceann de na rudaí a sheasann amach faoi thréimhse Chogadh na Saoirse céad bliain ó shin is ea an pháirt a ghlac mná a raibh cúlra Sasanach nó Angla-Éireannach acu sa choimhlint. D'fhéadfaí daoine mar An Chuntaois Markievicz, Maud Gonne, Charlotte Despard agus Albinia Brodrick a lua. Thugadar go léir cúl lena gcúlra Aontachtach agus chuadar go huile is go hiomlán le poblachtachas.

Solaíodh an Hon. Albinia Brodrick in 1861 i Londain Shasana. Ba í an cúigiú hiníon í le William Brodrick, 8ú Biocúnta Midleton nó Lord Midleton. Chaith sí a hóige i gcathair London agus ansin bhog an teaghlach go dtí eastát a bhí acu i Surrey. Fuair sí oideachas príobháideach; thaistil sí go forleathan agus labhair sí Gearmáinis, Iodáilis agus Fraincis go líofa. Teaghlach Sasanach, Protastúnach, uasacimeach ba ea a muintir. Bhí dlúthbhaint acu leis an riail choilíneach in Éirinn ón 17ú Céad. Ag tús an 20ú Céad, bhí na Brodricks mar cheannairí ar an bhfeachtas Aontachtach in aghaidh Rialtais Dúchais. Bhí a deartháir, St John Brodrick, 1ú Iarla Midleton, ina cheannaire ar an Irish Unionist Alliance idir 1900 agus 1918 nuair a bhunaigh Aontachtaithe Iasmuigh de Chúige Uladh an Irish Unionist Anti-Partition League. Ina hóige, ghlac Albinia le tuairimí polaitiúla a muintire faoi Éirinn. Faoi thús an 20ú Céad, thugadh sí cuairteanna rialta ar eastát a hathair i gContae Chorcaí. Bhí an t-eastát agus cíos an bhaile mhóir, is é sin Mainistir na Corann, i seilbh mhuintir Brodrick ón 17ú Céad. Cé go raibh an t-eastát imithe le fada, bhí cíos talún le hóc ag gach teach sa bhaile mór leis an teaghlach go dtí na 1960-idí, nuair a fuair muintir an bhaile mhóir an deis chun an cíos talún a cheannach. Chuir Albinia oideachas uirthi féin faoi Éirinn agus ansin shéan sí na tuairimí a bhí aici ina hóige. D'aistrigh sí a hainm ó Albinia Brodrick go Gobnait Ní Bhruadair. Chuir sí an-suim san Athbheochan Ghaelach. Thug sí cuairteanna ar an nGaeltacht go rialta agus d'fhoghlaim sí Gaeilge. Chuir an bochtanas a chonaic sí ina cuairteanna alltacht uirthi.



Nuair a fuair a hathair bás in 1907, fágadh suim mhór airgid léi ina uacht. Cheannaigh sí teach i gCathair Dhónaill, Contae Chiarraí in 1908. Bhí sí cáilithe ina banaltra cheana féin. Theastaigh uaithi an bochtanas a bhí ina timpeall a mhaolú agus bhunaigh sí comharchumann talmhaíochta chun tionscal baile a fhorbairt. D'eagraigh sí ranganna ar aiste bia agus chuir sí cóir leighis ar fáil do dhaoine. Bhí fonn uirthi ospidéal a thógáil le haghaidh daoine bochta sa cheantar. Thug sí cuairt ar Mheiriceá chun airgead a bhailiú chuige sin. D'oscail an t-ospidéal in 1910 ach níor éirigh leis toisc easpa airgid.

Cogadh na Saoirse agus ina dhiaidh

D'iompigh Ní Bhruadair ón Aontachas a bhí ina cúlra agus ghlac sí go fonnmhar leis an bpoblachtachas. Bhí sí ina ball de Chumann na mBan agus de Shinn Féin. Thug sí cuairt ar roinnt den 1800 imtheorannai poblachtach a bhí á gcoinneáil i gCampa Frongoch sa Bhreatain Bheag. Rinne sí stocaireacht ar son iarrthóirí Shinn Féin in olltoghchán 1918 agus bhí sí ina ball de Chomhairle Contae Chiarraí do Shinn Féin idir 1919 agus 1921. I rith Chogadh na Saoirse, thug sí dídean do na hÓglaigh a bhí ar a dteitheadh agus, dá dheasca, rinne na Dúchrónaigh ruathair ar a baile.

D'oibrigh sí leis an gCrois Bhán chun bia a chur ar fáil do theaghlaigh na nÓglach a bhí á

gcoinneáil. Léirigh sí an poblachtachas daingean ar chreid sí ann nuair a chuir sí go láidir in aghaidh Chonradh Angla-Éireannach 1921. Labhair sí ag cruinnithe ar fud iarthar Chiarraí ag déanamh argóintí in aghaidh an Chonartha. Nuair a bhí sí ag rothaíocht timpeall scaoil saighdiúir de chuid an tSaorstáit léi. Gabhadh í agus cuireadh i bpríosún í in Aontas Bhaile Átha Cliath Thuaidh. Lean sí sampla poblachtach eile nuair a chuaigh sí ar stailc ocrais. Lean sí ag tacú le Sinn Féin i ndiaidh 1926, nuair a tháinig scoilt san eagraíocht toisc gur fhág de Valera agus a lucht leanúna chun Fianna Fáil a bhunú. Ba léi an iris 'Irish Freedom' idir 1926 go dtí 1937. Scríobh sí féin altanna ann go minic.

D'fhoghlaim Gobnait Gaeilge agus théadh sí go cruinnithe Chonradh na Gaeilge i dTrá Lí go minic. Léirigh sí go raibh sí dáiríre sna hiarrachtaí a rinne sí chun cabhrú leis na Gaeil, nuair a dhiúltaigh sí mílseáin Sasanacha a dhíol sa siopa beag a bhí aici. Chreid sí go bhféadfaí feabhas a chur ar shaol an phobail dá ndéanfaí agus dá gceannófaí earraí Éireannacha. Cé go raibh bá aici le Caitliceachas, d'fhan sí ina ball d'Eaglais na hÉireann.

Sheinn sí ceol in Eaglais na hÉireann sa tSnaidhm ar an Domhnach. Duine a chaith saol simplí ba ea í. Bhí sí daingean sna tuairimí a bhí aici. Ar deireadh thiar, bhí sí níos Gaeilaí ná na Gaeil. Fuair sí bás in 1955 agus tá sí curtha i reilig Eaglais na hÉireann sa tSnaidhm, Contae Chiarraí.



Gluais:

coimhlint = conflict

riail choilíneach = colonial rule

uasaicmeach = upper class

cíos talún = ground rent

go fonnmhar = enthusiastically

stocaireacht = canvassing

ar a dteitheadh = on the run

bá aici le = sympathetic to




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St Patrick's Day Fun



"The Great O' Neill" & "The Foreign Correspondent" pictured at the Glounthaune St. Patrick's Day Parade with Members of The British Royal Family: Lady Viola Grosvenor & Lady Amelia Windsor.

Sciath na Scol



St. Joseph's NS Riverstown hurlers who played in the Allianz Sciath na Scol Indoor Premier Hurling finals at Na Piarsaigh.
Pic: Mike English

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Mayfield Citizens Information Centre

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Know Your Rights - April 2018

Question:

I applied for a means-tested Jobseeker's Allowance, but I was told that I'm not eligible because of my partner's earnings. Why is this? We live together but we are not married and we split our expenses equally.

Answer:

The Department of Employment Affairs and Social Protection (DEASP) treats married and unmarried couples in the same way when assessing entitlement to a means-tested social welfare payment. It assesses the total income of the household, rather than the circumstances of the individual claimant.

If you are married or are cohabiting, the means of your spouse or partner are also taken into account. This is the case even if only one of you is actually claiming a payment. The DEASP uses detailed definitions and criteria to assess whether a couple are cohabiting and you can HYPERLINK "<http://www.welfare.ie/en/Pages/Cohabitation.aspx>" read these online at [welfare.ie](http://www.welfare.ie).

The way the means of a couple is assessed can differ slightly, depending on the payment being applied for. For Blind Pension, State Pension (Non-Contributory) and Carer's Allowance, the DEASP adds all of your means together and then

halves the total to get the assessable means for each of you. For Jobseeker's Allowance, Disability Allowance, and Farm Assist, the DEASP adds all your combined means together and then assesses the total against the maximum household payment for your circumstances.

If your partner is getting a social welfare payment in their own right, then your means are taken to be half of the total means of yourself and your partner.

Sometimes a certain amount of income, or income from particular sources, is not taken into account. This is called an income disregard. For example, a certain amount of income from employment can be disregarded.

Further Information

Further information on this and other matters is available in confidence from the Mayfield Citizens Information Centre, Roseville House, Old Youghal Road, Mayfield. Telephone:

0761 07 6880

Opening hours are Monday to Friday 10.00am – 1.00pm,
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Citizens Information is also available through the Cork City (North) Citizens Information Service at 0761 07 6850, the Citizens Information Phone Service 0761 07 4000 or online at

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White's Cross GAA News

whitescrossgaa.ie



On the field

The last few weeks have been very quiet on the playing fields. There were numerous matches postponed or cancelled due to the adverse weather conditions and the availability of pitches. The junior A and B footballers have each only played one game in the last month. Both games ended in defeat. The junior A footballers lost to Na Piaraisaigh on a score line of 3-11 to 1-09. Though two late goals put some gloss on the scoreline for the victors, Na Piaraisaigh, who lead the contest throughout, were full value for their victory. The Junior B football team's defeat came at the hands of Whitechurch in the first round of the Seandún Cup. A very poor first half showing proved to be costly for White's Cross. Despite scoring two early points through Shane Cahill and the outstanding John Gaffney, Whitechurch dominated the first half and led by 1-09 to 0-02 at half time.. The home side were much improved after the re-start. The introduction of Edwin Buckley, who notch 4 second half points, gave the team a lift while a goal by the aforementioned John Gaffney was the key score in ensuring that White's

Cross narrowed the gap to two points with only ten minutes remaining. The turning point in ensuring that the game swung back in the favour of Whitechurch was a rather harsh black card for John Gaffney. Losing such an influential player seemed to drain the confidence of the home side. Whitechurch scored five points without reply to kill off the White's Cross comeback and run out deserving seven point winners. Despite the defeat there are many positives to be taken from the game. The spirited second half comeback and the fact that side contained so many young players; 12 of the 20 players used on the day were aged 23 or under.

Underage Activity

Raonaithe Na Gael 5-09
Ballincurra 3-02

The Raonaithe Na Gael minor football team (an amalgamation of White's Cross and Brian Dillons) opened their account with a comprehensive 5-09 to 3-02 victory over Ballincurra on Saturday afternoon last. This was a particularly impressive victory given that the team played almost the entire game with two players short. Prior to the game, goalkeeper Cathal Quinlan picked up a



knee injury which meant that the only sub on the day had to start the game. Shortly after the game started, Zak Porter and Cian O'Brien were involved in a nasty clash of heads which required treatment for both players and meant that neither could continue. All of this happened before there was a single score in the game. Na Gael played with the aid of a strong wind in the first half, however, they only led by one point at half time – 1-04 to 2-0. The lads faced a real uphill struggle playing into the gale being two men short in the second half. This was compounded when Ballincurra equalised almost immediately. However, showing real battling qualities and determination, the White's Cross and Dillons began to dominate. The ability of all players to work hard to counter the numerical disadvantage was the key feature of the game. Goals from Kieran Mills and Jack Stewart helped Na Gael to open up a four point lead, 2-05 to 2-01 with ten minutes to go. Ballincurra came right back into the game scoring 1-01 in quick succession to narrow the gap to 1 point. This, again, was a real test of character for Na Gael having surrendered a commanding lead. However, they rallied again and goals from Kieran Mills, Colin O'Brien and Jack Stewart and fine points from Luke Murphy and Cathal O'Flynn ensured that Raonaithe Na Gael ran out deserv-

ing winners.

Team: Gavin Cronin, Jack Madden, Zak Porter, Sean Kennedy, David Hyde, Tom O Mahony, Luke Murphy, Max Philpott, Colin O'Brien, Cian O'Brien, Kieran Mills, Jack Stewart, Cathal O'Flynn

St Patricks Day Parade

As usual, there was a strong White's Cross contingent for the annual Upper Glanmire Community Association St Patricks day parade. The crowd braved the harsh, unseasonal, weather and resisted the temptation to watch the 6 Nations decider so that they could take their place in the parade. All participants reported a great afternoon in the parade. The club would like to congratulate Denis Kelly and his crew for the massive efforts that went into organising this great family day out.

County Championship Draws

The draw for the county Junior B hurling championship, the final of which White's Cross contested last in 2017, took place recently. White's Cross have been drawn against local rivals Rathpeacon in the first round. The sides last met in the league final last November with White's Cross running out relatively comfortable winners on that occasion. However, battles between the sides are usually very tight and this one should be no different. Dates and venue for this game will be announced later.



Glanmire Macra News

IMPROMPTU DEBATING FINAL FOR GLANMIRE MACRA

Michael Buckley, John Lonergan and Declan O Hara contested the Seandun Impromptu Debating Competition in Whitechurch in early March. The impromptu debating is arguable one of the toughest speaking competitions as contestants are only given 30 minutes to formulate a cohesive argument on a random topic. This is the daunting challenge that faced Glanmire.

The Glanmire trio first took on rivals Cork City in the Seandun semi-final where Glanmire proposed the motion "Progressive Tax Rates are Unfair." A strong showing from Glanmire resulted in their place in the Impromptu Debating Final against neighbours Knockraha.

Glanmire yet again took to put forward the motion. This time, Glanmire proposed that "All students should be required to do one year community service." It was the opposition of Knockraha who were able to convince the judges that the motion should not be carried resulting in defeat for Glanmire. Hard luck to Glanmire and well done to Knockraha on winning the competition.

GLANMIRE SUPPORT SEANDUN TABLE QUIZ

All eyes within the Seandun region are focusing on the April 14th where the region will host it's 60th anniversary dinner. The dinner will be hosted in the Rochestown Park Hotel and is a celebration by current and former members of the Diamond Anniversary of the region. It is a testimony of the region that it has made to 60 years and the dinner dance will mark the occasion appropriately. Of course such a celebration doesn't come cheap and last Thursday the Seandun Region hosted a table quiz as a fundraiser to the main event. A great crowd attended the quiz that took place in the Viaduct Inn.

Glanmire's Zara Long, Mairead O Driscoll, John Lonergan, Gillian Kenneally, Declan O Hara, Sinead Broderick, Muireann Kennedy, Seamus Reid, Will Daly, Tanya O Sullivan, Aisling Walsh, Sarah O Connell, Michael Buckley, Kathleen Fitzgearld and Orlaith Dineen all attended on the night to support the region. Well done to everyone and especially, Tanya, Muireann and Orlaith who claimed second prize on the night!





Birthday



Charlotte and her friends enjoying her 6th birthday at Tir na Si open farm at Watergrasshill.

Martina's Playschool



All finished for another day at Martina's Playschool.

Little Reader



Olivia O Regan, enjoying Library time!

WANTED

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Upper Glanmire ICA Guild



Upper Glanmire ICA Guild

Our Guild meets on the first Tuesday of every month, except January. We have 28 members and new members would be very welcome

UPDATE ON GUILD ACTIVITIES

- Our Charades competition in March was postponed due to the snow, and held on the 22nd March.
- At our March meeting, we had the President of Ballinora Guild Cecilia Lyons who gave us a most informative lecture and demonstration on First Aid . (Cf: our F.Book page)
- At the March meeting, the minutes of the very First Guild meeting , held on the 24th February 1954 , were read out. Members found this really interesting, and at that time we read how everyone was addressed as 'Mrs or Miss'!!
- Members and non- members continue to enjoy our Social Craft Sessions on Monday evenings.

Crochet bow

- Chain 5. Close circle with a slip stitch.
- Chain 4, 5 double trebles, chain 4, slip stitch down into ring.
- Mirror image on either side of ring--
- Chain 4, 5 double trebles, chain 4, slip st down into ring.

- Break off thread, but leave about 20cm.
- Wrap yarn around centre, neatly and evenly to completely cover the hole, pulling a little .
- Fasten off at back, use rest of yarn to attach to garment.



Mary Dorgan learning resuscitation during our First Aid Demo.

Our First Aid demonstrator Cecilia Lyons, who is also President of Ballinora Guild and a member of the Irish Red Cross



Community Notices

MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked You for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within Your own Heart where Your Father sees it. Then, in His merciful eyes it will become Your favour not mine. Amen. Say for three days, promise publication and favour will be granted.

AOC

UPPER GLANMIRE

BINGO

EVERY THURSDAY
BPM - 10PM

UPPER GLANMIRE
COMMUNITY HALL

JACKPOT EVERY THURSDAY
LIGHT REFRESHMENTS SERVED

"You Are Not Alone"

We will hold a coffee morning for those who are bereaved or affected by suicide in the Montenotte Hotel Cork on the first Tuesday of every month. All welcome and bring friend/s. Coffee, teas and scones complimentary and kindly donated by the Montenotte Hotel.

The coming together of those similarly bereaved can offer the opportunity to gain strength and understanding from individuals who have experienced the loss of a loved one through suicide.

For more information contact Collette on 087/1897315 or Anthony on 087/6838861

LEGION OF MARY



The Glanmire group need your help.

Active members:
Weekly meeting
10.30am Wed.
and some active work.

Auxiliaries: These say a short prayer each day for the success of the Legion

Post-Natal Depression Support

Unable to Cope since the birth of your baby?
Need to Talk to someone who understands?

Please Ring Tel.: 4922083
Visit : www.pnd.ie
HELPERS NEEDED
TRAINING PROVIDED

Get our book Recovering from Post Natal Depression from Easons.
Support meeting last Tuesday of the month.

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One hundred per cent of donations made to our charity goes directly to helping patients and their families in the Munster Area.

Also providing Home from Home accommodation in close proximity to St James Hospital Dublin. This facility is made available free of charge to patients and carers who have limited financial resources undergoing a bone marrow transplant.

If you would like to organise a fundraising event or make a donation to our charity

We would love to hear from you.

Please contact Imelda Reynolds for further information:

Phone 021 4823625

email friendsolp@gmail.com

www.friends-of-leukaemia-patients-cork.com

GLOUNTHAUNE/
GLANMIRE

**MEALS
ON WHEELS**

If you can help please contact:

Maria O'Halloran 4353549
or Mary Griffin 4821795

SET DANCING

Wednesday Nights
8.30 pm @ the Community Centre, Upper
Glanmire

All Welcome | 087 9960856

Grinds

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Winning Choir



The Sonatinas Choir who won the William Egan Perpetual Cup at Feis Maithiu on Sunday 4th February. The all female choir, 2 years old this April. A group of ladies from Glan-

mire & Glounthane and this was their first competition ever. They are under the direction of Rachel O'Brien & Pat Sheehan-Corbett.

Glanmire Youth Club, The GAA Pavillion Sallybrook

Would like to thank Super Valu Glanmire for allowing the club to bag pack in their store recently and for their donation of selection boxes and Easter eggs for the kids in the club. Also, we would like to thank Dunnes Stores Ballyvolane for allowing the youth club to Carol Sing at their store and for the upcoming bag pack in their store. We really appreciate your continued support.



Notice Board

GLANMIRE INDOOR BOWLS

Community Centre,
Riverstown

Wednesday Nights 7.30pm to

9.30pm

Over 18s, Males & Females welcome

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Contact Dan
087-2532550

NEWS & EVENTS

Glounthaune / Glanmire MEALS ON WHEELS:

Cooks urgently required for
Mondays Wednesdays 3 hours
every 6 weeks. Drivers required for
Glanmire, Brooklodge, Riverstown
area for Mondays, Wednesdays and
Saturdays
1/1.5 hours every 5 weeks.

Contact:

Pauline Walsh 4353557 or
Mary Finn 4353893

Area News

Grow your
business
& advertise
with us!

Contact us on
086 8294713

NOVENA TO ST. ANTHONY

O Holy St. Anthony, gentlest of Saints, your love for God and charity for his creatures made you worthy when on earth to possess miraculous powers. Miracles awaited on your word which you were ever ready to speak for those in trouble or anxiety. Encouraged by this thought I implore you to obtain for me my request (request). The answer to my prayer may require a miracle, even though you are the Saint of Miracles, O gentle and loving St. Anthony whose heart was ever full of human sympathy. Whisper my petition into the ear of the sweet infant Jesus who loved to be held in your arms and the gratitude of my heart will ever be yours. Promise publication. OMD

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ST. THERESA

St. Theresa the Little Flower, please pick me a rose from thy heavenly gardens and send it to me with a message of love. Ask God to please grant me the favour I thee implore and tell him I will love him each day more and more. Amen. O.D.

PRECIOUS MOTHER OF JESUS

Mother of Divine Grace, you can find a way, where there is no way. Please hear my prayer and grant me my request. (Say 6 times daily & your request will be granted). D.F

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THINKING OF SELLING? TALK TO JOE



Across

1. Third month (5)
6. The darkest colour (5)
9. New Zealand hotspot (7)
10. Bend down (5)
11. Very large deer (5)
12. Moves in little jumps (5)
13. Quantities (7)
15. Cat or dog (3)
17. African antelopes (4)
18. Spirited, plucky (6)
19. Leers at (5)
20. Used for sewing (6)
22. Type of succulent (4)
24. Black sticky substance (3)
25. Shine faintly (7)
26. Portents (5)
27. Chubby (5)
28. Piece of garlic (5)
29. Fertiliser (7)
30. Savoury jelly (5)
31. River mammal (5)

Down

2. A season (6)
3. Small spring flower (6)
4. Jump on one leg (3)
5. Views (5)
6. Crush into wrinkles (7)
7. S.E. Asian country (4)
8. Decorative box, coffin (6)
12. Raised floor or platform (5)
13. A representative (5)
14. Exterior (5)
15. Holy song (5)
16. Bonnie, Stephen, Wat (5)
18. Experiences emotion (5)
19. Games every four years (7)
21. Predatory birds (6)
22. Protective charm (6)
23. Hors d'-----, starter (6)
25. Knotty protuberance on tree (5)
26. Prefix meaning 'all' (4)
28. Chief Technology Officer (3)

Crossword Winner:

F. McGuinness
Brooklodge, Glanmire



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SEND your entries marked CROSSWORD to "Aitinn" Sarsfields Court Glanmire, to arrive by 16th April. The prize is a meal in BEVA CAFE which will be awarded to the first all-correct entry opened. Please include your telephone number, home or work, your email and your address.



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Ballincroig, Dublin Pike €325,000

DNG Murphy Condon proudly presents this beautifully finished, turnkey, 3 bedroom detached property to the market for sale by private treaty. This is a superbly located home which comes for sale in pristine condition.

BER: D1 BER No.101297760



Lynwood, Kilcoolishal €250,000

This three bedroom two storey semi-detached property has been totally refurbished and finished to a good standard, ideally located on the Glanmire /Glounthaune "town land border" with the back of the property facing onto Factory Hill.

BER: C3 BER No.10231495



"Ellen" Killydonoghue, Glanmire €295,000

Impressive four bed detached bungalow residence set on c.1/2 acre mature site with attractive established gardens. The property has been very well maintained over the years and is tastefully decorated with emphasis on luxurious, opulent styling.

BER: D2 BER No.109777078



3 The Orchard, Woodville, Dunkettle €245,000

DNG Murphy Condon are proud to present this 3 bedroom townhouse property to the market for sale by private treaty. This house comes for sale in excellent condition, in a safe and secure cul-de-sac location.

BER: B3 BER No.100175934



85 Lus na Meala, Banduff €207,500

DNG Murphy Condon are very pleased to present this 3 bedroom semi-detached property to the market for sale by private treaty. This house comes for sale in good condition, in a safe and secure cul-de-sac location.

BER: C2 BER No.110593852



12 Barnavarra Hill, Glanmire €310,000

Extremely spacious five bedroomed semi-detached residence set within a mature private development of homes.

BER: D1 BER No.109636928